



NBSC Manly Campus

The Pines Newsletter



Academic Excellence * Personal Best * Giving Back to the Community

Principal: Ms Kathy O'Sullivan | Deputy Principals: Ms Marisa Carolan and Mr Alex Newcomb

28 July 2023

Principal's Report

School Development Day

School development days are used by schools to build on the knowledge and skills of our teachers, school leaders and school administrative support staff through a targeted professional learning program to help sustain positive change and improve both educational outcomes as well as wellbeing for all learners.

This term, our staff engaged in a session 'Creating racism-free schools' to deepen staff understanding of the impact of racism on Aboriginal and / or Torres Strait Islander students. Staff listened to a panel discussion hosted by Stan Grant and heard perspectives from staff and students on what racism looks like in schools. Through meaningful discussion activities, staff had the opportunity to reflect on their understanding about the impacts of racism and had the opportunity collaborate on ways to challenge racism and build culturally safe environments for students, staff, and the community.

Anti-Racism Contact Officer (ARCO)

Congratulations to Ms Jamie Wan has been appointed as the Anti-Racism Contact Officer for our school.

The Anti-Racism Contact Officer (ARCO) is a teacher nominated by the principal who assists in leading anti-racism education in the school.



The ARCO assists the principal by providing:

- support to build staff understanding of the impact of racism on student learning and wellbeing
- advice to students and staff on how to respond when they see or hear incidents of racism
- advice on what strategies the school can implement to address racism.

The ARCO is trained to provide advice to parents

and carers, and teachers and students about the procedure for resolving complaints about racism. If requested, the ARCO can also act as a support person or advocate during the complaints resolution process. Further details can be found [here](#).

Principal and Year Adviser Awards

Congratulations to all students who were recognised for their academic excellence and personal best at the Principal's Award and Year Adviser Award ceremonies this week. Thank you to Ms Lucienne Herft, Ms Marisa Carolan, Mr Newcomb, Ms Monteleone, our wonderful Year Advisers and office staff, for their coordination behind the scenes.

Staff Appreciation

Thank you to many of the staff who gave up time in the holidays to mark student work and/or to come into school to assist in the preparation of student major works and the Trial HSC Examinations. Thanks also go out to Nick Karandonis (General Assistant), and Jill Thelander (Caretaker) for all work they do during the school holidays. It is during this time without students on site, that a lot of maintenance work can be done.

P&C

Our next meeting is our AGM. Please see below for the Zoom details of the meeting.

Register in advance for this meeting:

<https://au01web.zoom.us/join/register/u5Usdu-urzojGNfHB5oPZ9iDZndueTo73WZS>

Meeting ID: 611 1661 1923

Please see the P&C information on the following page for more information.

Kathy O'Sullivan
Principal



P&C Annual General Meeting (AGM)

The next P&C Meeting is the AGM on Wednesday 2 August 2023 at 7pm, in the school library and via zoom.

Register in advance for zoom:

[https://au01web.zoom.us/meeting/register/u5Usdu-urzojGNfHB5oPZ9iDZndueTo73WZS](https://au01web.zoom.us/join/https://au01web.zoom.us/meeting/register/u5Usdu-urzojGNfHB5oPZ9iDZndueTo73WZS)

Meeting ID: 611 1661 1923

At the AGM, all roles are declared vacant and put up for election. As usual, we have a number of Year 12 parents stepping down and moving on. So we need more helping hands.

The P&C community is a great opportunity to be involved in the school. I have made some great friends from being part of the team and it is a wonderful way to meet our teachers, parents from other year groups, alumni and people from other schools in our area.

The P&C community contribute significantly to the functioning of the school, in the provision of canteen services, second hand uniform shop, funding to allows our teachers to provide a better educational experience for our children and providing a voice from our community to the school.

All activities can be shared among multiple people as part of a wider team, allowing people to focus on areas that they are passionate about. The majority of the work can be done remotely in the comfort of your own home.

