



The Weekly Pines

Manly Campus

Northern Beaches Secondary College

Academic Excellence ★ Personal Best ★ Giving Back to the Community



Principal: Ms Cath Whalan

Deputy Principals: Ms Kathy O'Sullivan
Mr Alex Newcomb

14 September 2018 – Newsletter No. 29

From the Principal

Year 10 ILP Expo

'Wow' is the word that came to mind during the Year 10 ILP expos held on Wednesday and Thursday evenings this week. Once again, the Year 10 students excelled themselves, clearly demonstrating their deep learning and understanding through the explanations provided to the judges and audience members.

Under the themes of Art, Design, Entrepreneurial, Research and Subject Specific, the range and quality of projects was outstanding. Students aptly demonstrated their skills in creativity, critical thinking, self-directed learning, time management and reflective thinking to effectively answer questions from parents, teachers and experts in the field.

Congratulations to all students who worked so passionately and enthusiastically to achieve such impressive projects. A huge thank you to Ms Hewes for coordinating the expo and to ILP teachers and parents for your ongoing support of Year 10 throughout the ILP process.



SRC 2019 Induction

The 2019 Student Representative Council (SRC) members were inducted at a whole school assembly on Tuesday. The assembly also provided an opportunity for the whole school to congratulate School Captains; Arquette Milin-Byrne and Dawei Yuan, Vice Captains; Neve Morgan and Zach Eggleton and the Year 12 Executive; Alexander Lee, Charlie Bosler, Lachlan Mizon, Lara Hather, Luke Nelson and Moe Iwasawa; and to thank the 2018 SRC for their organisation of so many enjoyable and successful fundraising activities held throughout the year. Particular thanks go to this year's leadership team

NBSC Manly Campus

138 Abbott Road, North Curl Curl NSW 2099

Phone: 9905 3982 / Fax: 9905 777 / Email: nbscmanlys-h.school@det.nsw.edu.au

P&C website: www.manlypandc.org.au

of Natalie, Max, Lauren, Jesse, Harrison, Sarah, James, Dillon, Ella, Ryan, Rhiannon and Jessica who have provided strong role models for SRC members and the wider school community and proudly represented our school at both formal and informal events. Thank you to Mr Leung, Ms Giuffrida and Ms Kontrec for their organisation and coordination of the SRC throughout the year.



Trivia Night

The annual P&C Trivia Night was held last Saturday night and the 'colourful' theme was not only on display through the outfits and decorations, but also formed the basis of the fun, challenging and interesting questions throughout the night. A huge thank you goes to Sally Rodgers who coordinated and organised the whole event, resulting in over \$12,500 raised for P&C funds. Thank you also to the many sponsors who so kindly donated such impressive prizes, to those who donated items for the many hampers and to our trivia master, auctioneer, and scorers.

Year 12 Assembly

The last Year 12 Assembly in the Library for G18 was held on Thursday. Mrs Walker shared memories of the year group as they've grown from the shy Year 7 students who joined the school in 2013 to the capable and confident Year 12 who will be sitting their HSC next term. We have appreciated the many contributions they have made to the school, both individually and collectively, and wish them all the best for their last two weeks of school. The whole school will get a formal opportunity to farewell Year 12 on Wednesday 26 September and their Graduation Ceremony will be held on Monday 12 November at Freshwater Senior Campus Gymnasium.



Macquarie University Business Innovation Challenge

Recently a group of Year 10 students attended the Macquarie University two day Business Innovation Challenge. These students had the opportunity to work within the brand new Incubator building which is designed for the purpose of housing groups working on new ideas and start ups. The topic presented for each group to solve was the MunichRe business problem. Over the time, our students were provided with a rich working environment, supported and mentored by experienced teachers, industry experts and senior Macquarie students. Judging from the very positive feedback from the organisers our Year 10 students were wonderful school ambassadors. A student report on this event is in the Careers section of *The Weekly Pines*. Congratulations to all involved.

Volunteers Thank You Evening

Next Wednesday evening, the many volunteers who contribute to our school in so many ways are invited to come along and be recognised and thanked at this annual P&C event. We hope you can join us from 6:30pm in the foyer.

