



The Weekly Pines

Northern Beaches Secondary College

Manly Campus



Academic Excellence ★ Personal Best ★ Giving Back to the Community

Principal: Ms Kathy O'Sullivan

Deputy Principals: Mr Alex Newcomb
Ms Marisa Carolan (relieving)

19 February 2021 – Newsletter No.2

From the Principal

Attendance Matters

At Northern Beaches Secondary College, Manly Campus we value an excellent pattern of attendance and its positive impact on learning and educational outcomes. One day off per fortnight equates to 4 weeks off per year which is a significant period of missed learning.



Procedures regarding applications for extended leave are set out by the Department of Education. Reasons for leave include such things as: family holidays, family business, bereavement or other reasons, which must be specified in an [Application for Extended Leave – Travel](#). For travel, this should include: travel documentation such as an itinerary or an e-ticket, which is to be attached to the application. If leave is approved, a *Certificate of Leave for Extended Travel* will be granted and recorded in student attendance files. Parents are advised to keep this in mind, especially when booking family trips during school time.

Parent Teacher Evenings

I am pleased to say that under the current guidelines we are able to hold face to face Parent Teacher evenings. The Year 12 Parent Teacher evening will be held on Monday 1 March. The booking details will be communicated to families early next week.

Year 8 Parent Teacher evening will be held on Tuesday 16 March followed by the Year 7 Parent Teacher evening on Tuesday 23 March. Booking details will be emailed in the coming weeks.

Year 9, 10 and 11 Parent Teacher evenings will be held early in Term 3.

Freshwater Community Bank Ken Ward Memorial Scholarship

Congratulations to Krishaa Tulsiani from the graduating class of 2020 on her \$2000 university grant received from the Freshwater Community Bank Ken Ward Memorial Scholarship last Monday evening. The program recognises local students' academic achievement and community engagement. Krishaa is currently working as the Strategic Communications and Advocacy Intern at the CBR Gals Network, a not-for-profit feminist organization that aims to connect women through inclusive events.



NBSC Manly Campus

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Year 7 Camp

On Wednesday last week, our brand-new Year 7 students and a legendary team of teachers embarked on the trip up to Morriset for three days away at camp. The time away was the perfect opportunity to make some new friends and face fears in activities such as the giant swing, abseiling and high ropes. We had a blast rafting up for canoeing and many showed impeccable aim in archery. The students worked on their team-building skills against the teachers during Challenge Night and successfully dominated. It was the teachers, however, who vigorously came back with determination for Commando Night and won the bragging rights. Despite being exhausted, after three days away, we were full of delicious food and buzzing with happy vibes. Congratulations to Year 7 on your first high school camp experience as a cohort. Thank you to Mrs Herft, Mr Goykovic, Mr Cowan, Mr Forsyth, Ms Prideaux-Remin, Ms Larsen, Mr Newcomb and Ms Grace for coming on camp and helping Year 7 to make some unforgettable memories.

Student Wellbeing Advocates

On Wednesday 119 new Student Wellbeing Advocates were trained to become part of the Manly Campus Student Wellbeing Advocate Team (SWAT). This is almost double the number of students from 2020 and is a testament to our young people's desire to be active agents of change regarding wellbeing. The aim of SWAT is to encourage young people to identify their strengths and to empower them to become champions for change to help strengthen student wellbeing in the school community. The SWAs role is to support the development of positive wellbeing strategies in the school that help young people to maintain positive wellbeing and resilience. The SWA's were reminded of the central tenants of the Five Ways to Wellbeing, Choice Theory and Growth Mindset as part of a 'Wellbeing Toolkit' that can help our young people keep their wellbeing in good working order. Further information is in the SWAT article later in this newsletter.

Student - run Clubs

On Tuesday, the SRC used the whole school assembly as an opportunity to showcase the wide range of student-run clubs and societies that are available to students. These clubs foster increased student cohesion as well as support independent student initiative. Students from Year 7 - 12 are most welcome to attend.

