



Northern Beaches Secondary College

# Manly Campus



Academic Excellence \* Personal Best \* Giving Back to the Community

Principal: Ms Cath Whalan

Deputy Principals: Ms Kathy O'Sullivan Mr Alex Newcomb

### 8 March 2019 – Newsletter No.4

### **From the Principal**

### Year 12 Parent / Teacher Night

The Year 12 Parent and Teacher evening was held last night, providing a valuable opportunity for our staff to meet with parents and discuss the progress of our 2019 HSC cohort. Students are encouraged to reflect on their progress and the feedback provided by teachers to ensure they are working towards achieving their personal best throughout the year.

### Year 7 Camp

Our Year 7 students enjoyed the three day camp held last week at Mangrove Mountain. The wide variety of activities provided new experiences for our students to work together to solve problems and challenge themselves individually. Many thanks to Year Adviser Josinta Chandra for all her enthusiasm and organisation in ensuring the camp was so successful. Thanks also to the other staff including Ms Grace, Ms Rixon, Ms Woodward, Mr Nguyen, Mr Goykovic, Mr Forsyth and Mr Newcomb who gave their time to ensure our Year 7 students had such an enjoyable and worthwhile

experience.



### **Careers Marketplace**

The Year 10 and 12 Careers Marketplace held on Thursday this week was once again a very successful event. The feedback from students was very positive, indicating their appreciation of the invaluable opportunity to talk with industry professionals. The guest presenters, some of whom were ex-students of Manly, spoke glowingly about how engaged our students were. Many thanks to Ms Colby and Ms Rixon for organising this excellent learning opportunity for our senior students.



### **Transport Initiatives**

This fortnight has been an exciting one for our students who share a passion for NSW transport and a concern for issues affecting our students. Last Wednesday afternoon, our 2018 Metro Minds winning team of Alex Yuen, Alex Todd, Joshua Hort, Harry Ross and Daniel Duncan met the NSW Transport Minister, Andrew Constance, and had the opportunity to share their thoughts on a range of transport issues. Thank you to James Griffin, Member for Manly, who provided the opportunity for our students to meet Mr Constance and demonstrate their passion and enthusiasm for public transport. To view the promotion of the 2019 Metro Minds STEAM Challenge, which includes comments from our students, go to:

https://www.youtube.com/watch?v=DwEDZ47tNik



On Monday, Alex Yuen and the SRC presented an overview of bus transport concerns affecting Manly students and five different petitions signed by over 600 of our students to our local member, James Griffin. The petitions summarised current concerns regarding bus routes and timetables and provided possible solutions to the problems. We hope our students' 'democracy in action' results in a positive change.



### Year 11 Visual Arts Excursion

On Thursday 28 February, the Year 11 Visual Arts students went on an excursion to complement their classroom learning about Figurative Art. The day began with a tour of Brett Whiteley's Studio and a life-drawing workshop in Surry Hills. The students then visited the AGNSW to see the *ARTEXPRESS* HSC showcase and Brett Whiteley's work in curated form at the *Drawing is Everything* exhibition. The day ended with a visit to the *Body Worlds Vital* exhibition at Sydney Town Hall where they extended their understanding of anatomy and gathered source material for their own figurative artworks. Thank you to Mr Newcomb for organising this informative and enjoyable learning experience.



#### **Manly HS Sports Master**

Last Friday we had the pleasure of meeting Max Quirk, Sports Master at Manly High School from 1953 – 1963. Now 98, Max shared his stories of teaching at Manly 60 years ago with current members of staff, including James Blanch.



#### Year 10 Study Skills

Year 10 attended Study Skills with Elevate Education last week. Workshops covered topics such as preparing for assessment tasks, managing time and improving organisational skills. Below are some of the positive feedback from the student evaluation forms:

"We learnt heaps about useful skills that can actually be applied in life!"

"It was helpful to learn new study techniques, especially for the HSC. It was interactive and interesting." "I was inspired to go home and get organised." "I was engaged the whole time." "I found it really helpful and I'll use some of the tips from today."

#### Year 12 Music Masterclass

On Monday evening last week, the Music 2 class performed one work from their HSC program to acclaimed performer Dan Williams, as part of a masterclass session. Both the audience and performers were able to see improvements made to the musical items resulting from Dan's feedback provided. It was a very worthwhile and enjoyable night for all involved.



### **School Swimming Carnival**

The weather last Friday was perfect for our school swimming carnival at Manly Andrew Boy Charlton Pool. The 50m freestyle races, held as the first event, allowed plenty of time for our House Captains to organise the all-important House relays at the end of the day. Winners of these relays included Macquarie (Senior Girls), Bligh (Senior Boys), Phillip (Junior Girls) and Macquarie (Junior Boys). It was wonderful to see so many students attending the carnival and giving their personal best in the pool. The final event was a relay race between the Year 12 students and teachers. Whilst Ms Izossimova, Mr Newcomb, Mr Nguyen and Mr Posen proudly represented the Manly staff, unfortunately they were beaten by the Year 12 team.

