



# The Weekly Pines

Northern Beaches Secondary College

## Manly Campus



Academic Excellence ★ Personal Best ★ Giving Back to the Community

Relieving Principal: Ms Kathy O'Sullivan

Deputy Principals: Mr Alex Newcomb  
Ms Marisa Carolan (relieving)

6 November 2020 – Newsletter No.21

### From the Principal

#### World's Teacher Day

This day provides an opportunity to celebrate the commitment, dedication and contribution of the wonderful teachers at NBSC Manly Campus and teachers across the world. In this 'Year of Years' our teachers need a big thanks. Their focus on the wellbeing of students, the social connections, new learning design and effort in creating interesting experiences for students that are engaging and creative is very appreciated. I would like to personally thank our teachers for their hard-work, enthusiasm and ongoing efforts to make a difference for our students and the wider school community.



#### Changes to Presentation Evening

Due to the recent COVID-19 guidelines, Presentation Evening will not go ahead at Freshwater Campus on Monday 7 December. New guidelines released this week state that schools must comply with the 4 square metre rule for all people participating and ensure there is enough space for distancing of 1.5 metre between non-household members. To ensure we adhere to these guidelines, we will be holding Stage Award Ceremonies at school in the hall on Monday 14 December. Students and staff will be in attendance and ceremonies will be live-streamed for parents and family members to view at home.

Specific arrangements will be communicated in the next Weekly Pines.

#### Year 12 2020

Year 12 students have almost completed their HSC with the final examination to be held on Wednesday. Special thanks go to the Year 12 Deputy Principal Alex Newcomb and Year Adviser Fiona Brien for supporting Year 12 throughout their HSC journey. Thanks also to Ian Wyard and his outstanding team of invigilators for ensuring the examinations are running smoothly.

We look forward to recognising and celebrating the achievements of our Year 12 students at the Graduation Ceremony next Thursday afternoon, held at Manly Campus in the quad. Students are requested to arrive by 4:45pm so that we can start the ceremony promptly at 5:00pm. Gates will open at 4:30pm to allow adequate time to complete the COVID-19 check in and to be seated in your allocated seats. In the case of extreme or wet weather, the event will take place in the school hall with only students in attendance. If this occurs, parents and caregivers will be notified via email and the school app no later than 12pm on the day of the event. The event will be live streamed for others to view.



#### NBSC Manly Campus

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## Year 12, 2021

Year 12, 2021 have settled into their HSC course and are preparing for their first HSC assessment task. Year 11 reports will be distributed via email today. Please contact the school if you have any concerns or questions about your child's progress.



## Leadership Conference

I had the pleasure of attending the Northern Beaches Secondary College Student Leadership Conference at Cromer Campus. At this event, our 2021 Year 12 Student Executive members were inducted into the NBSC Leadership team, presented with their badges of office and participated in a number of networking activities with leaders from the other campuses. Ms Zali Steggall OAM MP gave the keynote address and spoke of her experience as a first time Olympian at age 17. She encouraged the student leaders to create opportunities to hear from everyone and speak up about the issues that matter.



## SRC Planning Day

Last week we saw our newly elected SRC leaders begin planning for 2021. They began by evaluating previous programs and organising the SRC calendar for the year ahead. This highly successful day highlighted the excellent collaboration between students across all year groups. A new initiative from this leadership team will be a regular update of SRC initiatives in the Weekly Pines. [The first report can be found here](#). I look forward to further discussion of

the ideas generated and continuing to work closely with our SRC.

Thank you to Mr Leung and Ms Kontrec for their coordination and support of the planning day.

## House Captain Elections

Congratulations to the following students who were elected as House Captains for 2021

### Phillip

Captains: Malayika Russel and Etienne Roumanoff  
Vice Captains: Sonakshi Sharda and Jerry Yan

### Macquarie

Captains: Ashley Hanna and Jake Nelson  
Vice Captains: Bryn Montgomery and Louis McKay

### Hunter

Captains: Alicia Jiang and Jack Giffin  
Vice Captains: Lucy Irvine and Arnav Kapoor

### Bligh

Captains: Mia Christiansson and Sarah Gatherer  
Vice Captains: Ben Britton and Michael D

## Year 8 Food Critics

Last week my I had the pleasure of attending the Year 8 Food Technology pop-up restaurants. Staff were treated to a range of delicious dishes throughout the week. Thank you to Year 8 and to Ms Ellis for coordinating such an authentic learning experience for our students.