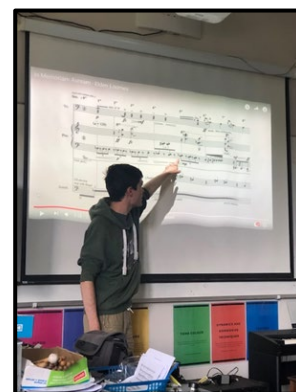
Club	Time and Location
Art	Tuesday lunch, Rm 109
Debating	Tuesday lunch, Rm 137
Discussion Collective	Thursday lunch, Rm 210
Environment Committee	Wednesday recess, Rm 32
Hobby (Rocket and Aviation)	Monday recess, Rm 152
Maths	Thursday lunch, Rm 158
Palaeontology	Thursday recess, Rm 132
Philosophy	Tuesday lunch, Rm 140
Poetry	Tuesday lunch, Rm139
Tech	Friday lunch, Rm 166



The Palaeontology club run by Alexander Goodman (Year 8)

The Arts

Music - This week we had Elden Loomes who graduated in 2019 back to run a masterclass with Year 12 Music 2 students. Elden placed 2nd in the State and spent the session breaking down his core composition and listening to the current cohort's ideas.



Drama - Congratulations to Michael Hawkins and Noah Sturzaker (Year 10) for their acceptance in the NSW Public Schools Senior Drama Ensemble. This is a huge achievement as they will be representing the

state in Drama and working with The Arts Unit to produce a professional production.

Musical auditions - Congratulations to the 75 students auditioned for the cast in this year's musical. Ms Woodward, Mrs Herft and Ms Grace were very impressed by the high standard shown and by the enthusiasm of the students. We are in the process of making some tough decisions and will announce the cast as soon as we can.

Dance – The dance ensembles started rehearsals this week. Students are excited to be working together on new routines and are looking forward to the prospect of new performance opportunities later this year.

Congratulations to:

- Dylan George (Year 12) who competed in the 2021 Federation University Road National Championships and placed 2nd in the time trial and won the U19 road race on 6 February.



In this regular feature, we like to recognize students who have achieved highly in school and community events, competitions and activities. Demonstrations of the school ethos of academic excellence, personal best and giving back to the community deserve to be recognized. Parents are welcome to phone or email the school any achievements that we may not be aware of, for inclusion in *The Weekly Pines*.

Kathy O'Sullivan
Principal

Transport NSW Updates

Northern Beaches Lower North Shore Bus Service Improvements

For information on new routes and route changes, please go to:

<https://transportnsw.info/news/2020/northern-beaches-lower-north-shore-bus-service-improvements>

Some additional changes/additions from February 2021 - routes 154X, 162, 172X, 173X, 765N

Useful links

<https://transportnsw.info/routes/bus>

<https://transportnsw.info/trip#/trip>

Bus timetable for Manly Campus

See the updated timetable of key routes for Manly Campus as the end of this newsletter and on the [NBSC Manly Campus website](#).

Swimming Carnival

The school swimming carnival will be held next Friday 26 February. Students are to wear sports uniform or house colours and will need to bring their own food and water as there will be no access to the venue canteen/café.

All student must arrive at school by 9am and will be required to travel to and from the venue via the school-chartered bus. Students are also required to wear a face mask while on the bus. It would be greatly appreciated if you could remind your child to bring a mask with them on the day.

To assist us with booking the correct number of busses, please make sure your return the electronic permission note, which was emailed last week.

Students wishing to nominate for a distance event at the Warringah Zone or Sydney North Championships, can collect a nomination form from outside the PDHPE staffroom and return to Mr White or Mrs Walker before the school swimming carnival.



Elevate Education's Parent Webinar Series

Parents of NBSC Manly Campus have access to Elevate Education's Parent Webinar Series for Term 1, 2021.

The first webinar was on the **neuroscience of student motivation** and took place last week. Elevate has kindly made extended access available for parents who were unable to make it to the live event.

The next event is on the topic of **Time Management - how to end the battle over homework deadlines, study schedules and prioritisation**. [Register](#) (if you haven't already) for the live-event happening on Wednesday 24 February at 6pm (AEDT).

Webinar replay

📺 Watch the [Motivation webinar here](#).

📎 Download the [resources here](#).

Wellbeing

E'Diary News

A reminder to all parents of Year 8-12 students, this is the main form of communication relating to homework and assessment tasks so students should be regularly logging into their account.

Scripture

Students who nominated to undertake scripture had their second session on Thursday. The program will run till the end of week 10 and rotates through periods 1-3. If students are unsure which period is next, they can go on the year google classroom page or listen to daily notices.