Congratulations to all of those who entered each race and especially to our Age Champions:

12 Years	Ella Beanland and Felix Birke
13 Years	Antoinette Hewish and Liam Lehane
14 Years	Alisha Choi and Michael Hawkins
15 Years	Freya Green and Max Oldham
16 Years	Amelia Wegenaar and Isaac Clark
17 Years	Arquette Milin-Byrne and Kyle Ambrosius



#### Year 11 Urban Challenge – Life Ready

On Wednesday Year 11 enthusiastically participated in Urban Challenge as part of their Life Ready Program. Urban Challenge is a one-day program where students are involved in an unfolding journey taking them around the Sydney CBD and surrounding suburbs. They are given a budget, an Opal card and organise their food and travel as they navigate and negotiate their way across the city. They learn about teamwork and real-life lessons (such as public transport won't wait for the slow team!) whilst being supervised by a school staff member and guided by an Urban Challenge guide. The challenge was an opportunity to learn skills and methods in self-sufficiency, leadership and followership, team responsibility and more. Each team had to create a theme for the day, dress up accordingly and spend the day in character as they solved riddles, found clues and participated in challenges, whilst exploring their city in new and unexpected ways. Our teams ranged from Toy Story to The Bachelor, Hippies to Bunnings BBQers, Baz Luhrmann's Romeo and Juliet to a team of Hunger Games Tributes. Despite the temperature reaching 33°, a great time was had by all as they competed against each other yet simultaneously connected and bonded over a shared experience of adventure, challenge and lots of laughter.



### **Upcoming Events**

New Parent Welcome Evening - We look forward to welcoming all new parents and carers to the welcome evening next Monday 11 March 6:30-9pm in the school library. This is a great opportunity to meet other parents and be welcomed into the Manly Campus Community.

Year 7 Disco - will also be held on Monday 11 March, at 6:30pm in the school hall and is a fabulous socialising opportunity for our Year 7 students.

Year 8 & 9 Disco – held the following evening on Tuesday 12 March at 6:30pm in the school hall as well.

Selective High School Placement Test – will be held on Thursday 14 March, for students who have applied for Year 7 2020.

Judy Boylan's Retirement Function - will be held on Thursday 14 March at Wakehurst Golf Club.

School Cross Country - will be held on Friday 15 March during lunch and periods 5 and 6.

### **Congratulations to:**

- Ella Spencer from Tuesday 19 March to Thursday 21 March 2019, Ella will be among 120 Year 11 and 12 students from around Australia attending the 24<sup>th</sup> National Schools Constitutional Convention (NSCC), being held at the Museum of Australian Democracy at Old Parliament House, Canberra. As a national delegate, Ella was selected from over 800 students from government, independent and Catholic schools, most of whom took part in feeder conventions in their home state or territory.
- Charlotte Camburn Charlotte's cricket team NSW Metro won the U15 female National Championships in Canberra last week. The team went through the comp undefeated and beat ACT/NSW Country who have been the champions for the last three years.



Charlotte -front row, second from the left

In this regular feature we like to recognize students who have achieved highly in school and community events, competitions and activities. Demonstrations of the school ethos of *academic excellence, personal best* and *giving back to the community* deserve to be recognized. Parents are invited to phone or email the school any achievements we may not be aware of for inclusion in *The Weekly Pines*.

### Cath Whalan Principal

### **From the Deputies**



Next Friday 15 March is National Action against Bullying and Violence. Bullying can happen to anyone. Often people feel powerless against bullying. At our school we aim to create a safe and supportive school community for everyone. Sometimes, it can be difficult for parents or carers to know what to do when their child talks to them about bullying. You are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone.

### If your child talks to you about bullying: 1. Listen calmly and get the full story.

- 2. Reassure your child that they are not to blame.
- Ask your child what they want to do about it and how you can help.
- Visit www.bullyingnoway.gov.au to find some strategies.
- 5. Contact the school.
- 6. Check in regularly with your child.



If your child talks to you about bullying:

 Listen calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need to: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.

- 2. Reassure your child they are not to blame. Many children blame themselves and this may make them feel even worse. You could say things like, 'That sounds really hard to deal with. No one should have to put up with that.' or 'I'm so glad you told me. You should be able to feel safe at school; that's not fair at all'.
- 3. Ask your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.
- 4. Visit <u>www.bullyingnoway.gov.au</u> to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.
- 5. Contact the school. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child's teacher and, if you need to, ask to talk with the principal. Contact the school immediately if you have a concern about your child's safety.
- Check in regularly with your child. Keep the conversation going. It can take time to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

If you are looking for support for yourself to deal with a bullying situation, you will find ideas on the <u>Bullying. No</u> <u>Way!</u> website for parents. As well, please contact the school if you would like to discuss any aspect of our approach to preventing bullying.

