



The Weekly Pines

Northern Beaches Secondary College

Manly Campus



Academic Excellence ★ Personal Best ★ Giving Back to the Community

Principal: Ms Cath Whalan

Deputy Principals: Ms Kathy O'Sullivan
Mr Alex Newcomb

3 May 2019 – Newsletter No.8

From the Principal

Welcome Term 2

Welcome back to Term 2 for all students and staff. A particular warm welcome to the following new staff members: Tom Daven (HSIE - Economics), Kathryn Eriksson (HSIE - History), Scott White (PDHPE) and Lana Prideaux-Remin (Visual Arts).

During the holidays, two groups of students travelled to Europe for band and history tours. By all accounts, the history tour was an enjoyable and worthwhile experience for students and staff. The Band tour is still in progress and going well.

A report on the history tour will be in next week's newsletter. There is a report on the band tour - ANZAC day in Berlin in the band news, with more news to follow in next week's newsletter. In addition, the Band tour Facebook blog can be followed at [Manly Campus Sydney Europe Band Tour](#).



School Development Day

On Monday, our staff were involved in professional learning to further our understanding of twice-exceptional students and develop additional teaching and learning strategies to support them.

The documentary, 2e: Twice Exceptional, provides 'an honest, up-close look at what it's like to be - or to be the parent or teacher of - a young person who's both gifted and coming to terms with a learning difference'. We are planning a parent night to show this, and the follow-up movie 2e2, in the near future. Details about the film are available at [2emovie](#).

Thank you to Sarah Adlington, psychologist with KYMHS, who provided information and strategies to support students with unhealthy anxiety and perfectionism. She explained the 'Yerkes-Dodson law,' which states that performance increases with physiological or mental arousal (stress) to a point, beyond which the level of stress becomes too high and performance decreases.

The other sessions during the day focused on empowering staff to ask difficult questions in supporting students' wellbeing.

Parent Teacher Evenings

Parent teacher interviews continue throughout this term, with the Year 10 evening next Thursday 9 May. These events provide a valuable opportunity for our staff to meet with parents and discuss the progress of students. The Year 8 and 11 parent

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teacher interviews will also be held this term.

Parent Teacher Evenings	
Year 10	Thursday 9 May (Week 2)
Year 8	Monday 17 June (Week 8)
Year 11	Tuesday 21 May (Week 4)

We look forward to the ongoing alliance in learning between the home and school for all our students and invite parents to contact the school at any time should they have concerns about their child's progress.

Endure for a Cure

Today, 16 students took part in the Endure for a Cure Schools Challenge, a 5-hour cycling event held at Sydney Motorsport Park, Eastern Creek to raise money for The Children's Cancer Institute.

Congratulations to our participating students who raised funds for this worthy cause and endured a day of physical challenge to improve the prognosis of children with cancer. Thank you to Fiona Brien for her enthusiastic coordination of our school's participation in this annual event. If you would like to sponsor a member of the team, please go to team [Manly Selective](#). There is an article on this event in this newsletter.

Congratulations to:

- Evie Coulter - 2019 Australian u15 Surf Champion.
(Photo on the right)
- NBSC Combined High Schools sailing regatta team members: David Tulk and Andrew De Montfort - Year 9,



Nicholas Mulquiney and Calum Kennedy - Year 8 and Lauren Mulquiney and Aneya Sarkar-Year 7. In the first week of the school holidays, NBSC came equal 1st on points but 2nd on countback in the Combined High Schools sailing regatta held at Belmont, Lake Macquarie. Each team had three boats, David and Andrew in the top team, sailed a Flying 11 and came 4th overall out of the 92 competing boats. Of the other two Flying 11s, Lauren skippered one with Aneya as crew and the other was skippered by Nicholas with Calum as crew.

In this regular feature, we like to recognize students who have achieved highly in school and community events, competitions and activities. Demonstrations of the school ethos of academic excellence, personal best and giving back to the community deserve to be recognized. Parents are welcome to phone or email the school any achievements that we may not be aware of, for inclusion in The Weekly Pines.

