



From the Principal

As we approach the end Term 1, I want to thank our school community for navigating another complex term that has impacted us all significantly. Many students and their families, along with staff, have been subjected to positive cases of COVID-19, or have had to isolate due to being a household contact. We continue to see this trend as we head into the holiday period.

It has become increasingly difficult to find teacher replacements each day, consequently we are putting plans in place to prepare for additional COVID-19 waves and the winter flu season. In addition we will continue to exercise our creativity and resources to ensure classes are covered. There may be times though, that we need to pause activities that take teachers out of classrooms and put added pressure on staffing. We will endeavour to keep you informed if we need to put contingencies into place.

Despite all of these challenges, we are seeing happy students engaged in quality teaching and learning in every classroom across the school.

It was lovely to welcome our Year 7 parents on site for the first time. I was thrilled also with the positive feedback from both families and staff following the recent parent teacher interviews.

The school holidays are a good time to check that your child has the correct uniform leading into the cooler months. The school's *unisex sweatshirt* and the *unisex microfibre track jacket* can be purchased at Pickles in Brookvale, or second hand at the Manly Campus uniform shop. These are the only jumpers that are to be worn at school. Thank you in anticipation for your assistance in ensuring our students uphold our school code of conduct and show respect by wearing the correct school uniform.

Please ensure students (and families) enjoy a well earned break in the holidays. It would be wonderful for students to meet up with each other, go to the

beach, see a movie, walk around the harbour and take in the beautiful Autumn air. Have a wonderful term break.

Next term, Tuesday 26 April is a staff development day (pupil free). School will resume for students on Wednesday 27 April.

Farewell



This term we say farewell to Mr Leung, HSIE teacher and SRC coordinator. Thank you for your contributions, and on behalf of the NBSC Manly Campus community we want to wish you all the best in your future endeavours.

Congratulations to:

- Bezi Saunders (Year 12) who finished 2nd place girl's skipper in the recent NSW Skiff Championships sailing her 29er class skiff. A challenging championship held over two weekends. The 29er class is the youth training boat leading in to the 49er Olympic skiff class.

- Aarohi Bansal (Year 9) who was chosen as one of the winners in the Northern Beaches libraries bookmark design competition. Her bookmark will be printed and distributed in the libraries.



- Felix Birke (Year 10) who competed in the final NSW State Tour event of the season at Mollymook Beach, where he won the U16 NSW Beach Volleyball Championship tournament. Seeded as the U16 top team from NSW, Felix and his playing partner went on to compete at the NSW at the Australian Beach Volleyball Youth Championships in Coolangatta.



In this regular feature, we like to recognize students who have achieved highly in school and community events, competitions and activities. Demonstrations of the school ethos of academic excellence, personal best and giving back to the community deserve to be recognized. Parents are welcome to email the school any achievements that we may not be aware of, for inclusion in The Pines newsletter.

Kathy O’Sullivan
Principal

Alumnus Achievement

Robert Cantwell graduated from Manly Campus in 2016. Currently an Advanced Mathematics (Honours)/Commerce student at UNSW, Robert has been awarded a 2021 University Medal in Statistics. He has expressed a heartfelt thank you to Mr Harris (HT Mathematics), advising that his thesis was on complex numbers, which Mr Harris introduced to him in 2016. Robert has been recognised many times during his degree for outstanding academic performance.

‘The University medal is the most distinguished academic award to be bestowed on an undergraduate, and is recognition by the University of exceptional achievement’. – UNSW School of Mathematics and Statistics.

You can read more about Robert’s achievements in the article in the [UNSW – School of Mathematics and Statistics Newsletter](#).

Term 1 Sport Report

We’ve had some great results in sport this term with our students really showing their skills and talents across a wide variety of sports.

School Swimming

Congratulations to all students who attended and participated in the school swimming championships on a very wet day, as well as those who came along and supported their peers and house groups.



PLACE	HOUSE	POINTS
1	Macquarie	606
2	Hunter	540
3	Phillip	510
4	Bligh	500

Congratulations to the 2022 Age Champions

AGE	NAME
12	Marley Vella Jayden Choi
13	Jaslyn Plummer Christopher Guo
14	Amelie Chan Kaito Kodama
15	Harriet Wessling Cillian McGrath
16	Antoinette Hewish Liam Lehane
17+	Christine Ruff Samuel Capell

The inaugural champions of champions race saw the fastest 8 swimmers in both boys and girls compete against each other, to be crowned champion in the 50m Freestyle. The crowd were very much a part of this race and each competitor had their own cheer squad. Congratulations to Christine Ruff and Liam Lehane who took out the honours. (pictured below)



Warringah Zone Swimming

Following our wet and wild school championships, the Warringah Zone Championships were held in the more welcoming indoors of Warringah Aquatic Centre. Overall our team finished in a respectable 4th place with Liam Lehane (16 yrs) and Cillian McGrath (15 yrs) winning their respective age championships.