## Trivia Night



The NBSC Manly Campus Online Trivia Night is on this Saturday 7 November.

You don't have to be at the Trivia Night to win 1 of 6 amazing prizes! Tickets are available until 8pm Saturday 7 November.

To buy your tickets go to: [Trivia night raffle tickets](https://www.trybooking.com/BLNCH). You need to click on the book now button and the raffle ticket option is at the top of the list – 1 for \$5, 3 for \$10 or 8 for \$20.

Kathy O'Sullivan  
Relieving Principal

## From the Deputies

### Helping Young People Become Active Citizens

As the drama and debates about the validity of the US election unfolded this week, many of us may have pondered the influence we have as individual citizens within our own local democratic system.

According to a recent report from the National Assessment Program for Civics and Citizenship (NAP-CC), which measured students' knowledge about subjects such as Australian government, judiciary and democratic processes, young people tend to have strong opinions on issues in the political debate. On the other hand, figures from the Australian Electoral Commission (AEC) show that in 2016, nearly half of all 18-year-olds, which amounts to 350,000 young people, did not enrol to vote. So if young people feel so strongly about issues, why are they not taking their opinions to the polls?

The NAP-CC report indicates that less than 50 percent of Year 10 students in Australia achieved the

"proficient" standard of understanding how democracy works and the skills to confidently participate in the political process. Research from the University of Edinburgh (UE) found that students who engaged in discussions about political issues in the classroom were significantly more likely to vote and be engaged with politics in a variety of different ways. The UE study's co-author Dr Jan Eichhorn states that "we need to ensure that all young people can discuss political issues in a qualified way in classroom settings" indicating that this is what will help the next generation of young people understand the relevance of politics and engage in it.

So given the importance of introducing young people to the process of democracy in the classroom, what can parents do to engage their children in political discussion?

Here are 3 ideas:

#### 1. Identify the issues students care about

In addition to their lack of understanding about politics, another reason many young people choose not to vote or engage with politics is that they feel the decisions made in parliament don't affect them and struggle to see how their vote will make a difference.

So the first step towards sparking young people's interest in politics is identifying the issues that matter to them. What are the things that are relevant to them and affect their everyday lives? Is it climate change? Managing pandemics, bushfires and other crises? Affordable housing and living costs? Tuition fees for university?

#### 2. Understand the issues

The University of Edinburgh study found that 16 and 17 year-olds who were better informed about politics were more likely to take part in other forms of non-electoral and political engagement, such as petitioning or writing a letter to a Member of Parliament.

So in order to get young people involved in politics, it's important to help them understand complicated issues by breaking them down into age-appropriate explanations or guiding them to appropriate source material. This will also enable them to see both sides

of a debate and how their vote could make a difference.

### 3. Encourage them to take action

We should also be encouraging young people to take actionable steps that will help them affect real change about the issues they care about. This could be anything from identifying the political parties that represent their views, creating a petition or joining reputable advocacy groups both online and within their communities.

The most important thing is for young people to understand that there are things they can do to make a difference and that their voice and vote does matter.



Summer Youth Assembly at the United Nations HQ  
in New York, 2017

Alex Newcomb - DP Year 8, 10 & 12  
Marisa Carolan - Rel. DP Year 7, 9, 11

## Canteen

Thank you to all those that responded to our last request for volunteers needed, your time offered is very much appreciated.

We still have spots we need to fill, if anyone can spare a few hours, your help would be terrific and make such a difference.

To sign up go to: [Term 4 Canteen Roster](#)

You will see the days and times we need to fill.

With thanks

The Canteen Committee

## SRC Monthly Review

### Hello from the Captains

Hey guys,

Max and Eliza here and welcome to the very first SRC Monthly Review! We have had a great start to Term 4, full of many exciting new initiative ideas and lots of planning for upcoming events. We have thoroughly enjoyed hearing from so many of Manly's amazing students, it makes our job so rewarding! We've decided to start this newsletter twice a term to highlight what the SRC has been up to and share some of our event memories and initiative updates.