Cath Whalan
Principal

Sport Term 2

Important dates

Wednesday Sport

Week / Date	Event
Weeks 1 & 2	Grade Sport Trials
Week 2 Friday 10 May, 5pm	Online Recreational Sport Selections Open
Week 3 Monday 13 May, 5pm	Online Recreational Sport Selections Close
Week 4	Grade Sport and Recreational Sport Starts

Carnivals

Week / Date	Event
Week 4 Thursday 23 May	School Athletics
Week 5 Friday 31 May	Zone Athletics
Week 6 Thursday 6 June	Zone Cross Country
Week 8 Friday 21 June	Sydney North Cross Country

Knockout Sport

Girls Open Netball vs Narrabeen Sports High
- Monday 13 May

Sydney North Trials

Remember to check the calendar outside the PDHPE staff room or the [Sydney North Website](#) for trial information.

SRC Adventure - Sydney

Transport Adventure



Student Report

The bleak weather on Monday 29 April was not disguising the excitement in the air for the SRC Social organised by Alex Yuen in Year 10.

While all the teachers were busy at school and all our friends were sleeping in, a group of colourfully dressed SRC students were heading down to Manly, eager to catch the ferry over to Circular Quay, to let the STA (Sydney Transport Adventure) begin.

Teams criss-crossed Sydney, travelling from locations such as Bondi to Olympic Park, or Parramatta to Pyrmont, on trains, buses, light rail and ferries. Along the way, fun and unique team based challenges were set, such as trying to find a street sign which personified a team member, creating a team chant, re-enacting a historical moment at a historical monument, finding unique flavours of ice cream and finding out how many balloons you could attach to your body. An alternative way to get points was taking a selfie at one of the many pit stops (landmarks). Stopping at an IKEA, pet restaurant, art installations or the first official Lego store in Sydney, they were just some of the pit stops spread out across Sydney. We ended off the day with a nice sausage sizzle by the beach!

As a year 7, I greatly enjoyed the experience to meet and get to know my fellow SRCs' and the opportunity to do it in such an engaging, energetic and exciting way. I am sure that everyone who

attended had a memorable and fun day, and I can't wait to do it sometime again!

Liam Lehane (Year 7)



From top to bottom: Team Marvel-Us, Team Black and White, Team Blue and Team Tourists.



This year is the 4th year in a row Manly Campus has taken part in Endure for a Cure, raising funds for childhood cancer research.

Today we sent 16 enthusiastic, energetic and altruistic young people to participate in the Endure for a Cure Schools Challenge. This is a 5-hour cycling event held at Sydney Motorsport Park, Eastern Creek for high school students from Years 10 to 12.

Students ride as part of the 12 hour Endure for a Cure corporate cycling event in a safe, traffic-free environment.

The fabulous students that challenged themselves physically, socially and fiscally are Isaac Clark, Joanna Ho, Kylie Ma and Thomas Pan in Year 11 and Zahra Chew, Thilara De Mel, Daniel Duncan, Lea Hartley, Rishi Israni, Jack Li, Isabella Lorenzo, Ryan Lynch, Keeghan Marshall-Witte, Levi Newport, Max Oldham, Tasman Parnell, and Rory Self in Year 10.

This amazing experience offers our young people the opportunity to demonstrate our school goals of personal best and giving back to the community and wonderfully reflects the Five Ways to Wellbeing.

Take notice

Children's Cancer Institute is an amazing charity that has one aim; to cure all childhood cancer. To do this they need money for on-going research. By participating in the Endure for a Cure Schools Challenge and enduring a day of physical challenge, our students will be helping improve the prognosis for other Australian kids with cancer, now and into the future, in a tangible, authentic way.

Be active

This challenge promotes teamwork, social connection, sport, fitness and healthy competition.

Endure for a Cure is also a perfect opportunity for our students to forge lasting relationships and connections with some prestigious corporate organisations in Sydney as well as allowing students to give back to the community and help funding towards research for childhood cancer. Work

experience placements, business and career mentoring and aspirational role models will be riding alongside your students every lap of the circuit. Last year I lost count of the number of corporate riders who commended our students for their altruism, community mindedness and enthusiasm. They will remember Manly Campus as an authentically engaged, philanthropic and generous school whose students actively act upon the values their school espouses - personal best and giving back to the community.