A word of advice

Today's submission comes from Elden Loomes. Elden actually came back on site to talk to the current Music 2 class, giving them a masterclass in composition. Elden tied with another student at Manly, Maia Hopf for second in the State for Music 2, so the students were in excellent hands. At the end of his presentation, Elden offered up the following advice for all G21

"It's cliché, but: This too shall pass. Enjoy year 12, with all its privileges thrown in, but in equal part, apply yourself as sincerely as you can-time is deceptive! Soon the HSC will be here, and soon, it will pass. Good luck!"



Elden is currently studying a B. of Science (Physics) with an Advanced Studies of Maths at the University of Sydney.

SWAT Workshop

Last week 119 new Student Wellbeing Advocates were trained to become part of the Manly Campus Student Wellbeing Advocate Team (SWAT). The aim of SWAT is to encourage young people to identify their strengths and to empower them to become champions for change to help strengthen student wellbeing in the school community.

SWAT has been running since 2017, and each year the number of Year 10s, 11s and 12s applying to become part of the team increases. This is a testament to our young people's desire to be educated about wellbeing strategies, and to play a role in supporting others to become more aware of the importance of creating and maintaining positive wellbeing.

The World Health Organisation defines positive wellbeing as:-

A state in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community.

The SWAs were introduced to this idea of wellbeing, which we boiled down to:

Positive wellbeing is the ability to respond to challenges.

The roles and responsibilities of the SWAT was discussed and summarised as this:-

To actively advocate for student wellbeing and help create a school environment that fosters a positive and productive state of mind, allowing students to respond to the challenges of everyday life, enjoy respectful relationships, engage in lifelong learning,

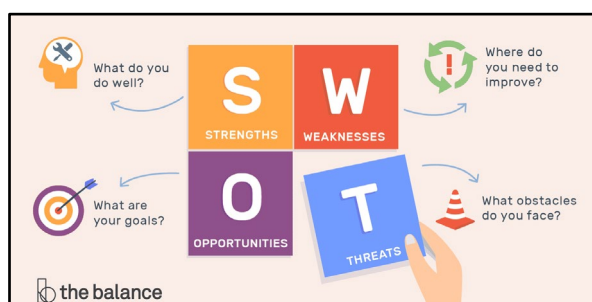
benefit from opportunities and contribute productively to society.

The SWAs role is to support the development of positive wellbeing strategies in the school that help young people to maintain positive wellbeing and resilience. The SWA's were reminded of the central

tenants of the **Five Ways to Wellbeing, Choice Theory** and **Growth Mindset** as part of a 'Wellbeing Toolkit' that can help our young people keep their wellbeing in good working order.



In this workshop, we initially did a SWOT (Strengths, Weaknesses, Opportunities and Threats) analysis of the SWAT program in order to identify a successful way forward using the students experiences of PC and their own lives to identify the needs and wants of the Manly Campus students.



The SWAT members then added their own spin by brainstorming ideas for the theme of 2021 Pastoral Care and creating engaging and educational PC sessions that reflect the **Keep Learning, Take Notice** and **Be Active** aspects of the **Five Ways to Wellbeing**.



I look forward to seeing their innovative, insightful approach to giving their experience and wellbeing interest a voice as they become change makers in student wellbeing throughout 2021.

Ms Brien

Music News

Vocal Ensemble

Very exciting to see so many new members recently. COVID restrictions have meant that we have had to be creative with our rehearsals: breaking down into smaller groups that are timetabled. Students can find all information relating to rehearsals and membership fees on their google classroom page.

NSW School Vaccination Program

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2021 the following vaccines will be offered:

Year 7

- Human papillomavirus (HPV) vaccine – 2 doses at least 6 months apart.

The first dose will be given on Monday 8 March

- Diphtheria-Tetanus-Pertussis (whooping cough) vaccine – single dose

Year 10

- Meningococcal ACWY vaccine – single dose

Parent Information Kits that include an information sheet, consent form and privacy statement will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:

- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child's school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Please note that if a student is absent from a clinic they will be offered any missed doses at subsequent clinics during Year 7 or 8 (for HPV and dTpa vaccination) and during Year 10 (for Meningococcal

ACWY vaccination). They do not need to go to their GP for these vaccines because they are absent from a clinic.

The following short videos have useful information about the vaccines and how the school immunisation clinics run.

[HPV and dTpa](#)

[Meningococcal ACWY](#)

Parents/guardians who subsequently change their mind and wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the [NSW Health website](#).

