



# The Weekly Pines

Northern Beaches Secondary College

## Manly Campus



*Academic Excellence ★ Personal Best ★ Giving Back to the Community*

Relieving Principal: Ms Kathy O'Sullivan

Deputy Principals: Mr Alex Newcomb  
Ms Marisa Carolan (relieving)

21 February 2020 – Newsletter No.3

## From the Principal

### Open Day

On Tuesday we welcomed members of the community, and prospective students and their parents at our annual Open Day.

Year 10 student Rebecca Hoffman commenced the ceremony with the Acknowledgement of Country. Guests were treated to outstanding performances from our vocal, dance and band ensembles. Year 8 students Bridie Brennan and Charlie Kanu stole the show, sharing their perspectives on being a student at Manly Campus. P&C President, Ms Marg Martin spoke from the heart about being a parent of three students, and the extensive involvement and contributions of the P&C. Following these presentations, visitors were taken on tours of the school by some of our wonderful Manly students who answered questions and shared their experiences in the various faculty areas of the school.

Many thanks to everyone who helped make this enjoyable event such a success. Special thanks to Ms Carolan for her coordination of the event, Marg Martin for her heart-felt address, the P&C parents for the morning tea and to the office staff for their behind the scenes preparation and support.

### Year 7 Camp

Year 7 students enjoyed the three day camp held at Morisset last week. The wide variety of activities provided new experiences while working together to solve problems and challenge themselves individually.

Many thanks to Year Adviser Lucienne Herft, for all her enthusiasm and organisation in ensuring the camp was so successful. Thanks also to staff members; Mr Forsyth, Ms Grace, Mr Goykovic, Mr Nguyen, Ms Prideaux-Remin and Ms Rixon, who gave their time at camp to ensure our Year 7 students had such a positive and worthwhile experience.



## Freshwater Community Bank Ken Ward Memorial Scholarship

Congratulations to Neve Morgan (2019 Graduate) for receiving the *Freshwater Community Bank Ken Ward Memorial Scholarship* on Monday evening.



This \$5000 scholarship is awarded to a Year 12 student who has excelled in a wide variety of school activities including academic, sport and co-curricular. Amelia Loughland (2012 Graduate), the first *Freshwater Community Bank Ken Ward Memorial Scholarship* recipient from Manly Campus, attended the evening and shared her post schooling experiences with the audience.

## Youth of the Year Local Final

On Wednesday evening, two of our Manly Campus students competed in the local final of the *Lion's Club Youth of the Year Competition* held at Club Totem Balgowlah. Congratulations to Hannah Lovlin (Year 11) who won, and will progress to the Regional Finals in March. Congratulations also to Elliot Connor (Year 12) who represented our school with distinction.



## Information Evenings

The Year 8 Parent Information Night was held on Thursday evening. Thank you to all parents and students who have attended and to the staff involved in ensuring these evenings have provided a clear overview of the programs relevant to each year group, the assessment expectations and wellbeing support strategies, structures and personnel available.

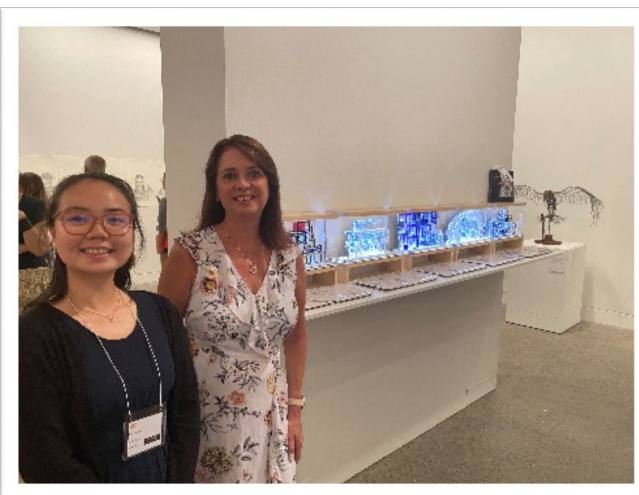
We look forward to all working together to ensure 2020 is a positive and productive year of learning at Manly.

## Future Proofing Study

We are excited to announce that Year 8 will be participating in Australia's largest ever wellbeing trial for high schoolers. We will be working with the [Black Dog Institute](#) and UNSW, alongside more than 100 other schools to build the most comprehensive picture yet of the mental health and wellbeing of Australian teenagers. Further information about the study can be found later in this newsletter.

## Art Express

Last Friday, Ms Blundell and I had the pleasure of attending opening night of ARTEXPRESS 2020 at the Hazelhurst Arts Centre where Moe Iwasawa's 2019 HSC body of work was on display. Moe placed 4th in State in Visual Arts. Congratulations Moe.





## Knock Out Sports

Term 1 is the start of our busy Sport Schedule for 2020, packed full of Carnivals, Sydney North Trials and Sydney North Knockout competitions. Our NBSC Manly Girls Touch team (5-2 vs NBSC Cromer) and Boys Tennis teams (8-0 vs NBSC Balgowlah) – photos below, kicked off their campaigns with impressive first round wins, bringing confidence for the next round of the competition. In the coming weeks our Cricket, Football, Netball, Squash and Girls Tennis teams will begin their opening round of matches.



