



The Weekly Pines

Northern Beaches Secondary College

Manly Campus



Academic Excellence ★ Personal Best ★ Giving Back to the Community

Relieving Principal: Ms Kathy O'Sullivan

Deputy Principals: Mr Alex Newcomb
Ms Marisa Carolan (relieving)

16 October 2020 – Newsletter No.19

From the Principal

Welcome back to Term 4

Welcome back to Term 4 – I hope everyone had an enjoyable and relaxing holiday. This week we welcomed Jessica Rolfe to the Science department and Rebecca Fee to Careers. We also welcome back Mr Dodd Somerton to the Mathematics department. Ms Heft will be relieving Head Teacher Wellbeing for Term 4 and Term 1 next year.

COVID-19 Update

In line with health advice, schools are continuing to operate full time, with many additional activities having now recommenced with COVID-19 health and safety measures in place. Details about specific activities will be communicated to students and families by the organising teacher.

Sadly, parents are still not able to attend school; in fact, only visitors essential to the curriculum for students are permitted.

With the easing of restrictions, it is essential that we continue practising good hygiene. It is very important that students continue to use sanitiser, wash their hands regularly and maintain social distancing where possible. If your child is unwell please do not send them to school. If they are displaying flu-like symptoms please have them

tested for COVID-19 and send a copy of the negative text to the school before they return.

Year 12 2021 Information Session

Due to Covid-19 restrictions, the Year 12, 2021 information session looked a little different this year. We met with Year 12 students on Tuesday, where they listened to the presentations and signed off that they have received their Assessment Booklet and Higher School Certificate Rules and Procedures Booklet from NESA. These presentations are available for your viewing on the school website: [Year 11 into 12 Information Powerpoint Presentations](#) along with a PDF copy of the Assessment Booklet. The Careers information is very comprehensive and includes links to relevant information that can be revisited as the need arises over the year. We hope you enjoy viewing and discussing the information with your child. Thank you to Ms Carolan, Ms Fee and Ms Truong for preparing and communication this important information.

HSC Examinations

Next Tuesday, our Year 12 students begin their HSC examinations with the first English paper. The HSC examinations continue until Wednesday 11 November with Drama finishing at 4:00pm. Students are reminded to see Mr Newcomb or speak to the Presiding Officer if they have any questions or concerns regarding illness or misadventure procedures. We wish students all

NBSC Manly Campus

138 Abbott Road, North Curl Curl NSW 2099

Phone: 9905 3982

Email: nbscmanlys-h.school@det.nsw.edu.au

the best and hope they enjoy the next few weeks studying and completing their HSC courses.

Selective High School Applications for 2021

Applications for enrolment into selective schools for Year 7, 2021 are now open and will close on 16 November 2020. This application needs to be submitted for students to be entered into the Selective Schools Placement Test, which will be conducted on Thursday 11 March 2021. Application forms are available at local Primary schools or from the [Department of Education High Performance Unit](#).

Kathy O'Sullivan
Relieving Principal

Year 8 Debaters - Zone Winners

The NBSC Manly Campus Year 8 debating team are the Zone winners in the Northern Sydney Region of the Premier's Debating Challenge for Years 7/8.

Isabel Young, Joel Huxley, Samuel Rose and Maria Margossian were undefeated in their debating competitions this year and will proceed to the next stage of the competition. Their latest debate against Killarney Heights High School saw some excellent arguments from both schools, with Manly Campus ultimately able to convince the adjudicator that sport should not be optional in high school.

Well done also to our newest debaters in Year 7 for two rigorous debates against Mackellar Girls and Killarney Heights High School. Our talented Year 10 debaters also represented the school proudly with a high-level debate against Narara Valley High School, on the topic of lowering the voting age.

Ms Koo

P&C MEETING

Wednesday 28 October at 7pm

The meeting will be held via Zoom

Details are as follows:

<https://us02web.zoom.us/j/5769533569>
Meeting ID: 576 953 3569
Password: None
Dial In: +61 2 8015 6011
Meeting ID: 576 953 3569

Attendance

Absent from School - Notification Procedure

Please be advised that the only way to report your child's absence is:

1. Through the School App
(download through the App store – School E News)
 2. An email directly to the school
nbscmanlys-h.school@det.nsw.edu.au
 3. By phoning the school office on 9905 3982
- Absences must be advised to the school by 9am.

Please note that an SMS only works as a direct response to the school absence / late notification sent to you. You cannot directly SMS the school to notify of your child's absence.

More information on attendance and absence procedures can be found on our school website.

Term 4 Calendar

The school calendar is on the home page of the [NBSC Manly Campus Website](#)

Please check the dates closer to the event.

