



Principal's Report

Principal welcome

A very warm welcome to all members of our school community and particularly to our new students and families. It has been absolutely wonderful to have been back at school with all the students and staff this week. I love the beginning of the year – a new year always brings with it new beginnings and exciting events and possibilities.

The Year 7 Orientation program that was coordinated by Marisa Carolan and Brigit Meyers, provided an opportunity for students to get to know each other, meet their teachers and ensure they can find their way around the school. Year 11 Life Ready program coordinated by Lucienne Heft, prepares, and supports our senior students as they become more independent and gain more responsibilities. The lessons learnt by the students as they adapt to change, will carry forward in many situations throughout their life. To help with the transition to high school, our Year 10 Peer Support Leaders gave up the last day of their holidays to assist Year 7 students as they participated in activities, getting to know our school. Thank you also to our School Orientation Guides who are helping new Manly Campus students in Year 8 - 10 settle in.



I look forward to meeting parents and carers at our first P&C meeting on Wednesday 21 February. At this meeting I will provide an update on our key focus areas for 2024 along with a breakdown of the 2023 HSC results. The meeting is held in the learning hub (entry via the staff carpark) starting at 7pm.

Communication

The school newsletter is a vital form of communication used to celebrate success and is published on the school app and email distribution list supplied to the school - if there has been a change of address or a new email address, please advise the school. The Pines Newsletter will be published three times throughout the term, in Week 2, 6 and 10.

Families are encouraged to download the school app School E-news, as updates and reminders are distributed via this mode of communication regularly. In addition to this there are direct links to the website, canteen, absent note, make a payment, calendar, newsletter and more. See the information at the end of this newsletter on how to access the app.

Open communication is valued and always encouraged, with Year Advisers being the first point of contact for matters relating to specific students. We welcome Ms Brigit Myers (Year 7 Adviser) joining the Wellbeing Team along with Ms Madeleine Koo (Year 8), Ms Chloe Woodward and Katie Anderson (Year 9), Ms Liz Lindsay (Year 10 Adviser), Ms Lucienne Heft (Head Teacher Wellbeing and Year 11 Adviser) and Ms Josinta Chandra (Year 12 Adviser).

Year 7 Adviser

Brigit Myers

brigit.myers@det.nsw.edu.au



Year 8 Adviser

Madeleine Koo

madeleine.koo@det.nsw.edu.au



Year 9 Advisers

Chloe Woodward

chloe.woodward4@det.nsw.edu.au

Katie Anderson

katie.anderson@det.nsw.edu.au



Year 10 Adviser

Liz Lindsay

elizabeth.k.lindsay@det.nsw.edu.au



Year 11 Adviser

Lucienne Herft

lucienne.howard@det.nsw.edu.au



Year 12 Adviser

Josinta Chandra

Josinta.Chandra@det.nsw.edu.au



Our deputies, Ms Marisa Carolan and Mr Alex Newcomb have overarching responsibility for Year 7, 9, 11 and Year 8, 10, 12 respectively.

Deputy Principal – Year 7, 9 & 11

Ms Marisa Carolan

marisa.carolan@det.nsw.edu.au



Deputy Principal – Year 8, 10 & 12

Mr Alex Newcomb

alex.newcomb@det.nsw.edu.au



Our school counsellors are also available to provide additional support for our students when required.

Ms Kerri McTernan

kerri.mcternan@det.nsw.edu.au



Mr Dudley Poole

dudley.poole@det.nsw.edu.au



Ms Bryony Wiseman

bryony.wood@det.nsw.edu.au



The office staff are available to help new students with transport information, finance, and paperwork issues. In addition, our students and staff are always willing to assist when required.

Staffing Update

This year we warmly welcome new staff members to our school. We are confident you will enjoy belonging to such a wonderful school and encourage you to become involved in the many varied school activities throughout the year.

Head Teachers: TAS – Ms Tory Goykovic and Enrichment (located in CAPA) – Ms Atalya Masi
Teachers: Mathematics – Ms Sue Berger; HSIE – Mr Casey Writer; TAS – Mr Cam Mills; PDHPE – Ms Phoebe Gilbane (part time) and CAPA – Ms Christine Reeves (part time).