We had the absolute honour and privilege to witness the amazing young leaders at our annual SRC incursion, adapted from the usual Camp to adhere to current COVID-19 restrictions. It was a lovely opportunity for the SRC to get to know each other and made us very proud to see how passionate and driven the team is, we're looking forward to the year ahead! Read below for more information on what we're hoping to achieve this year.

Wishing you all a fantastic month and happy colon day!

**Max and Eliza  
School Captains**

### Ms Whalan's Gift

As everyone has heard, Ms Whalan is sadly retiring. We will be having a farewell assembly on 24 November at our whole school Tuesday assembly, to say thank you. There will be speeches and we will be presenting Ms Whalan with a gift from the student body, which we have organised as a nice book of signed pages and photos. You will be able to sign at your year meetings, so start thinking about your favourite memory of Ms Whalan, or anything you would like to contribute, it can be art as well. If you want to help out or have some input, like an idea for some art, email:

[amelie.letchford@education.nsw.gov.au](mailto:amelie.letchford@education.nsw.gov.au) or find Amelie for a chat.

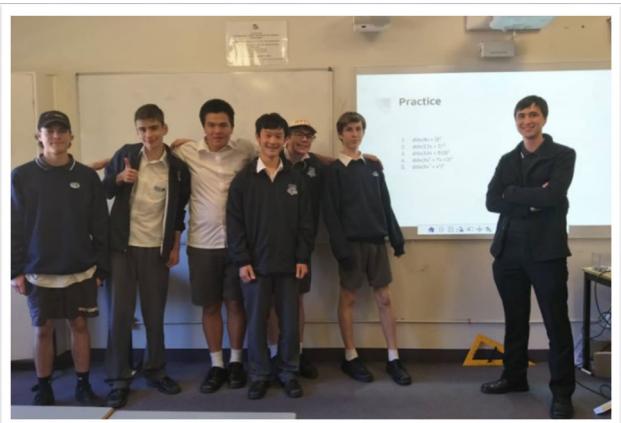
## Club of the Month: Maths Club

When: Every Thursday lunch

Where: Room 159

What: It's a social hang consisting of extremely cool and radical people who like doing math because it's epic. We discuss various math problems and we teach each other some cool math concepts. You can also come to the math club if you need help with your math homework, we have some very smart people who can do anything. It's just a club where we talk about anything math related.

Why it's so great: Everyone in the math club is friendly and has a passion for math (mostly). We enjoy doing maths and if you do also, it's the club for you because you will join very like-minded people. We also have Mr Dendle as our club supervisor, and in case you don't know, he's basically the math pope. We also bring free food most of the time. Some people just come to the math club for the food.



## SRC Incursion

At the beginning of Term 4 we normally have a planning camp, however, due to COVID, an incursion was held in its place. It was a day full of fun, laughter, and new ideas; initiatives were formed, friendships were made, and our vision for 2021 finally began! In our first workshop of the day, centred around leadership, we reconciled our our vision for the year, which has a few key features:

- [Our ACE goals: Action, Communication and Engagement.](#) These goals are essential for the progression and success of our initiatives, and a way in which we can always be checking in and making sure we stay up to date with the

students and the community of Manly. The ideas of ACE, and what we as an SRC hope to accomplish by following them, will improve our unity with each other and with the school as a whole.

- As part of this, we want to increase leadership opportunities outside the SRC by encouraging clubs and other initiatives. We have designed a flowchart that students can use to turn their ideas into proposals and get them happening.
- Increased awareness of the workings of the SRC in the student body. As part of this, each student is going to be emailed this SRC Monthly Review, letting everyone know what we've been focusing on and how to get in touch, with special features like a club of the month!