## House Captains

Congratulations to the following House Captains and Vice Captains for 2020:

### Bligh

- Lara Bartlet and Hugh Huang - Captains
- Grace Fisher and Conor Carroll - Vice Captains

### Hunter

- Genevieve Harvey and Jack Noakes - Captains
- Emily Hewitt-Park and Tom Irwin - Vice Captains

### Macquarie

- Ellie Shefts and Thomas Pan – Captains
- Zafi Sakellaris and Anais Scott – Vice Captains

### Phillip

- Amelia Wegenaar and Sophia Wu – Captains
- Courtney Yeandle and Tasman Parnell – Vice Captains

## School Contributions and Fees

Next week the relevant fee sheet for your child will be posted home. The financial support given by parents is crucial in maintaining the excellent curriculum programs and physical improvements to our school.

Prompt payment of fees is always appreciated. Any families with financial hardship concerns, need to advise me in writing.

The generous support of our P&C is much appreciated and provides opportunities for our students that may not otherwise exist.

## Next Week

Next week, there are a number of events happening; I look forward to seeing many of our new 2020 parents at the New Parent Welcome Evening on Wednesday night 26 February at 6:30pm in the learning centre of our school library. This is held at the same time as the Year 7 disco in the school hall.

The following evening, Thursday 27 February will be the Year 8 and 9 disco, held in the school hall at 6:30pm.

Friday 28 February is the school swimming carnival, held at the Manly Andrew Boy Charlton Pool. This is a whole school event. All students are expected to attend, and any absences must be advised to the school attendance office.

### Congratulations to:

- Zoe Dransfield (Year 12) recently competed in the 29er National sailing titles and Youth Sailing Nationals winning the top Female crew title thus qualifying them to compete in the World Youth Sailing Championships to be held in Brazil in December 2020.
- Emily Hewitt-Park (Year 12) has been selected for the U18 NSW State Hockey Team and will be attending Nationals in Tasmania in April.
- Livinia Williams (Year 9) for placing 4<sup>th</sup> in the U/15G shot put at the NSW Little Athletics Regional Championships held on the weekend.
- Freya Green (Year 10) who has been selected in the 16&U Australian Water Polo Squad. Freya will compete in her first tournament with the squad in Adelaide in May.



In this regular feature, we like to recognize students who have achieved highly in school and community events, competitions and activities. Demonstrations of the school ethos of academic excellence, personal best and giving back to the community deserve to be recognized. Parents are welcome to phone or email the school any achievements that we may not be aware of, for inclusion in The Weekly Pines.

**Kathy O'Sullivan**  
Relieving Principal

## From the Deputies

Having taught at Manly Campus since 2002, it is a privilege to be Relieving Deputy for Term 1. I would like to compare my new role to the experiences of Year 7, known colloquially as G25. As Head Teacher of English since 2008, I felt comfortable in my role, like Year 7, who as year 6 students were the leaders of their respective schools and had mastered their subjects, and school life in general. Just like the students, I had to 'learn the ropes', felt a little nervous about whether I would get everything right and navigate my way around all of the routines associated with coming to high school for the first time. It is very easy to forget in a faculty bubble all of

the work and preparation that goes into making satisfying experiences for our newest Manly students.

I would like to thank Ms O'Sullivan, Ms Herft, Ms Rixon, the SASS staff and the teachers who gave up their time to create fun filled and challenging activities, making this experience so stress free. The main thing that I took away from Orientation Week was how Year 7 were already showing resilience, empathy, friendship and courage, which augurs well for their journey to Year 12.



Several Year 7 students enthusiastically reflected on their experiences of their first week. In doing so, they demonstrated their first application of the 'giving back to the community' element of the school ethos. I have included some snippets below.

**Aarohi:** *With a nervous smile, a twinkle in my eye and a stomach full of butterflies as I entered the gate to my new school, I could feel the vibes of excited and nervous people like me. All the questions that were running through my head...what would high school be like? All my doubts were immediately put to rest thanks to our teachers and support groups who were very warm and welcoming.*

**Katie:** *After the introduction, we split into our peer groups for a tour and some fun activities, mostly to get to know each other more. After, we did some more activities like the skittle game (where we asked questions to each other) and then we did some sports. For sports we were split into our colour groups (our soon to be core classes) and played four-way netcam ball and this other tipping game, I don't exactly remember the name of the game, but it was fun either way.*

**Jodhi:** *My favourite activity in the O week was the science experiment, where we did numerous things relating to basic science study. We started by testing pH levels in a beaker, and moved on to testing friction levels. My group and I began the pH experiment by neutralising water and adding substances to change its acidity.*

**Livia:** *The shrilling bell rang, and we headed off to our first class, which was Design Technology where we had to make the tallest tower out of 6 pieces of newspaper, tape and a paperclip. Once again, I had to go into a group with all boys and I was the only girl. When we started, we were the most successful group and we were winning the challenge. I accidentally broke the tower and we could not get it to stand any higher. The boys did not blame me, which was very kind of them.*

**Jia:** *All the seniors were helpful and welcoming. Everyone encouraged one another to try something new. I am excited to be a part of Phillip House. I cannot wait to be part of the sports activities and give my best. Coming up with ideas about writing a letter to my future self was exciting too. I can't wait to encounter my high school journey, which I hope goes uphill.*

**Marisa Carolan**  
Relieving Deputy Principal – Year 7, 9 & 11

## Year 8 Parent Volunteers Needed

The new parent welcome night is on next Wednesday evening 26 February. It is a tradition of the school that Year 8 parents welcome those parents who are new to the school, and host the event which will run from 6.30-9.00pm. This coincides with the Year 7 disco.

Help is needed with the following:

- set up and food preparation (from 4.00pm)
- welcoming people and serving food and drinks during the event (6.30-9.00pm)
- packing up afterwards (until 9.30pm).

We understand that you may not be able to help out for the whole duration of the event, any time and help you can offer would be very much appreciated.

