



The Weekly Pines

Northern Beaches Secondary College

Manly Campus



Academic Excellence ★ Personal Best ★ Giving Back to the Community

Principal: Ms Kathy O'Sullivan

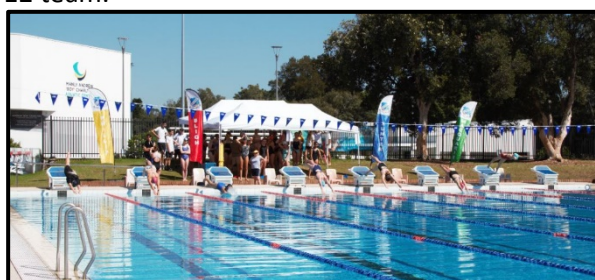
Deputy Principals: Mr Alex Newcomb
Ms Marisa Carolan (relieving)

5 March 2021 – Newsletter No.3

From the Principal

School Swimming Carnival

The weather last Friday was perfect for our school swimming carnival at Manly Andrew Boy Charlton Pool. The 50m freestyle races, held as the first event, allowed plenty of time for our House Captains to organise the all-important house relays at the end of the day. Winners of these relays included Hunter (Senior Girls), Hunter (Senior Boys), Macquarie (Junior Girls) and Phillip (Junior Boys). It was wonderful to see so many students attending the carnival and giving their personal best in the pool. The final event was a relay race between Year 12 students and teachers. Mr Newcomb, Mr Cowan, Ms Rolfe and Mr Shirlaw proudly represented the Manly staff - unfortunately they were beaten by the Year 12 team.



Congratulations to all of those who entered each race and especially to our Age Champions:

12 Years - Xingchuan Ma and Berkeley Leung
13 Years - Kaito Kodama and Amelie Chan
14 Years - Cillian Mc Grath and Harriet Wessling
15 Years - Liam Lehane and Antoinette Hewish
16 Years - Michael Hawkins and Christine Ruff
17 Years- Max Oldham and Freya Green

School Contributions and Fees

Next week student fee sheets will be emailed home. The financial support given by parents is crucial in maintaining the excellent curriculum programs and physical improvements to our school.

The generous support of our P&C is much appreciated and provides opportunities for our students that may not otherwise exist. Contributions to the tax-deductible Public Library and Building Funds are funding the hall refurbishment, which will commence later this term.

Prompt payment of fees is appreciated. If there are any financial problems, please advise me in writing.

Parent / Teacher Night

The Year 12 Parent and Teacher evening was held this week, providing a valuable opportunity for our staff to meet with parents and discuss the progress of our 2021 HSC cohort. Students are encouraged to reflect on their progress and the feedback provided by teachers to ensure they are working towards achieving their personal best for the upcoming assessment tasks.

Dates for Year 7-11 Parent Teacher nights below. Booking details will be emailed closer to the event date.

Year 8	Tuesday 16 March (T1, Week 8)
Year 7	Tuesday 23 March (T1, Week 9)
Year 11	Thursday 29 April (T2, Week 2)
Year 10	Thursday 13 May (T2, Week 4)
Year 9	Tuesday 18 May (T2, Week 5)

NBSC Manly Campus

138 Abbott Road, North Curl Curl NSW 2099 / Phone: 9905 3982

Email: nbscmanlys-h.school@det.nsw.edu.au

Youth of the Year Local Final

Last Wednesday evening, two of our Year 11 students; Annie Ming Kowalik and Max De Vries, competed in the local final of the *Lion's Club Youth of the Year Competition* held at Club Totem Balgowlah.

Congratulations to Annie-Ming who was awarded the overall winner in the club final. In her speech, she spoke about racial identity and discrimination and how "the words we use to classify ourselves never tell the full story of who we are". Annie-Ming will progress to the next round of the competition on 11 March, which involves young people in a public speaking capacity.

Congratulations also to Max who represented our school with distinction.

TAS, Science and Geography

Students from TAS, Science and Geography had a front row seat to the engineering and exploration marvel that was NASA's most complex mission to Mars. They participated in a real-time interview with the chief engineer for robotic operations on the Perseverance Rover team, which was both inspiring and informative.