R U OK

Yesterday was R U OK Day. It is a day when all Australian families are asked to reconnect with family, friends and colleagues to ask them R U OK? Asking a young person R U OK? might be the first step for them in getting help for a tough time they



are experiencing. Over the weekend, I encourage you all to check in with loved ones and ask them R U OK?

Congratulations to:

- Chelsea Liu in year 11, who has been selected as one of ten state finalists for the 2018 Commonwealth Bank of Australia Plan Your Own Enterprise Competition. She will have the opportunity to present her business plan for *Pherfume* to a panel of judges during the October holidays at Commonwealth Bank Place.
- Chun-Ta Wu (Year 7) who competed in the Manly Cup, a Golf NSW Vardon event (opens to male golfers with a handicap of 4 and under) on Sunday. He came 6th in nett and tied 21st in scratch.
- Moe Iwasawa who was a finalist in the Northern Beaches Young Writers' Competition for 2018. Over 580 stories were read and shortlisted, then the shortlisted stories were read by the final judges, and Moe's story was chosen to receive an award.
- Hannah Lovlin who received Bronze in Opens Steeplechase at Combined High Schools athletics on 7 September.
- Our dance ensembles who performed at Ryde Eisteddfod on Saturday. Two groups received Highly Commended awards - Company, in the secondary schools contemporary section, with their routine 'Waving Through a Window'; and the Jazz ensemble, in the secondary schools jazz section, with their routine 'Trust A Try'.



**Cath Whalan
Principal**

From the Deputies

The Learning Exchange

This week, Year 10 students had an opportunity to showcase the products, artworks, designs and research findings of their Independent Learning Projects at the ILP Expos on Wednesday and Thursday nights. During these events, the hall was filled with a buzz of excitement, sense of achievement and thought stimulating conversation. To observe this spectacle was to see a direct example of 'the learning exchange'; how the roles of staff and students as educators and learners are interchangeable. This week, our students once again demonstrated that they can teach us so much about what they find out, solve, and produce; as well as the critical and creative thinking processes they have used to get there.

Our students are capable, they are 'digital natives' who have the ability to find most of the facts and information they want, but what the ILP program aims to do is build the skills and attributes that can't be googled. The program provides a structure that aims to teach students where and how to look for information, and even more importantly, how to critically evaluate information. The program enables staff to transcend the traditional models of teachers as transmitters of content to become facilitators of authentic learning experiences. After all, the worst thing you can do for a clever student is to get in their way.

But what is authentic learning? In definition, it is creating instructional activities that have real-world applications that are relevant to the student; in practice, it is programs such as the ILP. During the expos the students had the opportunity to discuss their inquiry-based projects, the students often referred to how they followed their passions, found their inspiration, shaped their 'product' and then adapted to the challenges they faced in producing it. They often referred to taking their big 'pipedream' ideas and whittling them down into an achievable form, whilst still remaining true to the original personal interest driving their projects. Isn't this compromise what

the big challenge and of life is all about? Balancing the pursuit of our passions within our parameters?

Bravo to all our students for contributing to a school culture based on a true love, and development, of lifelong learning.



Alex Newcomb (DP- Years 8, 10 & 12)

Kathy O'Sullivan (DP – Years 7, 9 & 11)

THANK YOU!

VOLUNTEER THANK YOU EVENING

Wednesday 19 September, 6:30pm

Have you helped out in the canteen or uniform shop? Sewed costumes or served dinners for musical? Assisted with the band? Transported students to debating or chess? Been involved with the robotics club, praxis, ILPs or working bees?

If you have volunteered ANY of your time and expertise to the school in any capacity over the past year this night is for YOU!

Please join us in the new library extension on **Wednesday 19 September from 6:30pm to 8:30pm** for a drink or two, some light finger food and a chance to celebrate our wonderful school community.

We do need numbers for catering, so please could you **RSVP by Monday 17 September** to jennifer.bowden1@det.nsw.edu.au or call the school office on 9905 3982.

