

The Weekly Pines

Northern Beaches Secondary College

Manly Campus



Academic Excellence ★ Personal Best ★ Giving Back to the Community

Relieving Principal: Ms Kathy O'Sullivan

Deputy Principals: Mr Alex Newcomb

Ms Marisa Carolan (relieving)

5 June 2020 - Newsletter No.10

From the Principal

Back Together Again

It is terrific having the whole school back together again. Seeing our students filling classrooms, engaged in their learning, excited and happy to be together is wonderful to experience. Now that students are on site full time, we are slowly starting to resume our extra-curricular activities. Students are reminded to check the daily notices for arrangements. As of Monday, the canteen will return to normal operations.

National Sorry Day

On Tuesday 26 May, we recognised National Sorry Day and the beginning of National Reconciliation

Week in order to acknowledge and recognise members of the Stolen Generation. Whilst we could not assemble as a school in person, we were able to



hold a virtual whole school assembly via zoom led by our Year 12 leaders, for a timely reflection on how we can ensure a better, fairer, more inclusive society.

Assessment and Reporting

As previously communicated, temporary changes to the reporting to parents /carers policy have been put in place in response to the COVID-19 pandemic. As such, schools are required to provide at least one formal written opportunity for parents and carers to receive information on their child's

progress and learning for Semester 1. At NSBC Manly Campus, this information will be communicated through the Semester 1 report format. These will focus on students learning and achievement thus far in both school and online contexts. Comments will also include advice moving forward for each student's learning. This year, reports will be distributed electronically via email. A notification will go out via the school app to alert you when the reports have been sent. The Year 12 Semester 1 reports were emailed out yesterday. Additionally, there will be no parent teacher interviews. As always, if you have any concerns about your child's learning or progress please contact the school via the Year Advisor or Deputy Principal. Due to the changes relating to reporting and assessment, there will be no Principal Awards for Semester 1. These have been postponed to reflect learning that will take place in Semester 2.

Keeping Up Our Values

We are encouraging and expecting full school uniform. Thank you to all those who are wearing their uniform. It defines how you want others to see you, and students honestly look sensational when they are dressed in their uniform head to toe! When a school community and its students respect and wear the uniform, the wider community views our students as being self-disciplined and respectful. The school always values the support of the community and what this means to our students at school and beyond.

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End of Staggered Finish Times

Today was the last day of staggered finish times. From next Monday, all students will be dismissed from school at 3:20pm, except on Wednesdays, where they will be dismissed from sport at 2:30pm.

Thank You

Thank you to you the parents and carers of our students who have encouraged us over the last few months by believing in and supporting the efforts and abilities of our staff. Thank you also to the parents and P&C for keeping us fuelled during this time with the tab at Bacino. We have all appreciated your support.



Are there any aspects from learning from home that you would like to see continue into the future?

Thank you to the parents and carers who responded to the learning from home reflection survey. Three main aspects were consistently mentioned across all year groups. These aspects will be considered when we start the planning phase for the next school plan.

- The structure of the school day incorporating staggered start and finish times and the opportunity to learn from home.
 - I'd like to see options for staggered learning with a later start, given the natural biorhythms of teenage learners and the need for adequate sleep. So much research around this and evidence of benefits for teems to have a later start time.
 - Would love a day or morning learning from home.

- I wish my child could learn from home on Wednesday's (short day) to avoid some of the commuting time.
- 2. Asynchronous learning.
 - Children taking greater control for their own learning. The asynchronous mode was helpful for this.
 - The asynchronous learning allowed my child to focus on tasks/assignments/subjects for longer which enabled them to better consolidate their learning.
 - Setting work a week in advance or more was helpful for my child to feel empowered.
 - The flexibility of completing work at their own pace was great, and freed up time to investigate some subjects in more depth.
- 3. Access to online class resources for students and parents.
 - Helpful if a child is sick and also helps with reflecting on what was taught during the day.
 - Having assignments and homework in one place where all relevant information and due dates can be easily retrieved.
 - Having the access to class resources such as powerpoints in case my child doesn't have time to write it all down in class time. This was a huge advantage with working from home and would love to continue.