A Record of Vaccination card will be provided to each student vaccinated at each clinic. Details about vaccinations given at school will also be uploaded to the Australian Immunisation Register (AIR) to support complete vaccination histories.

SRC Staff Spotlight

[Interview with Dr Holly Bolton \(Science Faculty\)](#)

How did you decide to get into teaching? And what have you been doing prior to teaching at Manly?

Before becoming a teacher I worked in academia as a research scientist. I was mainly based in the lab, but I had some involvement in teaching university subjects, which was what first made me consider entering teaching. I found it really rewarding being able to get to know the students and seeing them progress in their understanding, so I'm particularly excited to be in a position to get to know the students in Year 7 and see them all the way through to graduation.

I hear you hold a doctorate. What did you study for this?

My PhD looked at how the immune system is regulated, and what goes wrong in autoimmune disease. My research was focused at what goes on at the molecular level - I spent my PhD mostly looking at a single molecule (which I continued to research post-PhD - fortunately for me, it turned out to be rather important).

Do you have any fond memories of being in high school?

I attended a selective school myself, and one of the things that I most appreciated about the experience was being in an environment that was generally very open and accepting. I found it much easier to be myself and find my tribe - many of whom I'm still friends with today.

What have you found most exciting about your first few weeks as a science teacher at Manly?

As a Science teacher, I'm excited by how so many students are genuinely interested in Science. There is a culture of high expectations and a drive to succeed, but it's been really lovely to see how this isn't only about ticking the boxes needed to do well in an exam. There's a real desire to learn, and get to understand concepts in depth.

Any fun facts about yourself that people wouldn't really expect?

While it's nothing to be proud of, I seem to have the distinction of being unusually unlucky on the sporting field. I've participated in numerous grand finals across multiple sports (soccer, netball, touch football, water polo, futsal), yet have somehow managed to be on the losing side every single time.

Finally, any parting words of advice for the Year 11 students just getting into their HSC courses?

For our Year 11 students, I'd encourage them to use the year as an opportunity to establish good habits, and treat it as a bit of a trial run for Year 12. Try and find out what kind of study techniques work for you, since what works for one person may not be the best option for you. It's a lot easier to sort these things out in Year 11, rather than wait until Year 12! That being said, it's really important to make sure you're taking a balanced approach to study. You've got the better part of 2 years of schooling ahead of you, so look after yourself and make sure you still make time for your family, friends, and hobbies.

Sport Report

CHS Knockout Basketball

Earlier in the week NBSC Manly Campus played The Forest High in round one of the Open Boys and Girls CHS Knockout Basketball competition. Although Forest won both games, the score was close with forest scoring a winning point in the last 2 minutes of the girl's game. The Manly vibe was strong, with students supporting each other and playing well as a team. The girls' team was coached by Matt Young-Thompson, a Year 10 PASS elective student. Danny Lee refereed the senior girls' game.



PDHPE Report

The Year 12 PDHPE class recently visited Narrabeen Sports Academy to gain an insight into the life of a professional athlete. Students took part in fitness tests that are part of the pre-season training program for the Manly Sea Eagles Rugby League Team. They were able to join the first grade players as they completed a strength training session. The most difficult challenge of the day was spending 3 minutes in an ice bath, an exercise recovery method used by many professional athletes.



Year 12 PDHPE students at the Sydney Academy of Sport

**Ms Low
PDHPE**

Year 12 Legal Studies

Student Report

This week, Year 12 Legal Studies was lucky enough to zoom with NSW Crown Prosecutor Mr Andrew McMaster. Hearing from someone with such extensive experience in the industry provided valuable insights into the Criminal Justice System, and his thoughtful answers to our questions allowed us to ground classroom knowledge within the real world. Along with learning about the rights of offenders and the impact of the media on case outcomes, we were provided with information on the process of becoming a legal professional. Thank you to Mr McMaster for your time, engaging anecdotes and for deepening our understanding of the Year 12 legal studies course.



Charlotte Fullarton (Year 12)

Volunteering Experience – Sun Run

Student Report

My First Volunteering Experience -

“Beep, beep!” went my alarm at 4 am, waking me up to get ready for volunteering in the Sun Run, Northern Beaches. As a band member, we were given the opportunity to volunteer at a drinking station. As I had never experienced anything like this before, I immediately took this wonderful opportunity.