Student Code of Conduct

To set students up for a successful year, they have been reminded of the importance of following the Manly Campus Student Code of Conduct. This document, which was developed in consultation with the school community, outlines a series of rights and responsibilities that students have to themselves, to others, to the school and to the community. A copy is attached to the end of the newsletter.

All students at Manly Campus are expected to adhere to this code, and staff members refer to it when redirecting students who misbehave. Students displaying difficulty following the code may be placed on a withdrawal desk in their classroom to minimise disruption, complete a set of reflective questions, and discuss positive behaviour strategies with their teacher. This Restorative Practice strategy provides an opportunity for students to take responsibility for their actions and be guided by staff in reaching a resolution.

Repeated or serious misbehaviour will be reported to the Head Teacher Faculty or the Deputy Principal who will interview the student and contact parents/carers to discuss further behaviour support strategies. This may include placement on a student monitoring booklet or, if necessary, following processes outlined in the Department of Education's Suspension and Expulsion Procedures to ensure the safety and wellbeing of the school community.

The code also outlines the importance of wearing the correct uniform. The year has begun very well for nearly all students, to build on this we will be using a new Uniform Management Strategy to ensure that all students are following uniform requirements.

Students with incorrect uniform items will be sent to the front office to have this recorded and parents/carers notified by SMS. Second incidences of non-compliance will be referred to the Deputy Principal

who will interview the student and place them on an Out of Uniform Detention notifying parents/carers of this action. In the case of third offences, students will be placed on a uniform monitoring booklet.

The school uniform requirements are attached to this newsletter. Please note that shoes should be all over black (no white soles or logos) and, for health and safety reasons, enclosed leather or vinyl must be worn for all Science and TAS subjects. Students must wear white socks that cover the ankle. Students can wear any fully enclosed sports sneakers when wearing sports uniform. Students must change into sports uniform if they have a PE lesson on days other than Wednesday, where Year 7 –10 students may wear their sports uniform all day. (if they have PE in Period 1 they may arrive at school but must change after and if they have PE the last lesson of the day, they can wear their uniform home). Students do have a choice of wearing the summer or winter options at any point in the year. Thank you in anticipation for your assistance in ensuring our students show their respect for our school through wearing the correct school uniform.



Kathy O'Sullivan
Principal

Wellbeing Update

It has been a busy start to the year for the Wellbeing Team with Orientation events for our Year 7 students, as well as our new to Manly Campus students in Years 8-11. I would like to thank our new Year 10 Peer Support Leaders who guided G29 on their first day of School. They will continue to help Year 7 students to build connections and friendships during EAM (Ethos at Manly) timetabled classes.

Life Ready incursions and excursions occurred during the first days of stage 6 for our Year 11 students. We had both internal and external presenters who engaged our students in topics relating to Independence, Mental Health and Wellbeing, Respectful Relationships, Sexuality and Sexual Health, Drugs and Alcohol, and Safe Travel. All external presenters commented on the maturity and focus of G25 throughout the timetabled sessions.

I would like to thank the following teachers who gave up their time to also present:

Lauren Tie- Mental Health

Fiona Brien- Study Skills

Bec Fee- Universities, Early Access Scheme, and the ATAR point system

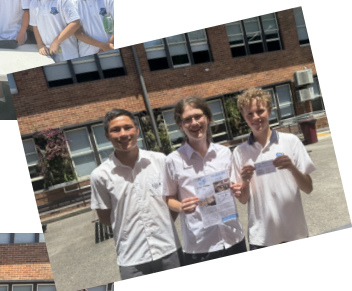
We have some exciting wellbeing events coming up for both students and parents of Manly Campus with workshops focused on building resilience presented to our stage 4 and 5 cohorts and a Q&A information night and Webinar offered to our parent community.

Michael Hawton's RIOT (Resilience in Our Teens) will continue to be present in our students' workshops in week 5 and Michael will present an information session to parents on building resilience on the 26 February at 6:30pm in the school gymnasium. This is a free event, open to parents across the Northern Beaches Secondary College.

With the generous support of the P&C, Manly Campus is bringing in the team from the Talbot Centre who will host most student sessions in week 5. The main topic will be on Cognitive Distortions, which was voted by 2023 students as the topic most wanted to investigate further. Amy Talbot is offering a parent webinar on the 21 of February at 6:00pm. Flyers for both parent events can be found in this newsletter and prior registration is required.

