

NBSC Manly Campus



The Pines Newsletter



Academic Excellence * Personal Best * Giving Back to the Community

Principal: Ms Kathy O'Sullivan | Deputy Principals: Ms Marisa Carolan and Mr Alex Newcomb

3 March 2023

Principal's Report

The Tempest - Bravo, bravo, bravo!

Manly Campus applied for and was successful in receiving a \$10 000 Ministers Arts Recovery Grant. This week, students across Year 7 to 10 worked creatively and collaboratively to develop a condensed version of William Shakespeare's The Tempest, combining their dramatic, musical, dance and visual design skills. What has been achieved in 4 short days was sensational! This is a one-off event designed to support faculties which were heavily impacted by COVID over the last couple of years with limited performance opportunities for our talented students. Thank you to our wonderful staff (Lucienne Herft, Skye Campbell, Roger Forsyth, Karen Blundell, Neda Joyce and Chloe Woodward) for providing this wonderful opportunity for our students.

Dr Kristy Goodwin

We were delighted to welcome Dr Kristy Goodwin back to the school this year. Dr Kristy Goodwin, one of Australia's leading digital wellbeing researchers led our year 7-9 student seminars earlier this term and

held a parent seminar last week. The parent session was well attended with parents and carers from year 7 – 11 in attendance. For those unable to make this session, I encourage you to spend time viewing the <u>resources</u> she shared during her presentation.



Canteen Request

The Canteen needs to have regular volunteers to help with food preparation and lunch orders each day. Without volunteers we will no longer be able to provide the same level of service to our school community and as a last resort will have to close the canteen.

Volunteering is a great way to meet other parents/ carers and to interact with the students and staff of the school community. Spilt shifts of 2 hours are available. If you are available, please indicate your interest here -https://forms.gle/ZQ66KaZeBzCgyjHw8

Buses

The school is advocating for an improved bus service to and from school. Complaints about bus services should be reported through the following channels.

TfNSW form: <u>Bus feedback | transportnsw.info</u> or call 131500. This is the preferred method as TfNSW will use this data not the emails to the school.

Headland Road

It is strongly recommended that students investigate an alternate route to and from school instead of crossing at Headland Road. There is a pedestrian crossing on Harbord Road and Winbourne Road where students can cross safely at the lights. This is the preferred crossing for our students. We are currently working with council on this matter and would appreciate you having a conversation with your child about pedestrian safety and potential alternate routes.

Parent Teacher Evenings

Parent /Teacher evenings will be held throughout Term 1 and 2. Parents /Carers will be advised of booking information closer to the event.

Year 7 Parent / Teacher Night T1 Week 9 – Thursday 23 March 3-6pm

Year 10 Parent / Teacher Night T1 Week 10 – Tuesday 28 March 3-6pm

Year 11 Parent / Teacher Night T2 Week 2 – Thursday 4 May 3-6pm

Year 9 Parent / Teacher Night T2 Week 3 – Tuesday 9 May 3-6pm

Year 8 Parent / Teacher Night T2 Week 4 – Tuesday 16 May 3-6pm

> Kathy O'Sullivan Principal

Sport Report

School Swimming Championships

On a glorious summer's day, Manly Campus students packed Andrew 'Boy' Charlton Swim Centre for the annual Swimming Championships. Students really got into the house spirit with plenty of colour throughout the grandstand. The seniors showed the school how to dress to support your house and the various ways you can make your way down a 50m pool.

The overall house places for 2023

PLACE	HOUSE	POINTS
1	Hunter	684
2	Macquaire	678
3	Phillip	562
4	Bligh	296

Congratulations to the 2023 Age Champions

AGE	NAME	AGE	NAME
12	Bella Bao	12	Ollie Hosker
13	Terezka Havelkova	13	Luke Chen
14	Jaslyn Plummer	14	Oliver Liu
15	Amelie Chan	15	Jack Richardson
16	Madeleine Sgro	16	Cillian McGrath
17+	Christine Ruff	17+	Liam Lehane