During Pastoral Care, we asked the same question to the student body and their responses were quite similar referring to the structure of the school day, incorporating breaks, having the opportunity to learn from home and the advantages of asynchronous learning. They also mentioned that learning from home meant less paper.

We also asked the students what aspects of school they missed when learning from home. The word cloud below is a summation of their responses.



Congratulations



Congratulations to Lauren Griffiths (Year 12) who was selected as one of four to represent Australia in the 2020 International Geography Olympiad. Due to be held in Turkey in August, the Olympiad has

unfortunately been cancelled due to current circumstances. Lauren was selected after achieving a top result in the Australian Geography Competition and participating in Geography's Big Week Out in December at Kangaroo Island last year.

Kathy O'Sullivan Relieving Principal

From the Deputies

'The following article is written by Dr Ruth Phillips, who has been working with our faculties for the past two years on gifted and talented strategies to enhance differentiation in teaching programs.'

Schools can and should be better after COVID-19

Marisa Carolyn – DP Year 7, 9 & 11 Alex Newcomb – DP Year 8, 10 & 12

Nan Manefield Young Writer's Award 2020

The Nan Manefield Young Writers Award is a writing prize overseen by Stanton Library and North Sydney Council for young people, 11 - 18 years, who are a resident of the Sydney NSW metropolitan area.

Writing a poem or short story of up to 750 words, the competition was judged in five age categories by a panel of professional authors.

Congratulations to the following students who have been awarded:

- Abigail Everett (Year 11) 16-18 years
 Merit Certificate
- Annie Ming Kowalik (Year 10) 14-15 years Commended (3rd place)
- Toby Cox (Year 9) 13 years Merit Certificate

EP Global Languages Championship Final Results

The Education Perfect (EP) Global Languages
Championship is over for 2020. This year has been
one of our most successful. During the week long
competition, Manly Campus students answered
over 326,000 questions. 48 students were
awarded a certificate for their efforts and Manly
Campus came 53rd overall from over 2,100 schools
globally, coming 10th overall for Japanese and
219th for French. We are very proud of these
incredible results. Looking forward to 2021!

Congratulations and commendations to the following students who will be receiving awards:

Elite Award (10,000+ points): Xander Pickford (Year 11) 38th in the competition from over 180,000 students and Giorgia Woolley (Year 12) 111th.

Emerald Award (5,000+ points): Alysha Airey and Casey Bolton (Year 11), Hannah Chan (Year 8) and Melissa Soe (Year 9).

Gold Award (3,000+ points): Benjamin Hackney and Sophie Lauber (Year 11), James Choi (Year 10) and Leroy Sze (Year 9).

Silver Award (2,000+ points): Ellie Yang (Year 12), Chloe Lau, Aimee Wallace (Year 10), Isabelle Stapf-Giannakis (Year 9), Josephine Johnson, Livia Lin, Yukina Teitei Miyazaki, Cecilia Wan and Eileen Park (Year 7).

Bronze Award (1,000+ points): Julia Jiang and Jinny Yoon (Year 12), Matthew Cook, Sachi Lardner, Lara Munro and Oonagh O'Dwyer (Year 11), Elizabeth Baldwin, Yasamin Raminzad and Gabriel Wan (Year 9), Nihira More and Dylan Potgieter (Year 8), Aarohi Bansal, Pahandee Kodituwakku, Isabell Wu and Eric Zhou (Year 7).

Credit Award (500+ points): Lucy Johnston (Year 11), Rebecca Hoffman (Year 10), Merton Nie and Sarah Walker (Year 9), Kate Hollander and Jeremy Lee (Year 8), Ethan Barlow, Alexander Goodman, Liam Llewellyn, Eliza Lyons, Alex Pearson, Thea Ward, Katie Yoon and Jiayi Zhang (Year 7).

Ms Feros Languages

School Counselling Service

There have been some changes in the school counselling service recently, with two new school counsellors starting at Manly Campus in 2020.

Tanja Musik and Melissa Moss are experienced psychologists working in both primary and secondary school settings. They are part of the welfare team at Manly Campus. Their primary focus is the wellbeing of the students and supporting them in relation to both personal and educational matters.

The school counselling service is free and available to all students in the school. Students can access the services directly in order to discuss any matters of concern they may have. The counsellors have their own office and provide private, confidential appointments and ongoing support as required. Where appropriate, they also refer and liaise with local health and mental health services available for young people and their families.