The NBSC Manly Campus policy on managing bullying/harassment /intimidation can be found in the school diary or downloaded from the school website.

Thank you for your support to make our school a great school for everyone.

Kathy O'Sullivan (DP – Year 8, 10 & 12) Alex Newcomb (DP – Year 7, 9 & 11)

# Year 7 Camp

### **Student Report**

On the 25 – 27 February, Year 7 enjoyed a thrilling camp at Mangrove Mountain Outdoor Education Camp. Thankyou to the teachers who gave up their time to join us on this extraordinary adventure, Ms. Chandra, Miss Grace, Mr. Goykovic, Mrs. Rixon, Mr. Nguyen, Mr. Forsyth and Mr. Newcomb (who came for the first day).

Year 7 took part in many exciting activities over the 3 days, with 8 activities in total. Many of the students attempted activities they had never done before, such as abseiling, rock-climbing or a High Ropes Course. Majority of students tried everything, even if they were terrified (many screams were issued on the Giant Swing!!), and our instructors were fantastic and kept us in safe hands.

On the first night, every student was buzzing with excitement as we got to play Commando against the teachers in the bush. All our captives were being kept in a shack, and we managed to rescue all our captives with 30 seconds to spare. Everyone thoroughly enjoyed the experience, including the teachers, who all got into the excited spirit.

On the second and last night, we participated in Challenge Night! We enjoyed a series of obscure activities, such as apple stacking, standing up with a cup of water on your head, and cup stacking. We got into groups and nominated people from our group for each activity, but not knowing what the activity would contain. At the end of the night, everyone was very happy, but very tired as well.

Thankyou to the amazing people who organized and ran our fabulous camp; Ms. Chandra, the teachers who came with us, the office staff, the people at Mangrove Mountain, and many more people who gave us the great opportunity to bond with our friends and have fun. You made us all very, very, very happy campers.

Jocelyn Prevett – Year 7

#### **Student Poem**

The bus ride there was very long, And always very loud And by the time that we got off, Our teachers were not proud. As soon as we got off the bus, We got our first camp lunch, Expecting slop, we got burgers, And had some time to munch. After that we were split up, Given our groups, cabins and beds, We would get to know our cabin mates, And share a few warheads. The dinners were exquisite too, Chicken, Garlic bread and more, We didn't have to eat veggies, Then given desert galore. Scrambled eggs, toast and coco pops, And more was what we ate, Our breakfast there were really nice, Some even licked their plate! We were also given little snacks, Of snow cones and Kirks drinks, We truly were fed very well, But did not get forty winks, We tried to sleep but we couldn't, So we all stayed up all night, We were caught awake a few times, And told to douse our light. Our activities were so fun, Zip lining and high ropes, Some people really hurt themselves That did darken my hopes. But overall, we all loved camp, It really was the best, Thank you to all the teachers who came We all were truly blessed.

Toby Heesom – Year 7



# **Sport Report**

### **Knockout Tennis**

The Manly Campus Open Boys Knockout team played outstandingly on Tuesday 26 February against Narrabeen Sports High School. Both schools had several competitive players, both experienced and new. In

particular Leroy Sze made his debut for the team, winning his doubles set with experienced captain Lauto Ako. Other valuable team members were Morris Chen, Jack Giffin and Jayden Huang. Manly lost the encounter by 6 sets to 2 but the future looks bright for tennis at our school.





### **Knockout Netball**

The Opens Girls Netball team play a fantastic game

today against Davidson High School in their first round of the Sydney North Knockout competition. Showing wonderful skill and

sportsmanship, they won the game 34-29.

#### **Girls Cricket**

Congratulations to the Girls Cricket team who took on Cheltenham Girls this week in the Knockout Competition.

#### Volleyball

Congratulations to the NBSC Manly Campus volleyball teams who both won gold in their division at the State

Volleyball Schools Cup.



### **CAPA Report**

On Monday 4 March, 2018 HSC students Yanchin Liu and Joshua Henderson attended the opening night of the ARTEXPRESS exhibition at Newington Armory Gallery, Sydney Olympic Park. The exhibition showcases the best art from the latest HSC cohort. Yanchin's work was a painted triptych entitled 'More Than a Thousand Words' (below right) that portrayed her grandfather, Joshua's work was a collection of manipulated studio photographs entitled 'Common Nature' (below left). Fellow G18 students Grace Owen, Michelle Nguyen, Annie Weng also received nominations for ARTEXPRESS 2019.