Student Clubs

Our Manly Campus Clubs which are led by students, set up information stalls on Friday in Week 1 to encourage new and existing students to join in their activities, make new friendships and follow their passions.



HSC 2024 Showcase

On the 5 February, NESAs hosted the 2024 HSC Showcase Launch & Performance Preview at the Roslyn Packer Theatre in Walsh Bay. This event recognises students in NSW whose works were selected for inclusion in creative arts showcases for music (Encore), dance (CallBack) and Drama (Onstage). This is a prestigious honour as the number of students who can be selected to perform at showcases is very small in comparison to the number of students who completed exams in these subjects.



Congratulations to G23 Drama students Noah Sturzaker, Michael Hawkins and Maya Letchford who received awards for their selection in OnStage for exemplary work in the Group Performance. These students not only received awards recognising their achievement, but were also selected as the only group to

perform a preview of the OnStage program at the Showcase Launch.

It was a privilege to watch this performance and see the response from a crowd of proud parents, teachers, students, politicians, industry professionals and NESAs representatives. Thank you to everyone who supported these students throughout the process. They are as impressive people as they are performers and have made this Drama teacher very proud.

Skye Campbell
English/Drama Faculty

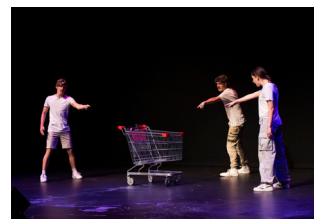


Noah Sturzaker, Michael Hawkins and Maya Letchford were selected to perform in the upcoming NESAs HSC Drama 2024 showcase event, "Onstage", at Seymour Theatre, Sydney. Out of several thousand performances assessed for HSC Drama, Noah, Michael and Maya were selected as one of 16 exemplary performances. They will be presenting their performance, a piece they wrote titled "The Trolley Problem", to sellout crowds of over 800 people.



Their participation was a distinct honour, privilege and recognition of the hard work they put in under the wonderful guidance offered by Miss Campbell who was there to watch their performance.

Damien Sturzaker
(Parent)



Congratulations To:

- Yelin (Year 11) who achieved her personal best in fencing at Bucharest, Romania at the European “Riposta Cup” - Cadet Women’s Sabre, she placed seventh out of 132 fencers. She has been selected to represent Australia at the Junior and Cadet Asian Championships to be held in Bahrain and the EFC event in Prague.
- Cillian (Year 11) who competed in the U18 Australian Youth Water Polo Championships in Brisbane in January with Sydney University where they won the Gold Medal.
- Aarohi (Year 11) who has been selected as a finalist in the “Ones to Watch” category for the Woman of the Year Awards NSW. The program will showcase up to 10 girls from NSW who will be recognised and profiled as the next generation of rising stars.

Second Hand Uniform Shop

This year the second hand uniform shop will be open on the first Wednesday and the third Thursday of the month, during term time only, from 8:15am - 9am

Next Open

Thursday 15 February

Wednesday 6 March

and

Thursday 21 March

Orders may also be requested online at:

manly2ndhanduniforms@gmail.com

The second hand uniform shop is run by parent volunteers and relies on your generous donations. Donations of washed, good quality uniforms are much appreciated and can be left at the school office. 100% of proceeds go to the P&C for projects to benefit students.

P&C Report

Next P&C meeting is Wednesday 21 February 7.30pm.

Everyone is welcome and we would love to see some of our new G29 Cohort.

Meeting is in the library and via zoom.

Please register in advance for this meeting:

[Register for P&C Zoom meeting](#)

After registering, you will receive a confirmation email containing information about joining the meeting.

At the upcoming meeting we will have a presentation on 2023 HSC results, as well as a discussion on how your voluntary contributions are spent. There is a large volume of school services that are supported solely by parent voluntary contributions, and we would like to showcase their value.

Upcoming events

Year 7 Welcome Evening

You are invited to attend a Year 7 Parent/Carer welcome evening on Tuesday 20 February

6.00pm – 8.00pm in the gym.

There will be a presentation from the school staff about Year 7 activities & learning, followed by refreshments and a chance to mingle with other Year 7 parents and carers and members of the P&C.

Please register here so we can ensure we have sufficient catering: -

<https://www.trybooking.com/COZQV>

Note that this is an adult only event.

Year 10 Parent/Carer Evening

You are invited to attend a Year 10 Parent/Carer evening on Tuesday 27 February

6.00pm - 8.00pm in the gym.