It's not a lot of time; it might be spending 30 minutes reviewing a TAS funding document for spelling and grammar. Coming to school 5 mins earlier at drop off to provide a student access to a second hand uniform for an award presentation. Providing a tea and biscuit to a stressed parent coming directly from work to see their child's teacher, or dialling into a zoom call and coming up with ideas on canteen menus. But most of the time it's taking 10 minutes to figure out how to co-ordinate an upcoming activity

to support the school. Just thinking about how we can help the school and our children and sharing ideas with others (communicating often via zoom, but sometimes in person).

Every meeting is now on Zoom so you no longer have to attend in person to be involved. We also ensure that every function has a team to share the load and to provide advice and guidance.

If you would like any more information please reach out to me on: scahill@deliverywise.com and/or I look forward to seeing you at the AGM. Our wonderful school and amazing children deserve our support.

Simon Cahill
P&C President

*Please scan
the QR code to
provide or update
your volunteer data.*



Contact Us

msc.pandc.contact@gmail.com

If you have an idea or a question, please get in touch.



NBSC Trivia Night is BACK with a BANG!

On 9 September get to know your school community while raising much needed funds to support your child's education at Manly Campus.

This is our first face to face Trivia night in 4 years, hosted onsite at Manly Campus. This is a primary fundraiser for the school so we hope to see you join in the fun.

This year we will celebrate the diversity of our Manly community. We have booked a trivia master who will be asking geographical questions, travel

questions, cultural questions and more for what is guaranteed to be one of the most fun evenings of the year.

If you don't know other parents yet, don't worry, we will put together tables (of 10) based on year groups, or people you name that you want to be seated with.

For a bit of fun, feel free to come dressed in colours or a traditional outfit that represents your cultural heritage.

There'll also be lots of games and raffles with great prizes, including a prize for the winning table, best decorated table and best *Around the World* outfit.

Grab an early bird ticket for \$35.

Ticket prices will increase to \$45 on 18 August.

Ticket sales close at midnight on 6 September.

[Trivia Night Tickets available here](#)

On the night, don't forget to bring your own picnic: i.e. food, drinks, cutlery and drinkware.

For those of you who can't attend but would like to make a donation, you can click on the *Get tickets* button in the link above and select the *Additional donation* option.

We will be in touch soon about the raffle, the prizes you can win and how to buy raffle tickets, even if you can't attend in person on the night.

For now, grab an early bird ticket at the special price. This event is always very popular and we anticipate it will be a sell out!

Write a Book in a Day

On Tuesday 8 August, 45 year 8 students will be taking part in Write A Book In A Day. They will be working in teams to devise and write a completely original book in only 12 hours.

As well as an excellent exercise in teamwork, creativity and critical thinking, Write a Book in a Day is also an amazing fundraiser for the [The Kid's Cancer Project](#).

If you would like to contribute to this valuable cause, you can sponsor a team or a specific student through the links below.

- [Baguette and Buratta](#)
- [The Capybaras](#)
- [Amelie's Team](#)

- [SBS on OLIVE](#)
- [The abcDoodling Telephones](#)
- [The clause](#)
- [3.5 Combined Brain Cells](#)

Year 11 STEM Enrichment Opportunity

Calling all Year 11 STEM Enthusiasts

National Youth Science Forum 2024 Year 12 Program

Program Highlights

Residential program that provides an insight into what it's like to study and reside at a university.

Specialist lectures and workshops from Australia's leading STEM experts (including Nobel Prize winners).

Visits to some of the world's most advanced STEM facilities.

Advice about university, training and STEM career pathways.

Social events to connect and network with like-minded young people around Australia.

Celebrating 40 Years in 2024

[Apply now](#)

Canberra 5 - 13 January 2024

Brisbane 12 - 20 January 2024

Year 9 Robotics and Mechatronics

Year 9 RAM have successfully designed and produced in pairs 'prosthetic hands' part of an iMED unit of work. Students displayed outstanding problem solving and skills as they worked through multiple tasks including 3D printing, Assembling, Soldering and Coding.