Week 2B	
20/10/2020 - 11/11/2020	HSC Examinations
22/10/2020	Endure for a Cure - incursion
23/10/2020	NBSC Leadership Conference
Week 3A	
20/10/2020 - 11/11/2020	HSC Examinations
28/10/2020	P&C Meeting via Zoom
Week 4B	
20/10/2020 - 11/11/2020	HSC Examinations
7/11/2020	Manly Campus P&C Online Trivia Night
Week 5A	
20/10/2020 - 11/11/2020	HSC Examinations
11/11/2020- 13/11/2020	Year 9 Camp Forster
12/11/2020	Year 12 Graduation

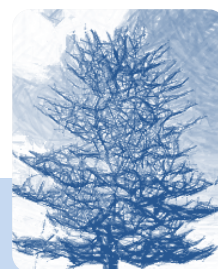
SECOND HAND UNIFORMS

Due to COVID -19 restrictions the uniform shop will be closed for on-site purchasing until further notice. All orders can placed by email to [Marg Martin](#) or [Fiona Cahill](#)

Please contact coordinators Marg Martin or Fiona Cahill if you would like to place an order
margaret.martin@optusnet.com.au
fiona.cahill4@gmail.com

Donations of washed good quality uniforms are most welcome and can be left at the school office. Proceeds go to the P&C for school improvement projects.

For second hand band blazers (buy & sell) contact Sarah Cole: sarahcole24@gmail.com



*The next edition of The Weekly Pines will be published on
Friday 23 October*

Disturbing content on social media

Advice for parents

The following advice for parents assists in limiting students' exposure to harmful online content:

- Engage in your child's online activity and discuss the types of apps, websites and games they are viewing to ensure content is age-appropriate
- Make use of parental control on devices to help limit your child's online exposure
- Help your child report and block inappropriate content on social media or apps
- Encourage your child to talk to you about anything upsetting they view online
- Visit www.esafety.gov.au for further advice on apps, social media and online safety issues

Support Services

Please encourage anyone who may be at risk or experiencing emotional distress, including family and friends to contact one of the following services:

- Kids Helpline 1800 55 1800
Phone support is there all day, every day. Online support is open from 8am-midnight every day (AEST)
<https://www.suicidecallbackservice.org.au/>
- Suicide Call-back Service 1300 659 467
Phone support all day, every day, and follow-up calls
<https://www.suicidecallbackservice.org.au/>
- eHeadspace 1800 650 890
Open 9am-1am daily (AEST)
<https://headspace.org.au/eheadspace/>
- Lifeline 13 11 14
Phone support all day, every day. Online support 7pm-4am daily (AEST) <https://www.lifeline.org.au/>
- Beyond Blue 1300 22 4636
Phone support all day, every day. Online support 3pm-midnight every day
<https://www.beyondblue.org.au/>

The key resources listed below provide additional support in relation to suicide prevention and mental health:

- Life in Mind
Supports messaging around suicide prevention
<https://lifeinmind.org.au/>
- Head to Health
Provides digital mental health resources and services
<https://headtohealth.gov.au/>

If a life is in danger call Triple Zero (000) immediately.

Local Sporting Champions Grant

The Local Sporting Champions grant provides financial assistance for coaches, officials and competitors aged 12-18 participating in state, national or international championships.

Children can represent their sporting club or their school in these sporting events.

If successful, individual applicants will receive \$500-\$750 towards the cost of attending their championships, covering travel, accommodation, entry fees, uniforms, equipment and other travel expenses. This grant is given out every three months - the usual deadlines are June 30, September 30, December 31 and March 31 each year.

Parents & children need to apply directly via a simple online application form.

This is a fantastic grant that is 'electorate based', meaning each electorate is given a certain number of grants to award. This number is a reflection of the number of eligible applications received. So we would like to encourage all eligible kids in Warringah to apply.

In our first year (June 2019-March 2020), Zali's electoral office gave out 71 LSC grants to local juniors, covering 26 sports, equalling \$42, 000. To see if juniors from your sport have received this grant, please [CLICK HERE](#).

Applications for LSC have reopened. The next deadline for applications is 31 December 2020.

For grant guidelines and an application form, [please click here](#).

ONLINE

TRIVIA Night

for NBSC MANLY CAMPUS

SATURDAY 7TH NOVEMBER

Get your tickets at www.trybooking.com/659159



Club of
Balgowlah

CARS'N CLUES ROAD RALLY



SUN, 1ST NOVEMBER

\$50 PER CAR

SEAFORTH OVAL

COVID
SAFE

GREAT PRIZES

FOR ADULTS

STAGGERED START

FROM 1-2PM

& KIDS

EVENT TIME 2-2 1/2 HRS

trybooking Balgowlah Rotary Road Rally

LINK: www.trybooking.com/BLQMJ

FUNDS TO BALGOWLAH ROTARY PROJECTS
ESPECIALLY, YOUTH PROGRAMS

CAUTION: ALL PARTICIPANTS ENTER EVENT AT OWN RISK

Manly Warringah Little Athletics



Registrations now open!

mwlac.org.au

Fun! Fitness! Friends!