Connect

Talk, listen, be there, feel connected

Give

Your time, your words, your presence, your appreciation

Each student participating needs to raise \$500 (or more) to go towards vital research into childhood cancer. Students are fundraising through the [Endure for a Cure website](#). They would be most grateful for any sponsorship from the Manly Campus community, as would their Endure for a Cure teacher (me!) Click on the [website link](#) and follow the instructions to donate what you can to this incredibly worthwhile cause.



Go Manly!
Fiona Brien



NAPLAN Online

NAPLAN assesses literacy and numeracy – important skills that each child needs to succeed in school and life. The NAPLAN tests are designed to help make sure students are on track with their literacy and numeracy development. Students in Years 3, 5, 7 and 9 participate in NAPLAN tests for Reading, Writing, Conventions of Language (spelling, grammar and punctuation) and Numeracy.

Between Tuesday 14 May and Tuesday 21 May, students in Year 7 and 9 will participate in NAPLAN Online. The schedule will be:

Term 2 - Week 3

Tuesday 14 May – Writing

Thursday 16 May – Reading

Friday 17 May – Conventions of Language

Term 2 - Week 4

Tuesday 21 May – Numeracy

***Note: If a student is away, catch-up sessions can be arranged up until Friday 24 May.**

Students will be advised on session times the week prior to the tests so that they know what lessons to prepare for. Students do not need to be computer experts to take the NAPLAN test online. Making sure students have computer skills is part of our school curriculum, and our teachers will ensure that students are familiar with the online format. To see the types of questions and interactive features of NAPLAN Online, visit [the public demonstration site](#).

Important: students need to ensure they bring their own set of wired headphones and a pen to each test session.

If you have any questions about NAPLAN Online, please contact the Deputy Principal for Year 7 and 9, Mr. Newcomb.

For more info:

- [How to support your child during NAPLAN](#)
- [information for parents and carers](#)
- [Watch a video that explains NAPLAN Online](#)
- [Subscribe to ACARA's monthly parent newsletter, Parent Update](#)

Upcoming Events

Year 9 Bundanon Art Camp

Date: Monday 6 May – Wednesday 9 May

Reminder to all students attending Bundanon Art Camp to meet at Harbord Road bus bay at 6am Monday morning.

NAPLAN Equating study

Date: Monday 6 May

Year 7 and 9 – 25 students from each year, randomly selected by ACARA to participate in this year's NAPLAN Equating study.

Parents/guardians of these students have been notified.

NAPLAN Online

Between **Tuesday 14 May and Tuesday 21 May**, students in Year 7 and 9 will participate in NAPLAN Online.

Year 10 Parent / Teacher Night

Date: Thursday 9 May

Time: from 3:45pm – 6:45pm

Year 10 Parents and Guardians have been emailed booking details for the Year 10 Parent/Teacher Evening next term on Thursday 9 May.

The booking site is open through www.schoolinterviews.com.au

Please use the event code **da792**

Booking access using the above event code will be open until 9am Thursday 9 May. No bookings will be able to be made after closing.

We strongly recommend students attend with their parents / carers. Each subject teacher will be available for a 5-minute interview. We recommend spacing your interviews to allow adequate time for movement between teachers.

The Entertainment Book



The 2019/2020 Entertainment Book is on sale now to support Manly Campus, raising funds for our school. 20% of every membership sold contributes to our fundraising.

The Entertainment Book can be ordered in either digital or hard copy format. Either version costs \$70.

Some benefits of the digital version are that you can:

- Redeem offers from your phone
- Search for nearby offers
- Share with a family member
- Keep track of the value you have received

The Entertainment membership contains valuable 2 for 1 offers, special rates and up to 50% off on activities, dining, shopping, travel and leisure.

Go to [The Entertainment Book – Support NBSC Manly Campus](#), to purchase your book and support our school.