Sydney North Swimming

These championships comprise of athletes from 67 Secondary schools in the Sydney North Sports Association. An amazing effort and results from each of our competitors.

- Jaslyn Plummer (Year 7) - 1st 100m Butterfly, 100m backstroke, 50m Freestyle, 100m Freestyle, 200m Freestyle and 2nd 400m Freestyle

- Annie Hewish (Year 10) - 2nd in the 100m Backstroke
- Liam Lehane (Year 10) - 2nd 400m Freestyle, 3rd 100m Breaststroke, 5th 200m Freestyle, 9th 100m Freestyle and 11th 50m Freestyle
- Christopher Guo (Year 7) - 5th 100m Breaststroke
- Joshua Chan (Year 10) - 7th 100m Backstroke and 100m Butterfly, 8th 200m Freestyle, 9th 200m IM, 13th 100m Freestyle
- Amelie Chan (Year 9) - 2nd 100m Freestyle and 200m Freestyle, 3rd 50m Freestyle, 4th 100m Butterfly
- Christine Ruff (Year 11) - 2nd 50m Freestyle and 100m Freestyle, 6th 100m Butterfly, 7th 200m Freestyle
- Cillian McGrath (Year 9) - 7th 100m Breaststroke, 10th 100m Backstroke, 11th 50m Freestyle, 12th 100m Freestyle
- Boys 17-19 yrs 200m Freestyle relay - placed 11th
Boys 12-19 yrs 200m Medley relay - placed 10th
Boys 14 yrs 200m Freestyle relay - placed 9th
Boys 16 yrs 200m Freestyle relay - placed 4th
Girls 14 yrs 200m Freestyle relay - placed 12th (DQ)

NSWCHS Swimming

The exceptional results by NBSC Manly students continued at the NSWCHS Championships held in Week 10. Congratulations to Jaslyn Plummer on taking out the 13 Years Age Championship.



Notable results include:

- Christine Ruff (Year 11) - 4th in the 50m freestyle and 7th in the 100m freestyle
- Liam Lehane (Year 10) - 6th in the 400m freestyle
- Amelie Chan (Year 9) - 6th in the 50m freestyle, 7th in the 200m and 400m freestyle and 10th 100m Freestyle

- Jaslyn Plummer (Year 7) - 1st in the 50m freestyle, 1st in the 100m freestyle, 1st in the 100m backstroke, 2nd in the 200m freestyle, 3rd in the 100m butterfly

Sydney North School Sport

The Sydney North Girls Cricket team competed at the NSWCHSSA Cricket Championships in Albury, coming away as gold medalists at the conclusion of 4 days of competition.

Congratulations to Charley Camburn on her selection in the NSWCHSSA 1s team after an amazing performance at the tournament.

Sydney North State-wide Competitions

Knockout sport continues to face delays due to the inclement weather, with many NBSC Manly teams patiently waiting to play their first-round games.

In the past few weeks our Open Girls Touch and Open Boys Volleyball progressed to the next round of competition, whilst Open Girls and Boys Basketball teams were both eliminated. Our tennis, netball, football, and cricket teams are all due to play once the weather improves.



Open Girls Basketball

Other Sport Achievements



Dylan Soin placed 1st in NSW State Youth Sport Climbing and 8th in the Opens Bouldering and followed up by placing 4th at the 2022 International Open Team Selection in Lead Climbing. Congratulations on this outstanding achievement.

We like to acknowledge our student's sporting achievements. Please email scott.white30@det.nsw.edu.au or kristie.crawford@det.nsw.edu.au with your child's results, achievements and any good action photos (permission to publish only).

Senior Debating Wins

Our senior debating teams are off to a cracking start in the Premier's Debating Challenge with wins against Killara High School in Week 10 and 11. In the Year 12 debate, the adjudicator agreed with Manly's argument that teachers should be paid bonuses when their students gain Band 6 results in the HSC. The team (Olivia, Hannah, Eli and Eleanor - pictured below) put forward a model for the bonus scheme whereby rural and regional schools would not be disadvantaged and the teacher shortage could be abated. They were supported by a valued audience of Year 7Y students, who will be learning debating skills next term.



Meanwhile our Year 11 team were able to convince their adjudicator that private tutoring and coaching colleges for senior students should be banned. The team (Genevieve, Max, Isla and Maya) put forward an alternative proposal to bring tutoring colleges under the jurisdiction of the government to support students who could not afford coaching. Year 12 next debate Baulkham Hills High School and Year 11 will come up against Brisbane Water Secondary College Woy Woy Campus.