The SRC is constantly striving to improve our school, and initiatives for next year are already underway. We have the vertical garden on its way, thanks to a lot of organisation and communication, which aims to improve our school's eco-friendliness. In another of workshops a giant brainstorm led to six action groups on initiatives to improve our school. We are hoping to reduce our school's carbon footprint, and we are planning to schedule another energy audit. This audit will allow us to see what in our school is using the most power, and how we can cut down this usage, and become one of the first schools in Australia to be carbon neutral.

Also discussed, (in between playing games and getting to know each other), were ways in which we could improve the general quality of our facilities. This includes fixing the bathrooms, creating an outdoor learning space, digital notice boards, returnable picnic blankets, fixing the sunscreen stations and revamping old murals. As our school is such a tightly knit community, and as part of our mission to increase leadership opportunities, the SRC wants to be more involved in clubs and societies, and the idea of a special interest TED TALK style night with stalls was introduced. This would mean students who are passionate about certain clubs or societies, or just their own niche interests, which we know Manly has many of, could let everyone know what they have learned, and how they have progressed. It would be another event that showcases the immense amount of talent and skill at our school, and an opportunity for new

students, or students who have never been involved, to get to know the programs at our school.

Overall, our incursion this year was fun, productive and proof that 2021 will be one of the best years for our school yet!



### Chrismanly Update

Chrismanly is on! Week 9, Tuesday. Get keen! We are going to be having a range of COVID safe activities, good music, and lots of festive fun.

### See you next month!

As always, the SRC has an open door policy at meetings and we would really like to see some people there! Or if you don't want to come, write us a suggestion, either in our online box (<https://forms.gle/BVmZxg3iiQpU4Yzv8>) or in our physical one on the SRC noticeboard, or speak to your awesome reps. We are super keen for this year and hope you are too!!!

Amelie Letchford  
on behalf of the SRC

## Year 8 English

*"All the world's a stage, and all the men and women merely players."*

This term in English Year 8 are investigating the world and works of the greatest playwright in history, and discovering afresh what William Shakespeare means to our literature, lives and culture today. The grade has been diving deeply into The Bard's context, values and language, looking at a range of topics such as the supernatural in his plays,

religious conflict, conspiracy theories (did he really exist?), science and astronomy, and the bloody and violent sports of the Elizabethan period. We have also been privileged to have a young thespian, Olivia C (Year 10) come into classrooms to perform and analyse monologues from *Twelfth Night* and *Hamlet*.



Top left to right: Josie and Kate's 'Great Chain of Being' visual representation, Modern day version of jousting, Shakespeare with Year 8

## Year 11 Legal Studies

Year 11 Legal Studies were fortunate to have a visit from Detective Senior Constable Shawn Schussler from NSW Police last Friday. Detective Schussler spoke to year 11 about the Criminal Investigation Process from a police perspective and provided insight into the procedures around police powers of arrest, search & seizure and detention and interrogation. He also spoke about changes in technology, law reform and the effectiveness of the criminal justice system.



## Term 4 Calendar

The school calendar is on the home page of the  
[NBSC Manly Campus Website](#)

Please check the dates closer to the event.

Week 5A	
20/10/2020 - 11/11/2020	HSC Examinations
11/11/2020-13/11/2020	Year 9 Camp Forster
12/11/2020	Year 12 Graduation, Manly Campus Quad, 4:45pm for a 5pm start, seats prebooked.
Week 7A	
26/11/2020	Year 7 Vaccinations HPV Dose 2
27/11/2020	Year 12 VA excursion, White Rabbit Gallery and MCA
Week 8B	
1/12/2020	Year 7 2021 Orientation Day
2/12/2020	New Year 8-11 Orientation Day
2/12/2020	P&C Meeting, 7pm via Zoom
Week 9A	
7/12/2020-9/12/2020	CAPA Exhibition - for students only
8/12/2020	Chrismanly - student event
11/12/2020	Shakespeare Festival for Year 8
Week 10B	
14/12/2020	Year 7 -11 Presentation of Awards. Students and staff only, live stream for parents
15/12/2020	Year 7-10 Activity Day
16/12/2020	Last day of Term 4 for students

## SECOND HAND UNIFORMS

Due to COVID -19 restrictions the uniform shop will be closed for on-site purchasing until further notice.  
All orders can placed by email to

[Marg Martin](#) or [Fiona Cahill](#)

Please contact coordinators Marg Martin or Fiona Cahill if you would like to place an order

[margaret.martin@optusnet.com.au](mailto:margaret.martin@optusnet.com.au)

[fiona.cahill4@gmail.com](mailto:fiona.cahill4@gmail.com)

Donations of washed good quality uniforms are most welcome and can be left at the school office. Proceeds go to the P&C for school improvement projects.