Could you please email or text Olena Ialovega ([fiola2000@gmail.com](mailto:fiola2000@gmail.com) and 0406 722 709) by Monday 24 February, with your contact details and advise what time period that you are able to help out.

## An Invitation to the New Parents Welcome Evening

The P&C Association, together with Year 8 Parents of Manly Campus, invite you to an informal welcome evening for all new Parents and Guardians.

Date: Wednesday 26 February 2020

Time: 6:30-9pm

Venue: The Library at Manly Campus  
(follow the signs in the foyer)

RSVP: to the school office, 9905 3982 or by return email by Monday 24 February please.

Come along and join other new parents for drinks and canapes and a fun, convivial evening of meeting and greeting. We look forward to seeing you there!

(Please note that the Year 7 disco will be held at the same time in the school hall.)

This event is for adults only, as alcohol will be served.



# Year 7 Camp

## Year Adviser Report



The Year 7 cohort went to camp in Morisset in week 3 this term, undertaking a wide range of activities including archery, mud world, the giant swing and the commando hostage drill (a personal highlight of the camp). I had wonderful feedback from both the camp instructors and accompanying teachers on the conduct of the students. It was wonderful to see such a supportive group that were willing to try anything and make new friends in such a short amount of time at Manly.

A big thank you to Mr Leung, Mr Forsyth, Mr Goykovic, Ms Grace, Ms Rixon, and Ms Remin for accompanying the students on camp.

**Lucienne Herft**





## Year 7 Accounts of Camp

*It was eight thirty in the morning and everyone had arrived, buzzing with excitement as we alighted the bus after hastily stuffing our luggage into the bottom compartment. In a few minutes we were on our way, chattering exhilaratingly about what the camp would be like for the next 2 hrs. Later that day the bus had rattled to a stop in the viridescent grass overflowing with morning dew we had finally arrived at Morisset Camp, our home for the next three days. An instructor had clambered aboard the bus quieting us down and dictated us to leave our bags under the shelter and saunter into the main hall where we were assigned to our rooms and groups.*

*After unloading our suitcases, we enjoyed sausage sizzles and got ready to go on to our next activity. Group one, my group, was first allocated multi climbing, a course when you had a choice to ascend various courses while being clipped onto a harness. Next, we took a twenty minute break, changed into our oldest clothes for mud world and stuffed ourselves up with cheese toasties. The mud world course was full of obstacles, going under and over the mud and racing each other in the mud. One of the best experiences was sliding down the slide of mud and heading face flat onto the pool of mud at the end.*

*Later on, we were in the showers thoroughly cleaning ourselves with hot water. Once everyone returned and had a shower, we all had a quick dinner and supper then gathering ourselves to the main hall. Until it was almost time for bed, we fancied getting into groups in the hall and challenging one another in multiple games, seeing which team was the best. Once it was nine everyone got ready for bed in their new cabins, talking to each other before it was lights out at ten o'clock.*

*The following day, we woke up at six thirty and dressed into our day clothes, rushing to get first in line at breakfast. Straight after breakfast we had begun the first activity of the day, the giant swing. Everyone piled up at the line to have a go at the swing. While one person was hooked onto the swing, everyone else had grabbed onto a rope and ran to the other side of the swing as the rider reached*

*higher and higher into the air. Once you pull the rope attached to the third pole, just like an ordinary swing you proceed forwards and backwards until you stop right where you were at first.*

*When everyone was in the basketball court we delightfully munched on our morning tea and got ready for our next activity, canoeing. Our group ambled down towards Stockton Creek where we learned to use our paddles to steer the boat in groups of three. We took a route having some turns along the way and when it was nearly time to go back we enjoyed a game of build-up tip but on our canoes. We steered our canoes together the way back, making sure no one capsized.*

*Once we were back on land, everyone raced to the basketball court again to have some lunch consisting of wraps. In less than half an hour we were already on our next activity, high ropes. High ropes was an activity when you could either go ten metres high or either seven metres high above the ground. We each had buddies who checked our equipment as we cautiously walked on the wires. Once an hour had passed by we were back at the basketball courts, hungry for afternoon tea.*

*As the day had started to end, we headed for raft building in which we were given four pieces of logs and somewhat tires which we used kept afloat as we all raced in groups, keeping our raft together as we swam. As the sun set we all had an enjoyable dinner of mashed potatoes, veggies, chicken and gravy before it was time for the most exciting event of camp commando.*

*As night time crept to the camp, we were out with our torches hiding in the bush with our groups trying to free the captives of the teachers without being caught. Some groups managed to free their members from the hands of the teachers while others lost more and more of their members through the torches of the teachers or their water guns*

*Time flew by and before we knew it we were at our last night at camp. Before bed we were told a scary story from Pom Pom then we chatted with our friends until it was lights out. The next morning we were up and ready for our last two activities of*

camp. Breakfast was served and after some time we were ready to move on to archery.

In archery we were grouped into five and we had to try our best to hit the yellow circle in the centre of the board. Archery was a marvellous experience and we even got to play a game at the end, baking a cake. The yellow was the egg, the blue was the milk, the red was the icing, the black was the oven and the white was the four.

It was time for morning tea and we had pies, fruit and a donut to eat before we trudged across the camp to our next and last activity, abseiling. In abseiling you would go down either a 10 or 5 meter length above the ground on a rock climbing course, taking small steps as you clambered down to the ground while your instructors holds you up. In a flash abseiling was over and we were at the end of camp.

Subsequently we hungrily ate some burgers for lunch and we were off, back to school. Overall, my experience at camp was wonderful, I had the chance to make myself go at new heights especially in high ropes and abseiling. Camp had definitely allowed me to make new friends and reach levels beyond what I thought I was.

