



The Weekly Pines

Manly Campus

Northern Beaches Secondary College

Academic Excellence ★ Personal Best ★ Giving Back to the Community



Principal: Ms Cath Whalan

Deputy Principals: Ms Kathy O'Sullivan
Mr Alex Newcomb

7 December 2018 – Newsletter No. 39

From the Principal

P&C Annual General Meeting

On Wednesday evening the Annual General Meeting of the P&C Association was held in the Library. During the meeting we reflected on the many achievements of this year made possible through the invaluable parent support. The opportunities provided as a result of fundraising activities are always valued and the pro-active and supportive relationship the P&C has with our school is very much appreciated and has enhanced our school environment.

Congratulations to Marg Martin who has been elected to the position of P&C President – I look forward to working with her and the executive as we continue to provide the very best of opportunities for our students. A huge thank you goes to our outgoing P&C President Mr Michael Jee for his enthusiasm and support of the school. Thank you also to Paul Nuttall, the P&C executive and committee leaders for their contributions and expertise.

Orientation Days

On Tuesday and Wednesday morning we had the joy of meeting our new students for 2019 and providing them with an introduction to Manly. The Year 7 Orientation Day program on Tuesday showcased the school's creative and performing

arts with performances from the dance and vocal ensembles and the string and wind ensembles. Students and parents were also given an overview of the school's academic and extra-curricular programs and, once again, the school uniform fashion parade was enjoyed by all. Year 7 2019 students also met their peer support leaders and had a tour of the school, meeting some key personnel. Although more low-key, the Year 8-11 Orientation on Wednesday morning provided an opportunity for our new students to meet students in their year group as they toured the school, asking questions along the way.

Thank you to the Year 9 Peer Support Leaders, the SRC volunteers, the Year 7 presenters and models and the School Orientation Guides for welcoming our new students and ensuring their transition to high school is an enjoyable experience. Thank you also to Ms Carolan, Ms Brien, Ms Herft, Ms Woodward, Mr Brown, Mr Buggy, Ms Bowden and the Office Staff and the P & C volunteers for coordinating and assisting with these events and answering all the questions from the excited students and their parents.

STOP press - Year 8 State Debating Final

A huge congratulations to our Year 8 debating team for winning the Year 7 and 8 Premiers Debating Challenge. The team; Bezi Saunders, Emma Walton, Hannah Toyoda and Eleanor Yetts-McKernan were undefeated from 7 debates in the

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Northern Sydney Region. They then attended the state championships held across 3 days at the University of Sydney Women's College. The championship consisted of a round robin between the 10 best teams from throughout NSW, with Manly winning 3 out of their 5 debates, a closely contested semi-final against Denison Kelso and then eventually reaching the final against Fort Street High School.

Their state final topic *'That the Government should provide free and unlimited internet access to people under the age of 18'* (for which Manly was the affirmative) pushed our students to consider complex issues surrounding the importance of internet access, how this service would be used and the practicalities if rolling out the infrastructure.

Congratulations to the team on such a fantastic effort throughout the entire season.

Many thanks to Ms Koo for all her efforts in coordinating our schools debating program and for her amazing success with our Year 8 team.



Debating

Manly's debating teams have been recognised for their achievements in the 2018 Premier's Debating Challenge. Students were presented with certificates from the Department of Education's Art Unit in acknowledgement of their participation in the competition which builds students' skills in public speaking, collaboration

and persuasive arguing. Those students who did not make the debating teams this year were also recognised for their investment in their learning through participating in weekly training.

It has been another successful year of debating at Manly, with regional finalists in each age category, and the Year 8 team being awarded Northern Sydney Champions.

Places in the debating program in 2019 are filling quickly. Students who would like more information or to register can pick up an information pack from the office or see Ms Koo in the English staffroom.



Junior Band Tour

Congratulations to all students involved in the highly successful junior Band Tour to the Mid North Coast this week. By all accounts the four day tour was a huge success and very much appreciated by the staff and students of the various primary schools at which they performed.

A huge thank you to our students for so wonderfully representing our school and to Sarah Dowse, Craig Driscoll, Naomi Leviton and Branko Goykovic for organising and supporting this most worthwhile annual event.



Year 10 Commerce Stalls

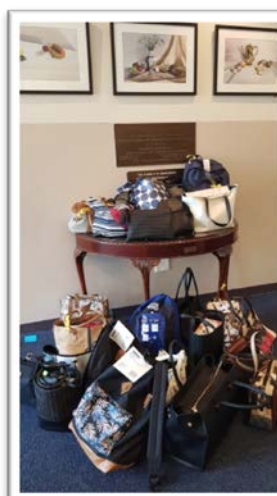
Last Friday, Year 10 Commerce students had the opportunity to put into practice what they were learning about running a business. Having developed a business idea, they planned the running of a market stall, with market research used to develop financial forecasts, taking into account health and safety considerations and developing marketing strategies to promote their products. The energy around the canteen, quad and basketball courts from the stalls was great to see, with several fantastic items for sale and some creative means of gaining customers. Overall, the business with the highest profits was the Aussie BBQ, raising \$165.25, and the stall voted most successful overall with their professionalism, quality of product and profits of \$134.80 was Koala Tea. Overall, \$880.30 was raised for a charity which will be chosen by the winning group members.



It's In The Bag Campaign

23 generously filled handbags have been collected for *Share the Dignity's* Christmas drive. The much-

needed "teen bags" have already been delivered to young women in Bellata, a small town near Narrabri NSW, who are facing homelessness, abuse or poverty.



