



# NBSC Manly Campus

## *The Pines Newsletter*

*Academic Excellence \* Personal Best \* Giving Back to the Community*

Principal: Ms Kathy O'Sullivan / Deputy Principals: Ms Marisa Carolan and Mr Alex Newcomb

11 March 2022

### From the Principal

Once again, we have been given some enormous challenges after the return to some semblance of normality in the school with the easing of Covid-19 restrictions. I would like to thank the school community for their patience and persistence as we navigate the constant changes.

Upon allowing visitors on site, one of our first activities was to welcome the parents of students new to the school from Year 8 - 11. The Senior Executive, Year Advisers, Head Teacher Wellbeing, as well as the College Principal Mr Dane Ropa, were there to meet the parents and check on the experiences of the new students. Many parents had never stepped inside the school, so it was nice to catch up and listen to the stories of positivity from their students. Our new parents were overwhelmingly very pleased with the school and the way their children had adapted to their new educational environment.

We are very happy to see the return of many school and extracurricular activities with the end of cohorting. Hearing the lovely music from the band program once again is a testament to the continued interest of the students and the band conductors to continue despite the various restrictions since 2020. Masters Academy has also resumed the public speaking and debating program which has been eagerly taken up by many students. This also means that the clubs initiatives have begun again. Students are encouraged to explore the vast array of choices on offer, which were outlined at a school assembly last week by the SRC and club leaders. The depth and breadth of student interest and expertise is very impressive and a testament to their talents and expansive knowledge.

The Year 12 Parent and Teacher evening was held by Zoom last week and was a very successful event as we continue to support the final stage of G22's journey through high school. The Year 7 and 9 Parent and teacher evening will be held in the upcoming weeks, and we are planned to be face to face. Parents

will need to book on line and links will be emailed soon. These events will also be supported with refreshments and a warm welcome by the P&C team. We encourage parents to bring their child as part of the conversation to celebrate success and encourage growth.

Further to this, we have had meetings to begin the process of building the new Gymnasium, which is looked forward to with excitement. There will be a presentation and discussion about this at next week's P&C meeting via zoom. All parents are encouraged to attend this important meeting.

### **P&C meeting**

**Wednesday 16 March at 7pm**

Register in advance for the meeting at:

<https://au01web.zoom.us/meeting/register/u5csc-6orzsoGdL8d058cR-8KCRUMlpEmv7->

After registering you will receive a confirmation email containing information about joining the meeting.

An important part of our school ethos is giving back to the community. In this vein, given the devastating floods, which have impacted many communities, including some very close, the Environment Committee will be running a Mufti Day next Friday 18 March. Students are encouraged to wear the colours red, yellow and green - the colours of the school in Lismore, to demonstrate comradery with students who have lost all in the floods.

### **Congratulations to:**

- Charlie Heaton-Armstrong (Year 10) and Bridie Brennan (Year 10) both competed at the NSW State Canoe and Kayaking Championships in Penrith recently, and have been selected in the NSW State Kayaking Team. They will go on to compete at the National Kayaking Championships in April.  
Charlie's results: K4 200m & 500m - 1st, K2 200m, 500m & 1000m, K1 200m & 500m - 2nd, K1 1000m - 5th. Bridie's results: K4 200m &

500m, K2 200m & 500m - 1st, K2 1000m & K1 200m - 2nd, K1 500m - 4th, K1 1000 - 6th.

- Logan Campbell (Year 12) for placing 2nd in the Under 20- 3000m at NSW State Junior Athletics Championships held on Friday 25 February
- Vahaan Akbarally (Year 11) represented Manly-Warringah U17 Cricket team in the Cricket NSW Youth Championship and Manly won the Grand Final for 2021/22. We brought home the C.S.Watson Shield after 44 years

In this regular feature, we like to recognize students who have achieved highly in school and community events, competitions and activities. Demonstrations of the school ethos of academic excellence, personal best and giving back to the community deserve to be recognized. Parents are welcome to phone or email the school any achievements that we may not be aware of, for inclusion in The Pines newsletter.

**Kathy O'Sullivan**  
Principal

## School Support Officer

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A big hello to the Manly Campus School Community, I am the new School Support Officer (SSO) for Manly Campus. In the last couple of weeks, I have been slowly getting to know some students in our school and was delighted to go along to the Year 7 School Camp. I look forward to continuing to get to know the students and year groups in the coming weeks.