An opportunity for G26 to make up for missing out on your welcome evening in 2021, catch up with some old friends and make some new ones.

There will be a presentation from the school staff about Year 10 activities & learning, followed by refreshments and a chance to mingle with other Year 10 parents and carers and members of the P&C.

Please register here so we can ensure we have sufficient catering: -

<https://www.trybooking.com/COZRB>

Note that this is an adult only event.

2023 in Review, a year in the life of the P&C (aka "what did the P&C ever do for us?")

The year starts early for the P&C community with a social catch up in the holidays to plan for the year ahead and to consider what activities/funds were likely required to enhance the school experience for the staff, students, parents & carers.

Then it was straight into a busy February, as we welcomed the new Year 7 parents to Manly Campus with finger food and refreshments on a memorable night in the library. A long-standing tradition in our school is that Year 8 parents host their incoming Year 7 colleagues. So G28, please put your hands up for this year's event on 20 February.

At the first P&C meeting of the year Kathy walked us through 2022 wins & plans for the year ahead. The detailed analysis of the HSC results was hugely informative and will be replicated this year at the first P&C meeting on 21 February.

There was a huge volume of second-hand uniform sales in early 2023. Please donate your old uniforms to our shop (you can leave them in bags at the front office) as our volunteers clean and mend so that all subsequent proceeds for the discounted sales to our children go back to the school.

Alas, 2023 saw a big reduction in canteen volunteers, so a huge thank you to those that did volunteer. Not everyone may be aware that the school canteen is run by the P&C on a not-for-profit basis to provide our students with healthy food options. There has not been a significant price increase for many years, but we do need volunteers, otherwise the canteen becomes unsustainable. You and your child get a free lunch and you get a coffee the day you attend. See the link in the volunteering section. Times can be flexible to suit your schedule.

An amazing new Year 7 parent used their knowledge of Australian Post to help secure a grant which partly funded a defibrillator for the new gym/multipurpose

space, an example of where everyone can contribute through their own area of expertise.

At the parent community meeting in March, on behalf of all the school supporters, \$30,000.00 of your donations were distributed to the following amazing initiatives; bank card payment capability for the school canteen, a defibrillator, new cameras & musical keyboards for CAPA, installation of new Plasma cutter in TAS and standing desks for HSIE.

Catering was also provided for every year parent teacher night where we saw lots of old friends catch up for a quick tea/coffee and biscuit at the refreshments stall in the foyer. This is probably the easiest and most fun volunteer activity of the whole school year.

The school P&C also work closely with the other four schools in the Campus and in Semester 1 we looked at wellbeing in the community through RIOT, Raise and Burdekin.

Of course, all this work makes volunteers hungry, so the next P&C meeting was generously catered by a local caterer with a mixed Kathi roll platter. It's always worth turning up in person, you never know what might happen.

In April, we started aligning feedback on buses from parents to Transport NSW which helped get us the win a few months later for bus times. This was a good lesson on how to constructively work with the school to add pressure via the correct channels. We know people are having difficulty regarding morning buses on the Chatswood route, so we are setting up a working group to address this. If you can help, even in context of providing support, please reach out via email.

We thought April was busy, until May arrived, where we had a fantastic presentation from our new head of Maths, Noroja Rouzbehi, and our students finally got their wish as sales kicked off on the new bank card reader in the canteen, which proved so popular we immediately had to buy a second machine.

Our second-hand uniform shop "Winter Sale Day" netted \$2,000.00. Every dollar we raise is so important. Simultaneously we had a request from the school for significant funds to support the School Musical, new VC equipment for the school and Art club.

We had the pleasure of supporting the first Manly Campus Open day in many years, again with food

and refreshments, and a talk to the prospective future members of our community.

By the end of Term 2 we had also secured a bike rack grant for Year 12s and were continuing to seek alignment with other P&Cs to share support & resources to help the greater student cohort in our Northern Beaches.

Term 3 required us to focus on the canteen as we had to take on some additional casual staff and tweak the Flexischools cut off times as well as a menu review in response to feedback. The new dishes have proved to be remarkably popular.

August brought us the AGM and it was great to see a highly energised cohort with some new faces taking lead roles and some old friends stepping back (but not away!). We also received a wonderful presentation from Lucienne Herft on RIOT (teenage wellbeing).