Well done to Ashley, Alex, Isabella, Xiao, Antoine and Noah (Absent)

Sport Report

Semester 2 has started with some excellent sporting achievements from our Manly students. In the first two weeks we have had students represent at NSWCHS Cross Country, Sydney North Athletics and in the NSWCHS Statewide competition Volleyball Finals.

NSWCHSSA Cross Country Championships

On Friday 21 July four Manly Campus headed to Sydney Motorsport Park, Eastern Creek as representatives of the Sydney North Cross Country Team. Well done to the following students on such a great achievement.

- 14yrs Boys - Eamon (placed 33rd)
- 16yrs Boys - Alexander (placed 24th)
- 16yrs Boys - Arran (placed 25th)
- 16yrs Boys - Orson (placed 53rd)

Sydney North SSA – Athletics Championships

The Sydney North Athletics Championships was hosted at a new venue this year at Mingara Athletics Centre, Tumby Umbi. The rainy weather made it more difficult for the competitors on the Monday, yet every one still enjoyed the atmosphere and level of competition. Manly Campus students once again demonstrated their outstanding sporting abilities over the two days with a 2017 record broken by Olly (Year 10).

Here is a snap shot of some of the results from the meet. [See all results here.](#)

Girls	Boys
Annabelle - 4th 14yrs High Jump - 3rd 14yrs Shot Put	Olly - 1st 15yrs 400m (record) - 3rd 15yrs 200m
Daisy - 2nd 15yrs Long Jump	Joseph - 2nd 16yrs Shot Put 5kg
Charlotte - 3rd 14yrs 800m	Kai - 4th 16yrs Triple Jump - 4th 13yrs 200m
	Jacob - 4th 17-19yrs 200m
	Thomas - 4th 14yrs High Jump

Statewide Competitions (Knockout)

- State Finals Volleyball

Report by Ms Fee - Manager

I am thrilled to share the outstanding achievements of our Senior Boys Volleyball Team at the 2023 NSWCHS State Volleyball Finals held at Homebush Netball Central on Wednesday and Thursday, 19 and 20 July. Competing against the best public school volleyball teams in the state, our squad of 10 talented players showcased exceptional skills and sportsmanship throughout the tournament.

The team consisting of Brandon, Christian, Luke, Frankie (Year 12), Charles, Charlie and Ben (Year 11), Mark, Triphree, and Darien (Year 10), demonstrated unwavering commitment and teamwork.

On the first day, our Senior Boys Volleyball Team displayed sheer determination and depth of skill, winning all three matches against Baulkham Hills, Morrisett HS, and Blayney HS. In the final game of the day, they faced off against the formidable Sydney Boys High team, the competition favourites. Despite a valiant effort, our boys came up short in a closely contested match.

On Day 2, the team encountered unforeseen challenges due to injuries. Ben Pratley's aggravated knee injury rendered him unable to participate, while Frankie Dael, one of our top scorers, suffered a back injury during warm-ups. These setbacks undoubtedly impacted the team's performance in the crucial position 5 v 6 play-off match against Cabramatta. Although our boys should have emerged victorious in this match under normal circumstances, the injuries proved to be a significant hurdle. Despite their best efforts, they were unable to secure the win against the determined Cabramatta team. Nevertheless, the team displayed immense resilience and sportsmanship throughout the competition and won their final game against Ulladulla HS, to place 7th out of 20 in the overall standings.

I commend the Senior Boys Volleyball Team for their remarkable accomplishments at the 2023 CHS State Volleyball Finals. Simply getting to the State Finals is no mean feat - placing 7th out of 20 top-notch teams is also an achievement to be proud of, especially given the injuries they incurred. Sydney Boys High advanced to the final against Ryde Secondary College and just narrowly lost to the well-drilled team in an electric final.

As they reflect on their journey, the departing Year 12 boys, Brandon, Christian, Luke, and Frankie, should

take immense pride in the lasting legacy they leave behind. Their leadership, inclusivity and commitment to volleyball has ignited a passion for the sport among their peers and future generations of NBSC Manly students.