**Pahandee Kodituwakku**

In Year 7 camp, we were meant to make new friends, and I believe it was a great ice-breaker for everyone. I succeeded in making new bonds and I hope this continues in my high school journey. I would like to thank all the instructors who made sure that the camp runs smoothly along with us having fun and an exciting time. I also want to thank the teachers who spent their time to make sure we were safe and enjoyed our time at the camp. With everyone's coordination, Year 7 had an amazing and memorable trip.

**Jia Rastogi**

Hard-case bags, duffels, sleeping bags, backpacks and pillows filled the quadrangle as we waited to board the bus. I could sense a spark of excitement as everybody waited to set foot on their journey full of new friendships and fun. The bus rocked us side to side as we whizzed past the greenery, all of which was a blur. Some people read kindles, told jokes or

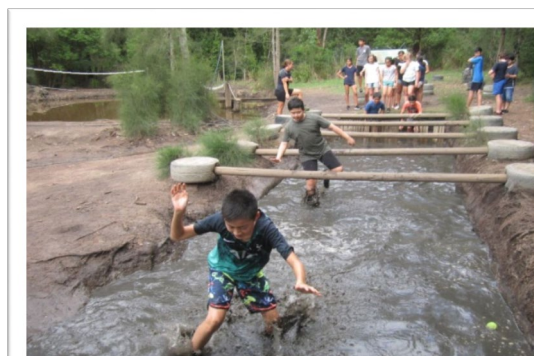
attempted crosswords while others chatted with friends and sung songs in harmony.

Seconds rolled into minutes and those minutes rolled into what seemed like hours! Finally, we arrived at the campsite. The chatter only grew louder and louder as we found out our day groups, cabin buddies, our bunk bed positions and the activities we would be doing throughout camp.

Over our days at camp our instructors taught us many new skills and activities. From canoeing across Dora Creek to swooping great heights on the giant swing, 'nutritioning' your skin in mud world and building your very own raft, camp was a wonderful setting for trying new things.

As our last day of camp came to an end, it was sad to say goodbye and leave behind camp life, but one thing is for sure, camp might have ended but the memories we made will certainly last a lifetime.

**Aarohi Bansal**





## Upcoming Events

### Year Disco & New Parents Welcome Evening

#### Year 7 Disco

Week 5,  
Wednesday 26 February,  
6:30-9pm in the school hall



#### New Parent Welcome Evening

For all new 2020 parents /carers

Week 5, Wednesday 26 February, 6:30pm, held in the learning centre of the Manly Campus library

### Year 8 & 9 Disco

#### Year 8 & 9 Disco

Week 5, Thursday 27 February,  
6:30-9pm in the school hall

### School Swimming Carnival

#### School Swimming Carnival

Week 5, Friday 28 February  
10am – 2:30pm  
Manly Andrew Boy Charlton Pool

### Year 12 Parent Teacher Night

#### Year 12 Parent / Teacher Night

Week 6, Thursday 5 March  
3:45pm – 6:40pm  
go to: [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) to make a booking and use the event code **44fuh**

Booking site will open at 9am on 24/2 and close at 9am on 5/3. No bookings can be made once the booking period has closed.

All Year 12 parents / caregivers have been emailed information regarding parent teacher interviews. If you did not receive the email please contact Colleen Natsia in the office on 9905 3982.

## 2020 School Carnival

### Sport Dates

28 February 2020	School Swimming Carnival
12 March 2020	Warringah Zone Swimming
20 March 2020	School Athletics Carnival
3 April 2020	School Cross Country
29 May 2020	Warringah Zone Athletics
4 June 2020	Warringah Zone Cross Country

Special entry for carnivals will not be accepted. The only exception to this rule is if you are absent due to attending a school sport pathway event, e.g. Sydney North Trials.

## SECOND HAND UNIFORMS

LOCATED NEAR THE CANTEEN

Next open

**Tuesday 3 March 2020**  
**8:15am-9:30am**

**After this the second hand uniform shop will be open before school on the first Tuesday & third Thursday of the month 8:15am – 9:30am**

Coordinators Marg Martin and Fiona Cahill  
Please contact Marg or Fiona  
if you would like to place an order  
[margaret.martin@optusnet.com.au](mailto:margaret.martin@optusnet.com.au)  
[fiona.cahill4@gmail.com](mailto:fiona.cahill4@gmail.com)

**Donations of washed good quality uniforms are most welcome and can be left at the school office. Proceeds go to the P&C for school improvement projects.**

For second hand band blazers (buy & sell)  
contact Sarah Cole: [sarahlcole24@gmail.com](mailto:sarahlcole24@gmail.com)

## Future Proofing Study

We're excited to announce that our school will be participating in Australia's largest ever wellbeing trial for high schoolers. We'll be working with the [Black Dog Institute](#) and UNSW alongside more than 100 other schools to build the most comprehensive picture yet of the mental health and wellbeing of Australian teenagers.



The '[Future Proofing Study](#)' is kicking off at the beginning of Term 2. As this is a large population-based trial, **all Year 8 are encouraged to sign up.** Students in the trial will complete mental health programs using apps and complete surveys at school about their health and wellbeing until Year 12.

**Students will need parent permission and a smartphone to participate. Year 8 parents/caregivers can follow this link to access the study information sheet, discuss it with your child, and submit your decision:** <https://www.fpstudy.org.au/cwTcK>

The research team at Black Dog will be hosting several live webinars for parents to learn more and ask questions. Please see the schedule below if you'd like to register for a webinar.