Boys records broken in 2023

AGE	NAME	EVENT	TIME
12	Vincent Tai	50m Breaststroke	46.44
13	Luke Chen	50m Freestyle	29.46
13	Luke Chen	50m Breaststroke	37.34
13	Luke Chen	50m Butterfly	31.36
13	Luke Chen	50m Backstroke	34.73
13	Luke Chen	100m Freestyle	1:04.52
14	Oliver Liu	50m Freestyle	29.09
14	Oliver Liu	50m Backstroke	35.88
16	Cillian McGrath	50m Breaststroke	34.39
16	Cillian McGrath	50m Butterfly	30.61
16	Cillian McGrath	50m Backstroke	32.18
17+	Liam Lehane	50m Breaststroke	35.43
17+	Liam Lehane	100m Freestyle	1:00.78
17+	Joshua Chan	50m Butterfly	29.97
17+	Tristan Giral	50m Freestyle	27.16

Girls records broken in 2023

AGE	NAME	EVENT	TIME
14	Jaslyn Plummer	50m Freestyle	27.87
14	Jaslyn Plummer	50m Butterfly	31.50
14	Jaslyn Plummer	50m Backstroke	34.61
14	Jaslyn Plummer	100m Freestyle	1:01.42
17+	Christine Ruff	50m Freestyle	29.63

Champions of Champions

The annual Champions of Champions race saw the fastest 8 swimmers in both the boys and girls compete against each other to be crowned champion in the 50m Freestyle. Both Christine Ruff and Liam Lehane were contending for the title rights once again. The crowd were on their feet



and the level of cheering rose as the races began. Both were extremely close contests and a massive congratulations to Liam Lehane and Jaslyn Plummer who took out the honours both setting new records in times of 26.98 and 27.90 respectively.

To culminate a great day, the Year 12 students raced the teachers, in one last final event. What made this race even better was Ms Walker racing her daughter Sarah, who accused her mum of cheating, as she didn't believe flippers were allowed. After consulting with officials (Mr White & Miss Crawford), Ms Walker

was cleared of any wrong doing and crowned the faster swimmer of the two.



Warringah Zone Swimming

Students who placed in the top two of their events will represent Manly Campus at the Warringah Zone Swimming Championships on Tuesday 14 March at Warringah Aquatic Centre. We wish everyone the best of luck against the other 5 secondary schools.

Congratulations

Here at Manly Campus we do our best to report on and acknowledge our student's sporting achievements. Please email scott.white30@det.nsw.edu.au or kristie.crawford@det.nsw.edu.au with your child's results, achievements and any good action photos (permission to publish only).

Congratulations to:

Byron Cahill (Year 9) who competed in the state Champion Lifesaver competition held at Freshwater beach on 17 February. Byron won this event and is the current NSW Male U14 State Champion. He will represent NSW at the Aussies in Perth on 27 March.



Swimming Carnival in Action...











NAPLAN

NAPLAN Online 2023

NAPLAN assesses literacy and numeracy – important skills that each child needs to succeed in school and life. The NAPLAN tests are designed to help us make sure students are on track with their literacy and numeracy development. Students in Years 3, 5, 7 and 9 participate in NAPLAN tests for Reading, Writing, Conventions of Language (spelling, grammar and punctuation) and Numeracy.

Between Wednesday 15 March and Friday 17 March students in Year 7 and 9 will participate in NAPLAN Online. The schedule will be:

Term 1 Week 8

Wednesday 15 March:

Years 7 and 9 - Writing tests

Thursday 16 March:

Year 7 – Reading & Conventions of Language tests

Year 9 – Reading test

Friday 17 March -

Year 7 – Numeracy test

Year 9 - Conventions of Language & Numeracy tests

Term 1 Week 9/10

If a student is away, catch-up sessions will be arranged up until Monday 27 May.

Students will be advised on session times through Daily Notices in Week 7 and 8 so that they know what lessons will be impacted and what to prepare for.

Students do not need to be computer experts to take the NAPLAN test online. Making sure students have computer skills is part of our school curriculum, and our teachers will ensure that students are familiar with the online format. To see the types of questions and interactive features of NAPLAN Online, visit the public demonstration site.