Wednesday Weekly Sport Update

The Term 3 recreational sport 9-week program started this week with glorious weather. Students are participating in the following sports:

Fee Paying Options

Sport	NBSC Manly Campus Sport Options
Aerial Silks	Integral Aerial, 3A/24-26 Winbourne Rd, Brookvale Students will receive coaching and develop skills to perform aerial acrobatics while hanging from a specialist fabric.
Fishing	Fishermans Beach (Collaroy) Students are transported to the venue via Bus, however, are dismissed from the venue. Students must bring their own rod. The school will provide bait and tackle each week.
Futsal	KIKOFF, 33 Bennett St, Curl Curl Students will play Futsal (5 a side) against other NBSC Manly students in a weekly competition format, culminating in a final series.
Gymnastics	All the Way Up Gymnastics - 6 Powells Rd, Brookvale Students will participate in a range of Gymnastic activities with specialist coaching and develop their skills, aligned to the Gymnastics NSW curriculum.
Rock-Climbing	Northern Beaches Rockhouse, 4E/9-13 Winbourne Rd, Brookvale Students can engage in bouldering and indoor rock-climbing at various skill level entry points.

Tennis	Evolve Tennis Academy – 1 Anzac Ave, Collaroy Students are transported to the venue via Bus, however, are dismissed from the venue. Students have the opportunity to receive coaching in skill development and play tennis against other NBSC Manly students. Racquets and balls are supplied.
Tricking / Parkour	All the Way Up Gymnastics - 6 Powells Rd, Brookvale Students will have the opportunity to improve their Tricking / Parkour skills which combines martial arts and gymnastics in a series of kicks, flips, and twists under guidance of a certified instructor.
Vision PT	Vision Personal Training, 577 Pittwater Rd, Brookvale Students will participate in weekly circuit training and gym classes at Vision Personal Training (Brookvale) under guidance from a certified instructor.

Non- Fee Paying Options

Sport	NBSC Manly Campus Sport Options
Basketball	NBSC Manly Campus School Grounds Students will have the opportunity to play basketball against other NBSC Manly students in a weekly competition format.
Multisports	NBSC Manly Campus School Grounds, Fisher Rd Courts, Denzil Joyce and Reub Hudson Grounds Students will participate in a variety of social sports and games against other NBSC Manly students in a weekly competition format.
Racquet Sports	NBSC Manly Campus School Grounds Students will have the opportunity to play a variety of racquet-based sports (eg. Badminton, tennis, table tennis) against other NBSC Manly students in a weekly competition format.

Volleyball	NBSC Manly Campus School Grounds Students will participate in volleyball against other NBSC Manly students in a weekly competition format.
Walking	Local Curl Curl Community Area Students will complete a variety of walks around the local North Curl Curl community area supervised by NBSC Manly Campus Staff.

Year 7 Term 3 Sport Program

Year 7 over the course of the term will be participating in three weeks of Gala Day practice to prepare for the upcoming Warringah Zone Gala Day. Students will then be participating in a Netball NSW Sporting Schools program for the remainder of the term, led by professional coaches.

Gala Days

Due to the cancellation of Grade Sport competitions in 2023, Warringah Zone will instead be holding Gala Days. All students must attend as there are no scheduled classes at school on the Gala Days. Students have organised themselves into teams, with each team being coached and refereed on the day by Year 9/10 students.

Year 9 – Monday 31 July 2023

Year 7 – Monday 7 August 2023
(Back up Monday 31 August 2023)

Year 8 – Monday 14 August 2023

Sports and venues for the Gala Days are as follows:

Boys Basketball: NBISC, Jacksons Rd, Warriewood

Boys Football (Soccer): Cromer Park, South Creek Rd, Cromer

Boys Touch Football: Pittwater Rugby Park (Back Fields), Warriewood

Girls Netball: John Fisher Park, Abbott Rd, Nth Curl Curl

Girls Football (Soccer): St Matthews Farm, Fisher Rd North, Cromer

Girls Touch Football: Pittwater Rugby Park (Back Fields), Warriewood

Mixed Ultimate Frisbee: Abbott Rd Playing Fields/ Rueb Hudson/ Denzil Joyce Oval, Abbott Rd, Nth Curl Curl

Congratulations

Congratulations to:

- Ethan who placed 2nd in NSW and 15th in Australia in the Under 18 male recurve at the 2023 Indoor Archery Championships in July.

