



The Weekly Pines

Northern Beaches Secondary College

Manly Campus



Academic Excellence ★ Personal Best ★ Giving Back to the Community

Relieving Principal: Ms Kathy O'Sullivan

Deputy Principals: Mr Alex Newcomb
Ms Marisa Carolan (relieving)

7 February 2020 – Newsletter No.2

From the Principal

Information Evenings

The well attended Year 7 and 10 Information Evenings held this week provided an overview of the year ahead and a range of strategies to support students to achieve their personal best. All Year 9 students and parents are encouraged to attend their Information Evening next Monday 10 February, to learn more about the specific programs throughout the year as well as assessment procedures. Year 11 and 8 evenings will be held during Week 4. A copy of each of the assessment booklets will also be available on the school website under the [Learning at our school tab in the School years section](#).

Senior Sign In and Out

I would like to clarify the attendance expectations for senior students. Year 11 and 12 students are permitted to sign in late when they have no timetabled lesson period 1 or sign out if they have no lesson during the last period of the day. They are all expected to sign in by recess, and signing out should be no earlier than lunchtime. Students must swipe in at the Attendance Office when arriving late or leaving early and are not permitted to leave the school grounds during the school day.

After School Library

Senior students are reminded that the school library will be open from 3:20 – 5:30 pm on Tuesday and Thursday afternoons. Ms Joyce and Ms Shannon will be available to assist students with essays and study

skills as required. Afternoon tea will be provided each afternoon.

P&C

We encourage all parents to get involved with the school. When involvement of parents is meaningful, the results of engagement can be significant, as a genuine sense of connection is developed, with all stakeholders working towards a common goal.

Our active and supportive P&C meet on Wednesday evenings at 7pm in Weeks 3 and 8 each term. New members are always welcome.

I look forward to seeing you at our first P&C meeting for 2020 on Wednesday 12 February at 7pm in the school library.

New Parents Welcome Night

All new parents are invited to the Welcome Night on Wednesday 26 February at 6:30pm. This event, hosted by the P&C and Year 8 parents, is an enjoyable and informal way to meet other parents from your child's class, whilst Year 7 students are enjoying the disco in the hall.



Congratulations to:

- Isabella Lorenzo (Year 11) was part of the NSW U18 Softball team that won the National Championship in January. She has been selected

NBSC Manly Campus

138 Abbott Road, North Curl Curl NSW 2099 / Phone: 9905 3982

Email: nbscmanlys-h.school@det.nsw.edu.au

into the U18 Australian Softball Squad and will be heading to Vancouver in July to play in the Canada Cup.

In this regular feature, we like to recognize students who have achieved highly in school and community events, competitions and activities. Demonstrations of the school ethos of academic excellence, personal best and giving back to the community deserve to be recognized. Parents are welcome to phone or email the school any achievements that we may not be aware of, for inclusion in The Weekly Pines.

Kathy O'Sullivan
Relieving Principal

From the Deputies

Developing Self-Aware Learners

Throughout the first two weeks of term, we have had the pleasure of welcoming our new students as well as those returning to Manly. Staff have taken the opportunity to establish classroom routines for a productive 2020. This week's message is about how students can be active in helping themselves achieve or maintain a positive approach to their studies.