Bstreet Smart

Recently, Year 10 attended the bstreet smart excursion at Qudos Bank Arena. The day started with a realistic and confronting demonstration portraying the disastrous outcomes of a car crash. This role play was especially important for Year 10 as they are beginning to get their licence and learn to drive. Following the demonstration, students listened to speeches from individuals personally affected by car crashes. They spoke about their experiences and the lasting physical and emotional impacts on both them and their families. During the lunch break, everyone had the opportunity to visit a range of interactive displays from NSW Road Services, NSW Police and Ambulance services, LTrent driving school and some examples of car crashes that had occurred in the past. After lunch, 5 NBSC Manly Campus students were involved in a Theatre Sports activity, where, in front of thousands of students, they had to think on their feet and role play out realistic ways that they could tell their peers to stop driving in an unsafe manner. Overall, the excursion was a great success, with Year 10 being more aware of the consequences of their behaviours and choices they make when they get behind the wheel of a vehicle.



bstreetsmart
NSW2018

Debating success

NBSC Manly Campus Year 9 debating team; Eliza Lo Russo, Nina Grosdanova, India-Sioux Fabig and Max Oldham, won the Northern Sydney semi-final of the Premier's Debating Challenge against North Sydney Girls High School. The team argued successfully against the idea that half of all Cabinet seats should be reserved for women. The next debate (the regional grand final) is against either Hornsby Girls High School or Killara High School.

The Year 8 debating team; Emma Walton, Bezi Saunders, Eleanor Yetts-McKernan and Hannah Toyoda, won their most recent competition against Pittwater High School. They argued successfully that the government should not impose a curfew on teenagers.

Colour Run

The 2018 Manly Campus Colour Run was held this week and was a huge success. The purpose behind this event is to encourage lifelong physical activity for our staff and students in a fun environment, whilst raising much-needed funds for NSW Farmers and for our new outdoor fitness equipment.

The event kicked off with Year 10 leading the charge, followed by the eager younger years. It was great to see all students getting involved, completing many laps of the course. There were some stand out performances on the day and we would like to recognise the following students:

Most Laps – Logan Campbell (17 laps)
(Special mentions to Hannah Farrugia, Max DeVries, Lachlan Farquhar & Amrita Vivekanandhan)

Fastest times

Year 7 – Noah Sturzaker (2:48mins)
Year 8 – Logan Campbell (2:44mins)
Year 9 - Malayika Russell (3:22mins)
Year 10 – Connor Carroll (too fast for the stop watch)

Most Coloured

Aidan Moore – Year 8

The Colour Run aimed to create a healthy alternative to fundraising and it was very successful! Together, the MSC community raised \$7,400 that will now be put into our outdoor fitness equipment and 20% will be donated to NSW Farmers for drought relief. Thank you all for making it another incredible Colour Run!



SAVE THE DATE

Year 12 Farewell Assembly
Wednesday 26 September, 10am

SAVE THE DATE – IN WEEK 1, T4

Year 12 2019 Information Evening
Tuesday 16 October
6:30pm in the hall

Wraps with Love Blanket Auction

On Tuesday 18 September, the Year 12 students will be auctioning 5 Wraps with Love blankets that have been produced by many students, teachers and parents during 2018. The auction will take place during The School Assembly, and anyone may make a bid. This annual event helps to provide the resources for the next year's Wraps with Love.

During 2018, there were many new students who have learnt how to knit and have enjoyed their "Giving back to the Community" effort. In fact, there have been some 1,400 squares knitted by all who donated their time knitting or sewing the 28 squares per blanket together. In total a new record of 50 Blankets were completed. These will be given, to the charity Wraps with Love in Alexandria for them to distribute globally.

Once again a huge "Thank You " to all those who participated at Manly Campus, yes students, staff, parents, including ex-students parents and extended family members

Barbara Harrison and Heather Crawford



*A previous year's
auction and
some 2018
blankets*

Upcoming Term 4 Canteen Vacancies

Week 2 - Wednesday 24 October

Week 2 - Thursday 25 October

Week 3 – Monday 29 October

Week 3 – Monday 31 October

Volunteers to work in the canteen on the above dates. Start time is between 9.00-9.30am and you are finished by 2.30pm (or you can let us know if you need to work different times). No experience necessary, and you receive a free lunch. Just click on the link below to sign yourself up using the online Term 4 roster.