At our meeting point, we were given orange shirts and were allowed some time to watch the sunrise while the event planners got the water tank working. The first morning lights looked terrific, as the clouds were positioned perfectly. The weather was also ideal, as it was cloudy though the sun peeked through a few times, giving the Sun Run a more appropriate name.

When the first runner was anticipated to cross our drinking station, everyone got in their spots, though the runner was trying to set a record, so he didn’t stop for a drink, like the next dozen runners. Instead we were cheering them on by clapping and whooping. Kristina and I were holding hoses to fill up water bottles on our respective tables as we had to maintain our social distancing. Though only one person stopped to get their water bottle filled, people insisted us to spray them so they could cool down. I had lots of fun spraying people, and watching them as they enjoyed the pleasure of getting wet after running for 9km and almost reaching the finish line.

I really enjoyed being a part of this event and blessed to have this opportunity to volunteer in helping at a drinking station and raising \$2,700 for our school band. The mesmerising sunrise sweetened my first volunteering experience, as I loved spraying water on exhausted runners.

Jia Rastogi (Year 8)

Term 1 Calendar

Please check the dates closer to the event.

Week 5B	
23/02/2021	NBSC College Girls Softball Trials, 3:45-5pm
23/02/2021	NBSC College Girls Softball Trials, 3:45-5pm
24/02/2021	NBSC College Girls and Boys Hockey Trials, 3:45-5pm
25/02/2021	School photos - groups etc.
26/02/2021	School Swimming Carnival
Week 6A	
1/03/2021	Year 12 parent teacher night
4/03/2021	Year 10 Geography Fieldtrip
Week 7B	
8/03/2021	Year 7 Vaccinations
9/03/2021	Year 10 & 10 Artexpress
10/03/2021	Year 11 Photography excursion
10/03/2021	Elective Music & Dance excursion – Capital Theatre
11/03/2021	Selective High Schools Placement Test - for Year 7 2022
12/03/2021	School Cross Country
Week 8A	
15/03/2021	Warringah Zone Swimming Carnival
16/03/2021	Year 8 Parent Teacher Night
17/03/2021	P&C Meeting, 7pm in the library
19/03/2021	Year 11 Urban Challenge excursion

Week 9B	
23/03/2021	Year 7 Parent Teacher Night
23/03/2021-30/03/2021	Year 12 Assessment Block
25/03/2021	Year 11 Ancient History excursion
25/03/2021	Sydney North Swimming Championships
Week 10A	
23/03/2021 - 30/3/2021	Year 12 Assessment Block
1/04/2021	Last day of Term 1
2/04/2021	Public Holiday

SECOND HAND UNIFORM SHOP

The uniform shop will be open on the first Tuesday and third Thursday of the month from 8:15am-9:30am

Next open
Tuesday 2 March @ 8:15am-9:30am

COVID safe practices in place, please adhere to the following:

- Check in with the QR code on arrival
- Wear a mask
- Stand 1.5 metres apart while waiting in line
- Only one parent/caregiver with their child are allowed in the uniform shop at a time.

Parents are encouraged to order online where possible. You can place an order by email at manly2ndhanduniforms@gmail.com

Donations of washed good quality uniforms are most welcome and can be left at the school office.

Proceeds go to the P&C for school improvement projects.

For second hand band blazers (buy & sell) please contact Sarah Cole at sarahcole24@gmail.com

Band news on the following page...



Music in the Air

All twelve ensembles are now up and running with enthusiastic playing from the 222 band members across rehearsals each morning and during three lunchtimes. Well done everyone!

The smooth start to rehearsals was largely due to parent Mel Corner who did an amazing job compiling and distributing the band lists after coordinating the audition timetable- thank you.

Thank you to the library staff for enabling the jazz bands and small ensembles to rehearse in the Learning Centre while distancing requirements are still in place. Band members are reminded of the importance of keeping to the specified distancing requirements each rehearsal.

Our bands' first exciting performances are being planned for Week 9 and 10 this term. Please see details further on.

Band Liaisons and Absences

The parent liaison for each band should be contacting you next week with the band lists for carpooling and their contact details.

We ask that you notify your band liaison by email or text if your child cannot make it to their rehearsal for some unavoidable reason.

Until liaisons are in place, please send notification of absences to bandmanagerbomc@gmail.com

Rehearsal are always on, even on excursion days, unless you have been emailed by your band liaison to say otherwise.