### What is a SSO?

The role involves working with students, parents, and school staff, as well as community organisations to support student wellbeing at Manly Campus. My goal as an SSO is to work alongside students' social behaviours, as well promote safety, resilience and pro-social behaviours, being a point of call for students to seek advice, guidance, and support. It comprises working with student's one on one, and in small groups. Students can self-refer and may be referred by the Learning Support Team/Wellbeing team, Year Advisers, Head Teachers, Deputy Principals and Principal. A student might be referred to me for support in areas such as study organisation/strategies, exam support, bullying, developing

self-esteem, resilience, conflict resolution, coping skills, peer mediation, or to be connected to local external support and youth services. For more complex issues, referral to the Head Teacher Wellbeing, Principal or the School Counsellors are the most appropriate course of action. It's important to note that I do not provide psychological or intellectual, emotional or behavioural assessments with students. These are the responsibility of the School Counsellors. However, I am part of the team at the school who can help provide wrap-around support for these students.

### My background

I have a passion for working with young people and have previously worked in several schools as part of the wellbeing/learning support team. I also have some experience in the Child Protection space working alongside government and non-government organisations, focused on assisting the various needs of children and young people in different capacities. I look forward to meeting with you all and seeing your faces around our school community. I am currently based in the school library, feel free to come and say hi.

Warm regards  
Miss Tie

## Debating

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The proud tradition of debating at Manly Campus continues in 2022. We are ready for a great year after two years of COVID restrictions and cancelled competitions.

### Premier's Debating Challenge

The Premier's Debating Challenge is a way for gifted and talented students chosen to represent the school to debate against other public schools in the Northern Sydney region and beyond at zone and regional levels. The Year 11 and 12 competition will start early in Term 2, with all grades to follow (Years 7 and 8 will take place in Term 3). One team per grade is entered into the competition. Trials for the junior teams will take place throughout Term 2 so students should check the daily notices and posters for upcoming trial dates (these will be held on Tuesday at lunch).

### Student-run Debating Club

The student-run debating club has started once again and is welcoming all students, whether you are a seasoned debater or just interested in discussing ideas and meeting new friends! This is run by our senior debaters and is on every Tuesday at lunchtime in room 140.

We are intending to offer some more social debating opportunities this year, so stay tuned.

Please email Madeleine Koo, debating coordinator with any questions about the school representative competition on:

madeleine.koo@det.nsw.edu.au

or contact [Masters Academy for information](#)

about joining the wait list for the Year 7 and 8 extracurricular debating training on Wednesdays at 8am. Please note this program is now full.

## Year 7 Camp

### Student Reports and Poems

*After two hours of driving to Camp Wombaroo, we had finally arrived. The weather was quite chilly and wet, requiring our rain jackets repeatedly. Year 7 had begun their first camp together, staying at Camp Wombaroo for 2 days. During the camp we did a variety of fun activities including a giant swing, high/low rope courses, bush-walking and raft building. We also loved the night-time activity where we ran briskly around the campsite with torches looking for our camp leaders. Despite the damp conditions, year 7 had a memorable and enjoyable time, even witnessing some kangaroos! Thank you Miss Remin for organizing our first camp and teachers who attended the camp with us.*

**Bella Su**



*We had so much fun at camp, from the Giant swing to building a raft each activity was as exciting as the next. When we left the school on Monday our energy was contagious and when we arrived we couldn't wait to get started on all of the activities.*

*Our class started on Low ropes where some of us raced across the obstacle course to see who had the fastest time. We then had High ropes where we got into our harnesses and helmets and completed an obstacle course in the air. We also made a tarp, worked on our teamwork skills in initiatives and played a fun game called 'Oracle', a game where we answered questions based on songs and looked for someone to tell the answer to in the dark. Overall, camp was super fun and we all really enjoyed it.*

**Nia Joshi**



*The trip to camp  
Through the bridge,  
Come on champ  
Over the ridge  
We go!*

*The food was not so bad  
The activities were scary  
But it was rad  
All the animals were hairy*

*We slept at night  
Woke up at day,  
We were all right  
It was okay*

*Bunk beds were hard  
But sleeping bags were nice  
The whole trip was a wild card  
We ate chicken rice*

*The rain was annoying  
Bush walk was fine  
High rope was tiring  
I was missing my amazon prime*

*Some people were homesick  
Sime didn't miss home  
Some had hics  
We had no internet we had no chrome*

*The trip was epic  
We definitely needed one  
Let's do more of these  
Whenever we can!*

Maan Garg



## EP Global Languages Championship

All Manly Languages students are entered in this year's Education Perfect Global Languages Championship. So far, an incredible 57 students have achieved at least 500 points after only 2 days of competition. Katie Maddern (Year 9) is on fire with a staggering 8000 points. Keep competing and learning and encourage your classmates to achieve their best.