<https://www.signupgenius.com/go/70a0d4aafaa2fabfa7-term>

SECOND HAND UNIFORMS

LOCATED UNDER THE TAS BLOCK

Next open Thursday 20 September
8:15am-9:30am

**Open before school on the first Tuesday
and the third Thursday of the month**
8:15am – 9:30am

Coordinators Marg Martin & Chris Schaller

Please contact us if you would like
to place an order

margaret.martin@optusnet.com.au

christins@ozemail.com.au

**Donations of washed good quality uniforms are
most welcome and can be left at the school office**
**Proceeds go to the P&C for school improvement
projects**

For second hand band blazers (buy & sell) please
contact

Diane Turner: moogiet@optusnet.com.au

For new and preloved band polo shirts please
contact

Kim Luong: kimmanlyband@gmail.com

Careers Matters



Year 12 Career's Checklist

Students in Year 12 are encouraged to have completed the checklist below before their last school day Wednesday September 26:

- Pick up your individual copy of the 2018-2019 UAC guide from the Library. Year 12 parents and students are encouraged to carefully read Chapter 1 which sets out the Steps to Study through UAC
- Check that you have an active NESA student online account and PIN so you can access your HSC results on Thursday December 13
- To avoid paying a higher processing charge, set up your UAC application by midnight September 28 and enter your course preferences
- Book a time with Mrs Rixon in the Careers office before September 26 to discuss courses, ATAR estimates, scholarship applications or the documents required from the school to support an application. Go to www.schoolinterviews.com.au and event code **tz5sv**
- Contacted Ms Deborah Campbell-Allen (School Counsellor) if you are planning to submit a UAC EAS application or apply for a UAC Equity Scholarship
- Research possible University early entry opportunities using criteria other than (or in addition to) the ATAR e.g. UAC Schools Recommendation Schemes which closes on September 28. See your UAC guide Page 30 and 31 or [UAC SRS](#) for more information.

Career's Excursions

Business Innovation Challenge

Student Report

Ten students from Manly Campus attended the Business Innovation Challenge at Macquarie University. A one-of-a-kind experience taught students to think on their feet and under pressure and effectively collaborate with new people.

We were split into groups of 5-6 with students from four other high schools. MunichRE and Macquarie University presented us with a scenario in which the Government had banned genetic test results from being used when determining life

insurance premiums. Each group had the opportunity to complete a Q&A and two pitch sessions with staff from MunichRE before completing a final pitch to MunichRE and the other groups.

It was a very rewarding and interesting experience provided to us by Careers. We learnt a lot about the complexity of the problems that businesses face on a day-to-day basis and the process to go about solving them.

Students involved: Jaydan Currie, Anh Ho, Tom Irwin, Carl Watson, Krishaa Tulsiani, Nathan Hukins, Elliot Connor, Josh Farr, Thomas Pan, Hans Zheng

Thanks to Ms Colby for organising this event

Krishaa Tulsiani (Year 10)



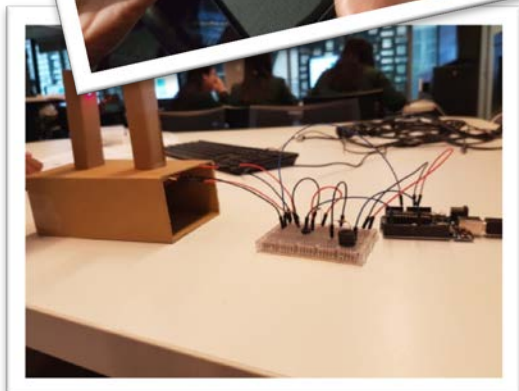
Photos from the Business Innovation Challenge

Young Women in STEM at UTS

Grace Fisher, Thilara De Mel and Steph Evans all attended a day-long session at University of Technology on Tuesday. They listened to a series of guest speakers discuss career and scholarship possibilities for women in software and engineering.

The girls worked through a series of activities such as an IT and data engineering security exercise where they coded in Arduino. They made a simple game using Unity then toured the UTS's *Protospace* which revealed some impressive 3D printing capabilities including powder based 3D printing and the biggest 3D printer commercially available which can print 1 cubic metre.

Thanks to Ms Rixon in Careers for coordinating this excursion.



Careers Contacts

Careers Advisors

Ms Deb Rixon deborah.rixon@det.nsw.edu.au

Manly Campus Careers Website

www.manlyselectivecampuscareers.com

[Follow us on Facebook](#)



Musicale rehearsal of finale, Friday 21 September
MSC hall, 4-6 pm SWO/JO/CO/SE **NEW TIME**

The start time for this rehearsal is now 4pm to allow for a Year 11 exam in the hall.