SECOND HAND UNIFORMS

LOCATED NEAR THE CANTEEN

Next open Tuesday 7 May

and Thursday 16 May

8:15am-9:30am

Open before school on the first Tuesday and the third Thursday of the month
8:15am – 9:30am

Coordinators Marg Martin & Chris Schaller

Please contact us if you would like to place an order

margaret.martin@optusnet.com.au

christins@ozemail.com.au

Donations of washed good quality uniforms are most welcome and can be left at the school office
Proceeds go to the P&C
for school improvement projects

For second hand band blazers (buy & sell) please contact

Diane Turner: moogiet@optusnet.com.au



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Karen O'Kane
99053982
karen.okane@det.nsw.edu.au

Lost Property

Lost property is located at the school office.

If your child has lost an item or an article of clothing, please advise them to check lost property via the office.

Clothing and other lost items that are labelled with your child's name can be returned to your child easily. Unfortunately, many lost items are not labelled and remain in lost property until claimed. Due to the quantity accumulated throughout the term, any unclaimed items at the end of term are donated to charity or disposed of.

Currently in lost property:

- Wallet with opal card – no name, lost last term.
- Reading glasses, Watches, Key
- School Jumpers and Jackets

Attendance

Absent from School - Notification Procedure

Please be advised that the only way to report your child's absence is:

1. Through the School App
(download through the App store)
 2. An email directly to the school
nbscmanlys-h.school@det.nsw.edu.au
 3. By phoning the school office on 9905 3982
- Absences must be advised to the school by 9am.

Please note that an SMS only works as a direct response to the school absence / late notification sent to you. You cannot directly SMS the school to notify of your child's absence.

More information on attendance and absence procedures can be found under [rules and policies on our school website](#).

School Website

The NBSC Manly Campus website is a wealth of information.

There is a calendar on the home page, as well as an [events section](#), where you will find important upcoming events to keep abreast of.



Copies of the [newsletter](#), current and past, can also be accessed on the website, as well as [assessment schedules \(under Learning at our school – school years\)](#) and other important information.

[Visit NBSC Manly Campus Website](#)

Careers Matters



Careers Contacts

Careers Advisors

Ms Deb Rixon

deborah.rixon@det.nsw.edu.au

Ms Donna Colby

donna.colby@det.nsw.edu.au

Manly Campus Careers Website

www.manlyselectivecampuscareers.com

Manly Campus Facebook Page

[Follow us on Facebook](#)



Europe band tour: 21 April- 5 May

Today is the second last day of what has been a magnificent music performance tour to Europe by the senior wind and jazz orchestras. The tour started in Berlin in Germany, travelled to Prague and small towns in the Czech Republic and ends now in Poland with performances in Krakow and Warsaw.

A snapshot of Anzac Day in Berlin illustrates how special this tour has been:-
3:30 am was a very early rise for our 50 teenagers who worked efficiently to set up 750kgs of band equipment at the Berlin military cemetery for the dawn service. All was achieved before the first light of day.

The ceremony was attended by the ambassadors to Australia and New Zealand, representatives from numerous armed forces, as well as many others. As dawn broke, our wind orchestra played traditional hymns accompanied by an Australian opera singer in what was a truly moving ceremony under magnificent oak trees.

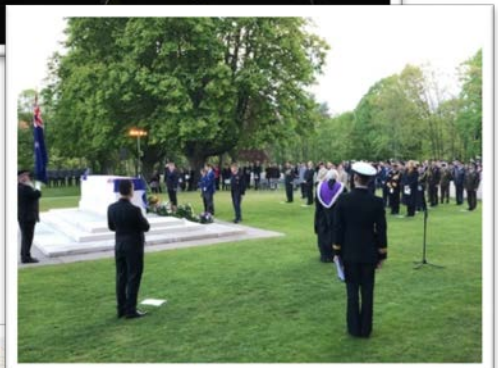
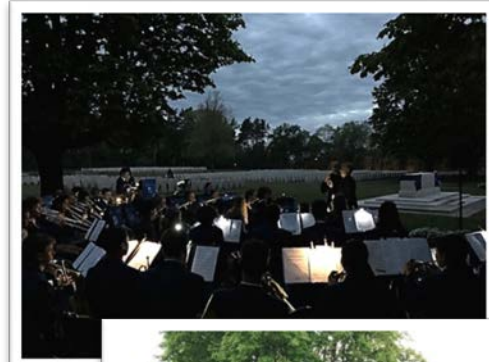
A Manly Campus wreath was laid by students Lachlan Attrill and Aja Elshaikh. There was barely a dry eye when *The Last Post* and *Reveille* rang out across the grounds, played by Tim Crow who assisted with our tour group. A small jazz group played at the Gunfire Breakfast at the Australian embassy afterwards.