Study Skills

On Monday 22 February Year 7 and 9 undertook study skills seminars. Whilst many students learn effective revision techniques in class, 86% of students noted that they enjoyed hearing from the youthful presenters from Elevate. Students covered topics such as revision techniques, managing time, preparing for assessment tasks and avoiding distractions. Many students took steps towards taking responsibility for their own learning and listened carefully when the presenters told them how to locate the syllabus online via the New South Wales Education Standards Authority (NESA). Some comments include:

I learned... "How to make a schedule that balances my life in school and out"

I learned.... "How to stop procrastination"

I learned.... "Ways to manage study time and fun"

Express Yourself Exhibition

Manly Art Gallery is currently hosting the 'Express Yourself' exhibition that showcases artworks completed by students in the 2020 HSC. Ella Fu, Madison Harrington-Hopkins, Jackie Lu, Holly Matthews and Heather Trett all had their works selected for the exhibition.

Heather Trett received the prestigious *Theo Batten Bequest Youth Artist Award* for her oil painting triptych 'Lost and Found', and Ella Fu won the Manly Art Gallery and Museum Society Youth Award for her illustration and artist book work 'To Be Continued'. All works in the exhibition are of a great standard. It is open to the public until 28 March.



Visual Arts Excursions

On Monday, Year 11 Visual Arts students attended a 3 hour intensive workshop learning essential skills in life-drawing. Students were taught step-by-step approaches and received valuable tips for their own art-making from professional life drawing artist and tutor, Pina Bartolo. This excursion supports their classroom learning in drawing, painting and abstraction techniques as they build a figurative art portfolio during Term 1. A big thank you to Ross Heathcote and the staff of Manly Art Gallery for allowing us exclusive use of their space.

Year 10, 11 and 12 Visual Arts students went on an excursion to see the ArtExpress exhibits at 'The Armory' in Homebush and at the Art Gallery of NSW. It was a great experience for the students to view

the best of the HSC works from 2020 and gain inspiration for their own art-making practice.



P&C Meeting

The next P&C meeting will be held on Wednesday 17 March at 7pm in the school library.

Congratulations to:

Nina Korgul (Year 12), who was invited to participate in a public art initiative by Northern Beaches Council *Sprycation*. Nina was one of four artists who were allocated a 2.4m x

2.4m panel each to create an artwork over the course of the day. It was a great experience for Nina as she painted in a busy public place and had lots of interaction and interest from passers-by. She is

able to keep the finished artwork and is now looking for a cafe or other business that might like to own it.



In this regular feature, we like to recognize students who have achieved highly in school and community events, competitions and activities. Demonstrations of the school ethos of academic excellence, personal best and giving back to the community deserve to be recognized. Parents are welcome to phone or email the school any achievements that we may not be aware of, for inclusion in *The Weekly Pines*.

Kathy O'Sullivan
Principal

Sport Report

Swimming Carnival

It is fantastic that we are able to get back to having sport carnivals this year. Last Friday we held a very successful swimming carnival at Manly Andrew Boy Charlton. With the warm weather and safe environment, many students took the opportunity to dive in and participate in a variety of events, showing off their strength, talents and house spirit. The traditional teacher's vs Year 12 relay race was exciting, especially for the students who won the race.

Congratulations to all those who participated in the day as well as those who came along and supported their peers and house groups.

The Warringah Zone Swimming Championships will be held on Monday 15 March at Warringah Aquatic Centre. Online permission notes for this event as well as an information note and program will be emailed to parents at the end of the week.

House Results

1st Hunter: 568

2nd Bligh: 544

3rd Macquarie: 526

4th Phillip: 432

Age Champions

Age	Boys	Girls
12 Years	Ma, Xingchuan	Leung, Berkeley
13 Years	Kodama, Kaito	Chan, Amelie
14 Years	McGrath, Cillian	Wessling, Harriet
15 Years	Lehane, Liam	Hewish, Antoinette
16 Years	Hawkins, Michael	Ruff, Christine
17 Years	Oldham, Max	Green, Freya

School Cross Country Carnival

The school cross country carnival will be held on Friday 12 March, during periods 5 and 6. Students are to wear their sports uniform to school. The top 10 places getters in each age group will go to the Warringah Zone Cross Country Championships, held 3 May.

Knockout Sport

Manly has been participating in a number of CHS knockout games this term. This week, the Girls

Opens Touch team played against Killara H.S. It was a competitive game and our team played exceptionally well, but were unfortunately defeated 6-2.



Next week, the Open Boys Tennis, Open Girls Football and Open Boys Cricket teams will be playing. Best of luck to them all.