- Aaroahi who submitted a pitch among youth Australia wide for the UN Global Advocate magazine and her literary piece that surrounds the topic of 'journeys' in correlation to affairs. She was one of few selected and will be officially published on 20 July in their magazine. The UN Global Advocate explores conceptual themes in the form of international affairs and global issues from a unique youth perspective.

Second Hand Uniform Shop

This year the second hand uniform shop will be open on the first Wednesday and the third Thursday of the month, during term time only, from 8:15am - 9am

Next Open
Wednesday 2 August
and
Thursday 17 August

Orders may also be requested online at:
manly2ndhanduniforms@gmail.com

The second hand uniform shop is run by parent volunteers and relies on your generous donations. Donations of washed, good quality uniforms are much appreciated and can be left at the school office. 100% of proceeds go to the P&C for projects to benefit students.



Band Report

Term 3 begins – performances and tours!

We hope everyone had a relaxing holiday and is back ready to embrace music rehearsals with renewed enthusiasm. All our wind and jazz ensembles have already taken part in the Australian School Band and Orchestra Festival at the Sydney Conservatorium of Music, and there are more performances and a tour coming up in this busy term.

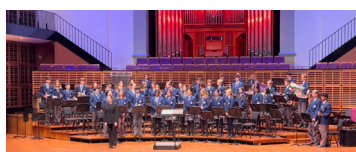
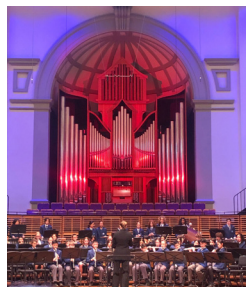
ASBOF tally

Gold: Concert Band Wind Ensemble, Symphonic Wind Orchestra, Stage Band, Jazz Orchestra

Silver: Big Band

Congratulations and a huge THANK YOU to everyone who was involved in the Australian School Band and Orchestra Festival last Sunday. Each band should be extremely proud of their amazing performances, excellent musicianship and professional appearance – you sounded wonderful and looked exceptionally smart in your formal band uniforms! Thank you to everyone involved in the organisation of this event – our fantastic Conductors Craig, Steve and Sophie for all the time and effort they put into the preparation for this event, our Band Manager Christina for all her work in the background leading up to Sunday, Head Teacher Enrichment Michael Jobson who was there all day to support the bands, Band Liaisons who helped coordinate their ensembles, and all the parents who sourced uniforms and transported students and equipment to and from the venue. Finally, thank you to the students for all their hard work – it really paid off.

String Ensemble and Chamber Orchestra get their chance to experience this amazing festival in August – enjoy.



Band Meeting

Monday 14 August – 8pm

Term 3 Band Meeting will be held in the school Library in week 5. All welcome to attend – come along to hear about plans and upcoming events for our fantastic band program.

Musicale

Saturday 16 September (evening)

Our premier event, where we will hear outstanding music from our Senior Ensembles and officially say goodbye to our Year 12. Details coming out soon – put the date in your diary in the meantime.

Intermediate Band Tour, North West regional NSW

20-22 September

We can confirm this tour will be taking place in the last week of Term 3. Students will travel to the North West region, staying in Tamworth. The tour will include music performances every day plus activities and “compulsory fun”. A separate email will be sent out to all involved soon.