The EP Global Languages Championship 2022

Congratulations to all French and Japanese students. In a massive week of competition, our 344 Languages students answered over 630,000 questions and collected over a quarter of a million points, making Manly Campus 12th globally out of 2,824 schools. An effort made even greater considering the schools ahead of us had 2-5 times the number of students competing.

A Manly Campus record breaking 145 certificates earned during the competition brought us to first place in NSW. We came 3rd globally in Japanese from 1,591 schools, and 25th globally in French from 1,668 schools. It was an incredible team effort from Language students and teachers.

With a basket of chocolate up for grabs, the Manly Campus class competition was fierce. All classes competed strongly but, Year 8 Japanese 5 took the lead early and set the pace throughout the week. The class worked as a team encouraging each other with each student earning a minimum of 500 points and a certificate.

In a herculean effort, Katie Maddern in Year 9 took the school prize for the student with the highest number of points - a massive 14,188 points coming in 53rd in the world out of over 200,000 students.



Thanks everyone for a fun week of language learning. The bar has been raised high for 2023.



Ms Feros
Languages

La semaine de la Francophonie 2022

La Francophonie Week 2022 was held in March. It was an opportunity to celebrate the diversity of La Francophonie around the world. C' est l'occasion de célébrer la diversité de la Francophonie dans le monde.

Our Year 11 French Continuers class were very fortunate to be able to participate in the 1 hour virtual zoom conference conducted in French, proposed by the Consulate General of France with diplomats from a variety of Francophonie countries including France, Switzerland, Canada, Mauritius and Belgium. Year 11 were able to be immersed in a rich variety of different accents as well as gaining a deeper insight into the numerous French speaking countries across the globe.

Visual Arts

Year 9 Visual Design and Photography class embarked on a journey to Curl Curl lagoon this week to practice their newly discovered photography skills around the local area. The students practiced using digital SLR cameras on manual mode, adjusting all components to achieve perfectly exposed photographs. In preparation for their upcoming surrealism photoshop assessment task, the students utilised mirrors and frames to create illusions and creative compositions in their photographs.



Year 10 went on an excursion this term to the Art Gallery of NSW and also Manly Art Gallery to see *Art Express* and *Express Yourself* exhibits which show some of the best HSC visual art works from 2021. The exhibitions include a broad range of approaches and expressive forms, and was an excellent experience for the students to see a variety of works to inspire their own artmaking practices.



Year 11 and 12 also went on an excursion to view the *Art Express* works at the AGNSW and additionally saw the *Matisse Life and Spirit* exhibition while at the gallery. The senior classes also had the opportunity to visit the White Rabbit gallery to experience innovative artworks by contemporary Chinese artists.



G21 - Congratulations to Nina Korgul, Mia Schwartz, Bea McGuire, Nina Grozdanova, Bo Schroeter, Oonagh O'Dwyer and Elle Fitzgerald from G21 on

having their works selected to be part of the *Express Yourself* exhibit at Manly Art Gallery & Museum. A special congratulations Oonagh O'Dwyer and Elle Fitzgerald who received the Manly Art Gallery & Museum Society Youth Art Award - Highly Commended. This exhibition is currently on display until Sunday 1 May, entry is free and we encourage everyone to go and see these wonderful examples of HSC artworks from the local community.



Drama

Year 10 - Student report

Once upon a time, a group of enthusiastic, quirky Year 10 drama students embarked on an exhilarating journey; learning realism through monologues. This journey was never easy, they encountered characters such as traumatised housewives, angsty teenagers, murderous children and other beasts determined to halt their success at learning Stanislavski's techniques. On a fine rainy Thursday, these students arrived at their final obstacle: the performance. Palms sweating, heart rates rearing, lights glaring, all eyes were on them. As they started to perform, their drama lives flashed before their eyes, as 'circles of attention', 'the magic if' and 'fundamental questions' were running through their head as they remembered the legend they must try to embody: Stanislavsky himself. They laughed, they cried, they were met with applause as the lights dimmed and they stepped backstage with a smile.



Year 10 Drama Students

Year 11 - Student report

Year 11 Drama spent first term preparing a full multimedia production of Caryl Churchill's kaleidoscopic play *Love and Information*. This non-narrative play is comprised of duologues and our production uses multiple technological elements that are tied together through a common theme. The cast have spent the last 10 weeks creating short films and workshopping scenes which has challenged us to creatively interpret the script into different forms and contexts and use our knowledge of dramatic technique to bring this to life. Some of these ideas include changing the scenes to a variety of settings; in a car, a classroom, an office, and changing the characters from lovestruck digital lovers, to married couples, to psychologists. We have had to tie the different scenes and elements to our directorial vision; how technology and the spread of information relates to and/or interferes with human connection and love. As a class, this project has tested our abilities to organise, communicate and collaborate. Our final piece was performed on Wednesday.