Don't forget the class with the best student average will also win the Manly competition and the ultimate chocolate prize. The competition ends 4pm, Tuesday 15 March. Gambatte!

Ms Feros



## 3M Robotics

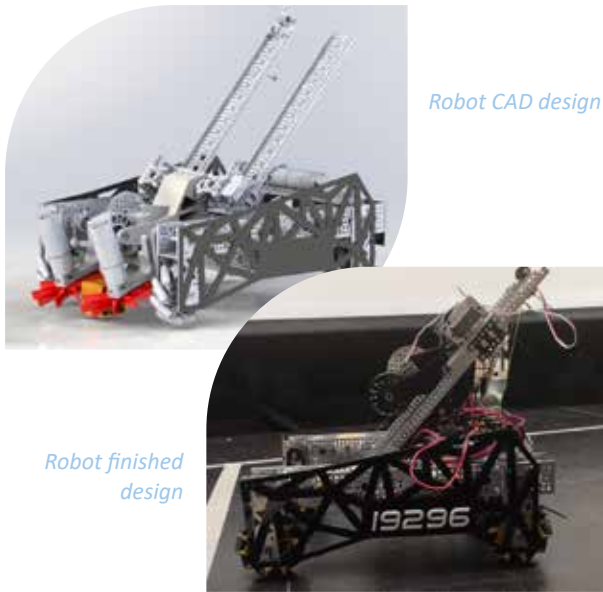
Founded in 2021, the Manly Campus Robotics Team is pleased to announce that not only have we competed at the Australian national championships, but we've managed to bring home the 'Connect Award' for inspiring STEM education too.

With the generous help of the P&C and our resident-engineering-experts-TAS-teachers Mr Forsyth and Ms Drew, we participated in the American-Based 'First Tech Challenge', and had little over two months to design, build and test a robot to compete in a series of challenges including the quick collection of 'cargo', little plastic cubes and circles, spin ducks off platforms, drive around autonomously, amongst a host of other problems.

Starting from scratch, a couple robot parts, some wires and a lot of ideas, but somewhat hindered by the fact that the world was raging in pandemic form, the climax of our competition came when our little group of would-be-robotics-engineers sat anxious 11:59:53 on a Friday evening, panicking and trying to submit all of our documentation before the precious seconds ticked away. Not to worry though, with seconds to spare, we were through, and with the lifting of further covid restrictions our small team has grown to a sizable crew, ready to take on a fresh set of challenges.

And the best thing is, doing robotics does not require an inherent passion or even understanding of STEM, one does not need to know how to code or to know

what a linear actuator is, it's mostly about improving one's skills time after time, and to build something that is uniquely the team's, with its unique set of problems and brainstormed solutions.



We invite everyone who loves learning to come and have a look.

**Annie-Ming Kowalik**  
Year 12

## Science - Alumna email

Former Manly Campus student Isobel Ronai emailed our Science Head Teacher Ms Maggs with an update on her career, advising how developing a love of Biology at Manly Campus has shaped her future;

*Dear Ms Maggs,*

*This email is very out of the blue, but I have been meaning to get in contact with you for quite some time now. I am not sure if you would remember me, I was a student in your Year 11/12 Biology class and graduated way back in 2007. A lot has happened since I left Manly, but throughout it all I have maintained my deep love of biology and pursued a career in it.*

*I completed a Bachelor of Science (Adv) (Joint Honours) in both Biology and History & Philosophy of Science at the University of Sydney. My honours research was in genetics and I also investigated how biologists use the concept of the gene in their research. (To this day, I still remember having classroom debates with you and fellow students about the definition of an allele.) I have attached my honours thesis in case you are interested, you are mentioned in my acknowledgements. I then*

*completed my PhD at the University of Sydney on the genetic and mechanistic basis of worker sterility in the honey bee. During my PhD I had many amazing international research opportunities, in places like the UK, Italy, Germany and the US. I have also attached my PhD thesis in case you are interested, again you are mentioned in my acknowledgements.*