We hope that Year 8 parents consider their child's participation in this trial. Research shows that [mental health concerns in teenagers are increasing](#) and our school is keen to be part of the solution.

### Parent Webinar Schedule:

Date	Time	Register here
Tuesday 3 March 2020	1pm	<a href="#">Webinar 3 March</a>
Monday 16 March 2020	7pm	<a href="#">Webinar 16 March</a>
Thursday 2 April 2020	1pm	<a href="#">Webinar 2 April</a>

## NSW School Vaccination Program – Year 7 2020

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2020 the following vaccines will be offered for Year 7:

- Human papillomavirus (HPV) vaccine -2 doses at least 6 months apart
- Diphtheria-Tetanus-Pertussis (whooping cough) vaccine – single dose

**The first HPV dose and DTP vaccination will be given on Thursday 26 March.** The second HPV dose is scheduled for November.

*Parent Information Kits* that include an information sheet, consent form and privacy statement will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:

- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child's school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Please note that if a student is absent from a clinic they will be offered any missed doses at subsequent clinics. They do not need to go to their GP for these vaccines because they are absent from a clinic.

The following short videos have useful information about the vaccines and how the school immunisation clinics run.

HPV and dTpa-  
<https://www.health.gov.au/resources/videos/getting-your-hpv-dtpa-vaccinations-at-school-what-to-expect>

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the



school Principal or vaccination coordinator. The Procedure for Withdrawal of Consent is available on the NSW Health website at

[www.health.nsw.gov.au/immunisation/Pages/withdraw\\_consent.aspx](http://www.health.nsw.gov.au/immunisation/Pages/withdraw_consent.aspx).

A Record of Vaccination card will be provided to each student vaccinated at each clinic. Details about vaccinations given at school will also be uploaded to the Australian Immunisation Register (AIR) to support complete vaccination histories.

## Get involved with debating at Manly!

Are you interested in debating and public speaking? Do you want to improve your confidence and make new friends? Be a part of Manly's strong tradition of excellence by attending coaching by professional coaches and adjudicators from Masters Academy at weekly coaching workshops. Coaching is held from 8am – 9am in classrooms along the English corridor (rooms 142 – 137).

**Monday:** Year 9 and 10

**Tuesday:** Year 7 and 8

**Seniors:** check for more information

**Enrol here:**

<https://enrol.mastersacademy.com.au/e/nbscmssc>

See Miss Koo in the English staffroom for more info or email [madeleine.koo@det.nsw.edu.au](mailto:madeleine.koo@det.nsw.edu.au)

See the Daily Notices for debating and public speaking opportunities throughout the year.



Year 7 2019 Debating Team

**Madeleine Koo - English**

## Vocal Ensemble Update

It was great to see so many new faces coming to the first vocal ensemble rehearsal on Thursday. New students assisted the ensemble to pick music for the year, try on performance shirts and eat cake!

It's not too late to join the ensemble. We rehearse on Thursday lunch time in room 132.

**Lucienne Herft - Music**

## Year 7 are storytellers!

*How do authors engage their readers through powerful storytelling? What are their big ideas? How do authors use their imagination through language to convey these ideas?*

These are the questions that Year 7 are asking as they begin their high school journey through the wonderful world of English. Teaching and learning activities are designed to engage and challenge our gifted and talented students. This term, classes will respond to variety of short stories and multimedia texts, and write their own powerful short stories that experiment with language and ideas.

The English teachers have enjoyed getting to know our newest students and are looking forward to reading their stories!

**Madeleine Koo - English**

## Offbeat NBSC

Offbeat NBSC is a College based music program that specialises in learning how to improvise. Beginner to advanced, it is suitable for players (any instrument, any school) who want to develop their own voice in music, play/compose their own music, and want to understand how music works. We do this in small bands under the tutelage of composer / improviser Colin Bright. If you want to go beyond what you already know, then this program is for you! Come & try it. Bring your instrument.

Every Friday 3.45-5pm, Freshwater Senior Campus Theatre

Contact: Colin Bright 0419 208

974 [colin@brightmusic.net](mailto:colin@brightmusic.net)



### Week 4 Already!

Rehearsals are now in full swing and we hope you are all enjoying working together across all ensembles.

Concert Band, is at a record 90 students and we would like to acknowledge and thank Miss Lanneke Grace, who is assisting director Craig Driscoll with Monday rehearsals. Her enthusiasm and support are very much appreciated.



*First rehearsal for Concert Band*

### Auditions: Completed!

The final few auditions conducted this week mark the end of around 250 individual auditions to place band and strings students into the twelve ensembles.