For second hand band blazers (buy & sell) contact Sarah Cole: [sarahcole24@gmail.com](mailto:sarahcole24@gmail.com)

*Band news on the following page...*



*The next edition of The Weekly Pines will be published on Friday 20 November*



### The Sound of Music

The sounds of strings, wind bands and jazz bands have been filling the school this week from the English corridor, the quad and the library during the HSC period.

The directors have been very happy with the progress of all ensembles playing together now with wind and brass instruments too. They wish to congratulate all band members for their dedication with the numerous adjustments to rehearsals throughout many months, including handling zoom rehearsals, to arrive at a point where the bands are now back in force.



### Year 12 Graduation, Thursday 12 November, Manly Campus

JO will be performing at the Year 12 Graduation ceremony.

Call sheets will be emailed this week.

### Year 7 Orientation Morning, Monday 1 December

Wind Ensemble and Big Band will be performing on the lawn to welcome new students and families.

Please see call sheets for details.

### Band Fees

Semester Two Band fees have been substantially reduced and were emailed recently to families. The delay was to enable the committee to identify savings for this year.

Semester 1 had been charged in two instalments this year (Term 1 and 2).

Semester 2 is one instalment for Terms 3 & 4 combined, as normally done.

We request prompt payment of Semester 2 fees.  
Bands of Manly Campus is a parent financed program. It requires funds to pay ensemble directors and meet other band expenses.

### Catch up Zoom Meeting

Thank you to the parents who joined the informal meeting on Monday 26 October. The committee appreciated the positive feedback and suggestions made.

### AGM and Term 4 Band meeting, Monday 16 November at 8 pm, venue TBA

Come to the AGM to find out what's happening with our band program and consider joining the friendly and enthusiastic group of 15+ parents who make up the band committee.

The band committee is especially seeking the involvement of parents from the years 7-10 age groups as parents from senior years are moving on.

### Helping our Bands – a win/win!

- The band program thrives when good people like you help out.
- Helping out is a fun and truly rewarding way to get to know the students, staff and parents.
- There is a role to fit your work hours, skills and interests – some are regular throughout the year, others are short term.
- Most band committee members are working parents so there is no expectation that you are free mid-week. The committee meets one night per term.
- To find out more, email Band President Mel Corner at [andyandmel@gmail.com](mailto:andyandmel@gmail.com)

### Diary Dates

**Year 12 Graduation, Thursday 12 November-** JO after school

**AGM, Monday 16 Nov, 8pm.** Location TBA by email  
**Orientation Day for Year 7 2021,** The lawn at Manly Campus, WE and BB

## Body image concerns are a serious problem for young people of any gender

But, I am Media Smart is here to help.

Do you feel unhappy with your body?

Do you worry about your weight?

Do you feel guilty about food or exercise?

Does social media impact your body image?

**Take a positive step forward to a happier you**

I am Media Smart is a research trial of two versions of Media Smart, a fully online and confidential program found to help both those with body image concerns and those already showing signs of an eating disorder. The trial is **open to 13-25 year olds of any gender from Australia**.

**You are worthwhile and worth taking care of**

**[mediasmart.flinders.edu.au](http://mediasmart.flinders.edu.au)**

**We know time is precious**

As an appreciation of your time, a \$30 voucher will be emailed to participants who complete all surveys.

**Help Support your local Scout Group**  
**1st/2nd Harbord Scout Group**

**Sat 5, Sun 6 &  
Sat 12, Sun 13  
December, from 7am**

**Freshwater Senior Campus  
Carpark, Harbord Road**

**Freshly Cut Real Christmas Trees**

**& stands**

**Christmas Cakes & Puddings**

**No Cash,  
Credit Cards Only**