Office Location: Level 1, Maths Block

How to make an Appointment

All students are able to access our services directly and easily by simply contacting us to make an appointment in one of the ways outlined below.

- Knocking on the office door
- Sending an email with your request to one of the counsellors:

tanja.musik@det.nsw.edu.au

melissa.moss@det.nsw.edu.au

- Leaving a note either under the counsellors' door. Please leave your name, contact details and preferred day and times you would like to meet.
- If a student has any difficulties making an appointment by themselves, it is ok if they wish for a friend, relative or member of staff to assist in contacting the counsellors on their behalf.
- Parents are able to contact the school counsellors directly if they wish to discuss concerns in relation to their child.

Appointment times are arranged during school hours and class times. However, if this is difficult for some reason, it may be possible to meet in a break or other alternative time. These arrangements need to be made in direct consultation with the counsellor.

School Counselling Service - Available Days

Monday	Melissa
Tuesday	Tanja
Wednesday	Melissa
Thursday	Tanja
Friday	Tanja

Tanja and Melissa look forward to meeting you.







Melissa Moss

Dr Michael Carr-Gregg Free Parent Workshops

City of Ryde and Lane Cove Council are bringing Dr Michael Carr-Gregg to your screens to provide two free workshops to help parents during and post COVID-19.

Raising Resilient Kids in the Coronavirus Era

The spread of the Coronavirus has turned life upside down, almost overnight, for millions of people around the world. Being a young person is complicated even without a global pandemic in the mix, and many adults are struggling to navigate the new reality of remote schoolwork, lots of family time, and a ton of uncertainty about what happens next. This webinar offers practical, evidence-based strategies on what to say and what to do in these challenging times. It also includes information on managing remote learning and self-care.

Suitable for: Parents, grandparents and adult carers of younger children.

Parenting Teenagers Post Coronavirus Lockdown

In just a matter of weeks, the coronavirus pandemic has turned our vibrant modern cities into virtual ghost towns. and thousands of Australians are without jobs and 24.6 million people were told to stay home unless they absolutely have to go outside. Hard enough as an adult, but particularly tricky if you are a teenager trying to tackle the tasks of adolescent development. This webinar explains the impact of the coronavirus lockdown on teenagers, focusing their mental health and gives participants some skills to manage teenagers especially as they transition back to school in all year levels, deal with disappointment and try to regain their motivation.

Suitable for: Parents, grandparents and adult carers of teenagers.

SchoolTV

SchoolTV Topic Series:
Mental Health
CyberSafety
School Survival
Healthy Body
Positive Parenting
Special Reports



Attendance

Absent from School - Notification Procedure

Please be advised that the only way to report your child's absence is:

- Through the School App (download through the App store – School E News)
- 2. An email directly to the school nbscmanlys-h.school@det.nsw.edu.au
- 3. By phoning the school office on 9905 3982

Absences must be advised to the school by 9am. Please note that an SMS only works as a direct response to the school absence / late notification sent to you. You cannot directly SMS the school to notify of your child's absence.

Uniform Shop

As parents are currently not permitted on school grounds, the second hand uniform shop will not be physically open for the time being. However, you can order any second hand uniforms you may need by sending an email to Marg Martin:

margaret.martin@optusnet.com.au

Marg will let you know if your item is in stock. If so, you can pay online and the uniform will be delivered to your child via the school front office.

Marg Martin

Entertainment Book

Purchase your <u>Entertainment Book here</u>
20% of your membership sale will go directly to
Manly Campus.

NBSC Manly Campus School App SchoolEnews

The **NBSC Manly Campus School App** is our first point of call to send information/updates out to the Manly Campus community swiftly.

If you have not yet downloaded the school app, we encourage you to do so.

To download, please go to the App store and search for **School Enews**.

Once you have downloaded the **School Enews app**, click on the **+** and type in **NBSC Manly Campus**, then select done.

The next edition of The Weekly Pines will be published on Friday 19 June























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Applications now open
Apply by Sunday 14 June
via KALOF.com.au

Open to young people 12-21 years old

Enquiries: 8495 6609 or youth@northernbeaches.nsw.gov.au