# **HSIE Report**

Last week Year 10 attended their respective activities to enhance their understanding of the topics covered in either History or Geography.

Geography students set out researching the coastal areas of Narrabeen and Collaroy in preparation for their Action Research Projects. The students undertook testing of the surrounding areas. Through their observations, they will have a range of primary data that they can use in their assignments.



The History students also had a day full of activities. They gained a greater awareness of the Vietnam War through perspectives of veterans, followed up with the screening of *Platoon* to illustrate the images from Oliver Stone's own experiences, and rounded off with the return of Brett Hunt to share his family's story. As always, the students were moved by his passionate and

energetic perspective of both a Vietnam vet and his family and I'm sure the Geography students will be looking forward to seeing the performance in Term 3.



# **Upcoming Events**

# **New Parent Welcome Evening**

Date: Monday 11 March 2019, 6:30-9pm

Venue: Staff Common Room at Manly Campus (follow the signs in the foyer)

Drinks and Canapes will be served

Cost: \$10 per head, payable at the door

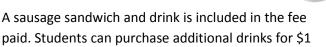
RSVP: to the school office on 9905 3982

NB The Year 7 Disco will be held at the same time in the school hall. Come and join us along with other new parents while your children have fun. We look forward to meeting you. This event is for adults only.

# Year 7 Disco

Date: Monday 11 March 2019, 6:30-9pm

Venue: In the school hall



# Year 8 & 9 Disco

Date: Tuesday 12 March 2019, 6:30-9pm



Venue: In the school hall

A sausage sandwich and drink is included in the fee paid. Students can purchase additional drinks for \$1

# Selective High Schools Placement Test

Date: Thursday 14 March 2019

Details have been sent to applicants for Year 7 2020.

# Judy Boylan's Retirement

A reminder that Judy Boylan's retirement dinner will be held on Thursday 14 March at Wakehurst Golf Club.

For those who haven't RSVP'd or paid and would like to attend please contact Margaret Taylor on <u>margaret.taylor4@det.nsw.edu.au</u> as soon as possible.

# School Cross Country

The School Cross Country Carnival will be held on **Friday 15 March during lunch and periods 5 & 6.** The Carnival will be held around the fields of John Fisher Park. Students will assemble in the school quadrangle at the end of lunch and walk across to the start line in their age groups with supervising teachers.

At the conclusion of their races, **students in Years 11 and 12** will be dismissed (approximately 2:20 pm). Students in Years 7 – 10 are required to remain at school until 3:20 pm and will be supervised by staff in the quadrangle.

Students who are unable to attend the carnival or miss the carnival due to illness may be considered for Zone representation. To be considered, students must inform the Sport Organisers within 3 school days of the carnival, or students may submit a recent official 3km run result from their Athletics club.

> J. Blanch & J. Walker Sports Organisers

# 2019 History Tour Pre-Departure Meeting

Date: Monday 18 March 2019, 6-7pm

Venue: NBSC Manly Campus Staff Common Room

With Academy Travel for parents, and attending staff and students. See more information at the end of the newsletter.

### **Carnation Day**

### Date: Tuesday 19 March 2019

Held during an extended recess, Carnation Day is an SRC fundraising initiative that is also a celebration of love and friendship, gratitude and reverence for friends and teachers. The SRC will be delivering 'warm & fuzzies' and gifts throughout the morning and there will be activities during an extended recess (11:00-11:40).Donations will be accepted during the day and the proceeds will be donated to Stage Artz.



### Year 7 Parent / Teacher Night

### Date: Tuesday 19 March 2019

Year 7 Parents and Guardians should have received an email regarding the up-coming Parent/Teacher Evening on Tuesday 19 March from 3:45pm

We strongly recommend students attend with their parents / carers. Each subject teacher will be available for a 5 minute interview. We recommend spacing your interviews to allow adequate time for movement between teachers.

Book through: school interviews and use the event

### code: **bu88t**

No bookings will be able to be made after the booking code closing time - 9am on Tuesday 19 March.

If you have any queries or if you have trouble accessing the booking site, please contact the office on 9905 3982.

### **P&C** Meeting

Date: Wednesday 20 March 2019, 7pm

Held in the school library, all welcome.

### Parent Seminar

### **Digital nutrition seminar**

'Untangling your tweens and teens from technology: Practical (and positive) strategies for parents'

Date and Venue: Monday 25 March, in the school hall

Time: 6:30-8pm

Cost: Free

Due to seating requirements you will need to prebook your seat through <u>School Interviews</u> and use the event

### code: z8tj2

Bookings will close on Monday 25 March at 9am. For further information on this 90 minute seminar please see the flyer at the end of this newsletter.