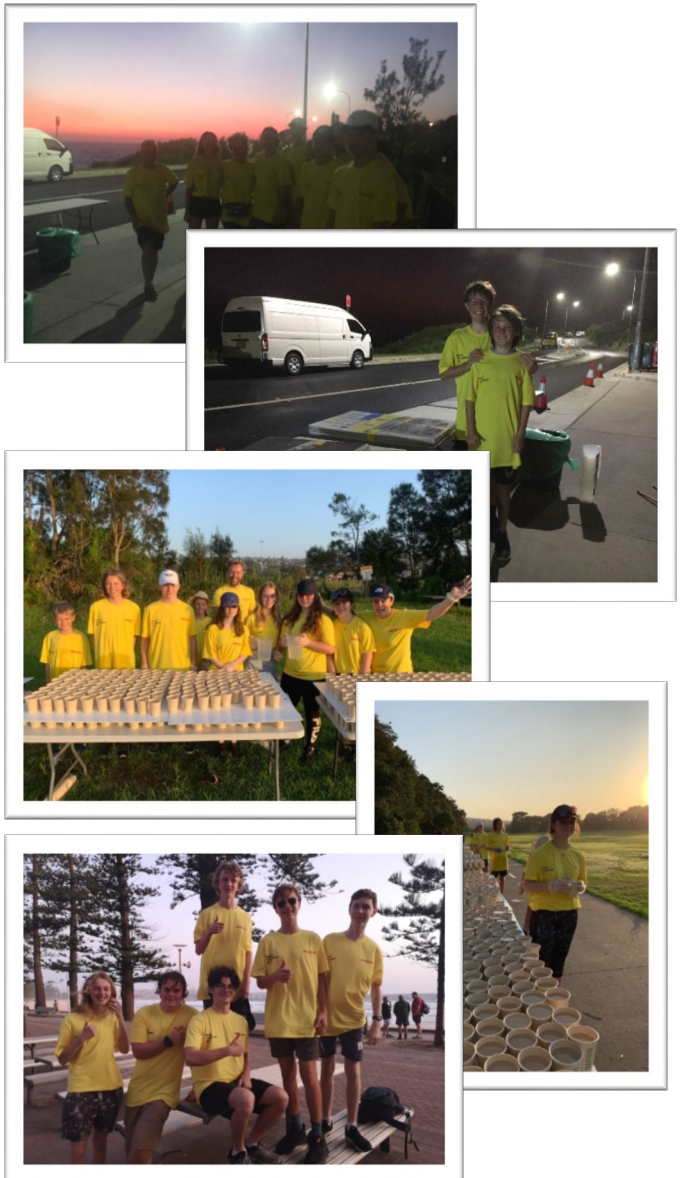
This is a huge undertaking each year requiring hours of organisation and planning. We want to thank you all for your co-operation throughout the process but special thanks and acknowledgement must go to Mel Corner, our Band President, for her co-ordination and our Band Directors Mark Brown and Craig Driscoll and Music teacher, Miss Lanneke Grace, for the care and attention they have put into the auditions.

### Dee Why to Manly Fun Fundraiser Thanks

At the beginning of the month, 65 parents and students were up before dawn to volunteer for this

event in roles such as course marshalling and drinks stations.

Band President, Mel Corner, wishes to thank the band families for so enthusiastically getting behind this valuable fundraising event. Thank you to Mel for her coordination of our volunteers. Total raised is approximately \$2500.



### Open Day 2020

On Tuesday, SWO and JO entertained prospective students and families at the school's annual Open Day. Thank you to band director, Craig Driscoll, who conducted both ensembles. With only one rehearsal to come together, the standard of musicianship was wonderful. String Ensemble also showcased their talent with their open rehearsal and a special thank you to our senior strings members for leading the rehearsal in the absence of our Strings Director,



Kathryn Crossing, who had other commitments on the day.

#### Rehearsals Timetable:

Wind Bands - Hall		
Concert Band	Monday 7.20am	Hall
Wind Ensemble	Thursdays 7.20am	Hall
Symphonic Wind Orchestra	Friday 7.20am	Hall
Jazz Bands – Jazz Lounge/Band Room		
Big Band	Tuesday 7.20am	Jazz Lounge
Jazz Orchestra	Wednesday 7.20am	Jazz Lounge
Swing Band	Thursday 7.20am	Jazz Lounge
Stage Band	Friday .20am	Jazz Lounge
Covers	Tuesday lunchtime	Jazz Lounge
Jazz Combo	Thursday lunchtime	Jazz Lounge
Strings – Common Room Level 3		
String Ensemble	Friday 7.20am	Common Room
Chamber Orchestra	Monday 7.20am	Common Room

**NOTE:** Rehearsals are always on, even on carnival and excursion days, unless you have been emailed by your band liaison to say otherwise.

#### Band Meeting Monday 24 February 8pm, in the School Library

Our first meeting of the year will be held on Monday evening and all parents/carers are invited to come along to hear what the plans are for this year for our band program.

We would love to see some new and familiar faces at our meeting. There are plenty of opportunities to get involved, big or small, so please join us on Monday to hear more. If you can't make the meeting but are keen to be involved, please contact Mel Corner, Band President by email at [andyandmel@gmail.com](mailto:andyandmel@gmail.com).

Band meetings are held on Monday nights once a term in Week 5.

#### Czech Gymband Visit and Hosting 19-23 March

Thank you to all families who have volunteered to host members of the overseas high school band touring our region. Jeanette Williams, who is kindly co-ordinating billeting, will be in contact shortly, with details of the students each family will be hosting.

The Czech Gymband will be participating in a joint rehearsal with SWO and JO on Friday 20<sup>th</sup> March 4-6pm and there is a combined concert with SWO, JO and CB on Sunday 22 March to which all band members and families are welcome.

#### Selling your school blazer? Need a larger size?

Students in Years 9-12, it is an ideal time to get into a bigger size and sell your blazer to the incoming Year 7 group.

**We have a waitlist for larger size blazers – size 16 and 18 especially so please check yours and consider selling it on.**

To sell a blazer or to be added to the waitlist, please email Sarah Cole at [sarahcole24@gmail.com](mailto:sarahcole24@gmail.com)

#### CALENDAR 2020

*(this is constantly updated with confirmed dates and new events/performances)*

#### Term One

##### Mona Vale Autumn Festival, Covers

Saturday 7 March 12pm, Mona Vale

##### Czech Gymband Stay with Host Families

Thursday 19 March – Monday 23 March

##### Czech Gymband Rehearsal/Workshop, SWO/JO

Friday 20 March 4-6pm, School Hall

##### Czech Gymband Joint Concert SWO/JO/CB

Sunday 22 March afternoon (time TBC)

School Hall

All families welcome

##### Big Band Bash, All Ensembles

Friday 3 April or Tuesday 7 April,

Freshwater Campus Gym

Rehearsal after school with concert at 7pm.