Again, we were able to support school initiatives on Robotics, Study Groups, and RIOT with your generously donated funds. We had a wonderful presentation from Kathy on forthcoming infrastructure plans, a reminder that our P&C meetings are a wonderful opportunity to find out first-hand what is happening in the school.

September, the grapevine went wild. Trivia is Back. A truly amazing night in the hall, the first physical Trivia event for 4 years. A massive thank you to everyone who helped, and everyone who attended for making it such a special night. The outfits from people's native countries added an amazing burst of colour to the night, and the fairy lights on the way created a touch of magic. We raised \$19,000.00 for outdoor study areas, when we started planning 6 weeks prior the only wish was to get the community together. Who knew a paper plane throwing contest would generate so much excitement. Put August 17 2024, in your diary for this year's one.

I love the fact that for some of our parent volunteers, Trivia night organising was their only contribution throughout the year. Proving that successfully helping in the school community can be at a time of your choosing. Of course, Trivia is not everyone's cup of tea, so we would love to host an additional community event for all the Manly community this year. We have the energy and experience; we just need your ideas. Please reach out via email with your ideas.

Term 4 didn't really slow down, as we had our Year 7

Orientation Day, hosting all the G29 families and we had the privilege of supporting the Year 12 farewell activities.

Volunteers

[We Need Your Help.](#)

In 2024, our school community will be initiating lots of fun & collaborative activities to assist the school and our children. Please scan the QR code to provide or update your volunteer data. Details on the activities involved in each area will subsequently be provided. All initiatives will be team based with a mixture of new and experienced volunteers. As mentioned, we will kick off some new working groups this year to look at working collaboratively with the school on buses and sport. Any enthusiasm regarding fundraising, technology, communications, and the ability to organise is always very welcome.

A big thank you to those that responded to our call out in December 2023, we will be in touch to set up some catch ups and to make introductions to parents with similar interests.



CONTACT US: msc.pandc.contact@gmail.com

Links below for Volunteer Welcome Night

[Volunteer form for Year 7 welcome night \(20 Feb\)](#)

[Volunteer form for Year 10 parent/carer evening \(27 Feb\)](#)

Traditionally at Manly Campus the previous Year 7 parent cohort hosts the incoming group, so G29 and G25, please help where you can.

[Volunteer form for Term 1 canteen.](#)

Simon Cahill
P&C President



Welcome to Band 2024

We hope everyone has had a relaxing break over the summer.

The Band Committee and Directors are looking forward to the musical year ahead, which is shaping up to be another exciting full programme for all ensembles. We extend a very warm welcome to everyone, particularly our new families to band.

Sun Run Fundraiser – Thank You



We have already had our first band event of the year, although it wasn't a musical one. A huge thank you to all the parents and student volunteers for getting up at the crack of dawn and heading out to their roles at drink stations and as course marshals for the Dee Why to Manly Sun Run on Saturday 3 February. Together we managed to raise over \$2,800 for the band program, whilst also helping the event to raise thousands for various charities. The Band Committee would like to thank all band families and friends who got behind this valuable fundraising event. Thanks to event coordinator Susie (mum of Lucas, Year 7 & Ton, Year 12) for managing everything so brilliantly.

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Band Placements & Rehearsals

Everyone should by now have had an email letting them know which ensembles they will be in for 2024. Thank you to our musicians for sending in your placement videos promptly, to our band directors for the time and attention they have put into viewing everyone's efforts and organising each ensemble and to our Band Manager Christina for coordinating the whole process.

All our ensembles started this week, apart from our Covers band which is still TBC. All rehearsals run from 7.20am – 8.50am, please ensure you arrive promptly so everything runs smoothly.

NOTE: Rehearsals are always on, even on carnival and excursion days unless you have been emailed by your band liaison to say otherwise.

Wind Bands (Room 223)	
Directors – Sophie Unsen (CB & WE)	
Steve Williams (SWO)	
Concert Band (CB)	Wednesday
Wind Ensemble (WE)	Thursday
Symphonic Wind Orchestra (SWO)	Friday
Jazz bands (Jazz Lounge/Band Room)	
Director – Craig Driscoll	
Jazz Orchestra (JO)	Tuesday
Big Band (BB)	Wednesday
Stage Band (SB)	Thursday
Strings (Common Room/Room 223)	
Director – Sada Muramatsu	
String Ensemble (SE)	Friday
Chamber Orchestra (CO)	Monday

New Head Teacher Enrichment

As most of you know we have a new Head Teacher Enrichment Atalya Masi starting this term. We would like to extend a very warm welcome to Atalya, we look forward to meeting you and working with you to continue building on and enhancing our amazing band program.