### **Volunteers Needed**

### Year 8 Parents

Calling all Year 8 parents, your help is needed to assist with the up-coming New Parents Welcome Evening this Monday 11 March. Volunteers needed between 6-9:30pm.

If you are able to help please email Marg Martin on : <u>margaret.martin@optusnet.com.au</u>

### P&C Working Bee

Sunday 31 March – School Working Bee from 9-3pm

Volunteers needed, if you can spare any time on Sunday 31 March, even for an hour or two it would be greatly appreciated. We have a day of painting, weeding, planting and mulching planned. No experience needed. You can bring tools but equipment will also be provided.

Coffee, morning tea and BBQ lunch will be provided

To RSVP or for more details, please contact Heather Sheldrick on: heathersheldrick@yahoo.com.au

### **Robotics Club**

The Manly Campus Robotics Club (a P & C funded club) welcomes any parents who are free on an occasional Wednesday afternoon from 2.30 - 3.20pm to help supervise the robotics club activities. Most of the members are Year 7 and 8 students. We use the LEGO MIndstorms kits so any familiarity with these would come in handy. No special skills required, just a free hour now and then. Please email your questions to parent volunteer Carlo Manfredini at robotics.at.msc@gmail.com

### **Online roster for canteen volunteers**

Thank you to all the parents who have already signed up to our Term 1 roster to come and volunteer in the canteen. New parents are always welcome and no experience is necessary. You can click on the link below to see the available dates and choose one that suits you. You can also signup with a friend and choose a date to work together. We are still looking for volunteers for March and April.

https://www.signupgenius.com/go/70a0d4aafaa2fabfa 7-term1

### **Lost Property**

Lost property is located at the school office.

If your child has lost an item or an article of clothing, please advise them to check lost property via the office.

Clothing and other lost items that are labelled with your child's name are able to be returned to your child easily. Unfortunately many lost items are not labelled and remain in lost property until claimed. Due to the quantity accumulated throughout the term, any unclaimed items at the end of term are donated to charity or disposed of.

Currently in lost property:

- Lost property from Year 7 Camp
- Lost property from the Swimming Carnival
- School clothes, plain clothes
- Sneakers, hats, rain jackets and umbrellas
- Lunch boxes and drink bottles

### Has your child lost a pair of shoes?



The clothing pool has acquired 3 pairs of shoes via last year's unclaimed lost property.

If your child is missing a pair of shoes, please ask them to visit us when we are next open on Thursday 21 March, 8.15-9.30am, near the canteen. Alternatively contact Chris Schaller at <u>christins@ozemail.com.au</u> for more details.

# **School App**

<u>The NBSC Manly Campus School App</u> can be downloaded from the App store. The App is a convenient way to access the school website calendar, The Weekly Pines newsletter and to advise of your child's absence.

In addition to this, reminders are sent out through the App for various school events and activities.

### Attendance

#### **Absent from School - Notification Procedure**

Please be advised that the only way to report your child's absence is:

- Through the School App (download through the App store)
- 2. An email directly to the school nbscmanlys-h.school@det.nsw.edu.au
- 3. By phoning the school office on 9905 3982 Absences must be advised to the school by 9am.

Please note that an SMS only works as a direct response to the school absence / late notification sent to you. You cannot directly SMS the school to notify of your child's absence.

More information on attendance and absence procedures can be found under <u>rules and policies on</u> <u>our school website.</u>

### SECOND HAND UNIFORMS

### LOCATED NEAR THE CANTEEN

Next open Thursday 21 March and Tuesday 2 April 8:15am-9:30am

### Open before school on the first Tuesday and the third Thursday of the month 8:15am – 9:30am

Coordinators Marg Martin & Chris Schaller Please contact us if you would like to place an order <u>margaret.martin@optusnet.com.au</u>

christins@ozemail.com.au

Donations of washed good quality uniforms are most welcome and can be left at the school office Proceeds go to the P&C for school improvement projects

For second hand band blazers (buy & sell) please contact Diane Turner: <u>moogiet@optusnet.com.au</u>

### **Careers Matters**

**Volunteering Program** 



Our Year 10 Volunteer program at Manly Campus is designed to both encourage our students to honour the school ethos of giving back to the community and to pave the way for future career opportunities. Increasingly, universities and employers are looking for young people with wide-ranging skills and experiences in a variety of different contexts. Volunteer work fits this bill and provides invaluable opportunities to develop those soft skills of the 21<sup>st</sup> century that are deemed so desirable as discriminators in a competitive work space.

At assembly this week, Year 11 students were presented with their Volunteering Awards, many of whom accomplished more than 120 hours of community service in 2018. These students are to be commended for their outstanding efforts, as they have gone above and beyond to make a difference to themselves, others and our world.