Important messages for students who have not already done so:

- install the Lock Down Browser as soon as possible (originally due Friday 24 February) using the attached instructions
- complete the BYOD readiness survey: https://forms.gle/qgViHfLGsy5zYEvm9
- A reminder email has been sent to students who need to do this.

Students must ensure they bring to each test session:

- a fully charged laptop with removed parental locks
- a set of wired headphones
- a pen

If You have any questions about NAPLAN Online, please contact the Deputy Principal (NAPLAN Coordinator), Alex Newcomb.

For more info:

How to support your child during NAPLAN
Information for parents and carers

Ramadan and NAPLAN

<u>Subscribe to ACARA's monthly parent newsletter,</u>
<u>Parent Update</u>

Alex Newcomb Deputy Principal (NAPLAN Coordinator)

Year 7 Camp -The Great Aussie Bush Camp



Student Report

On Monday morning, the 13th of February all of Year 7 walked excitedly into the school, ready for the next three days. We sat on the bus to Kincumber and waited patiently on the long drive to get to our destination. When we got to camp, we met instructors and went over some rules. We were divided into our class groups Our group 70, was given an energetic instructor named Taylor. We went to lunch and were allocated our cabins. Everyone seemed pretty happy about them when we met back at the campsite.

Our group was waiting in anticipation to know what our first activity was. We were excited and a little curious when we were told it involved mud! We got changed and headed down to the mud activities. At the first challenge, there was a pit of mud with stacks of tyres in it. We got 3 planks of wood, 3 bits of rope and had to make our way to a center platform as fast as you could without falling in. The mud only went up to your knees though. We were divided into 2 groups of 15 kids. Our team lost but

none of our team fell in and we eventually made it to the center. We had no idea how muddy we were going to get!



After we got out, our group decided to make up a team name. We decided on the name Dino Nuggies.

Next was the mud run. A very muddy military style course with tires, a rock wall, tarzan swing, tunnel, a commando crawl under a tarp and slide into mud and more. We did the entire course a couple of times and we all came out so muddy we looked brown!! Well, some of us anyway, including me. After that we had showers, (we needed them!).



At dinner time, we had spaghetti bolognaise, and ice cream. Afterwards it was time for our night activity with the whole grade. On the first night we played a game called Commando. The teachers hunted the students in the bush in the dark. I was one of the hostages, the teachers were guarding us while the other students were trying to find us. We heard a few shrieks as unsuspecting kids were spotlighted with a flashlight by their teachers. None of them found us in our hiding place but it was still fun. We headed back to the campsite and got chocolate milk and cookies and headed to bed.

We all got woken up by very loud banging on our door at 6:30am by our instructors. Everyone very groggily got up and we started our day. We had breakfast and split up into our groups. My group went to the high ropes course. We learnt to use the clips attached to our harnesses and how to use the zipline. We had a lot of fun on the course. The next activity was pioneering. We made a stretcher out of rope and poles and had to carry someone on it. We also made a catapult and fired tennis balls out of it.

In the afternoon, we went rock climbing. It was a 12m wall and you relied on your teammates to pull on the ropes to get you safely up and down. After that we went canoeing. Our boat felt like it was going to capsize any second but luckily it didn't! We played some games and unfortunately Taylor lost her sunglasses in the water. (R.I.P sunglasses).











After dinner, we did another night activity with the whole grade. This time it was challenge night and we split into groups. For each challenge, we sent out 1 person to represent our group. We did funny things like making an outfit out of a rubbish bag and modeling it on the catwalk, carrying a coin between our knees and walking to drop it into a bowl, putting a glass of water on our faces while lying down and trying to stand up without spilling a drop. We headed back to the campsite to get supper which was cookies and chocolate milk. We listened to a story then headed off to bed.

We were woken up by our instructors at 6:30am again and got up a bit quicker than the morning before. The morning activity was the giant swing

which was the most anticipated activity of the camp. You were harnessed to a bar suspended by ropes so it looked like a humongous version of a swing. Everyone had a great time, even Miss Grant had a go! The last activity was initiatives which was a nice way to end the camp. We played games such as scissors, paper, rock and games that tested our reflexes.