Ms Walker
PDHPE

Dance Report

Last week Year 9-12 Elective Dance students attended a matinee performance of Sydney Dance Company's new work 'Impermanence'. It was great to see a live performance again after so many events were cancelled last year.

Inspired by events such as the 2019 Notre Dame fire, the Australian bushfires and the pandemic, this work was about the impermanence of life and how everything can change in the blink of an eye. This was demonstrated in the choreography by constant moving and different shapes and formations, and changing spatial relationships amongst the dancers.

The performance was very engaging and moving, and we were very impressed by the strength and power of the dancers. The score was played live on stage by the Australian String Quartet, adding another fascinating layer to the performance.

The performance was followed by a series of demonstrations and Q&A with the dancers, technical supervisor, musicians, rehearsal director, and the choreographer himself, Rafael Bonachela. The

dancers performed some of the key phrases from the work, explaining how they were choreographed and the inspiration behind the movement, giving us an insight into the choreographic process of a professional dance company. The technical director showed us how the set worked, revealing the lighting rig and snow machines which created a beautiful effect. The musicians also showed off their instruments, some of which were over 300 years old, and talked about what it is like to play live on stage with the dancers. Finally, the dancers answered some questions from the audience. They talked about their experience trying to stay fit and active while "working from home" during lockdown last year – which was not easy for a professional dancer. They also shared their stories about how they became dancers, and gave some really valuable advice.



It was a wonderful performance and a really valuable experience which the elective Dance classes really enjoyed!

Year 10 Dance

Year 7 Technology

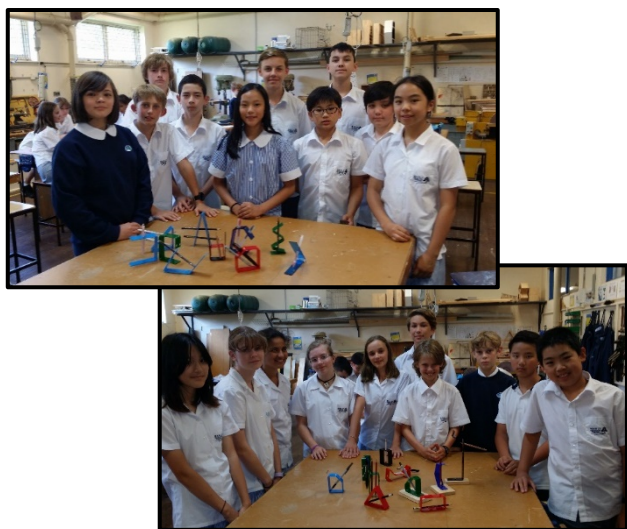
Assessment AS Learning in action

Pen Holders

This project was a practical introduction completed for teachers to evaluate students' pre-existing knowledge, skills and experience. Students were also asked to reflect on their own learning experiences prior to undertaking a more complex and challenging phone holder.

Following is a student account by *Alexandra Pranker* about the project.

During this term, 7TEC3's first project was to create an acrylic pen holder. When the challenge was first presented, it seemed reasonably easy, and it was. There were some unexpected challenges such as figuring out the correct holes sizes to drill - a change most of us faced. In the end it was a fun activity that lots of us enjoyed.

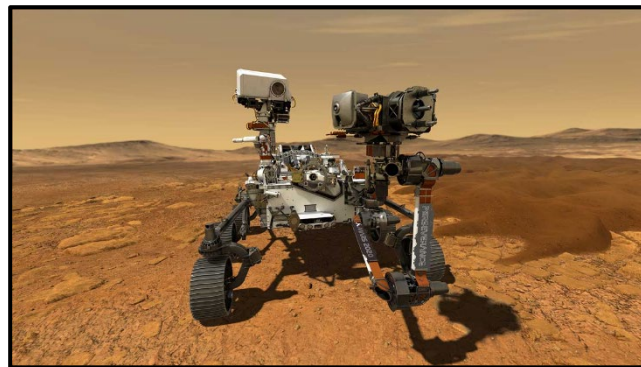


Perseverance Rover

Student Report

On Tuesday February 23 I attended a talk organised by TAS and Science, by Dr Vandana Verma. Dr Verma works in the NASA Jet Propulsion Lab and is on the team that is piloting the Perseverance Rover. The talk was about the landing of the Rover, its features, and what research it will complete throughout its lifetime, particularly to further our understanding of ancient life on the Red Planet. I was keen to attend this talk as I have always been curious about space, especially the prospect of living on another planet. While Perseverance isn't directly linked to living on Mars, the studies it will conduct and the journey it will take, brings us closer to learning more about the possibility/past possibility of living there. Vandana explained the rover's descent and what the different parts of the rover do. She also showed how they drive Perseverance and what the program looks like. I hope to one day be working with space and maybe go up there myself. Seeing Vandana do all these incredible Mars and space related things made me want to pursue my dream of going to space even more. I'm super grateful to have been able to attend

this talk and would love to see more similar content in the future.