**COMPULSORY**

## Term Two

### Senior/Intermediate Band Camp

#### SWO/JO/JC/WE/BB

Monday 27 April (pupil free day)-Wednesday 29 April, Venue TBC

### Big Band Blast, JO/BB

Friday 29 May- Sunday 31 May, Port Macquarie  
Expression of Interest

### Northern Beaches Instrumental Festival SE/CO

June TBC, Venue TBC

## Term Three

### Workshop Day (pupil free day)

Monday 20 July, All wind and jazz ensembles,  
COMPULSORY

### NSW Schools Band Festival (ASBOF) SWO

Saturday 25 July, Sydney Conservatorium of Music  
COMPULSORY

### NSW Schools Band Festival (ASBOF)

#### CB/WE/SWB/SB/BB

Sunday 26 July, Sydney Conservatorium of Music  
COMPULSORY

### City2Surf Fundraiser, All Ensembles

Sunday 9 August, Bondi  
COMPULSORY

### NSW Schools Band Festival (ASBOF) SE/CO

Sunday 30 August, Sydney Conservatorium of Music  
COMPULSORY

### Musicale SWO/JO/CO/SE/JC

Saturday 19 September evening, Independent  
Theatre North Sydney

### Farewell to Year 12 Assembly SWB/SB

September Date TBC, School

## Term Four

### Manly Jazz Festival JO/JC

Saturday 3 October, Manly

### Strings Soiree CO/SE

Friday 13 November, Mosman Art Gallery

### Jazz Night Out SWB/SB/BB/JO/JJC/JC

Saturday 14 November, Dee Why RSL

### Year 12 Graduation JO

November Date TBC, Freshwater Campus Gym

### Junior Band Tour, CB/SWB/SB

First week of December TBC

### Year 7 Orientation Day 2022 WE/SE

December Date TBC, School

### School Presentation Day SWO

December Date TBC, Venue TBC

### Big Band Bash Christmas, All Ensembles

December Date TBC, Manly Quad or Freshwater  
Gym (weather dependent)

## BAND NAMES

### Wind Stream:

SWO-Symphonic Wind Orchestra; WE-Wind  
Ensemble; CB-Concert Band

### Strings Stream:

SE-String Ensemble; CO-Chamber Orchestra

### Jazz Stream:

JO-Jazz Orchestra; BB-Big Band; SB-Stage Band;  
JC-Jazz Combo; JJC-Junior Jazz Combo

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# Term 1 Calendar

Please check the dates closer to the event

Week 5B	
24/02/2020	PDHPE Incursion- Smashed, 1:30-2:30pm
25/02/2020	Brett Whiteley Studio - Year 11VA
25/02/2020	Year 12PDHPE Sport Science Excursion- Narrabeen Academy of Sport, all day
26/02/2020	Year 7 Disco, in the school hall, 6:30-9pm
26/02/2020	P&C New Parents Welcome, 6:30-9pm, in the school library learning centre
27/02/2020	Year 10 Mandatory Hist/Geo incursion/excursion
27/02/2020	School Photo Catch up & Groups Day
27/02/2020	Years 8 & 9 Disco, in the school hall, 6:30-9pm
28/02/2020	Year 7 SRC applications open
28/02/2020	School Swimming Carnival
Week 6A	
2/03/2020	Open girls KO football, Pennant Hills
3/03/2020	Year 10, Choose your Own Career Day
3/03/2020	Year 9PDM -Curl Curl lagoon
5/03/2020	Year 12 Parent Teacher Night, in the school hall, 3:45pm
6/03/2020	Year 7 SRC applications close
Week 7B	
9/03/2020	Artexpress excursion - 10VA, 11VA,12VA
10/03/2020	Assembly, World's Greatest Shave, 9am
12/03/2020	Warringah Zone Swimming Carnival
12/03/2020	Selective High School Placement Test for Year 7 2021, 9am
13/03/2020	Year 11 Life Ready Urban Challenge
13/03/2020-15/03/2020	Duke of Ed Bronze Practice Hike 1 - 3 days (Year 9)

Week 8A	
17/03/2020	Assembly SRC Carnation Day
18/03/2020	NBSC Student Leadership Conference
18/03/2020	Year 11 Life Ready Tom Reynolds Drug Ed Period 1
18/03/2020	Principal's Tour, bookings essential via the office on 9905 3982, 9:30am
18/03/2020	P&C, in the library, all welcome to attend, 7pm
19/03/2020	Year 11 Life Ready PARTY program
19/03/2020	Duke of Ed Gold Practice Hike - Route Planning and Briefing, Freshwater Senior Campus Theatre, 6pm
20/03/2020	Band Workshop TBC
20/03/2020	Band from Czech Republic Visiting TBC
20/03/2020-22/03/2020	Duke of Ed Bronze Practice Hike 2, 3 days (Year 9)
20/03/2020	School Athletics Carnival, all day
22/03/2020	Band Performance TBC
Week 9B	
24/03/2020	VA Artexpress - Year 9VA, 9PDM, 9VD
26/03/2020	Year 7 Vaccinations (HPV Dose1)
26/03/2020	Year 7 Parent Teacher night, 3:45pm
Week 10A	
30/03/2020	Duke of Ed - Be Connected Young Mentors Program training, Freshwater Senior Campus, 4pm
2/04/2020	Year 10 Drama Production
2/04/2020	TTFM Student survey, 10:50-11:20am
3/04/2020	School Cross Country
5/04/2020-7/04/2020	Duke of Ed Silver Practice Hike 1, 3 Days
Week 11B	
6/04/2020	NBSC Premier's Sporting Challenge
6/04/2020	Year 9 Parent Teacher Night, 3:45pm
9/04/2020	Last day of Term 1
10/04/2020	Public Holiday