Musicale 2019, The Independent Theatre North Sydney, Saturday 22 September, 7pm



This is our band program's premier event and a wonderful night for all families in the band program. The senior wind and jazz bands and the strings groups will perform and the concert will showcase and farewell our Year 12 students who have contributed so much over their time in the band program. It is a very special event with celebration, sadness and inspiring performances.

Tickets: \$35 adults, \$20 student and concession.
 NB: Good seats at the front of theatre, marked in pink on the theatre website, are available to book.

Book now at the Independent Theatre on:
<http://www.theindependent.org.au/Events/Bands-of-Manly-Campus/Musicale-2018>

Covers Band at Oceana House, 8 September

Last Saturday our very own Covers Band had their first proper gig at Oceana House in Narrabeena. The Cerebral Palsy complex celebrated its 5th

anniversary and residents, along with their friends and families, were thrilled to see the talented young musicians of Covers Band as they were treated to an afternoon of groovy tunes throughout the luncheon. Our students did us proud as they clearly valued sharing their gift of music, gaining much from the experience of performing for a very appreciative and deserving audience. There were plenty of smiles all around. Thank you to Craig, the Covers Band members and the parents involved in transporting equipment.



Photo: Hannah Lovlin, Tobey Kuypers, Isabella Rigatos, Metysse Rogley, Amelie Grattan, George McKee, Craig Driscoll, Daniel Glass, Cameron Turner, Damian Stevanoska, Paolo Lieghio, Abigail Everett

Intermediate Band Tour: Port Stephens
Monday 17- Thursday 20 September

Best wishes to the members of WE and BB travelling to Port Stephens and surrounding towns next week.

Rehearsal changes next week:

Due to band equipment being on tour, there will be no rehearsals for:

- Concert Band on 17 September
- Jazz Orchestra on 19 September
- Swing Band on 20 September (SwB to come Friday 21 September instead)

Swing Band to rehearse with Stage Band on
Friday 21 September at 7:20 am **NEW EVENT**

This rehearsal is to prepare for the joint SwB/SB performance at the Year 12 Farewell during school hours on Wednesday 26 September.

Semester Two Band Fees

Band Fees have been issued via the school office and are due by today, 14 September. The parent-run band program requires funds to pay ensemble directors and meet other band expenses so your prompt payment of semester fees is much appreciated.

Intermediate Band Tour fees are also due for payment for those who are yet to pay.

If you need more time to pay band fees, please contact the assistant band treasurer, Rowena Cook at row_cook@yahoo.com.au

Europe Band Tour 2019

Permission and medical forms distributed in packs last week are due for return to the school by Friday 21 September. Please contact sarahdowse@gmail.com if you did not receive your pack or you have any questions.

Tuesday 30 October at 7:30 pm is the information meeting for parents and tour members at MSC.

Manly Jazz Festival, 29 September- 1 October

Jazz Combo: Saturday 29 September

12:30-1:15 pm St Matthews Church

Jazz Orchestra: Sunday 30 September

5- 6pm: The Corso, Jazz Stars of the Future stage, outside Manly Council Chambers

Band Dates for Diaries

Term Three

**Intermediate Band Tour, Port Stephens
17-20 September WE/BB**

**Joint rehearsal SwB and SB, Friday 21 September,
7:20 am in jazz lounge. [NEW EVENT](#)**

**Musicale rehearsal at MSC hall, Fri 21 September,
4-6 pm SWO/JO/CO/SE [NEW TIME](#)**

**Musicale at The Independent Theatre, North
Sydney, Saturday 22 September, 7pm concert,
SWO/JO/CO/SE**

**Year 12 Farewell Assembly, MSC, 26 September,
during school hours, SwB/SB**

Manly Jazz Festival, 29 September, 12:30- 1:15, JC

Manly Jazz Festival, 30 September, 5-6pm, JO

Term Four: key dates

**Europe 2019 Tour meeting for parents and
students, Tuesday 30 October ,7:30 pm**

**Strings Soiree, Friday 9 November, Mosman Art
Gallery, 7pm, SE/CO**

**Jazz Night Out, Saturday 17 November, Dee Why
RSL, 6:30 pm. All jazz ensembles.**

**Junior Band Tour to South West Rocks, Tuesday 4
December to Friday 7 December- CB,SwB,SB**

**Presentation Night, Monday 10 December,
Freshwater Gym, WE (or SWO TBC)**

**Big Band Bash, Freshwater Gym, 7 pm, All
ensembles.**

Band Names

Wind Stream:

SWO~Symphonic Wind Orchestra; WE~Wind
Ensemble; CB~Concert Band

Strings Stream:

SE~String Ensemble; CO~Chamber Orchestra

Jazz Stream:

JO~Jazz Orchestra; BB~Big Band; SB~Stage Band;
SwB- Swing Band; JC- Jazz Combo; Covers Band

Term 3 Calendar

Please check the dates closer to the event

Week 9A	
17/09/2018-28/09/2018	Year 11 Preliminary Examinations
17/09/2018-20/09/2018	Intermediate Band Tour
19/09/2018	P&C Volunteers Thank you, 6:30pm
21/09/2018	Musical finale rehearsal, in the hall following exams
22/09/2018	Musical - SWO, JO, SE, CO
23/09/2018-25/09/2018	Silver Duke of Ed Qualifying Pack and Paddle option 2
Week 10B	
17/09/2018-28/09/2018	Year 11 Preliminary Examinations
25/09/2018	Year 12 Teacher Mentors thank you morning tea
26/09/2018	Year 12 Farewell Assembly, 10am
27/09/2018	Year 12 student teacher consult opportunity

Term 4 Calendar

Please check the dates closer to the event

Week 1A	
16/10/2018	Environment Committee excursion to Kimbriki
16/10/2018	Year 12, 2019 Information evening, 6:30pm in the hall
17/10/2018	ILP Showcase for Year 9
19/10/2018	Schools Spectacular dance rehearsals
20/10/2018-21/10/2018	Bronze Duke of Ed Qualifying Hike option 1

Week 2B	
22/10/2018-23/10/2018	SRC Leadership Camp
26/10/2018	Year 10 Invictus Games Excursion
26/10/2018	Schools Spectacular dance rehearsals
27/10/2018-28/10/2018	Bronze Duke of Ed Qualifying Hike option 2
28/10/2018-30/10/2018	Silver Duke of Ed Qualifying Pack and Paddle option 3
Week 3A	
29/10/2018	Schools Spectacular dance rehearsals
30/10/2018	Year 7 vaccinations
30/10/2018	Europe 2019 Tour rehearsal
31/10/2018	Schools Spectacular dance rehearsals
31/10/2018	Principals Tour, bookings essential via reception on 9905 3982
31/10/2018	Food Critic's Day 8T4
31/10/2018	P&C meeting, 7pm in the library, all welcome
1/11/2018-2/11/2018	Year 9 REACH Workshop
2/11/2018	Year 10 REACH Workshop
Week 4B	
5/11/2018-7/11/2018	Year 9 camp
5/11/2018	Band AGM and Term 4 Band Meeting, in the library, 8pm
8/11/2018	Remembrance Day Assembly
9/11/2018	String Soiree, Mosman Art Gallery TBC
9/11/2018	Guinness World Record for the World's Biggest Mental Health Lesson

NBSC Mackellar Girls and Manly Campus

Noumea Study Tour September/October 2019

***** Expression of interest*****

Dear Parents/Caregivers,

As a valuable extension to our French language programs for years 9 to 11- 2019 elective classes, we would like to organise a study tour to **New Caledonia** for one week during the September-October holidays 2019 (departing 27 September, returning 4 October).

Following are the details at this stage (inclusions and **approximate** cost):

- Cost: approximately \$ 2400 includes:
- Return economy airfare with Aircalin from Sydney including airport/airline taxes and levies
- Return international airport transfers in Noumea
- 2 nights accommodation at Nouvata Parc and 5 nights accommodation for homestay in pairs including all meals with host families.
- Breakfast and 1 dinner in the hotel
- 4 x 3 hour French lessons
- Le Parc Forrestier and picnic lunch
- Amédée Lighthouse cruise day-tour including lunch
- Private Tchou tchou train sightseeing tour including return transfers
- Tjibaou Cultural Centre visit including return transfers, entry and 2hr guided tour
- Aquarium entry fee
- Transfers to/from Geant supermarket
- Assistance at Sydney airport on departure

Please note, the itinerary is a DRAFT and may need to be changed. All interested parties will be apprised of any changes as soon as they occur.