*After my PhD I decided to change my research area from honey bees to ticks (blood-feeding parasites that have a massive impact on both human and animal health, but we know very little about their biology). I was awarded a postdoctoral fellowship to the tick laboratory group at Columbia University and worked just above the room where Thomas Morgan identified sex linkage in fruit flies, which I first learnt about in your class many years ago! I had been considering staying overseas, but with the pandemic I have been back in Sydney (teaching genetics to undergraduate students at Sydney University, supervising a molecular biology PhD student and also completing a Graduate Certificate in Higher Education). I will soon be leaving Australia again, as I recently accepted a dream job opportunity as postdoctoral fellow in the Department of Organismic and Evolutionary Biology at Harvard University, the top biology department in the world.*

*So I wanted to reach out to you and let you know that my career (and life) would be in a very different place if I had not fallen in love with biology in your classes all those years ago. Thank you for everything. If there is anything I can do that would be of any help for biology at Manly, please let me know.*

*Regards,*

**Isobel Ronai**



# Second Hand Uniform Shop

The uniform shop will be open on the first Tuesday and the third Thursday of the month from 8:15am -9am

## Next Open

Tuesday 5 April 8:15am-9am

COVID safe practices in place, please adhere to the following:

- Students only
  - Wear a mask
  - Stand 1.5 mtr apart while waiting in line
- If a student cannot attend the shop, orders may be requested online at: [manly2ndhanduniforms@gmail.com](mailto:manly2ndhanduniforms@gmail.com)

The second hand uniform shop is run by parent volunteers and relies on your generous donations. Donations of washed, good quality uniforms are much appreciated and can be left at the school office. 100% of proceeds go to the P&C for projects to benefit students.

## Band News



I am writing this listening to the rain, knowing some of us are under evacuation warnings or have experienced damage from the floods. Many are in isolation and studying at home. It is not quite the start we expected, so please know we are thinking of you and hope you are safe and well. And please let us know if we can help.

Our silver lining is that Band has started with a bang and all ensembles are up and running. The Conductors are very happy with how everyone has come together, working hard. The energy in the room again is wonderful.

### Band Liaisons

Every band has their Liaison and you will have received an email from them introducing themselves. Thank you to all the parents who have stepped into these essential roles. Please make sure your family reads the Liaison's emails as they will be communicating

the band news and important information to you. If you have not received an email, please let us know as there may be a mistake in your address.

### Google Classroom Codes

All bands have a Google Classroom page where the Conductors will post the music scores for practice and other information for students.

Codes have been sent out by your band liaison but are here should you need them.

|         |         |         |         |         |
|---------|---------|---------|---------|---------|
| SWO     | WE      | CB      | JO      | BB      |
| 3ua2dag | toneksc | h3ifqhp | snu6uzq | uwgngz3 |
| SwB     | CO      | SE      | JC      | JJC     |
| xk7hajf | ha3avvm | fcdkidu | vkd5yqg | wsnl2yn |

### BBB Postponed

Unfortunately, with the weather as it is, the Big Band Bash will not be going ahead on 17 March, as it was to be outdoors. We will reschedule to next term and let you know the date – hopefully week 2.

### Jazz Orchestra Performance

JO will be accompanying two of our HSC music Extension students next week for their performances. The support of their peers means so much to these students and we thank the band members for playing their best for them.

A calendar will be coming out soon with future performances for your diaries.

### Semester 1 Band Fees

Now that Bands have been finalised, fees will be sent out within the next fortnight.

To reflect the challenges last year and to thank the families of Bands of Manly Campus 2021 for their ongoing support, the Committee announced at the AGM that those members would receive a fee reduction towards 2022 Semester 1 fees. This will be applied and reflected in your fee totals.

We would like to add that, as difficult as it was, we were incredibly proud of our members' resilience and our families' support. Through it all, our Conductors worked hard to keep the program going, students engaged and still playing music so that Bands of Manly Campus survived to begin again face to face this year and welcome so many new and talented members.



## NBSC MANLY CAMPUS

Phone: 9905 3982 Fax: 9905 7772

Bus Depot – Brookvale: 9941 5814

# BUS TIMETABLE

updated February 2022

Visit the Transport NSW website  
[www.transportnsw.info/travel-info/school-travel](http://www.transportnsw.info/travel-info/school-travel)