Rehearsals are on before the Swimming Carnival, Friday 26 February, SWO, SE, SB

Photos of Core Bands

Thursday 25 February CB/WE/SWO/SE:
Instruments needed

Photos of each of the band members in their core bands will take place next Thursday. Please bring your instrument on the day. VERY neat summer school uniform please. No sport uniforms.

Rehearsal Days and Venues

All rehearsals are 7:20 am – 8:50 am except for Jazz Combo, Junior Jazz Combo and Covers Band which are at lunchtimes.

Wind Bands - Hall		
Concert Band (ie junior)	Monday	Hall
Wind Ensemble (ie intermediate)	Thursday	Hall
Symphonic Wind Orchestra (ie senior)	Friday	Hall
Jazz bands/– Learning Centre until further notice		
Big Band (ie intermediate)	Tuesday	Learning Centre
Jazz Orchestra (ie senior)	Wednesday	Learning Centre
Swing Band (i.e. junior)	Thursday	Learning Centre
Stage Band (i.e. intermediate)	Friday	Learning Centre
Covers Band	Tuesday lunch	Learning Centre
Junior Jazz Combo	Thursday lunch	Learning Centre
Jazz Combo	Friday lunch	Learning Centre
Strings (Performance Space)		
String Ensemble	Friday	Common room
Chamber Orchestra	Monday	Common room

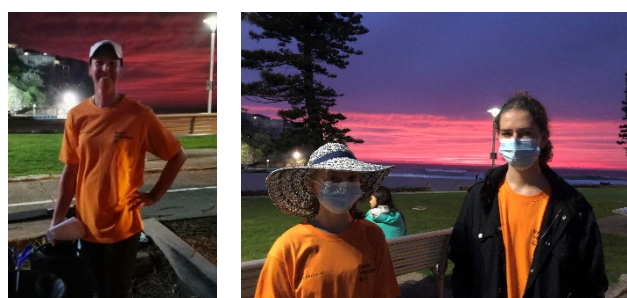
Success at the Dee Why to Manly Fun Fundraiser

A hearty thank you to the 75 parent and student volunteers for getting behind, so enthusiastically, the fundraising event on 6 February in their roles at drinks stations and as course marshals.

They were rewarded with a gorgeous sunrise and the gratitude of the band committee and directors for raising funds to help buy necessary band equipment and new music. Lists of student names

have been sent to the school for merit points and volunteering hours.

Thank you to the event coordinators, Mel Corner (mother of Josh) and Patti de Montfort (mother of Andrew and Kristina), for their coordination of our volunteers.



Big Band Bash! Outdoor concert in two parts, Manly Campus quad: Fri 26 and Wed 31 March

We are delighted to announce that we have been given approval for the bands to perform for parents at the end of the term in an outdoor concert split across two evenings.

Informal and fun, these concerts are planned to showcase the enormous variety and talent in our band program and the progress of the ensembles after their first six or seven rehearsals.

With 12 ensembles and restrictions on audience sizes, the Big Band Bash 2021 will take place across two nights with parents/guardians required to RSVP in advance. More information will be circulated by email but in the meantime, please put the date for your child's ensemble/s in your calendar.

Week 9 - Friday 26 March

CB, SWO, SwB, SB, JO (JJC tbc), 6pm in the school quad

Week 10 - Wednesday 31 March

SE/CO/WE/BB/CVB/JC, 6pm, school quad

Students will meet after school to set up and sound check and will be served pizza before the concert.

We are seeking 4 -5 parent volunteers at each event to help serve pizza and assist with sign-ins and set-up. Please contact Sarah Dowse at bandmangerbomc@gmail.com to volunteer.

Black Band Polos

A reminder to new band members to purchase your black band polo via Pickles School wear. Sizes were tried at the audition days to make ordering online possible. Your order will be delivered to your child at school. The polos will be needed for the concert in late March.

Second-hand School Blazers

As the need for the formal band uniform is uncertain this year, there is no urgency for new band members to buy a blazer.

However, if you have one to sell or wish to add your name to the waitlist to buy one (allowing room to grow!) please contact Sarah Cole (mother of Hannah Lovlin) at sarahcole24@gmail.com

The blazers always hold their value and can be sold in future years for the same price.

Invoicing

Band finances are processed through the school accounts. An invoice for Semester 1 fees will be issued by the school around Week 6.

Term One Band meeting

Date and venue to be advised by email for a Monday meeting in March.