Soon it was time to say goodbye to The Great Aussie Bush Camp. We packed our bags, cleared our cabins and hopped on the bus home. It seemed like it didn't take very long at all as we were so tired! When we arrived back at school, we hopped off the bus with new friends, new skills, and we were utterly exhausted but happy.

Chloe Wall Year 7

Year 9 Forensic Science

Watch out criminals, Year 9 are now on the case! As part of the Science Faculties' Forensic Project, Year 9 had an opportunity to develop their chemistry and deductive skills during an incursion on Wednesday.

The initial part of the incursion involved students being presented with a scenario where a death had taken place. They were then given a vast array of evidence including DNA and Drug analysis. From these, they were able to piece together what had taken place and determine who had committed the crime.





The final part of the incursion had a more practical angle, with all Year 9 students working in the Science labs, analysing a number of different chemicals. From using the Bunsen burner to determine the metal contained within a sample to performing chemical precipitation reactions to work out a non-metal, the students now have hands-on experience as Forensic scientists.

Thanks to Margaret Taylor and the Science Faculty for all their hard work associated with this day.

Richard Crooks Relieving Head Teacher Science

Law Day Out





Year 11 and 12 Legal Studies students develop their socio-emotional skills of leadership through enrichment programs such as excursions. Students from NBSC Manly Campus were the first school to be allowed back into the Courts after restrictions lifted. Students took part in the *Law Day Out* program and were fortunate to see a range of cases in the Downing

Centre local court complex. During the afternoon they toured the Justice & Police Museum and took part in a mock trial, putting their knowledge of the law into action. All students were an asset to their community and asked great questions during their meeting with the magistrate.





Year 12 students have now finished their Crime core topic and will move onto Human Rights.

Year 11 students are investigating sources of Australian contemporary law such as Customary law, Common law, Statute law, Constitutional law and International law in preparation for their legal research assessment.

Rebecca Stuart Legal Studies Coordinator

Student reports

On the 7th of February, students from Year 11 and 12 Legal Studies classes visited the Downing Centre and sat in the public gallery to watch the proceedings of the local courts. Students saw a variety of types of cases including bail applications, sentencing, hearings and of course trials. Although all students were extremely serious, there was the occasionally amusing trial, one of which involved an intoxicated gentleman kicking in a toilet bowl at a nightclub. In addition to this, students had the incredible opportunity to talk with a practising Deputy Chief Magistrate about how the courts and the legal system operates. His Honour Deputy Chief Magistrate Theo Tsavdaridis explained to students how a trial is conducted and the role of the parties involved, including a comedic mock trial involving some of the students. After the court visit, students enjoyed a delightful luncheon in the pleasant air of Hyde Park before walking to the Sydney Police Justice Museum at which point the students spotted Premier Dominic Perrottet running down the street. At the museum, students explored a variety of different historic crime cases, exploring the depth of each and discussing how different forensic

techniques assisted in solving cases and how police operated during the 19th and 20th century. Students also held another mock trial, in which seemingly innocent student Nihira "Brian Taylor" More was accused of a variety of crimes including arson and robbery to name a few. Overall, the excursion provided students with a great insight into the courts system and gave a wonderful introduction to the world of law.

Owen Malley and James Stevens Year 11

On Tuesday of Week 3, Year 11 and Year 12 legal studies students embarked on their Law Day Out to gain knowledge of real-life legal scenarios within courts, and learn some history and context surrounding older court systems.

We started with entering the Downing Centre Local and District Court, where we gave our bags in for search and passed through a metal detector, preserving the safety of the courts. Next, we got to sit in with real court trials and sentencing, observing prosecutors, defence lawyers, and magistrates in action. Watching in on cases was different to reading about them; Isla Hook, Year 12, says that "the real time chance at deciphering cases and seeing the procedures made us feel like we were finally a part of the courtroom".

After two riveting hours spent engaged with the courts, we got to experience a personal meeting with a judicial officer, who offered insightful knowledge and answered questions which our new Year 11's had been pondering upon.