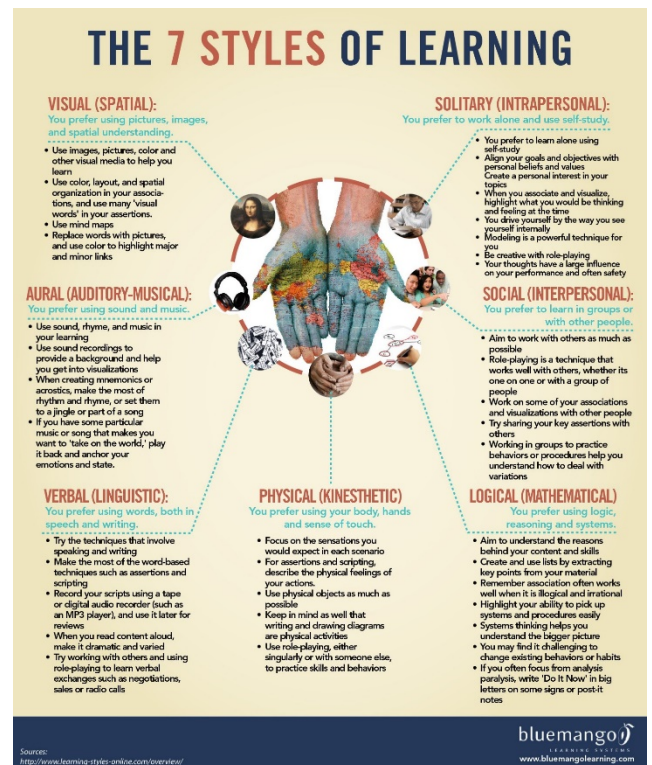
As students spend at least 50% of their waking hours doing some form of study, for real learning to occur, it is critical that they find this time both suitably challenging AND enjoyable. After all, it's only when people are doing things they truly enjoy that they are maximally engaged and motivated.

Before students launch further into the new school year, we suggest they should take time to ask themselves honestly; "Do I really enjoy my studies?" and "Am I motivated for studying during the year ahead?"

If a student's answer to either of these questions is not a resounding 'yes', they might want to take some action before the year is fully underway. Students may look at this time as an opportunity to re-focus their study habits around what works best for them. Although this seems basic and simple, it's amazing how often students can get into unproductive routines that make revision seem a lot more arduous than it could be.

Like a teacher should know how to differentiate curriculum delivery, a student should develop the ability to differentiate their study habits to suit their particular learning styles and needs. This is an important part of their journey to becoming a self-aware and life-long learner.

Below is a diagram of The 7 Styles of Learning, as described by Professor Howard Gardner (Harvard University). Students may wish to use this as a tool to help them reflect upon what methods of learning and revision they may prefer.



Furthermore, self-aware learners can develop more efficient time management skills. In doing so, students could consider the following questions; "What time/s of day am I most productive?", "What length of time can I really remain focused and productive", and "How am I ensuring that I still relax, unwind and have fun?"

School is a great place for students to build the skills of self-reflection that will transfer into so many aspects of their future life. We encourage students to explore what works for them, and what better time to do that than at the beginning of the new school year.

Alex Newcomb – DP 8, 10 & 12
Marisa Carolan – Rel. DP 7, 9 & 11

New Parent Welcome Night

The P&C Association, together with Year 8 Parents of Manly Campus, invite all new Manly Campus' parents / caregivers to come and enjoy an informal get together, being welcomed into the school community and meeting other parents.

Wednesday 26 February at 6:30pm

**Held in the Learning Centre
of Manly Campus Library**

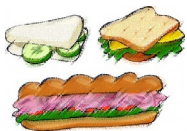
Drinks and Canapes will be served

**Please RSVP to the school office on
9905 3982 by 19/2, for catering purposes.**

N.B. The welcome night is held on the same night and time as the Year 7 disco, which is held in the hall.

Canteen

A message from the Canteen



A big thank you to new and existing volunteers who have signed up for the Canteen Roster so far this term, and/or have agreed to be rostered.

So far so good - all newbies have hit the ground running and are doing a great job! All help as always is very much appreciated.

Regarding ordering through **Flexischools**, if you haven't already updated your child's year please do so - it makes picking up of lunch orders considerably easier!

Milkshakes are back on the breakfast menu for Term 1 – only \$2.50.

If you were thinking of volunteering this term and haven't yet done so there are a few spots still vacant, please go to [Term 1 Signup](#). Thank you for your support.

Working Group for New Gymnasium Project

After years of needing to hold school assemblies in the quad, packing out the hall for musicals, open days and events, working around insufficient space to hold exams, not to mention a lack of indoor sports facilities, the P&C in consultation with the school, believe it is time Manly Campus had its own gymnasium. A state-of-the-art multi-use facility would cater for the sporting needs of Manly Campus' enthusiastic and talented student body, as well as providing a space for many of the other needs of the school and community.