Year 11 Drama students

HSC Dance

HSC dance composition workshop

As part of the HSC dance course Year 12 students are required to choreograph a work that is then performed by another student. To help students' find a dancer who can interpret their personal style and execute the unique details of their compositions, Year 7-11 dance students came to a 2 hour workshop.

HSC dance students Zali Davis, Chloe Dearden, Olivia Forman, Emma Kha and Liv Watts taught the dancers small sections of their choreography, and also took the opportunity to talk about the HSC dance course and share some insights into their choreographic process. It was a great opportunity for the younger dancers to learn about HSC dance and try out the

unique choreography of Year 12, while also being fantastic practice for Year 12 students themselves, as they work on clearly communicating their ideas and teaching their choreography.

On behalf of the HSC Dance class we would like to extend a huge thank you to all the dancers who took part.

Ms Woodward
Dance

Pulse Alive

Student Report

On 14 March, 20 Year 7 and 8 dancers participated in Pulse Alive, a new state-wide performing arts event that brought together dancers, singers and musicians from schools all over NSW. Scheduled for 2020, this event has been delayed for the past 2 years. Finally Pulse Alive eventuated and we are so excited to tell you all about the wonderful experience.

At the beginning of our journey, we had a long day of practising the dance over zoom. Even though there were some difficulties, we are so proud of how much we persevered and made amazing progress on the dance. After some lunch rehearsals from Miss Woodward, we became more and more confident in our around-the-corner performance. Miss Woodward was a great coordinator, teacher and supporter.



Pulse Alive took place at Ken Rosewall Arena in Olympic Park. We spent the whole day rehearsing at the venue, which really payed off. The whole event was an exhilarating experience, learning the challenging choreography, travelling out to Homebush, and getting to know each other. We had so much fun, from makeovers on the train, to buying food, to blogs on our phones and just meeting new people from other schools. We will never forget the moment on stage even if it felt like just a millisecond. Around 2000 participants were present, with every act being a new entertainment. But the finale including everyone was what meant the most.

Some of the main dance groups included the Aboriginal dance ensemble, 2 primary school dance ensembles and 2 secondary school dance ensembles. These dances were accompanied by school singers, school bands and school choirs, including some Manly Campus students in the show band and marching band. There were many acts all of which the audience immensely enjoyed.

All in all it was a terrific night that everyone who participated in will surely remember as a good one. Thank you to everyone who participated and watched and to Miss Woodward for all your time and effort.

Charlize Zoldos and Louise Muenningoff
Year 8

Musical Update

Student Report

We are pleased to announce that we have finally begun the production of the 2022 Manly Campus musical, Anastasia.

This year the musical performances will be held from 14 - 18 June.

Our first rehearsal was on Sunday in Week 8. We were organized into vocal ranges (soprano 1 and 2, or alto 1 and 2) and then placed in separate scenes depending on our roles in the musical. We were able to run through two scenes; 'Once Upon a December' and 'Stay I Pray You'. We learnt the vocal parts in the music rooms and the choreography in the hall.

This year, we were introduced to a new system of having section leaders for each vocal range so we could practice ourselves while the other vocal parts learnt their music. Ex-students also generously offered their help in vocal training alongside Ms Herft, while Ms Woodward choreographed the dances and organized the layouts of each scene.

Last Sunday at our second rehearsal we learnt the prologue all the way through to Act 1 Scene 5. We can't wait until we start rehearsing with the orchestra next term and to see the wonderful props that the crew are making.

We hope you look forward to our Musical, Anastasia.

Lexi Hu and Katie Yoon
Year 9

Year Adviser Term 1 Reports

Year 7

Year 7 started the year with inspiring amounts of enthusiasm, completing O week activities and transforming from shy primary school students into confident and ambitious high school students. After quickly settling into their classes and high school routine, many students getting involved in clubs and extra-curricular activities, attending regular rehearsals for band, vocal ensemble and dance, which is wonderful to see. It has also been excellent to see so many Year 7 students auditioning for the school musical cast, crew and orchestra.

In Week 6 we embarked on the journey to Year 7 Camp at Wombaroo. For two days the students persevered despite the rain to experience so many fun activities including high ropes, giant swing and raft building. Every student returned home with a few more friends, some new experiences and many stories that will be told for years to come. It was an invaluable experience that really established Year 7 as a cohort.