'Do you think that it's possible to have an unbiased legal system?' and 'How do you cope with containing your unconscious bias when making decisions?' After a beautiful walk through Hyde Park, taking advantage of the amazing weather, we arrived at the Justice and Police Museum, where we were given a tour within which we learnt the historical influence of the justice system in older Sydney. We discussed interesting cases, and walked around the interior, looking at the waiting rooms, holding cells and the 1800's courtroom. Hannah Yu, Year 12, stated "It was so insightful to learn that in the past, docks were used in courts; it looked very ominous".

Finally, we participated in a mock trial, acting out the prosecution of a young man using marijuana. Overall, the excursion was extremely informative and engaging. Year 11 hopes to return next year, after seeing how Year 12's heightened their knowledge before the HSC.

> Christine Ruff Year 12

School Musical - Parent Volunteers needed



The Manly Campus School Musical - West Side Story is on in Term 2 Week 9, 20-23 June 2023.

We need volunteers to assist with costumes, catering and construction.

If you would like to help with the production of West Side Story:

- Costume helpers assist on Sundays in Term 2
- Construction volunteers help on Saturdays in Term 2
- Catering volunteers help with the tech run and some of the production's food preparation for students dinner (19 - 23 June).

Volunteers can choose which day/s they can help out. A parent *Expression of Interest* form can be found here https://forms.gle/ejbduAs8EnJHHwL37

Parent Coordinators will be in touch with specific information once groups have been collated.

Thank you in advance for you time and support of this production.

Elevate Education – Webinar for Parents

How to Help Your Child Manage their time

Elevate Education's next free webinar will be taking place on Wednesday 1 March, focusing on time management.

Elevate Education works with our students, delivering high impact workshops on study skills, motivation, wellbeing, and exam preparation. By tuning into their webinar series, you will learn how you can help better support your children at home through reinforcing the skills they learn at school:

Wednesday 1 March @ 6:30pm (AEDT)
Webinar - How to Help Your Child Manage Their
Time

Click here to register for free

In this webinar Elevate will be showing parents how to:

- Align family expectations on homework
- Work with your child on managing other activities such as your child's hobbies or sports
- Create the best weekly planner tool for your child.

Change to the NBSC Manly Campus Second Hand Uniform Shop days open for 2023

Second Hand Uniform Shop

This year the second hand uniform shop will be open on the first Wednesday and the third Thursday of the month, during term

time only, from 8:15am - 9am

Next Open

Thursday 16 March and Wednesday 5 April

Orders may also be requested online at:

manly2ndhanduniforms@gmail.com

The second hand uniform shop is run by parent volunteers and relies on your generous donations. Donations of washed, good quality uniforms are much appreciated and can be left at the school office. 100% of proceeds go to the P&C for projects to benefit students.

BANDS of MANLY CAMPUS

Band News

Week 6 already - Music is in the Air

Rehearsals are now up and running (with the exception of the small groups), with all 184 band members enjoying working together in their

ensembles and meeting the new conducting team. Junior Jazz, Jazz Combo and Covers Band are being finalised so watch out for start dates for these groups.

Wind Bands (Hall)	Day
Concert Band (CB) - junior	Wednesday
Wind Ensemble (WE) - intermediate	Thursday
Symphonic Wind Orchestra (SWO) - senior	Friday
Jazz bands (Jazz Lounge/Band Room)	
Big Band (BB) - intermediate	Tuesday
Jazz Orchestra (JO) - senior	Wednesday
Stage Band (SB) - <i>junior</i>	Thursday
Strings (Performance Space/Hall)	
String Ensemble (SE)	Friday
Chamber Orchestra (CO)	Monday

Remember, rehearsals are always on, even on carnival and excursion days unless you have been emailed by your band liaison to say otherwise

Band Liaisons

We now have liaisons for almost all our bands, and you will have received an email from them introducing themselves. Thank you to all the parents who have stepped into these essential roles – they really help the band program run smoothly and aid communication between all involved.

We are still looking for a liaison for Concert Band and Stage Band – if you are interested, please send an email to our Band Manager Christina on bandmanagerbomc@gmail.com.

Please make sure your family reads all liaison emails as they will be communicating band news and important information to you. If you have not received an email, please let us know so we can check we have the correct email address.