BAND NAMES

Wind Stream:

SWO-Symphonic Wind Orchestra; WE-Wind Ensemble; CB-Concert Band

Strings Stream:

SE-String Ensemble; CO-Chamber Orchestra

Jazz Stream:

JO-Jazz Orchestra; BB-Big Band; SB-Stage Band; JC-Jazz Combo; JJC-Junior Jazz Combo; Covers band-CVB



NBSC MANLY CAMPUS

Phone: 9905 3982 Fax: 9905 7772

Bus Depot – Brookvale: 9941 5814

BUS TIMETABLE

updated February 2021

Visit the Transport NSW website
www.transportnsw.info/travel-info/school-travel

School starting time: 8.58am Finish: 3.20pm

MORNING BUS TIMETABLE

Rte	Time am	VIA	Time	ARRIVE
631n	8:05	Manly Wharf Belgrave Street	8:20	NBSC Manly Campus (Abbott rd, near Burilla Nth Curl Curl)
660n	7:52	Frenchs Forest – Rabbett Street at Forestway	8:10	NBSC Manly Campus
661n	7:57	Frenchs Forest – Rabbett Street near Forestway	8:25	NBSC Manly Campus
668n	7:37	Balgowlah Heights – Woodland St near Ernest Street	8:11	NBSC Manly Campus (Winbourne Rd, before Harbord Rd)
675n	7:32	Balgowlah Heights – Woodland St near Ernest Street	7:59	NBSC Manly Campus (Winbourne rd, before Harbord rd)
677n	7:48	Jackson's Rd near Warriewood Square – Warriewood	8:08	NBSC Manly Campus (Harbord & Headland Road)
684n	7:35	Hall Ave before Heather St - Collaroy Plateau	8:05	NBSC Manly Campus (Harbord & Headland Road)
725n	8:24	South Creek Rd, after Toronto Ave, Wheeler Heights	8:45	NBSC Manly Campus
726n	8:23	Sydney Rd after Kempbridge Ave, Seaforth	8:45	NBSC Manly Campus
730n	7:49	Frenchs Forest Rd at Ellery Pde, Seaforth	8:30	NBSC Manly Campus
732n	8:05	Allambie Road after Rodborough Road, Allambie Heights	8:25	NBSC Manly Campus (Winbourne Rd, before Harbord Rd)
746n	8:00	Rabbett Street at Forestway, Frenchs Forest	8:23	NBSC Manly Campus
787n	7:05	Seaview Av near Robertson Rd, Newport	7:46	NBSC Manly Campus
199	7:49	Barrenjoey Rd near Avalon Pde, Avalon	8:39	NBSC Manly Campus

AFTERNOON BUS TIMETABLE

Note: The departure times are variable – please be at bus bay by 3.23pm

Rte	Time pm	From	Time	ARRIVE
611n	3:34	NBSC Manly Campus	3:58	Dee Why Grand Shopping Centre, Pacific Pde, Dee Why
668n	3:41	NBSC Manly Campus	4:23	Princes Prom opp Richmond Rd, Seaforth
669n	3:37	NBSC Manly Campus	3:58	Manly Wharf, East Esplanade, Manly
670n	3:39	NBSC Manly Campus	4:09	Seaforth Oval, Wakehurst Pkwy, Seaforth
671n	3:40	NBSC Manly Campus	4:08	Allambie Rd at Frenchs Forest Rd, Frenchs Forest
728n	3:27	NBSC Manly Campus	4:04	Hall Ave before Heather St, Collaroy Plateau
729n	3:30	NBSC Manly Campus	4:04	Forest Way opp Forestway Shops, Frenchs Forest
731n	3:33	NBSC Manly Campus	4:10	Eastern Valley Way near Sunnyside Cres, Castlecrag
733n	3:30	NBSC Manly Campus	4:05	Mona Vale B-Line, Mona Vale
734n	3:30	NBSC Manly Campus	4:00	Mona Vale B-Line, Mona Vale
735n	3:28	NBSC Manly Campus	4:17	Carreel Head Road at Burrawong Rd Avalon
742n	3:25	NBSC Manly Campus	4:07	Wynyard Limited Stops (Warringah Mall, Manly Vale Community Centre, Spit Junction B-Line Mosman, Neutral Bay Junction Military Rd, Wynyard Station)
787n	3:33	NBSC Manly Campus	4:39	Barrenjoey Rd near Avalon Pde, Avalon