Year 7 also were involved in a number of Wellbeing activities, with all students attending the action-packed *Backflips Against Bullying* presentation and the girls attending an online *Bright Girls Health* seminar, which they found very informative and beneficial. They were exposed to the *Manly Vibe* during events such as Carnation Day run by the SRC. We are excited to welcome 7 new members to drive new school initiatives as part of the SRC. Congratulations to Allegra Bruchet, Daria Coleman, Eamon Corry, Taylor Journeaux, Sarah Seo, Stephanie Smart and Kai Sasage.



Students showed their team spirit at the school swimming and athletics carnivals, with most students entering in races to earn valuable house points. This year, we have some excellent athletes amongst us. Well done to Age Champions Marley Vella, Jayden Choi, Jaslyn Plummer and Christopher Guo.

Congratulations to all Year 7 on their first term of high school. Wishing you all a safe and relaxing Easter break.

Ms Prideaux-Remin
Year 7 Adviser

Year 8

The year began with a bang and within a blink of an eye, we are at the end of Term 1. After the past year of cancellations, it was great to see Year 8 getting involved in school clubs and activities that make being a student of Manly Campus so special.

The well-being team has been busy organising events for Year 8 that target various areas of student welfare, such as the *Raise* program and *Bright Girls Health*. Students also attended a thrilling session called *Backflips Against Bullying* which involved a lot of incredible gymnastics and provided students with real-life scenarios in a very relatable way.

It was great to see all the familiar faces returning to the band program and attending weekly rehearsals.



This year G26 were the slightly older and wiser role models for our new Year 7 students, and it has been wonderful to see them taking on that responsibility.

Congratulations to all students who were involved in the English competition. There were so many students who achieved outstanding results and a special mention must go to Rae Cai. Rae accidentally sat the Year 10 exam and came through with a Credit.



Despite the rainy weather, we had lots of competitors from G26 taking part in the swimming carnival. Congratulations to Kaito Kodama who was awarded 14 Years Boys Age Champion. We also had many students either competing or cheering on their mates in the Athletics Carnival.

Thank you to the SRC for their efforts in putting on events such as Carnation Day and organising bake sales to raise money for schools in Lismore that were affected by the floods.

Wishing you and your families a wonderful holiday. Do your best to relax and give yourselves the opportunity to recuperate so we can all come back refreshed and ready for Term 2.

Ms Grace
Year 8 Year Adviser

Year 9

Year 9 have been enjoying the opportunity to take electives of their choice this term. They continue to achieve well in competitions and assessments, demonstrating part of the school ethos of *Personal Best*.



It was wonderful to meet new parents and students at our welcome to Manly Campus morning tea earlier in the term, it is pleasing to hear that our new Year 9 students have settled in and are involved in the *Manly Vibe*.

We have been able to start student led clubs again, many of which Year 9 lead or participate in, and it is also wonderful to see so many students involved in the up coming musical as actors, dancers, musicians and stage crew.

A big congratulations to the SRC who ran a very successful Carnation Day.

Next term we will have some students involved in the *Raise* mentoring program and the cohort will take part in a *Optus Digital Thumbprint* incursion on digital discernment. I wish G27 a relaxing and safe holiday.

Ms Herft
Year 9 Adviser

Year 10

G24 have embraced the start of the school year with positivity and commitment. They have settled in to Year 10 well, and are diligently working on their ILPs and exploring avenues for volunteering hours. The return of school clubs and organisations in 2022 has given the opportunity for many students to be involved in the multitude of activities, including dance, band, SCR, musical, elite sports and the Duke of Edinburgh program.

It has been a busy term for G24. Well done to all our swimmers for their tremendous efforts at a very wet swimming carnival. The easing of rain enabled an enjoyable athletics carnival, with both competitors and spectators participating with great enthusiasm.

As the young and vibrant G24 progress into their role as seniors at Manly Campus, their growth and personal development is evident in so many facets of their school life. The SRC and its dedicated G24 elected members for 2022 have been active planning and organising activities for the year. The Carnation Day activities once again reminding us of all the talent and creativity we have at Manly Campus. The G24 Peer Support leaders have demonstrated superior coaching skills in giving direction and nurturance to the Year 7 as they start high school.

There is also great excitement in the air for the planned minicamp next term. With the majority of students registered for the event, it will be a fabulous opportunity for the cohort to spend some time together outside of the school grounds and make up for lost time in 2021 during lockdown.

With the term ending with most KLAs conducting assessments, G24 are ready for their well-deserved Easter break and school holidays. Wishing all of G24 and their families a safe and happy Easter and looking forward to all your fantastic achievements next term.