To get the ball rolling, we would like to establish a working group early in 2020, initially to develop a concept and brief for discussion.

This exciting project represents a fabulous opportunity to make a significant and lasting difference to the quality of the school experience for Manly Campus students and community for generations to come. To make it happen we will need the support of the entire school community. If you have experience or skills in an area such as design and architecture, communications, fundraising, lobbying or grant applications and would like to be part of the Working Group, we would love to hear from you. Or if you simply would like to get involved in this project with your energy and enthusiasm, please also get in touch.

Please email one of our dedicated Manly Campus parent volunteers Anita Tymkiw: atymkiw@bigpond.net.au if you would like to be involved.

Marg Martin - P&C President
margaret.martin@optusnet.com.au



NBSC Manly Campus Open Day

Tuesday 18 February
9:30-11:30am

HELP NEEDED

Volunteers are needed to help
with morning tea for the Manly
Campus Open Day morning.

If you are able to help between
9:30am and 11:30am, please email
Olena at: Fiola2000@gmail.com

Your help is very
much appreciated!



NBSC Manly Campus

School App SchoolEnews

A reminder to download the NBSC Manly Campus School App. To download, please go to the App store and search for **School Enews**. Once you have downloaded the **School Enews app**, click on the + and type in **NBSC Manly Campus**, then select done.

The App is a great way to keep connected with Manly Campus life.

- Reminder notifications for important events will be sent out through the app
- You can report a student absence in the **absent note** section on the app
- Make a Payment through the app

The app provides direct links to canteen information, including the volunteer roster link and flexischools, calendar events, newsletter, and information on the school website.

We encourage all families to download the App to have access to these facilities.

Please note: Make sure you have notifications switched on in the App for your applicable year/s.

Go to the cog on the bottom right of the app next to the plus sign. Then switch the button to green next to your year/s and then select done on the top right of the App to save.

Settings	Done
Only news lists set "On" will receive push alerts. Switches not working? See main Settings App, Notifications then School Enews.	
NBSC Manly Campus	Off/On
Year 7	<input checked="" type="checkbox"/>
Year 8	<input checked="" type="checkbox"/>
Year 9	<input checked="" type="checkbox"/>
Year 10	<input checked="" type="checkbox"/>
Year 11	<input checked="" type="checkbox"/>
Year 12	<input checked="" type="checkbox"/>

Upcoming Events

Information Evenings

Year 9 Information Evening

Week 3, Monday 10 February 2020
6:30pm in the school hall

Year 11 Information Evening

Week 4, Monday 17 February 2020
6:30pm in the school hall

Year 8 Information Evening

Week 4, Thursday 20 February 2020
6:30pm in the school hall

Students and Parents are expected to attend these important Year group information evenings.

Band Auditions

**Year 8 -12 Band Auditions held during Week 1 and 2
Strings Audition Saturday 1 February
Year 7 Band Auditions held on Saturday 8 February**

P&C Meeting

Wednesday 12 February

7pm in the Manly Campus Library

All welcome to attend.

Year 7 Camp

Wednesday 12 February – Friday 14 February

Duke of Ed Information Evenings

Duke of Ed Bronze Information Night

Wednesday 12 February at 5:30pm

Duke of Ed Silver and Gold Information Night

Thursday 13 February at 5:30pm

Held at Freshwater Senior Campus

NBSC Manly Campus Open Day

Tuesday 18 February, 9:30am-11:30am

All welcome to attend

School Photos

Friday 21 February

and Thursday 27 February (groups and catch-up day)

Order photos now through

www.advancedlife.com.au and enter the code:

KLN C7G JBL

Disco & New Parent Welcome Evening

Year 7 Disco

Week 5, Wednesday 26 February,
6:30-8:30pm in the school hall

New Parent Welcome Evening

For all new 2020 parents /carers

Week 5, Wednesday 26 February, 6:30pm

Year 8 & 9 Disco

Week 5, Thursday 27 February,
6:30-8:30pm in the school hall



2020 School Carnival Sport Dates

28 February 2020	School Swimming Carnival
12 March 2020	Warringah Zone Swimming
20 March 2020	School Athletics Carnival
3 April 2020	School Cross Country
29 May 2020	Warringah Zone Athletics
4 June 2020	Warringah Zone Cross Country

Special entry for carnivals will not be accepted. The only exception to this rule is if you are absent due to attending a school sport pathway event, e.g. Sydney North Trials.