Can you help in some way this year?

We are currently looking for people to help in the roles of:

- Treasurer (ideally this role will be shared)
- Music librarian

We will also be looking for Band Liaisons for some ensembles (see below) – these essential positions help communicate important information about band activities relevant to their ensemble and act as a point of contact for all band families, so please do let us know if you are interested in helping in this capacity. There will also be calls for volunteers for specific events throughout the year, and we are always grateful for any help offered, many hands really do make light work so please get involved.

Please email bandmanagerbomc@gmail.com if you would like to discuss any of these roles.

Band Liaisons

Ensemble	Parent Band Liaison
Wind Bands	
SWO	Mona Johnson
WE	TBC
CB	TBC
Jazz Bands	
JO	Leanne Haines
BB	TBC
SB	TBC
Strings	
SE	Tiina Jaaniste
CO	Annie Woods

Invoicing

Now that bands have been finalised invoices are being organised to send out to families. Fees for 2024 remain the same as 2023:

First core band - \$350

Extra ensembles (jazz, Chamber, extra core) - \$190 each

Small ensemble (Covers)- \$220

Band finances are processed through the school accounts. An invoice for Semester 1 fees will be issued by the school shortly.

Events

This year started with the Dee Why Manly Sun Run fundraiser and will continue with many different events running across all Terms.

Keep an eye on this page for more information on dates and times to go into your diary.

Dates For Your Diary

Term One

Band Meeting – all parents/adults welcome

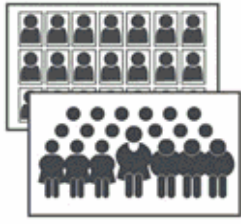
Tuesday 5 March

Big Band Bash – all ensembles

Wednesday 27 March (evening event)

NBSC Manly Campus 2024 School Photos

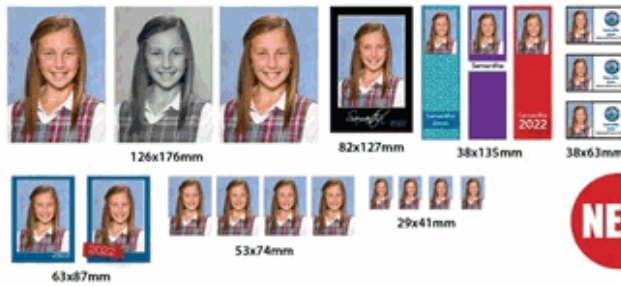
Main Day 16/2/2024 Catchup day 22/2/2024



Group presentation format is chosen by your school. Format may vary from options shown.



Perfect for 10x8" Frames



48 Personalised Stickers

Please note: Traditional, Composite or High-Resolution Virtual Group format is chosen by your school. Sibling photos, if available, can also be ordered online and must be ordered prior to your photo day. A late fee will apply for photos purchased after ordering has closed.

how to order

order online

Online payment options include Visa, Mastercard and PayPal.

STEP 1

Go to www.advancedlife.com.au on your computer, phone or tablet.

STEP 2

Enter your school code:

KLN C7G JBL

in the 'order and download' box. This will take you to your school's secure online ordering site.



STEP 3

Click on 'Order Photos' and complete your details and procedures. During this process you can place orders for additional children at your school and sibling photos, if available.



cash/envelope ordering

Your school prefers orders to be placed online. However, if you are unable to order online, please complete your order using the order envelope provided.

STEP 1

Complete a separate order envelope for each individual child's package/s ordered. If ordering for more than one child, payment should be enclosed in the envelope of the eldest child and this should be indicated on the envelope of the other child/children (the envelope that does not have cash enclosed).

STEP 2

Enclose exact cash payment in one envelope for the package/s you are ordering. Payment for more than one child should be in the eldest child's envelope and marked at the bottom of the envelope in the space provided.

STEP 3

Return your completed envelope/s, with correct cash payment, to our photographers on the day.