While the students' music was very much admired and acknowledged with formal praise by both the Australian and NZ ambassadors, what gained most comment from those at the embassy breakfast was the character of the students themselves. They are to be congratulated for representing Manly Campus with such distinction throughout these past two weeks.

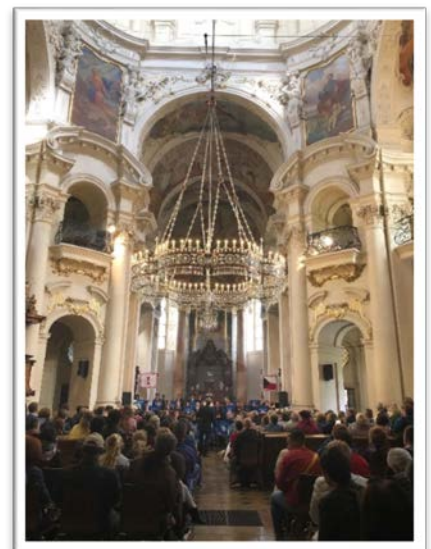
In Prague, the wind orchestra played to an audience of around 800 people in the old town at the beautiful St. Nicholas Church and received two

standing ovations, much to the delight of the students and to the director Mark Brown. The acoustics in the church were fantastic and the whole ensemble are playing at a level now that they would not have dreamt possible only two months ago.

There has been many other band tour highlights and the tour continues. Stay tuned!



ANZAC day
in Berlin



Band in St
Nicholas
Church

Semester 1 Band Fees due 12 April

Families are requested to please pay any outstanding band fees from Term1, this week at the latest.

If you need more time to pay, please email the band treasurer at lindaharte2@gmail.com

Second hand blazers

The following sizes are available for sale: size 6 x 1, size 12 x 2, size 16 x 2.

To sell a blazer or to be added to the waitlist for future sales, email Dianne Turner moogiet@optusnet.com.au

Treasurer needed, can you help?

The band is looking for someone who can take on this role from Linda Harte ASAP. Requiring around 1-2 hours a week and the preparation of a financial report once/term, the role is flexible and can be largely done from home.

If you have accounting or bookkeeping experience, please get in touch ASAP with band president, Mel Corner andyandmel@gmail.com to find out more. You may be happy to act as an assistant treasurer to a new treasurer. Please let us know.

Band Calendar 2019

Please note the workshop day on the pupil-free day, Term 3 for holiday planning.

Term 2

Rehearsals for SE commence Friday 3 May

Weekly rehearsals for all other groups commence from Monday 6 May

Europe Band Tour

Sunday 21 April – Sunday 5 May- TWO/TJO

Fine Music 102.5 School Jazz Combo competition,
Saturday 25 May, JC

Australian School Band and Orchestral Festival,
premier big band event, AIM

Sunday 26 May – JO

Northern Beaches Instrumental Festival, Saturday
22 June, SE and CO

Term 3

Workshop Day (pupil free day)

Monday 22 July, All wind and jazz ensembles,
COMPULSORY

Australian School Band and Orchestral Festival
Saturday 27 July – SWO

Australian School Band and Orchestral Festival
Sunday 28 July, all wind and jazz ensembles except
SWO **COMPULSORY**

City to Surf Fundraiser, Bondi Beach, Sunday 11
August, open to all members and families

Essentially Ellington Down Under Festival,
Wednesday 14 August, Sydney Conservatorium, day-
time TBA, SwB/SB

Fine Music 102.5 School Jazz Combo competition,
Saturday 31 August, JC

Australian School Band and Orchestral Festival,
Sunday 8 September, SE/CO

Musicale, Saturday 21 September, SWO, JO, SE, CO.
CONFIRMED DATE

Term 4

Orchestral Soiree **MUST SEE!**
Friday 15 November, Mosman Art Gallery SE/CO

Jazz Night Out **MUST SEE!**
Saturday 16 November, Showroom at DY RSL,
SwB/SB/BB/JO