Manly Jazz Festival

22-24 September

Jazz Orchestra will be performing at the Manly Jazz Festival again this year, held over the first weekend of the next school holidays. Date & time are still to be confirmed, but please keep these dates free in your calendars in anticipation of this exciting event

Community Band

If watching your child play music has given you the urge to dust off or learn an instrument, consider joining a fun and friendly local band for adults! Based in North Balgowlah, they get together socially on Monday evenings to have fun learning and playing music. There is a range of musicians on a variety of instruments, from complete beginners who have never played a thing, through to those who have been playing for many years. Contact Sarah if you think you may be interested via this Google form [The Beaches Community Band](#) or email on saraholofinsky@gmail.com.

Dates for your Diary

Term Three

Band Meeting

Monday 14 August – everyone welcome

Australian School Band and Orchestra Festival (ASBOF), NSW Conservatorium of Music

Sunday 27 August – String Ensemble & Chamber Orchestra

Musicale

Saturday 16 September (evening) – SWO, JO, SE, CO

Intermediate Band Tour

20 – 22 September (Last week of Term 3)

Manly Jazz Festival

22-24 September (date & time TBC) – JO

Term Four

Strings Soiree

Friday 3 November (evening event) – SE & CO

Band Meeting

Monday 6 November – everyone welcome

Jazz Night Out

Saturday 18 November (evening event) – SB, BB, JO, venue TBC

Junior Band Tour

27-29 November – CB & SB

Band Names

Wind Bands (Hall)	
Concert Band (CB) - <i>junior</i>	Wednesday
Wind Ensemble (WE) - <i>intermediate</i>	Thursday
Symphonic Wind Orchestra (SWO) - <i>senior</i>	Friday
Jazz bands (Jazz Lounge/Band Room)	
Big Band (BB) - <i>intermediate</i>	Tuesday
Jazz Orchestra (JO) - <i>senior</i>	Wednesday
Stage Band (SB) - <i>junior</i>	Thursday
Strings (Performance Space/Hall)	
String Ensemble (SE)	Friday
Chamber Orchestra (CO)	Monday

Remember, rehearsals are always on, even on carnival and excursion days unless you have been emailed by your band liaison to say otherwise. Students should arrive by 7.20am to set up for a prompt 7.30am start.

Band Liaisons

Ensemble	Parent Band Liaison
Wind Bands	
SWO	Mona Johnson
WE	Robyn Barker
CB	Nathalie Sassen
Jazz Bands	
JO	Leanne Haines
BB	Fotini Harvey
SB	Sarah Olofinsky
Strings	
SE	Tiina Jaaniste
CO	Annie Woods

Anti-Racism Policy

Information for parents and carers

Racism impacts on student wellbeing, participation at school and learning outcomes. Racism and racist behaviour are not tolerated in NSW public schools.

What is the policy about?

The [Anti-Racism Policy](#) promotes respect and harmony in the school environment. It aims to ensure that educational opportunities are fair for all students regardless of their culture, language or religious background. The policy:

- recognises the impact of racism on Aboriginal people
- ensures that schools hold high expectations of all students and that no one group of students is stopped from reaching their full potential because of their cultural, religious or linguistic background
- requires all members of the school community to think about their own behaviour and make sure their actions don't result in other people experiencing racism
- requires all staff to complete training so they understand their responsibilities in preventing racism
- requires each school to have a trained Anti-Racism Contact Officer.

What is an Anti-Racism Contact Officer?

An Anti-Racism Contact Officer (ARCO) is a teacher nominated by the principal who assists in leading anti-racism education in the school. The ARCO assists the principal by providing:

- support to build staff understanding of the impact of racism on student learning and wellbeing
- advice to students and staff on how to respond when they see or hear incidents of racism
- advice on what strategies the school can implement to address racism.

The ARCO is trained to provide advice to parents and carers, and teachers and students about the procedure for resolving [complaints](#) about racism. If requested, the ARCO can also act as a [support person or advocate](#) during the complaints resolution process.

What should I do if my child is experiencing racism at school?

If your child is experiencing racism at school, you should encourage them to report it to a teacher or the school's Anti-Racism Contact Officer, or you may report it on your child's behalf.