Please note: You must enclose exact correct payment, as change is not available. Credit card payments can only be made online and we no longer accept cheques. There is a separate envelope for sibling photo orders, should your school choose to offer sibling photos.

School photographs will be returned approximately 6 weeks after the day of photography.

Please note this delivery timeframe is dependant on proofing and additional photography days at your school.

IMPORTANT - "not for publication" students

If you have instructed your school that your child's image is "not for publication" (sometimes called "do not publish" or "not for media release" instructions), the school will ensure that your child is not presented to our photographers on photo day and school photographs will not be available for purchase. If you wish to change your instruction, then you must notify your school, so they change their records and identify your child as able to be photographed for school photography purposes. All students presented to our photographers by your school on photo day will be photographed, their images will appear in school photography packages with their fellow students and these packages will be available to purchase by all families.

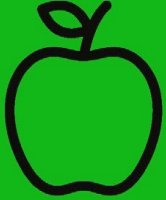
Contact us: www.advancedlife.com.au/contact

STUDENT CODE OF CONDUCT



1. Be treated with courtesy, fairness and respect

- Be accepting, respectful and courteous to others
- Follow teacher instructions



2. Develop individual potential in academic, creative, sporting & leadership areas

- Strive for personal best in every undertaking
- Enable others to learn
- Be punctual and prepared for all lessons and activities
- Complete all set tasks to a high standard



3. Have a safe non-threatening learning environment

- Behave honestly, sensibly & safely in all areas of the school, at sport, on excursions & travelling to & from school
- Create an environment free of teasing, bullying & all other forms of harassment
- Respect school property & the property of others
- Respect the personal space & privacy of others



4. Have a clean and tidy school

- Keep all areas of the school clean at all times
- Put all litter in garbage bins or recycling bins
- Ensure school books, equipment and materials remain undamaged and unmarked



5. Take pride in being a member of the Manly Campus community

- Act in a manner that reflects well on themselves and the school community
- Wear the correct school uniform
- Be active participants in school life to give back to the community



6. Celebrate success and enjoy recognition

- Value personal achievements
- Positively acknowledge the achievements of others

The following behaviour will NOT be tolerated at Manly Campus:

- Dangerous or violent behaviour
- Disruption of the work of teachers and students
- Possession of dangerous implements or weapons or imitation weapons
- Possession or use of illegal drugs, alcohol, vaping equipment or nicotine products
- All forms of bullying, harassment and discrimination against students, staff or members of the community

- Vandalism
- Stealing
- Misuse of technology
- Offensive or abusive language
- Truancy and unexplained absences



NBSC Manly Campus School App

The NBSC Manly Campus School App is available through School Enews.



To download, please go to the App store and search for School Enews. Once you have downloaded the app, click on the + and type in NBSC Manly Campus, then select done.

The App is the main source of communication to parents allowing them to be connected with Manly Campus life. We highly recommend all Manly Campus families to download the School Enews - NBSC Manly Campus App.

Some key features of the app are:

- Reminder notifications for important events will be sent out through the app
- You can report a student absence in the *Absent Note* section
- You can *Make a Payment* through the app

In addition there are direct links to:

- Canteen information, including the volunteer roster link and *flexischools*.
- Calendar events
- Newsletter
- Information on the school website such as P&C, Band, etc



How to install School Enews

iPhone and iPad Users

- 1) Press App Store icon on your device
- 2) Press Search and type in "Enews"
- 3) Press "Get", the app will download
- 4) Press "Open" and accept "push alerts"
- 5) Search for "NBSC Manly"

Android Users

- 1) Press Play Store icon on your device
- 2) Press magnifying glass and type in "School Enews"
- 3) Press "Install", the app will download
- 4) Press "Open"
- 5) Search for "NBSC Manly"

Configure Push Alerts

- 1) Press "Settings / Cog" icon
- 2) Turn off the lists you don't want

Other Smartphones and Tablets

Visit <http://app.schoolnews.com> for more apps



School Enews delivers news directly to parents!

Student Attendance

The law specifies that student absences must be explained within 7 days of the occurrence. (Education Reform Act 1990)

If your child will not be attending school for any reason other than school-related activities (e.g. an excursion, school camp or school representation for sport), you must notify the school immediately.

Send an email to: nbscmanlys-h.school@det.nsw.edu.au

Put your child's full name, reason for absence, and date of absence in the email. Mark the subject line as ABSENCE <NAME> <DATE>.