THIS EXCURSION WILL GO AHEAD IN 2019 if numbers are sufficient.

Please direct any enquiries pertaining to the trip to Mara Spessot, either by email (mara.spessot@det.nsw.edu.au – **preferred option**), or by phoning the school on 99053982.

THANK YOU! Mara Spessot, French Teacher, Manly Selective Campus

PLEASE COMPLETE BELOW AND RETURN TO M.SPESSOT IN THE LOTE STAFFROOM BEFORE

Wednesday 19 September 2018



NBSC Manly Selective Campus - Elective French Study Tour September 2019

***** Expression of interest*****

Please return this portion to the LOTE staff room by Wednesday the 19th September 2018.

I would like to express my interest in sending my son/daughter

of year on the excursion to **New Caledonia in the September-October holidays, 2019.**

I understand that I am expressing serious interest in this excursion, and that **a non-refundable deposit (which also includes group travel insurance)** of \$300 will be required by Friday the 21st September 2018.

Parent's Name: Signed:..... Date:



Andrew Fuller

Building resilience in children and teens

Thursday 20 September, 6.30 - 8pm

We all want our children to be resilient, and Andrew Fuller knows the best strategies to promote as a parent. This gives us a clear picture of the strengths and vulnerabilities of young people as well as what we can all do to promote great lives for our kids.

Freshwater Senior Campus
153 Harbord Road, Freshwater
Free, please book online KALOF.com.au
Enquiries: 9942 2681 or
youth@northernbeaches.nsw.gov.au



northern
beaches
council

KALOF



TUNING IN TO TEENS

EMOTIONALLY INTELLIGENT PARENTING



5 SESSION PARENTING COURSE FOR PARENTS OF TEENS

Would you like to learn how to:

- Communicate effectively with your teenager?
- Understand your teenager?
- Help your teenager with emotional intelligence and managing emotions?
- Prevent some teenage behaviour problems?
- Teach your teenager to deal with conflict?

VENUE: Brookvale Community Health Centre

612-624 Pittwater Rd, Brookvale

DATES: Thursdays 25th October – 29th November 2018 (5 sessions – NO SESSION ON 8TH NOVEMBER)

TIME: 6.30pm – 9.00pm

COST: \$150 – subsidised rates available re: financial difficulty

REFRESHMENTS PROVIDED

BOOKINGS ESSENTIAL : <https://tntbrookt4.eventbrite.com.au>

PH: 8877 5376

The 5 session course will be facilitated by a qualified Parent Educator from
Child and Adolescent Parenting, Northern Sydney Local Health District

www.nslhd.health.nsw.gov.au/Services/CAP



Health
Northern Sydney
Local Health District



MUS

MANLY CAMPUS PRESENTS

bookings at
www.theindependent.org.au

7pm
Saturday
22 September

ICALE

2018

The
Independent
Theatre
North Sydney

SYMPHONIC WIND ORCHESTRA

WITH PERFORMANCES BY

JAZZ ORCHESTRA

STRING ENSEMBLE

CHAMBER ORCHESTRA



BANDS of
MANLY CAMPUS

Thank you to everyone involved in this year's NBSC Manly Campus Trivia night. The night's success would not be possible without our generous donors, both from local businesses and our school community, all the helpers and everyone who attended.

Trivia 2018 Donors



Auction Services



**Alex Newcomb
Artist**



**Allambie
Heights
Denture Clinic**



Lotus Hair & Beauty

Parents and friends

Helpers

Adam McWhinney

Alex Newcomb

Ben Mills

Cath Whalan

Catherine Yetts

Dave Rodgers

David Coffey

Elana Roseth

Elenor Yetts

Elliot Shoebridge

Fiona Brien

Greenie

Helen Drew

Jane Theau

Jody Green

Lisa McIntyre

Judy Boylan

Kadie Weganaar

Kathy O'Sullivan

Katie Woodley

Learne Jackson Jones

Ly Harn

Michael Jee

Nir Yaffe

Ruby Geddes

Syd Whalan

Theo Camino

Vashti Newcomb

Wendy Blume

Wendy Monteleone

Yifen Axford

+ everyone who attended on the night!