**School starting time: 8.58am Finish: 3.20pm**

### MORNING BUS TIMETABLE

| Rte  | Time am | VIA   | Time | ARRIVE   |
|------|---------|---|------|--|
| 631n | 8:05    | Manly Wharf Belgrave Street                           | 8:20 | NBSC Manly Campus<br>(Abbott rd, near Burilla Nth Curl Curl) |
| 660n | 7:52    | Frenchs Forest – Rabbett Street at Forestway          | 8:10 | NBSC Manly Campus  |
| 661n | 7:57    | Frenchs Forest – Rabbett Street near Forestway        | 8:25 | NBSC Manly Campus  |
| 668n | 7:37    | Balgowlah Heights – Woodland St near Ernest Street    | 8:11 | NBSC Manly Campus<br>(Winbourne Rd, before Harbord Rd)       |
| 675n | 7:32    | Balgowlah Heights – Woodland St near Ernest Street    | 7:59 | NBSC Manly Campus<br>(Winbourne rd, before Harbord rd)       |
| 677n | 7:48    | Jackson’s Rd near Warriewood Square – Warriewood      | 8:08 | NBSC Manly Campus<br>(Harbord & Headland Road)               |
| 684n | 7:35    | Hall Ave before Heather St - Collaroy Plateau         | 8:05 | NBSC Manly Campus<br>(Harbord & Headland Road)               |
| 689n | 7:09    | Mona Vale B line, Barrenjoey Rd Mona Vale             | 7:33 | NBSC Manly Campus  |
| 725n | 8:24    | South Creek Rd, after Toronto Ave, Wheeler Heights    | 8:45 | NBSC Manly Campus  |
| 726n | 8:23    | Sydney Rd after Kempbridge Ave, Seaforth              | 8:45 | NBSC Manly Campus  |
| 730n | 7:49    | Frenchs Forest Rd at Ellery Pde, Seaforth             | 8:30 | NBSC Manly Campus  |
| 732n | 8:05    | Allambie Road after Rodborough Road, Allambie Heights | 8:25 | NBSC Manly Campus<br>(Winbourne Rd, before Harbord Rd)       |
| 746n | 8:00    | Rabbett Street at Forestway, Frenchs Forest           | 8:23 | NBSC Manly Campus  |
| 787n | 7:05    | Seaview Av near Robertson Rd, Newport                 | 7:46 | NBSC Manly Campus  |
| 199  | 7:49    | Barrenjoey Rd near Avalon Pde, Avalon                 | 8:39 | NBSC Manly Campus  |
| 199  | 8:18    | Narrabeen shops, Pittwater Rd                         | 8:37 | NBSC Manly Campus  |

AFTERNOON BUS TIMETABLE

*Note: The departure times are variable – please be at bus bay by 3.23pm*

| <b>Rte</b> | <b>Time pm</b> | <b>From</b>       | <b>Time</b> | <b>ARRIVE</b>  |
|------------|----------------|-------------------|-------------|--|
| 611n       | 3:34           | NBSC Manly Campus | 3:58        | Dee Why Grand Shopping Centre, Pacific Pde, Dee Why  |
| 668n       | 3:41           | NBSC Manly Campus | 4:23        | Princes Prom opp Richmond Rd, Seaforth   |
| 669n       | 3:37           | NBSC Manly Campus | 3:58        | Manly Wharf, East Esplanade, Manly   |
| 670n       | 3:39           | NBSC Manly Campus | 4:09        | Seaforth Oval, Wakehurst Pkwy, Seaforth  |
| 671n       | 3:40           | NBSC Manly Campus | 4:08        | Allambie Rd at Frenchs Forest Rd, Frenchs Forest   |
| 728n       | 3:27           | NBSC Manly Campus | 4:04        | Hall Ave before Heather St, Collaroy Plateau   |
| 729n       | 3:30           | NBSC Manly Campus | 4:04        | Forest Way opp Forestway Shops, Frenchs Forest   |
| 731n       | 3:33           | NBSC Manly Campus | 4:10        | Eastern Valley Way near Sunnyside Cres, Castlecrag   |
| 733n       | 3:30           | NBSC Manly Campus | 4:05        | Mona Vale B-Line, Mona Vale  |
| 734n       | 3:30           | NBSC Manly Campus | 4:00        | Mona Vale B-Line, Mona Vale  |
| 735n       | 3:28           | NBSC Manly Campus | 4:17        | Carreel Head Road at Burrawong Rd Avalon   |
| 742n       | 3:25           | NBSC Manly Campus | 4:07        | Wynyard Limited Stops<br>(Warringah Mall, Manly Vale Community Centre, Spit Junction B-Line Mosman, Neutral Bay Junction Military Rd, Wynyard Station) |
| 787n       | 3:33           | NBSC Manly Campus | 4:39        | Barrenjoey Rd near Avalon Pde, Avalon  |