The next edition of *The Weekly Pines*  
is in Week 6, Friday 6 March

**Breakfast (8am to 9am)**

Raisin toast	\$2.00
Banana bread	\$3.00
Up 'n' go drink	\$3.00

**Snacks**

Bread Sticks	\$0.80
Bread Sticks & Hummus	\$1.50
Cheese & Bacon roll	\$2.00
Yoghurt	\$2.00
Popcorn	\$2.00
Mousse	\$2.00
Fruit - apple, banana, Sultanas	\$1.00
	80c
Sushi –available every day	\$3.50

Chicken teriyaki & avocado  
 Chicken Schnitzel, Beef teriyaki  
 Prawn, Avocado, Tuna

**Drinks**

<b>Poppers</b>	\$2.00
Milk 300ml / 600ml	\$2.00/\$2.50
Oak milk 300ml	\$2.50
Ice Break or Just Natural	\$4.00
Ice Tea drinks	\$4.00
Appetizer	\$2.50
Juice Bomb	\$2.50
<b>Water 600ml</b>	\$2.50

**Rolls/ Sandwiches/ Wraps****Rolls**

Unbuttered / buttered	\$1.50/\$2.00
Lettuce + mayo	\$2.50
Salad Roll/Cheese & Salad roll	\$4.50/\$5.50
Ham Cheese & Salad	\$6.00

**Sandwiches**

Egg, mayo + lettuce	\$4.50
Tuna, mayo, cucumber + lettuce	\$4.50
Salad/Cheese & Salad	\$4.00/\$5.00
Ham Cheese & Salad	\$5.50

**Wraps**

Chicken, lettuce, avo + mayo	\$6.00
Chicken Caesar	\$6.00
Falafel, tabouli + hummus	\$6.00
Tuna Salad Wrap	\$6.00

**Toasted**

Cheese / spaghetti / baked beans	\$2.50
Cheese + tomato	\$3.00
Ham + cheese	\$4.50
Chicken + cheese	\$4.50
Ham, cheese + tomato	\$5.00

**We can make any sandwich, roll or wrap to order with your favourite fillings**

Extra fillings e.g. beetroot, etc 50c each  
 Egg, Avocado \$1.00 each

**Burgers (not available Wed)**

Hamburger & salad	\$5.50
Sweet chilli chicken burger	\$5.50
Veggie burger	\$5.50

**Hot Food**

Hot Rolls - Garlic	\$2.00
- Cheese	\$2.50
- Cheese & Tomato	\$3.00
Chilli Chicken Tender	\$1.50
Chilli Chicken Tender & Unbuttered roll	\$3.00
Chilli Chicken Tender & Buttered roll	\$3.50
Chilli Chicken tender & Lettuce and Mayo roll	\$4.00

Pasta Bolognese	\$5.00
Pasta Napolitana	\$5.00
Beef Lasagne	\$5.00

**Salads**

Garden salad – pre-order only	\$6.00
Caesar salad – every day	\$6.00
Greek Salad – pre-order only	\$6.00

**Hot Food Monday To Friday**

Mon	Beef Burger	\$5.50
	Burritos- bean/chicken	\$5.00/\$5.50
Tues	Nachos – vegetarian	\$5.50
	Nachos – meat	\$6.00
	Satay stick & Rice	\$6.00
Wed	Traveller Pie	\$4.00
	Peri Peri Pasta Salad	\$5.50
Thur	Curry of the Day	\$6.50
	BLT – bacon, lett & tom	\$5.50
Fri	Nachos – vegetarian	\$5.50
	Nachos – meat	\$6.00
	Chicken sausage in roll	\$3.00

**Please check our white board for other daily specials including salad of the day, special stir fries etc.**

**Remember to avoid waiting and to get the best choices pre-order your lunch before school or at recess. Bags are provided.**

**Volunteers are always welcome. Please call the canteen on 9939 7835 or download a form from our website**  
[http://manlypandc.org.au/?page\\_id=20](http://manlypandc.org.au/?page_id=20)

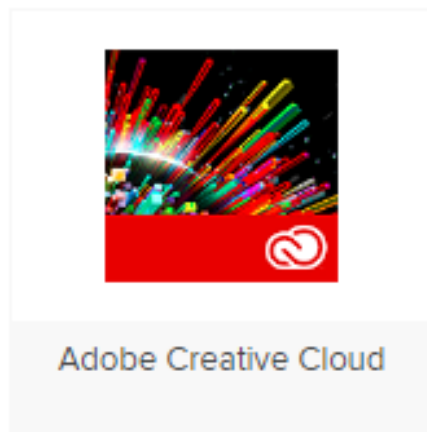


# Free Student Software

NSW Education Department

Visit

<https://nsw-students.onthehub.com>



**Adobe Creative Cloud Suite**

**Microsoft Office**

Students will need to use their **firstname.lastname@education.nsw.gov.au** student email address to register on their first visit. To register, click on the "Sign In" link at the top of the page and then click on the REGISTER button. A verification email will be sent to your NSW DoE email address. To complete the registration please select the link provided in the email.