**Ms Chandra
Year 10 Adviser**



Year 11

Once again, just when you expect things to return to normal to start the senior school, bam, we get hit with positive RATs and close contact reports. Thank you to everyone for their patience and understanding with many teachers and students bearing the brunt of a hybrid learning style of online and face to face.

There have been some positive outcomes that have come to the forefront at the beginning of the year with the main one being the introduction of Year 11 privileges. Without written consent, students will not be permitted to leave the campus when not in a timetabled class with the ability to.

The following privileges are extended to students in Year 11 at NBSC Manly Campus:

- Late arrival is allowed if the first period is a timetabled study period.
- Early sign-out if they have a timetabled study period at the end of the day.
- Part-day sign-out if students have study periods in the middle of the day.

These privileges are only offered under the following circumstances:

- Students must go to all their timetabled classes, even if their teacher is absent. If the regular teacher is off-site, students are expected to complete set work, with a substitute teacher in the designated classroom.
- Students cannot use flexible attendance as an excuse to miss or be late to timetabled classes.
- Students must go to the attendance officer when arriving at, or leaving school.
- In the case of part-day sign-out, students must sign out when leaving and sign in again when they return. This is for safety reasons, such as evacuations or unseen events.
- Students who have signed out must not stay on school premises, e.g. in allocated study areas or the playground.

In addition, the following commitments must be met by students:

- Ongoing compliance with school uniform.
- Students should travel only to and from home - they should be adhering to the government's social distancing laws; they are not permitted to

visit local shops, parks or public spaces during school hours.

- Senior students who are driving during school time must have lodged the required paperwork with the Deputy Principal before they begin flexible attendance including: a current Driver's Licence and current Motor Vehicle Registration. Attach with the permission note.
- Year 11 students cannot drive other students during school hours.
- Students in other years may not leave school premises with Year 12 students, unless parental permission relating to a specific sibling and occasion has been obtained through correspondence with the Deputy Principal ahead of time.
- Students with N determination warnings in any subjects will not be eligible to access the flexible attendance until the work has been completed and the N determination warning resolved. They will be required to remain at school in allocated study areas.

If individual students misuse these privileges their eligibility will be suspended for a period of time to be determined by the senior executive. Should a significant number of students repeatedly misuse these privileges, the practice may be discontinued.

Please contact the Year 11 Deputy Principal Ms Marisa Carolan on 9905 3982 if you require any further information.

I hope you all have a safe, enjoyable and dry holiday and I look forward to seeing the cohort back, refreshed and rearing to go for the 6th last school term of their high school years.

Who are we - G23!

Mr Goykovic
Year 11 Adviser

Year 12

2022 is well underway, with the end of Term 1 already marking a milestone for G22 with the halfway point of their HSC. Great Job!

This term saw the final activity of *Life-ready* for Year 12 with *GPs in School*. A fantastic program that equips young adults with a range of skills to navigate their health needs. Delivered as a 3 hour interactive workshop that enables students to ask questions of, and learn from a local GP. The sessions are held in friendship groups, helping students talk freely and comfortably to the GP leading the session. All the sessions are confidential and only the GP and students are in the room which helps students be comfortable in asking questions that are important to their stage of life and personal development. Thank you to Ms Herft and all the GPs for making this program such a success.

In the holidays don't forget about the 5 ways of wellbeing. Here's some activities to try during your break:



CONNECT - Have a day out with friends and/or family or go have lunch and see a movie together.

BE ACTIVE - Go for a bike ride or do some exercise outdoors.

TAKE NOTICE - take some time to revisit some activities that you enjoy. Read a book or draw a picture.

GIVE - Spare a few moments of your time to those around you. See if there are any chores around the house you can help with. Is there an older relative who you could call or visit?

KEEP LEARNING - Don't forget to spend some time during the holidays to reflect and refine your current study skills and bring your notes or summaries up to date.

Have a great Easter holiday. Stay safe and I look forward to seeing you all next term.

Mr Crooks
Year 12 Adviser

Elevate

Early next term Year 7, 9, 11 and 12 will be participating in *Elevate Study Skills* seminars which aim to improve students study techniques and increase motivation through developing a sense of efficacy in their learning, which builds confidence and can lift academic performance.

Permission forms and payment details have been emailed to parent and carers. A prompt return of these would be much appreciated. Please note that these seminars are extremely important and all students are expected to attend. If there are any concerns regarding payment, please contact Ms Brien on fiona.c.brien@det.nsw.edu.au.

Each year group will be participating in a seminar that is tailored to meet the needs of their particular learning stage:-

Year 7 - 29 April P1-2

Study Skills Kick Start

This seminar breaks down the transition process from primary to secondary education, introducing students to the fundamental skills that they need to be using over the coming years.