Esther Schroeter (Year 9)

Parent Webinar

NBSC Manly Campus have exclusive access to Elevate Education's Parent Webinar Series for Term 1. The recent webinar was on Time Management – how to end the battle over homework deadlines, study schedules and prioritisation. Access [the replay here](#). The next webinar, held on 10 March, is on [Tech Devices – setting boundaries and promoting self-regulation with teens](#). The webinar will help to answer questions around 'how much screen-time is too much', how to create positive habit loops with your child, and what apps and technology you can use to help your child, rather than hinder them. [Register for the event here](#). Live online from 6-7pm, the presenter will share Elevate's key research and skills and will conduct a live Q&A.

Term 1 Calendar

Please check the dates closer to the event.

Week 7B	
8/03/2021	Year 7 Vaccinations
10/03/2021	Year 11 Photography excursion
10/03/2021	Elective Music & Dance excursion – Capital Theatre
11/03/2021	Selective High Schools Placement Test - for Year 7 2022
12/03/2021	School Cross Country
Week 8A	
15/03/2021	Warringah Zone Swimming Carnival
16/03/2021	Year 8 Parent Teacher Night
17/03/2021	P&C Meeting, 7pm in the library
19/03/2021	Year 11 Urban Challenge excursion
Week 9B	
23/03/2021	Year 7 Parent Teacher Night
23/03/2021-30/03/2021	Year 12 Assessment Block
25/03/2021	Year 11 Ancient History excursion
25/03/2021	Sydney North Swimming Championships
Week 10A	
23/03/2021 - 30/3/2021	Year 12 Assessment Block
1/04/2021	Last day of Term 1
2/04/2021	Public Holiday

SECOND HAND UNIFORM SHOP

The uniform shop will be open on the first Tuesday and third Thursday of the month from 8:15am-9:30am

Next open
Thursday 18 March
8:15am-9:30am

COVID safe practices in place, please adhere to the following:

- Check in with the QR code on arrival
- Wear a mask
- Stand 1.5 metres apart while waiting in line
- Only one parent/caregiver with their child are allowed in the uniform shop at a time.

Parents are encouraged to order online where possible. You can place an order by email at manly2ndhanduniforms@gmail.com

Donations of washed good quality uniforms are most welcome and can be left at the school office.

Proceeds go to the P&C for school improvement projects.

For second hand band blazers (buy & sell) please contact Sarah Cole at sarahcole24@gmail.com

Band news on the following page...



**Big Band Bash - Outdoor concert in two parts,
Manly Campus quad: Friday 26 and Wednesday
31 March**

The bands will perform for parents at the end of the term in an outdoor concert split across two evenings.

Informal and fun, these concerts will showcase the variety and talent in our band program and the progress of the ensembles after their first six or seven rehearsals.

With current restrictions on audience sizes, parents and guardians will be required to RSVP in advance via a booking form being sent to families by email next week.

Please carefully note the dates for each ensemble as some have been changed from what was advertised in the previous newsletter edition

Week 9 - Friday 26 March

6pm, school quad - SE/CO/WE/BB/CvB

Week 10 - Wednesday 31 March

6pm, school quad - CB, SWO, SwB, SB, JO, JC

Students will meet after school to set up and sound check and will be served pizza before the concert.

We are seeking 4-5 parent volunteers at each event to help serve pizza and assist with sign-ins and set-up. Please contact Sarah Dowse at bandmanagerbomc@gmail.com to volunteer.

Black Band Polos

The polos will be needed for the Big Band Bash concerts.

A reminder to new band members to purchase your black band polo via Pickles Schoolwear. Your order will be delivered to your child at school.

Term 1 Band Meeting

Monday 8 March, Manly Campus library, 8-9pm.
Entry via staff car park. Drive in from Abbott Rd.