#### **Careers Contacts**

Careers Advisors Ms Deb Rixon <u>deborah.rixon@det.nsw.edu.au</u> Ms Donna Colby <u>donna.colby@det.nsw.edu.au</u>

#### **Manly Campus Careers Website**

www.manlyselectivecampuscareers.com



### Term One Band Meeting, Monday 25 February

Thank you to the committee members, Cath Whalan, band directors and other parents for attending. The band committee meets on Monday nights in Week 5, once a term.

The parent committee members for 2019 voted at the AGM in 2018 and the band liaisons are listed below. The meeting discussed the upcoming plans and events for the year. With a full program of events and tours there will be an opportunity for everyone to get involved at some stage throughout the year.

The band directors reported that their ensembles are all off to a very good start. They reminded parents to email or text their band liaison advising of any unavoidable absences from rehearsals or events.

The band treasurer, Linda Harte, advised that she would need to step down by the end of the term at the latest. The committee thanks her for the great job she has done as treasurer.

#### Executive

President	Mel Corner
Secretary	Nic Gouda (Hopf)
Treasurer (Term One)	Linda Harte
Asst Treasurer	Rowena Cook
Enrolments/database	Jen Moran

#### **Non-Executive**

Auditions	Mel Corner
Documents	Mako Turner
Website	Mako Turner
The Weekly Pines	Sarah Dowse
Design	Robyn Latimer (Elshaikh)
Music Library	Melinda Hunter,
	Leanne Haines
Instrument registry	Leanne Haines
Second hand blazers	Dianne Turner
Big Band Bash	Annie White, Amita Gupta
Fun Run & C2Surf	Monique Pardavi
Musicale	Nic Gouda, Dianne Turner

Strings Soiree Jazz Night Out Sally Matthews Annie White, Sarah Dowse

#### International tour

Coordinator Equipment repairs,

Sarah Dowse Phil Watson, Jason Mannell jackets, music, labels Justine McKee, Penny Field, Mansi Tulsiani

#### Liaisons

Concert Band CB	Annie White		
Wind Ensemble WE	Mel Corner		
Symphonic Wind Orchestra			
SWO	Mansi Tulsiani		
Swing Band SwB	Annie Woods		
Stage Band SB	Mako Turner		
Big Band BB	Justine McKee		
Jazz Orchestra JO	Nic Gouda (Hopf)		
Jazz Combo JC	Nic Gouda (Hopf)		
Covers Band	Jen Moran		
String Ensemble SE	Sally Matthews		
Chamber Orchestra	Sally Matthews		

#### Treasurer urgently needed, can you help?

The band is looking for someone who can take on this role from Linda Harte ASAP. Requiring around 1-2 hours a week and the preparation of a financial report once/term, the role is flexible and can be largely done from home.

If you have accounting or book-keeping experience, please get in touch ASAP with band president, Mel Corner andyandmel@gmail.com to find out more.

### Order blazers from Pickles now

Blazers will be first needed in July.

There is a minimum three-month lead-time for new blazers. Please order them from Pickles by Monday 11 March to ensure delivery by June. Some sizes are available now.

#### Second hand blazers - time to buy and sell

To sell a blazer or be added to the waitlist, email Dianne Turner moogiet@optusnet.com.au

#### Invoicing

Band finances are processed through the school accounts. An invoice for Semester 1 fees will be issued by the school next week. Please advise your liaison or

<u>Sarahdowse@gmail.com</u> this week if your child is not on the correct list for their ensemble/s.

### Band Calendar 2019

Some key dates are listed below including the compulsory rehearsal at the start of Term Three for all wind and jazz bands (the pupil free day).

Please make a note of this day for holiday planning.

New event: Europe Tour 2019 parent and student meeting, Tuesday 2 April, 7:30 pm, library

Big Band Bash: 7pm Tuesday 26 March Freshwater Gym

### All Manly Campus families are welcome!

Informal and fun, the Big Band Bash is a great night of music, showcasing the enormous variety and talent in our band program after the groups' first five or six rehearsals.

Eleven Manly Campus ensembles across the wind, jazz and string streams will entertain families and friends.

Band students will walk over to Freshwater Campus after school on Tuesday 26 March for set up and rehearsal followed by a dinner of pizza and fruit.

Concert: 7-9 pm. Entry is by gold coin donation.

### Special dietary requirements for your child?

Please email the event coordinator listed below to advise of this by Sunday 10 March.

### Volunteer needed : driver for the truck

1 x driver the automatic truck over at 3 pm and back to school at 9 pm. (Ideally this person is available to pick truck up from Thrifty, Harbord Road and take to school by 8:30 am earlier that day too.)

Please email event coordinator, Annie White, at concertbandbomc@outlook.com.

Thank you to those parents who have volunteered for food preparation and transport of gear back. We now have enough help for these roles.