Attendance

Absent from School - Notification Procedure

Please be advised that the only way to report your child's absence is:

1. Through the School App
(download through the App store – School E News)
 2. An email directly to the school
nbscmanlys-h.school@det.nsw.edu.au
 3. By phoning the school office on 9905 3982
- Absences must be advised to the school by 9am.

Please note that an SMS only works as a direct response to the school absence / late notification sent to you. You cannot directly SMS the school to notify of your child's absence.

More information on attendance and absence procedures can be found on our school website.

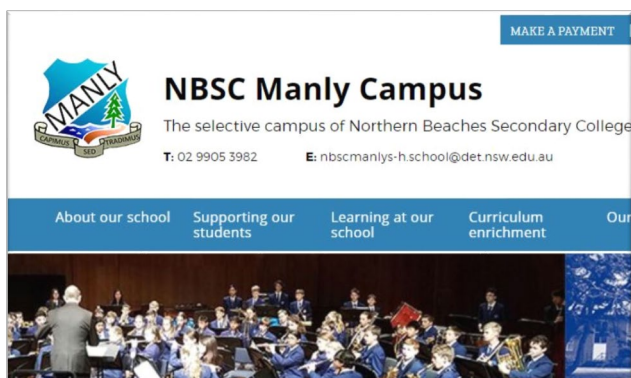
NBSC Manly Campus Website

<https://nbscmanlys-h.schools.nsw.gov.au/>

The NBSC Manly Campus website has a wealth of information to access. There is a calendar on the home page along with an events listing section to keep you up to date with up-coming events throughout the term.

In addition, you will find information on rules and policies, uniform, canteen, BYOD, faculty, individual school year information (copies of assessment schedule booklets will be uploaded here), curriculum enrichment programs, P&C information etc.

There is also a *make a payment tab* on the top right of the school website home page.



Lost Property

Lost property is located at the school office.

If your child has lost an item or an article of clothing, please advise them to check lost property via the office.

Clothing and other lost items that are labelled with your child's name are able to be returned to your child easily. Unfortunately many lost items are not labelled and remain in lost property until claimed. Due to the quantity accumulated throughout the term, any unclaimed items at the end of term are donated to charity or disposed of.

SECOND HAND UNIFORMS

LOCATED NEAR THE CANTEEN

Next open

Thursday 20 February 2020
8:15am-9:30am

After this the second hand uniform shop will be open before school on the first Tuesday & third Thursday of the month 8:15am – 9:30am

Coordinator Marg Martin - Please contact Marg if you would like to place an order
margaret.martin@optusnet.com.au

Donations of washed good quality uniforms are most welcome and can be left at the school office. Proceeds go to the P&C for school improvement projects.

For second hand band blazers (buy & sell) contact Sarah Cole: sarahlcole24@gmail.com



Band lists will be posted on the band notice board near the canteen by Tuesday 11 February and will be circulated to parent emails in Week Three.

All Year 7 wind and jazz students will be placed in Concert Band and should attend the first rehearsal on Monday 10 February.

Strings students will be placed in String Ensemble. There are no separate auditions for Strings this year. Please come to the first rehearsal where you will be placed in the most appropriate section. Please refer to the rehearsal timetable below.

Changed your contact details since last year?

If you have changes to your preferred email address/es, mobile number/s or home address since 2019, please advise the band committee of these changes this week via the 2020 Change of Details form

<https://www.cognitofirms.com/BoMC1/changeofdetails2020>

Selling your school blazer? Need a larger size?

Students in Years 9-12, it is an ideal time to get into a bigger size and sell your blazer to the incoming Year 7 group.