Attendance/Absence

A reminder that each musician is an important part of the team, and it is essential for band members to attend all rehearsals and performances. A roll call is taken each week - if your child is unable to make a rehearsal, please text or email your band liaison so they can let their Band Director know.

Band uniform

Formal uniform: the band has a formal uniform of school blazer and tie with winter uniform long grey trousers/skirt. There is an event coming up in June where ALL students will need both, so please start to organise purchasing these now as time will go quickly and there are a limited number of second-hand blazers and ties. Alternatively, you can purchase new from Pickles (be aware that there is a 3-month lead time for new blazer orders).

Parent volunteer Ish Chen organises the trade of second-hand blazers – if you are interested, please email her on uniformbomc@gmail.com.

If you already have a blazer, make sure your student tries it on now in case they need to go up a size.

Informal uniform: a reminder to new band members to purchase your black band polo via Pickles School Wear (and old band members make sure your polo still fits). There are a few available for purchase second hand from the school uniform shop. This is worn with black trousers/skirt & black socks and shoes for more informal events.

This uniform will be needed for the Welcome Concert in Week 9 and the Big Band Bash early in Term 2.

Band Meeting

Thank you to everyone who came along to the first Band meeting of the year on Monday 27 February. It was fantastic to see so many new faces and to welcome new Year 7 parents to our community. We look forward to seeing you again next Term as we continue to work towards developing our band program further.

Invoicing

Now that bands have been finalised invoices are being organised to send out to families. Fees for 2023 have been set as follows:

- First core band \$350
- Extra ensembles (Jazz or second core) \$190 each
- Small ensembles (CvB, JJC, JC)- \$220 each

Semester 1 fees will be issued by the school shortly after the transition to the new finance system is complete.

Sun Run Fundraiser – Thank You

A huge thank you to all the parents and student volunteers for getting up at the crack of dawn and heading out to their roles at drink stations and as course marshals for this event on 4 February. Together we managed to raise over \$2,500 for the band and strings program, whilst also helping the event to raise of \$100,000 for various charities.













Events

We are still finalising dates for upcoming events, the first of which will be a Welcome Concert in Week 9 at Freshwater Campus. This will allow us all to hear the bands for the first time this year. It will also give everyone the opportunity to meet our new conductors in person. Watch out for more information, as there will be a call for volunteers to help the evening run smoothly.

Dates for your Diary Term One

Welcome Concert Wednesday 22 March at Freshwater Campus

Term Two

Proposed Senior Tour 26-28 April

Big Band Bash Week 2, date TBC

School Open Day Monday 1 May 2023

Band Meeting Monday 22 May 2023

Northern Beaches Instrumental Festival May/June, dates TBC



Monday 13/3/23 at 5:30pm in the School Hall

All Welcome to Attend this Masterclass with Dan Williams

Music 2 and Extension Students each Presenting One Work Each

Nurturing Inclusion and Diversity: LGBTIQA+

LEARN and MODEL:

- Australian Institute of Family Studies (AIFS) Glossary of Terms
- AIFS <u>Inclusive Communication with LGBTIQA+ Clients</u>
- Orygen Intersectionality and Youth Mental Health
- Qlife Guides for Professionals
- Training <u>ACON</u>, <u>Student Wellbeing Hub</u>, <u>AIFS</u>, <u>School Link Webinar</u>, <u>Rainbow Health Australia</u>,
 <u>Pride in Health</u>, <u>Intersex Human Rights Australia</u> or contact <u>School Link</u> for more

SEIZE and INVITE:

- Creating Safe Spaces:
 - Gender Sexuality Alliance Resources Background, Student and Educator Guides to create safe and inclusive spaces and groups in schools
 - o Welcome Here Initiative LGBTIQA+ friendly service recognition
 - Yellow Tick Intersex affirming service recognition
- Ally visibility and support
 - o Minus 18 <u>Badges, resources and merchandise</u> for you, schools, work
 - o Rainbow Shoelace Project Created by 12 year old Abbie Kelly
- Inclusive Book Lists for libraries, classrooms, homes, services:
 - o Picture Books, Graphic Novel, Chapter Books and Books by age
 - <u>Family Diversity</u> Our favourite is Sophie Beers "Love makes a Family"
- Celebrate days of Importance <u>Diversity Days Calendar</u>
- Implement a LGBTIQA+ specific antidiscrimination policy. The <u>School Link</u> <u>LGBTIQA+</u> Policy is available to adapt to your needs and make your own
- Use diverse examples and representation in every day opportunities eg <u>math</u> <u>questions</u>, <u>literature</u>, <u>history</u>, <u>promotional material</u>, in discussion