# NO full WE rehearsal on Thursday 14 March, brass players only

Due to the selective schools' test being held in the hall, brass players (trumpets, horns, trombone,

euphonium) will have a sectional tutorial with Mark and the full rehearsal is cancelled. Venue TBA. Meet in the foyer.

# HSC Performance Assessment, Monday 18 March, period 6, SE/JO

Jazz Orchestra and String Ensemble will be accompanying HSC music students for their assessments. Dress: Performance Blacks

Call- sheets will be circulated by email next week.

### Some Important dates for diaries

### Term One

**Europe Tour weekly rehearsal Sunday 10 March,** 4:30-6:30 pm *NB late start this week* 

HSC Music performance, Monday 18 March, period 6, SE/JO

**Europe Tour weekly rehearsal Sunday 24 March,** 12-4 pm *NB longer rehearsal, no rehearsal on Sunday 31 March* 

### **Big Band Bash, All Ensembles**

Tuesday 26 March, Freshwater gym. Rehearsal after school with concert at 7pm.

Europe Tour 2019 parent and student meeting, Tuesday 2 April, 7:30 pm, library

Europe Tour weekly rehearsal Sunday 7 April, 2-4 pm

Band parent social night, Thursday 4 April at The Newport Arms, from 7pm.

Europe Tour Rehearsal days, Wed 17 April & Thursday 18 April, MSC, TWO, TJO

**Europe Tour concert and pack gear, Friday 19 April,** MSC, 9- end of day, concert 10 am.

### Term Two

**Europe Band Tour** Sunday 21 April – Sunday 5 May-TWO/TJO

Northern Beaches Instrumental Festival, Saturday 22 June, SE and CO

**Term Three** 

### Workshop Day (pupil free day)

Monday 22 July, All wind and jazz ensembles, COMPULSORY

Australian School Band and Orchestral Festival Saturday 27 July – SWO

Australian School Band and Orchestral Festival Sunday 28 July, all wind and jazz ensembles except SWO COMPULSORY

#### City to Surf Fundraiser

Bondi Beach, Sunday 11 August, open to all members and families

Australian School Band and Orchestral Festival Sunday 8 September, SE/CO

Musicale, Saturday 21 September or Saturday 28 September (date TBC), SWO, JO, SE, CO

#### **Term Four**

Orchestral Soiree MUST SEE! Friday 15 November, Mosman Art Gallery SE/CO

Jazz Night Out MUST SEE! Saturday 16 November, Showroom at DY RSL, SwB/SB/BB/JO

Junior Band Tour Monday 2 – Thursday 5 December CB/SwB/SB

#### **Band Names**

Wind Stream: SWO~Symphonic Wind Orchestra; WE~Wind Ensemble; CB~Concert Band; TWO ~ Touring Wind Orchestra (Europe 2019)

Strings Stream: SE~String Ensemble; CO~Chamber Orchestra

### Jazz Stream/Other:

JO~Jazz Orchestra; BB~Big Band; SB~Stage Band; SwB-Swing Band; JC- Jazz Combo; Covers Band; TJO ~ Touring Jazz Orchestra (Europe 2019)

# Term 1 Calendar

Please check the dates closer to the event

Week 7B	
Week FB	Year 7 Disco, 6:30-9pm in the school
11/03/2019	hall
	New Parents Welcome Night, 6:30-
11/03/2019	9pm, in the Manly Campus library
12/02/2010	Zone Swimming
12/03/2019	-
12/03/2019	World's Greatest Shave, 9am morning
	assembly
12/03/2019	Years 8 & 9 Disco, 6:30-9pm in the
12/02/2010	school hall
13/03/2019	CHS Boys Football Knockout
14/03/2019	Selective High School Placement Test
14/03/2019	Judy Boylan's Retirement Celebration,
	6pm, Wakehurst Golf Club
15/03/2019	Year 7 SRC Applications close
15/03/2019	School Cross Country
15/03/2019-	Bronze Duke of Ed Practice Hike Option
17/03/2019	1
Week 8A	
18/03/2019	Year 9 SMASH performance, 9am
10/02/2010	History Tour pre-departure meeting, 6-
18/03/2019	7pm, in the Common Room
10/02/2010	Carnation Day, during assembly and
19/03/2019	recess
19/03/2019	9PDM – Excursion to Curl Curl lagoon
19/03/2019	Year 7 Parent Teacher Night, 3:45pm
20/02/2010	Year 7 Election speeches, P2 in the
20/03/2019	Common Room
20/02/2010	Principal's Tour, 9:30am. Bookings
20/03/2019	essential via the office 9905 3982
20/03/2019	P&C Meeting, 7pm in the library
21/03/2019	Year 11 Life Ready - Drug Ed
22/03/2019-	Bronze Duke of Ed Practice Hike Option
24/03/2019	2
Week 9B	
	Digitial Nutrition parent seminar,
25/03/2019	6:30pm (see flyer attached)
26/03/2019	Year 7 HPV dose 1 & DTPA
26/03/2019	Big Band Bash, 7pm, at Freshwater
26/03/2019	Big Band Bash, 7pm, at Freshwater
30/03/2019	Compulsory Prelim training
	Compulsory Prelim training Silver DofE
30/03/2019 31/03/2019	Compulsory Prelim training
30/03/2019 31/03/2019 28/03/2019-	Compulsory Prelim training Silver DofE
30/03/2019 31/03/2019	Compulsory Prelim training Silver DofE Option 1. 30/3 Option 2. 31/3
30/03/2019 31/03/2019 28/03/2019-	Compulsory Prelim training Silver DofE Option 1. 30/3 Option 2. 31/3