School App:

This is the preferred method for notifying the school of your child's absence.

The School App is available through  SchoolEnews

Download via the app store. For further information on the app and how to download,

scan the QR code.



Away for one day: Telephone the Attendance Office on 9905 3982 or send notification via the School App.

Absent for 2 or more consecutive days: Telephone the Attendance Office on 9905 3982 or send notification via the School App. A Doctor's Certificate is required in case of prolonged absence or if the student has missed an exam or an assessment task.

Absence of leave: If you know in advance that your child will be absent, please inform the school in writing. A completed *application for extended leave* form, addressed to the Principal must be made at least a month in advance for leave exceeding three school days. A copy of this form can be download from the school website, or **scan the QR code.**



Leave pass for a day: Your child should submit the application to the Attendance Office, which is located in the Library, before school hours (i.e. before 9.00am). All medical/dental appointments should be made after school hours i.e. after 3.30pm on Monday/Friday and after 2.30pm on Tuesday/Wednesday/Thursday. **Attendance at Sport is compulsory. All applications for Leave Passes will be approved by the Deputy Principal on Wednesday.**

Late notes: Students who arrive late should go to the Attendance Office in the Library. They will be issued with a Late Note for them to take to class. If you have given them a letter of explanation, this will be sufficient. However, if there is no explanation, an SMS will be sent home. You can respond via SMS.

Unexplained absence: If your child shows as being not in attendance after the daily rolls have been marked, and there is no prior advice, you will be sent an SMS message to that effect. You can respond via SMS.

Attendance at Wednesday sport, the school Swimming Carnival and Athletics Carnival and on the last day of each school term is expected.

RESILIENCE IN OUR TEENS

PARENT TALK

DETAILS

FEBRUARY 26TH

MANLY CAMPUS GYMNASIUM

6.30PM - 8.00PM

Learn about teen anxiety and the Resilience in Our Teens project, the evidence-based interventions are being implemented in your school.

SPEAKER

Michael Hawton

Psychologist and Parentshop Director

Michael Hawton is a registered Australian psychologist, trained teacher, author of Talk Less Listen More™, Engaging Adolescents™, and The Anxiety Coach™, international speaker, media commentator, and a father of two. With 30 years' experience working with children and families including in his private practice, working with the United Nations in Seychelles, and preparing child welfare reports for the Family Court, Michael is one of Australia's foremost experts in child anxiety and managing difficult behaviours in children, adolescents, and adults.



Manly Campus: Cognitive Distortion Parent Information Webinar



Unlock the secrets to adolescent mental health with Dr Amy Talbot, Australian Psychologist of the Year 2018 and Director of The Talbot Centre, a multi-award winning multidisciplinary health service in Northwest Sydney. In this 90-minute parent webinar, Dr Talbot will provide an overview of the theory and foundational Cognitive Behavioural skills that students will be learning about in an upcoming wellbeing and resilience program. Cognitive Behavioural Therapy (CBT) has been shown to be highly effective in reducing symptoms of anxiety and low mood, whilst also enhancing overall mental wellbeing.

Learn how to support your adolescent to improve their resilience and wellbeing through coaching them in the implementation of CBT skills, whilst gaining valuable insights into the unique role parents can play in supporting adolescent wellbeing. There will be ample time allocated for questions about the specific content and skills covered, as well as more broadly about adolescent wellbeing. Join us for this empowering program, equipping you alongside your child with the essential tools on the path to mental wellness.



Webinar Details

Wednesday, 21st of February, 6:00pm to 7:30pm

Register in advance for this webinar:

https://nsweducation.zoom.us/webinar/register/WN_RuhGuOQiRwGG7p26_CqtbA

After registering, you will receive a confirmation email containing information about joining the webinar

Parents Prepared

Informative Webinar on
Drug and Alcohol Use &
Young People

WEBINAR

Date: Thursday 7th, March 2024

Time: 4.30 to 6.00 PM.

Where: Online via Zoom

Cost: \$10 per ticket

Parents Prepared is an online drug education workshop for parents of high school-aged children.

This workshop will provide parents with information about drugs, their effects, and tips for talking to young people about drug use.

sdecc Scan the QR code to register
or visit

Sydney Drug Education & Counselling Centre

<https://www.trybooking.com/COSZW>