To sell a blazer or to be added to the waitlist, please email Sarah Cole at sarahlcole24@gmail.com

Invoicing

Band finances are processed through the school accounts. An invoice for Semester 1 fees will be issued by the school in the first half of Term 1 when band lists are finalised.

Band lists are separate to the school contact lists. They are used for event communication, organising car-pooling and more.

Band Names

Wind Stream:
SWO~Symphonic Wind Orchestra; WE~Wind Ensemble;
CB~Concert Band
Strings Stream:
SE~String Ensemble; CO~Chamber Orchestra
Jazz Stream/Other:
JO~Jazz Orchestra; BB~Big Band; SB~Stage Band

Rehearsal Start Dates

Rehearsals commence on the following days:

Wind Bands - Hall		
Concert Band	Monday 10 February	Hall
Wind Ensemble	Thursday 13 February 7.20am	Hall
Symphonic Wind Orchestra	Friday 14 February 7.20am	Hall
Jazz Bands – Jazz Lounge/Band Room		
Big Band	Tuesday 11 February 7.20am	Jazz Lounge
Jazz Orchestra	Wednesday 12 February 7.20am	Jazz Lounge
Swing Band	Thursday 13 February 7.20am	Jazz Lounge
Stage Band	Friday 15 February 7.20am	Jazz Lounge
Covers	Tuesday 18 February (lunch)	Jazz Lounge
Jazz Combo	Thursday 20 February (lunch)	Jazz Lounge
Strings – Common Room Level 3		
Chamber Orchestra	Monday 17 February 7.20am	Common Room

NOTE: Rehearsals are always on, even on carnival and excursion days, unless you have been emailed by your band liaison to say otherwise.

Band Calendar 2020

The band calendar for 2020 will be available in the first few weeks of Term One and will be circulated by email. Some key dates are listed below including the compulsory rehearsal at the start of Term 3 for all wind and jazz bands (the pupil free day).

SOME IMPORTANT DATES FOR YOUR DIARIES

Term One

Year 7 concert band and jazz auditions

Saturday 8 February, the jazz lounge (enter via entrance near staff car park)

Term Three

Workshop Day (pupil free day)

Monday 20 July, All wind and jazz ensembles,

COMPULSORY

Term 1 Calendar

Please check the dates closer to the event

Week 3B	
10/02/2020	Year 9 Information Evening, for parents and students, in the school hall, 6:30pm
12/02/2020-14/2/2020	Year 7 Camp
12/02/2020	Duke of Ed Bronze Information Night (Year 9), held at Freshwater Senior Campus Theatre, 5:30pm
12/02/2020	P&C meeting, in the library, all welcome to attend, 7pm
13/02/2020	HSC Legal Studies Court Visit, all day
13/02/2020	Duke of Ed Silver and Gold Information Night (Year 10&11) held at Freshwater Senior Campus Theatre, 5:30pm
Week 4A	
17/02/2020	Year 9 Forensic Science Incursion, 9am-1pm
17/02/2020	Open Girls Knockout Touch vs Cromer - Away, 9:00-10:45am
17/02/2020	Year 11 Information Evening, for parents and students, in the school hall, 6:30pm
18/02/2020	Manly Campus Open Day, 9:30-11:30am
20/02/2020	Year 8 Information Evening, for parents and students, in the school hall, 6:30pm
21/02/2020	School Photos (group and catch-up photos on 27/2)
Week 5B	
24/02/2020	PDHPE Incursion- Smashed, 1:30-2:30pm
25/02/2020	Brett Whiteley Studio - Year 11VA
25/02/2020	Year 12PDHPE Sport Science Excursion-Narrabeen Academy of Sport, all day
26/02/2020	Year 7 Disco, in the school hall, 6:30-8:30pm
26/02/2020	P&C New Parents Welcome, 6:30-8:30pm
27/02/2020	Year 10 Mandatory Hist/Geo incursion/excursion
27/02/2020	School Photo Catch up & Groups Day
27/02/2020	Years 8 & 9 Disco, in the school hall, 6:30-8:30pm
28/02/2020	Year 7 SRC applications open
28/02/2020	School Swimming Carnival
Week 6A	
3/03/2020	Year 10, Choose your Own Career Day
3/03/2020	Year 9PDM -Curl Curl lagoon
5/03/2020	Year 12 Parent Teacher Night, in the school hall, 3:45pm TBC
6/03/2020	Year 7 SRC applications close