Working Therapeutically and Supporting Young People:

- Gender Screening Tools:
 - o <u>Gender Sphere Screening Tool</u> Burton, et al. 2021.
 - o Gender Sphere Consumer Resource Package Burton, et al. 2021.
 - Gender Unicorn Available in Danish, Dutch, English, French, German, Hungarian, Icelandic, Italian, Japanese, Khmer, Portuguese, Russian, Spanish, Thai, Turkish
 - o Gender Galaxy Tool and Educational Activity
- Other Resources of note:
 - o Sock Drawer Heroes Binding Considerations See also: STP, Packing, Tucking
 - o Nurse Nettie Anonymous, all-inclusive sexual health support service
 - Play safe or Bits and Bods- All-inclusive sexual health resources
 - o YOUth&I Publication of youth intersex experiences and stories
 - o Gay Friendly GP List *2018 Last Update
 - LGBTIQA+ Support groups Contact School Link for more info on local groups
 - o Stand Out Against Homophobia and Transphobia Minus 18 resource for students







- PFLAG Australia Parents and Families of Lesbians and Gays
- Rainbow Families
- Raising Children
- Family Acceptance Vs Rejection Resources (Multiple Languages available)
- Inclusive responses Tip sheet LGBTIQA+ experiences of Domestic and Family Violence
- <u>Darlington Statement</u> Intersex human rights and advocacy

Services and Supports

- <u>Q Life</u> + <u>Service Directory</u>
- Trans Hub
- Twenty 10
- Minus 18
- Trevor Project Australia
- Gender Centre + Service Directory
- Qheadspace
- ACON + Suicide Prevention Hub
- <u>Lifeline</u> 13 11 14

- <u>Inner City Legal Centre</u> statewide legal advice service
- Intersex Human Rights Australia
- Intersex Peer Support Australia
- ACON NSW Domestic and Family Violence Support for LGBTIQA+
- With Respect LGBTIQA National Domestic and Family Violence Directory



Population specific/intersectional resources and services:

- <u>LGBTIQA+ Glossary in 8 Languages</u> (English, Arabic, Simplified Chinese, Traditional Chinese, Farsi, Karen, Somali, Spanish, Turkish)
- LGBTIQA+ Glossary in 5 Languages (English, French, Turkish, Farsi, Arabic)
- Supports and Services Directory by Rainbow Cultures
- Trans Vitality Toolkit by Transhub for First Nations people
- Transmob Trans history in First Nations Culture Australia
- <u>Black Rainbow</u> Aboriginal and Torres Strait Islander LGBTIQA+SB
- <u>I CAN Network</u> Resources for people identifying as LGBTIQA+ with Autism, and those working with them
- The Australian GLBTIQ Multicultural Council (AGMC)
- Pride in Action Australia LGBTIQA+ and Faith Communities
- Faith Communities Resources and links International

Research:

- LGBTIQ+ Health Australia Snapshot Mental Health 2021
- The Voices of LGBTIQA+ Young People in NSW 2022 Report
- Hill AO, Lyons A, Jones J, McGowan I, Carman M, Parsons M, Power J, Bourne A (2021) Writing
 Themselves In 4: The health and wellbeing of LGBTQA+ young people in Australia. National
 report, monograph series number 124. Melbourne: Australian Research Centre in Sex, Health
 and Society, La Trobe University.
- Ullman, J. (2015). Free2Be?: Exploring the Schooling Experiences of Australia's Sexuality and Gender Diverse Secondary School Students.

For more information, contact the SWSLHD School Link team on 0484 334 227 or SWSLHD-Schoollink@health.nsw.gov.au