Week 10A	
28/03/2019- 5/04/2019	Year 12 Assessment Block
2/04/2019	Europe Tour meeting, parents and students, 7:30pm in the library
3/04/2019	2019 French Tour meeting, 6-6:45pm, at Mackellar Girls Campus - staff common room
5/04/2019	Year 8 Visual Arts excursion to Curl Curl Beach
Week 11B	
7/04/2019 - 9/04/2019	Silver Duke of Ed Practice Hike Option 1
8/04/2019	Year 9 Parent / Teacher Evening, 3:45pm
9/04/2019	Anzac Day Assembly
10/04/2019	Year 11 Drama Night, 6pm, in the Performance Space

### **Term 2 Calendar**

Please check the dates closer to the event

Week 1A	
29/04/2019-	
5/05/2019	Europe Band Tour - TWO/TJO
30/04/2019	Year 7 Digital Insight
	Year 11 English Ext Incursion,
1/05/2019	Author talk - Kate Forsyth
2/05/2019	Year 10 Digital Impact
6/05/2019-	
8/05/2019	Year 9 Bundanon Art Camp
	Bell Shakespeare Year 9 (P2) and
6/05/2019	Year 10 (P4)
Week 2B	
	Year 10 Parent / Teacher Evening,
9/05/2019	3:45pm
Week 3A	
12/05/2019-	Silver Duke of Ed Practice Hike
14/05/2019	Option 2
14/05/2019-	
16/05/2019	NAPLAN - paper test period

The next edition of The Weekly Pines will be in Week 8 on Friday 22 March



# Untangling your tweens & teens from technology: Practical (and positive) strategies for parents

In this dynamic 90-minute seminar psychologist, Jocelyn Brewer, will help parents and carers understand aspects of technology, app and video game design that prove to be so seductive (and perhaps even 'addictive') to young people.

Her fear-free, practical approach will help parents build skills to communicate with their tweens and teens, implement boundaries and consequences for behaviours (both online and off) and assist young people to identify and manage their emotions, time and choices.

She will explore the ways young people use technology, some of the features of tech design that makes it so alluring and hard to put down, and the impacts on young people's wellbeing. Jocelyn will introduce the concept of Digital Nutrition as a positive framework for shaping healthy tech habits and a diverse digital diet, as well as how to apply the 3M's (mindful, meaningful and moderate) to online activities.

### **About Jocelyn:**



Jocelyn is a Sydney-based psychologist with 15 years' experience in public schools as both a teacher and counsellor. She has been studying the impacts of technology use for a decade. She is part of Australia's first formal <u>cyber-psychology research group</u> at the University of Sydney where is completing Masters research on the relationship between parenting styles and young people's smartphone habits. She created Digital Nutrition in 2013 as a positive framework for addressing digital wellbeing issues and preventing technology addictions.

Jocelyn will provide practical strategies for parenting in the digital age and answer any questions you might have about video games, social media and digital cultures.

### More information: www.digitalnutrition.com.au



Invitation to all Manly Campus families and friends Tuesday 26 March, 7–9pm Freshwater Campus Gym Gold coin donation entry – all proceeds to the band program



# Enrolling into high school at Northern Beaches Secondary College Parent information evening

### Monday 25<sup>th</sup> March, 2019 - 7pm to 8pm

NORTHERN BEACHES SECONDARY COLLEGE NBSC Freshwater Senior Campus - The Performance Theatre 153 Harbord Road, Freshwater

- Parents will be provided with information about Public secondary school enrolment.
- Details of options for Northern Beaches parents for the 2020 school year will be discussed.
- Guest Presenter is Julie Kennedy, Director Educational Leadership, The Beaches Network and panel members include NBSC Campus Principals

### Places are limited. Booking is required online at: Trybooking https://www.trybooking.com/BBCOY

For details contact Northern Beaches Secondary College on Ph: 9939 6942

Northern Beaches CONDARY COLLEGE

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