If attending, please advise via [this RSVP form](#)

Due to Covid restrictions, a maximum of 30 people can attend the meeting.

Committee members and all band families are invited to find out what has been going on in band, ask questions and hear what has been planned for the year so far. It's also a welcome chance to meet one another.

Volunteer Needed - Skills in:

- graphic design (for a concert program)
- publishing photos and videos to groups (i.e. to the band families)
- accounting or bookkeeping

Tasks will be relatively small and can be completed at home. Please contact Sarah Dowse at bandmanagerbomc@gmail.com to volunteer or to find out more.

New Percussion Group

This group meets with professional percussionist and music educator Richard Gleeson on Mondays at lunchtime. It is a great addition to the band program with the high number of percussionists across wind and jazz bands.

Invoicing

Band finances are processed through the school accounts. An invoice for Semester 1 fees will be issued by the school in Week 7.

Second Hand School Blazers

As the need for the formal band uniform is unlikely this year, there is no urgency for new band members to buy a blazer.

However, if you have one to sell or wish to add your name to the waitlist to buy one for 2022 (allowing room to grow) please contact Sarah Cole at sarahcole24@gmail.com

The blazers always hold their value and can be sold in future years for the same price.

Band Liaisons and Absences

We remind you to please notify your band liaison by email or text, on or before the day, if your child cannot make it to their rehearsal for some unavoidable reason.

The parent liaison for each band will have contacted you by now with their contact details and the band lists for carpooling (PG and CvB will be sent next week.)

Thank you to the following parent volunteers.

Ensemble	Parent Band liaison
Wind Bands	
SWO	Jeanette Williams
WE	Liz Huxley
CB	Patti (Caroline) de Montfort
Jazz Big Bands	
JO	Mel Corner
BB	Steph Stoddard
SB	Fotini Harvey
SwB	Kaye Chan
Strings	
SE	Annie Woods
CO	Annie Woods
Small groups	
JC	Mel Corner
JJC	Liz Huxley
CvB	David Young
PG	Sharon Jewell

Term 2 - save the date

Monday 19 April (pupil free day) and Tuesday 20

April: Music Workshop 'camp' at Manly Campus - SWO, JO and SE (CO TBC)

Term 3- save the date

Monday 12 July (pupil free day) - T3, Week1

Workshop day for all bands, Manly Campus.

Term 4- save the dates

Saturday night 13 November

Jazz night Out, DY RSL- all jazz bands

Monday 8 or 15 November (TBC)

String Soiree - Mosman Art Gallery- SE/CO

BAND NAMES

Wind Stream:

SWO-Symphonic Wind Orchestra; WE-Wind Ensemble; CB-Concert Band

Strings Stream:

SE-String Ensemble; CO-Chamber Orchestra

Jazz Stream:

JO-Jazz Orchestra; BB-Big Band; SB-Stage Band; J C-Jazz Combo; JJC-Junior Jazz Combo;

Other: Covers band- CvB, Percussion Group-PG

CHARITY GOLF DAY

Rotary

Club of Balgowlah



DINNER,

AUCTIONS & RAFFLES

Ambrose Tournament

Open to both men & women

WAKEHURST GOLF CLUB

**SAVE
THE DATE
Friday, 26
March**

ALL GOLF DAY PROCEEDS GO TO:

Programs we support, including Lifeline NB, Bear Cottage,
Dalwood Spilstead, Rotary Youth & other Community Programs.



Registration: 10:00am Shotgun Start: 11:30 Dinner: 6:00pm for 6:30

Golf only: \$110 ♦ Golf + Dinner: \$160 ♦ Dinner only: \$60

BOOK ONLINE: www.trybooking.com/BKLIK

MORE INFO: Lindy Myers: 0417494457 / Pauline Barnard: 0400 445 275



DISCOBILITY JUNIOR ONLINE

90'S PARTY THEME

Friday 23 April, 6.30 - 8pm

Join us online for a dance party for high school students with disability featuring The Evergreen Collective live band. Prizes up for grabs for best dressed & best dance moves! Tune in solo or get your friends & family involved!



OF



NORTHERN COMPOSURE UNPLUGGED — 2021 —

ENTRIES NOW OPEN

We're supporting this year's entrants with a professional studio recording and free workshop. Finalists will battle it out live at Glen Street Theatre for cash and prizes

2020 winners