Week 7B	
9/03/2020	Artexpress excursion - 10VA, 11VA,12VA
10/03/2020	Assembly, World's Greatest Shave, 9am
12/03/2020	Warringah Zone Swimming Carnival
12/03/2020	Selective High School Placement Test for Year 7 2021, 9am
13/03/2020	Year 11Life Ready Urban Challenge
13/03/2020-15/03/2020	Duke of Ed Bronze Practice Hike 1 - 3 days (Year 9)
Week 8A	
17/03/2020	Assembly SRC Carnation Day
18/03/2020	NBSC Student Leadership Conference
18/03/2020	Year 11 Life Ready Tom Reynolds Drug Ed Period 1
18/03/2020	Principal's Tour, bookings essential via the office on 9905 3982, 9:30am
18/03/2020	P&C, in the library, all welcome to attend, 7pm
19/03/2020	Year 11 Life Ready PARTY program
19/03/2020	Duke of Ed Gold Practice Hike - Route Planning and Briefing, Freshwater Senior Campus Theatre, 6pm
20/03/2020	Band Workshop TBC
20/03/2020	Band from Czech Republic Visiting TBC
20/03/2020-22/03/2020	Duke of Ed Bronze Practice Hike 2, 3 days (Year 9)
20/03/2020	School Athletics Carnival, all day
22/03/2020	Band Performance TBC
Week 9B	
24/03/2020	VA Artexpress - Year 9VA, 9PDM, 9VD
26/03/2020	Year 7 Vaccinations (HPV Dose1)
26/03/2020	Year 7 Parent Teacher night, 3:45pm
Week 10A	
30/03/2020	Duke of Ed -Be Connected Young Mentors Program training, Freshwater Senior Campus, 4pm
2/04/2020	TTFM Student survey, 10:50-11:20am
3/04/2020	School Cross Country
5/04/2020-7/04/2020	Duke of Ed Silver Practice Hike 1, 3 Days
Week 11B	
6/04/2020	NBSC Premier's Sporting Challenge
6/04/2020	Year 9 Parent Teacher Night, 3:45pm
9/04/2020	Last day of Term 1
10/04/2020	Public Holiday

The next edition of *The Weekly Pines*
is in Week 4, Friday 21 February

Northern Beaches Secondary College Manly Campus

SCHOOL PHOTOGRAPHS WILL BE TAKEN ON:

Friday 21 February 2020 and Thursday 27 February 2020

**ORDER NOW go to www.advancedlife.com.au and enter the code
KLN C7G JBL**

Dear Parents,

School photographs are scheduled to be taken by *advancedlife*. Whilst an envelope and flyer will be distributed shortly, if possible it is our preference that ordering be completed online to reduce administration and potential security issues related to the return of cash and envelopes on photo day.

Orders for packages and sibling photographs can be placed securely online at www.advancedlife.com.au using our school's unique **9 digit advancedorder code**. Portrait and group package orders are due by photography day.

Should you wish to purchase a sibling photograph online, the order must be placed no later than the day before photography day. Sibling photographs will only be taken if an order has been placed.

Should you have any queries concerning school photographs or online ordering, please direct them via email to enquiries@advancedlife.com.au

Duke of Edinburgh's International Award Information Nights 2020

The Duke of Edinburgh's Award began in the UK in 1958. The Duke believed that young people should be helped to develop their individual interests in a real-world setting. His idea was to provide young people with a challenging program of activities that encourages self-reliance, initiative and effort.

Recipients of the Duke of Edinburgh Award are highly regarded by potential employers and universities for their commitment, leadership, compassion and organisational abilities both nationally and internationally, identifying them as being **#worldready**.