Each seminar covers:

- Dynamic reading: How to read large amounts of text and pull out the key points, not just summarise every sentence.
- Note-taking: How to get ideas the students have extracted from their readings into an organised set of notes that will facilitate effective learning.
- Conceptual learning skills: Teaching students how to think critically in order to break the information into its relevant parts, as opposed to simply rote-learning the material.
- Self-directed learning: What self-directed learning means and how to get it done.

Junior Time Management

This seminar teaches young students how to work consistently and complete larger tasks. For most students the approach of 'doing it the night before' won't work anymore. This seminar demonstrates how to break bigger tasks down into manageable amounts of work, whilst also teaching students how to prioritise.

Each seminar covers:

- How to develop a study routine: Introduces students to a study routine that allows for socialising, sport and extra-curricular activities whilst managing the increased workload of high school.
- How to complete homework on time: Students are introduced to 3 homework skills to ensure that all homework is handed in on time and that it does not pile up.
- Assignments / exams: Students are shown how to break down long- term deadlines and work consistently, balancing the demands of work that is due in the short term and their longer -term deadlines.

Year 9 - 29 April P3-4

Study Sensei

We address the most common question: "What is study?" This seminar breaks down the study techniques of the top students, providing students with a road map for what work they need to be doing across the year and how to do it.

Each seminar covers:

Working consistently: How to get notes done during term, rather than just before exams. This includes how the top students use the syllabus to frame their study.

- Note-taking: How to structure and review an organised set of notes that will facilitate effective learning.
- Conceptual learning skills: Teaching students how to break the information into relevant topics and understand how concepts fit together, as opposed to simply rote-learning the material.
- Standing out on assessment: How to distinguish themselves from the thousands of other students who are all taught the same material.

Time Management

This seminar addresses the second most common question: *Once I know what to do, how do I find the time to do it?*. Students have busy lives and, for most, the challenge is simply finding time to get the work done.

Each seminar covers:

- Study routine: How to develop a study routine that allows for socializing, sport and extra-

curricular activities, but still ensures academic productivity.

- Working smart: How to identify the work that is going to get students the most marks across their final years and how to ensure that it gets done.
- Study groups: Students are shown how to leverage their time across the year by using study groups. This is a particularly powerful technique for those students who have a busy school schedule.
- Procrastination: Students are introduced to the most common reasons for procrastination and how to get around it.

Year 11 - 2 May P1-2 | Year 12 - 2 May P3-4

Student Elevation

In this seminar we examine the key fundamentals for senior school success and introduce students to a range of growth mindset-based skills.

Each seminar covers:

- Belief: Students analyse the role of belief as a means to propel them to their personal best in their final years. They also confront their conditioned beliefs and self-limitations.
- Goal setting: All students are led through a 4-step goal-setting process, helping them to identify their unique and compelling reasons to drive them through their final years. Goals examined are based on the student's ambitions and include career path, university and vocational study-based goals.
- Short term planning: Once students have identified their compelling reasons they are led through a short-term planning process, helping them break their goal into a series of achievable, short term benchmarks.

Ace Your Exams

With the arrival of exams, knowing the material is no longer enough. It now becomes a case of application. The question for many students is: "How do I take all the work I have done and turn it into the results I deserve?" This seminar outlines the critical exam skills that will allow them to excel in the exam room, whilst also demonstrating that exams are not just about the exam room - the preparation is where students get the results.

Each seminar covers:

- Effective work: Students are introduced to the different types of work they can do in preparation for exams, and which are the most effective. They therefore walk out of the seminar with an understanding of precisely what work they should be doing and when.
- Fixing mistakes: Students are shown how to identify exactly what they're currently doing wrong on trial exams and practice papers, and how to ensure these mistakes are not repeated when it counts.
- Allocation of time: Students are taken through a step-by-step process to ensure preparation is completed weeks in advance.
- Exam room techniques: Students are shown exam preparation strategies including stress management, planning, time allocation and how to tailor a succinct, focused answer.

There are also [free weekly parent webinar sessions available online](#). These aim to help parents and carers support their young people as they develop the skills and understanding necessary to become independent lifelong learners. Students will be bringing home the password needed to access these after their seminars at school.

Ms Brien
Head Teacher Student Engagement

Second Hand Uniform Shop

The uniform shop will be open on the first Tuesday and the third Thursday of the month from 8:15am -9am

Next Open Tuesday 3 May 8:15am-9am

COVID safe practices in place, please adhere to the following:

Students only | Wear a mask | Stand 1.5 mtr apart while waiting in line

If a student cannot attend the shop, orders may be requested online at manly2ndhanduniforms@gmail.com

The second hand uniform shop is run by parent volunteers and relies on your generous donations. Donations of washed, good quality uniforms are much appreciated and can be left at the school office. 100% of proceeds go to the P&C for projects to benefit students.