Junior Band Tour
Monday 2 – Thursday 5 December CB/SwB/SB

Band Names

Wind Stream:

SWO~Symphonic Wind Orchestra; WE~Wind Ensemble; CB~Concert Band; TWO ~ Touring Wind Orchestra (Europe 2019)

Strings Stream:

SE~String Ensemble; CO~Chamber Orchestra

Jazz Stream/Other:

JO~Jazz Orchestra; BB~Big Band; SB~Stage Band;
SwB- Swing Band; JC- Jazz Combo; Covers Band; TJO
~ Touring Jazz Orchestra (Europe 2019)

Term 2 Calendar

Please check the dates closer to the event

Week 2B	
6/05/2019-8/05/2019	Year 9 Bundanon Art Camp
6/05/2019	NAPLAN Equating Test, 25 x Year 7 and 9 students
7/05/2019	College Senior Music Day, Year 10, 11 and 12 Elective music students, all day
9/05/2019	Project Penguin Habitat Visit, 40 x Year 9 students, all day
9/05/2019	Year 10 Parent Teacher night, from 3:45pm
12/05/2019-14/05/2019	Silver Duke of Ed Practice Hike - Option 2
Week 3A	
14/05/2019	NAPLAN
15/05/2019	New Caledonia incursion, at Mackellar Girls Campus, 8:35am
15/05/2019	P&C Meeting, 7pm in the library, all welcome
16/05/2019	NAPLAN
17/05/2019	NAPLAN
Week 4B	
20/05/2019	Da Vinci Decathlon Training Day
21/05/2019	Year 11 Parent Teacher night, from 3:45pm
21/05/2019	NAPLAN
23/05/2019	School Athletics carnival, Narrabeen Sports Centre, all day
24/05/2019	SRC Biggest Morning Tea
Week 5A	
27/05/2019	Term 2 Band Meeting, in the library, all welcome
28/05/2019	Da Vinci Decathlon, Years 7 and 8
29/05/2019	Da Vinci Decathlon, Years 9-11
29/05/2019	Senior Careers Night, 6:30-8:30pm
30/05/2019-1/6/2019	Silver Duke of Ed Practice Hike - Option 3
30/05/2019	Year 12 Economics Excursion
30/05/2019	Project Penguin Year 9, 1/2 day visiting Primary Schools
30/05/2019	Vocal Ensemble and Tides of Sound Northern Beaches Eisteddfod

Week 5A cont.	
30/05/2019	Year 11 Crossroads - GPs in Schools
31/05/2019	Zone Athletics, all day
31/05/2019	Year 11 Physics Excursion, Luna Park, all day
Week 6B	
5/06/2019	The Australian History Competition 7-10
5/06/2019	Project Penguin Year 9, 1/2 day visiting Primary Schools
6/06/2019	Zone Cross Country
6/06/2019	Bell Shakespeare, Year 9 in P4 and Year 10 in P5
7/06/2019	Year 11 Crossroads - RYDA
Week 7A	
10/06/2019	PUBLIC HOLIDAY
11/06/2019-14/6/2019	Year 12 interviews
11/06/2019	Year 10 Meningococcal Vaccinations
11/06/2019	Zone Cross Country Wet weather back up date
11/06/2019	Project Penguin Year 9, 1/2 day visiting Primary Schools
Week 8B	
17/06/2019	Year 8 parent teacher night, from 3:45pm
19/06/2019	Principal's Tour, 9:30am, bookings essential via the office 9905 3982
19/06/2019	P&C Meeting, 7pm in the library, all welcome
21/06/2019	Musical Rehearsal
21/06/2019	Sydney North Cross Country, all day
22/06/2019	Northern Beaches Instrumental Festival, SE/CO
Week 9A	
24/06/2019-29/6/2019	Musical
24/06/2019	2E Parent Seminar, Ian Wallace Psychologist, 6:30pm-8:30pm
27/06/2019	Project Penguin Expo Day, Taronga Zoo, all day
27/06/2019	Tim Tams for Jim Jams, during assembly and recess
Week 10B	
2/07/2019	Year 7 Zoo Excursion TBC