Each year between 250 and 300 Northern Beaches Secondary College students from Years 9 to 12 are working toward their Bronze, Silver or Gold Awards.

Information night will provide you with detail about the requirements and expectations of the Award, hike dates and location, logging hours and the Online Record Book (ORB), assessors and more.

BRONZE Information Night (Year 9)

Wednesday 12th February 2020, 5:30-7:00pm

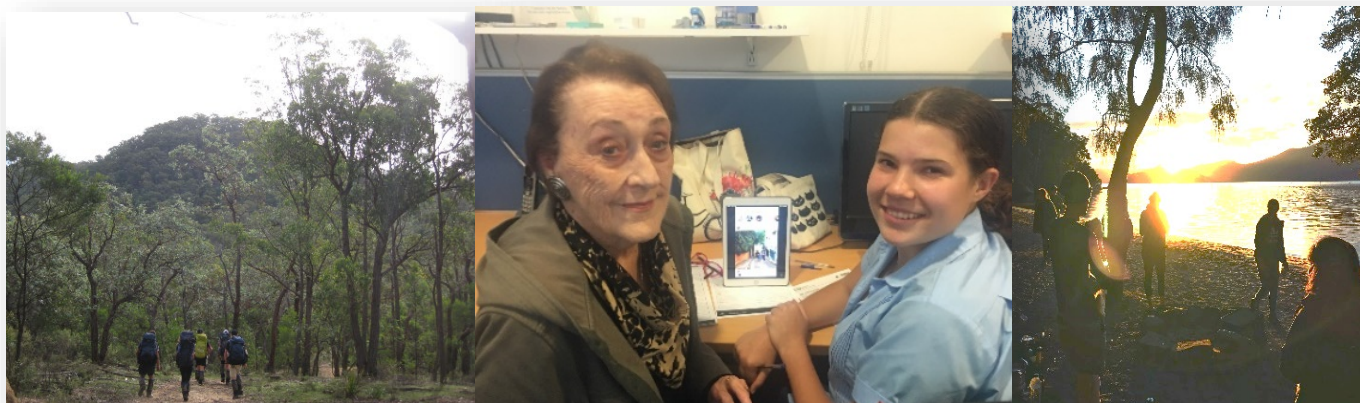
NBSC Freshwater Senior Campus Theatre

Year 9 NBSC students in 2020 are encouraged to begin the Bronze Award under the guidance and support of the College Duke of Ed. Coordinator, Ms Busse.

SILVER & GOLD Information Night (Years 10 & 11)

Thursday 13th February 2020, 5:30-7:00pm

NBSC Freshwater Senior Campus Theatre



More information: <https://sport.nsw.gov.au/dukeofedinburgh>

Further queries: vicki.busse@det.nsw.edu.au NBSC Award Leader/Coordinator.

Start the chat before someone else does



Safer Internet Day
2020 | Tuesday
11 February
Together for a better internet

Start the chat about online safety and help make every day a Safer Internet Day!

Join in the Safer Internet Day buzz

This year Safer Internet Day will be celebrated on Tuesday, 11 February 2020. The theme is 'Together for a better internet' and Australia's eSafety Commissioner is encouraging parents to mark the day by starting family conversations about online safety.

You can download our Safer Internet Day resources at esafety.gov.au/sid and use them to start the chat about online safety with your family.

Explore Australia's online safety hub

Check out eSafety's great range of advice and resources. Get started by visiting our parents and carers pages and reading the practical tips for kicking off an online safety conversation. You can also download our '**Parents guide to online safety**' booklet (available in 5 languages), tell your family about eSafety's pages for **Young People** or get familiar with our **step by step advice** to reporting different types of online abuse. **Find out more at esafety.gov.au**

Join our free parent webinar

eSafety's live webinar for parents and carers will explore the latest research and expert advice for using technology safely. The session will cover how to start the chat about harmful content, relationships and online harassment.

Teens, tech and time online

11th February 2020 at 8:00 PM (AEDT)

12th February 2020 at 1:30 PM (AEDT)

Register now at esafety.gov.au/sid/families