Band News

One term in already. It has flown, and how wonderful to have a whole term playing together. We are already looking forward to next term and the rest of the year.

Term 2 will start with a bang with:

SWO and JO 'Camp' 26 April

We have had to adjust plans for the camp and instead are doing a mammoth day with 14 hours given over to music, fun, a meal out and time together. It is not as long as usual, but we will still have a chance to nut out repertoire and start preparing for the main events of 2022 including Musicale.

Permissions and request for payment have gone out, please complete these by the end of term.

BBB Rescheduled - 6 May

The Big Band Bash has been rebooked – undercover for Friday 6 May in Freshwater Campus Hall.

All students will be walking over from school for setting up and rehearsals. Food (Pizza) will be provided to students before the performance, so we will be sending out forms for dietary requirements.

Uniform will be black trousers / skirts and shoes and Band Polos. Attendance is free with gold coin donation at the door.

An email will go out next term for volunteers to hand out pizza and drive the truck with equipment to and from Freshwater.

Semester 1 Band Fees

Sorry for the delay, some details were being finalised, fees have now been sent out.

To reflect the challenges last year and to thank the families of Bands of Manly Campus 2021 for their ongoing support, the Committee announced at the AGM that those members would receive a fee reduction towards 2022 Semester 1 fees. This will be applied and reflected in your fee totals.

Dates for the Diary

Saturday 4 June TBC

Chamber and Strings - Northern Beaches Instrumental Festival

Monday 18 July (Pupil free day)

All Bands - Workshop day at school

23-24 July TBC

Concert, Wind Ensemble & Wind Orchestra. Swing, Stage, Big Band and Jazz Orchestra - ASBOF

Sunday 28 August TBC

Chamber and Strings - ASBOF

8 - 11 September TBC

Concert and Wind Ensemble - NSSWE Spring Festival at the Concourse

Sunday 11 September

Senior Wind Orchestra, Jazz Orchestra, Chamber and Strings - Musical

13 - 16 September

Intermediate Band Tour / Camp

1 - 3 October TBC

Jazz Orchestra, Jazz Combo - Manly Jazz

Friday 11 November

Chamber and Strings - Strings Soiree

Saturday 19 November

All Jazz - Jazz Night Out

6 - 9 December

Junior Band Tour/Camp

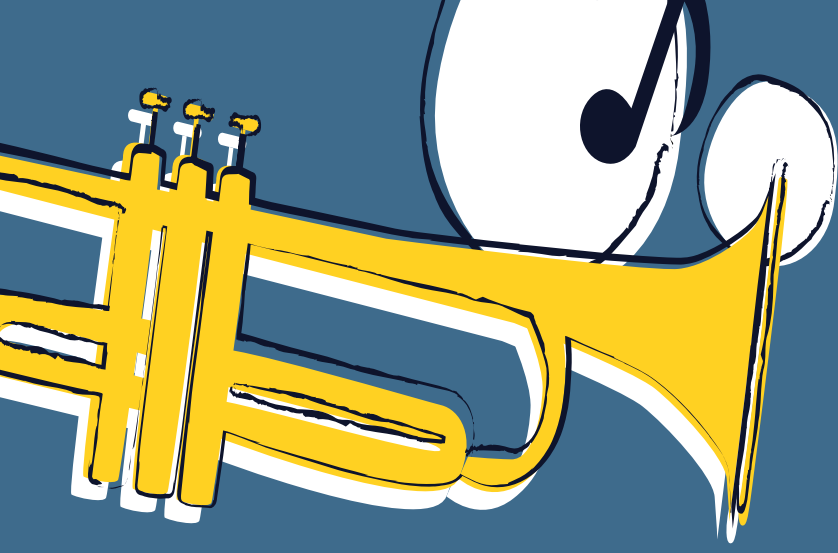
Wednesday 14 December TBC

All Bands - Big Band Bash 2

Some events are to be confirmed as they haven't opened for booking yet and there are additional in-school performances, but please make a note of dates - especially senior students in Year 12 who will be planning their schoolies and end of HSC celebrations. Exciting times.

Thank you and have a wonderful Easter break.

Band Committee



Music Night

Join us for performances from elective music students, the vocal ensembles and a masterclass for Preliminary Music with John Ockwell

School Hall
16th of May from 5pm





Lifeline Saving Lives

Crisis Support. Suicide Prevention.

GIANT BOOK FAIR

Forestville

Memorial Hall, Starkey Street

April 20-23

Wednesday 11-6, Thursday 9-6

Friday 9-6, Saturday 9-3