Errata

Last week I wrote about the Schools Spectacular and inadvertently omitted Billie Clow (Year 10), who played viola in the orchestra, from the list of musicians who represented our school at this amazing event.

Save the Date - Presentation Night

A reminder that our annual Presentation Night will be held on Monday 17 December at 7pm at the Freshwater Gymnasium. All parents are invited to attend this annual celebration of our students' success. We look forward to seeing you there.

Save the Date - Big Band Bash

Next Tuesday evening, 11 December, the Big Band Bash with Carols by Candlelight promises to be yet another wonderful event. The evening is held in the school quadrangle and all parents and students are invited to come along and join in this annual event of our Bands of Manly program.

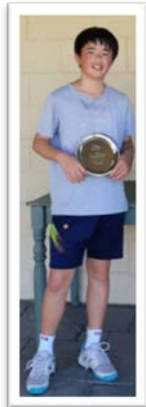
Save the Date - Dance Showcase

The annual Manly Campus Dance Showcase will be held next week on Thursday 13 and Friday 14 December in the evening. These evenings

showcase the talent, passion and enthusiasm of our amazing dancers and their teacher, Chloe Woodward, and are a joy to watch.

Congratulations to:

- Leroy Sze (Year7) who was invited to compete at the 2018 NSW Closed Junior Championship for Tennis. He represented the Metropolitan Sydney Region, winning the 12u doubles and was a finalist of the 12u Single after 3 days of battling through both windy and warm conditions.



In this regular feature we like to recognize students who have achieved highly in school and community events, competitions and activities. Demonstrations of the school ethos of *academic excellence, personal best* and *giving back to the community* deserve to be recognized. Parents are invited to phone or email the school any achievements we may not be aware of for inclusion in *The Weekly Pines*.

Cath Whalan
Principal

From the Deputies

Naughty or Nice? You Better Think Twice.....

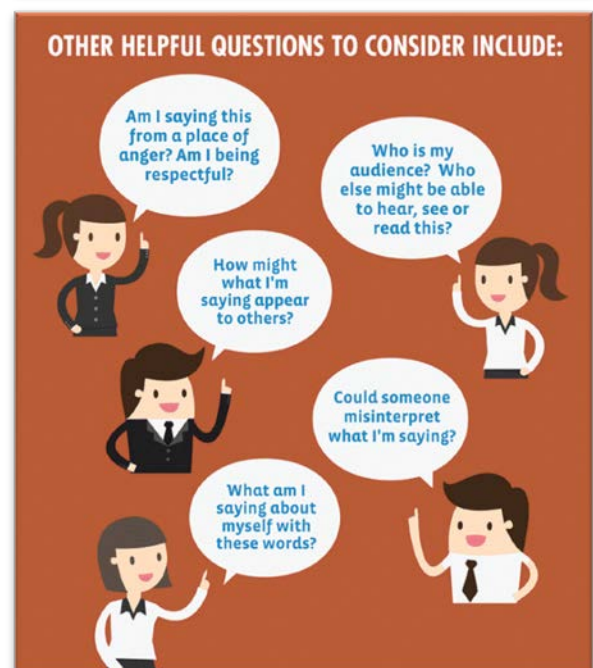
As a parent of young children, I am all too aware of the influence that Santa can have on their behaviour. The idea that 'Santa is watching' serves as a cautionary tale that teaches our youngsters to think about the impact their choice of words and actions can have on the opinions others form about them. Now that the elves are being displayed on our shelves, my kids have a tangible reminder to filter their words and actions; "make sure the elves report to Santa that you are being nice not naughty!" As a result of such warnings, December is often the month with the least amount of sibling squabbles or 'niggling' behaviour in my household - as we all share in the 'Christmas Spirit'. Ah, parental bliss.....only endangered by the Christmas shopping madness experienced at the mall!

The Santa tale is just one tool that parents use in teaching the skills and values that help young people grow up into considerate and empathetic citizens. Whilst on the most part we'd like to think that we ourselves model these qualities, there are times perhaps that our own actions don't always mirror them; and we may be well past the 'Santa is watching' strategy....I can only imagine the response to that suggestion after someone has returned from Christmas shopping madness!

Originally developed a few years ago as a strategy to reduce online bullying, the THINK acronym and infographic can be applied to everyday communications too. We can use it, and teach our children to use it, as filter strategy to help us nurture relationships and act with consideration and empathy. The acronym gives meaning to the saying "think before you speak". Try it out.

Alex Newcomb (DP – 8, 10 &12)

Kathy O'Sullivan (DP – 7, 9 & 11)



Shoe Policy Update

As a result of our recent review of uniform procedures the shoe policy has been updated. Please refer to the diagram below when making decisions about purchasing shoes for your child to wear to school. Note that if your child is participating in a TAS or Science subject (all junior years) and you only wish to purchase one pair of shoes for school, then these must comply with Work, Health and Safety standards.



What is our school policy on SCHOOL shoes?

All the shoes below fit the criteria for the general school dress code. If you are participating in a TAS workshop or Science lab activity you must be wearing shoes that comply with Workplace Health & Safety standards.

	DRESS CODE FOR GENERAL SCHOOL AREAS	THICK LEATHER	ENCLOSED	SECURE	WHS ACCEPTABLE FOR SCIENCE AND TAS
	✓	YES	YES	YES	✓
	✓	YES	YES	YES	✓
	✓	YES	YES	YES	✓
	✓	NO	YES	YES	X
	✓	YES	NO	YES	X

✦

**NBSC Manly Campus
2018 Presentation Night**

**Monday 17 December 2018
6:45pm for a 7pm start**

Presentation night will be held in the
Freshwater Senior Campus Gymnasium

✦

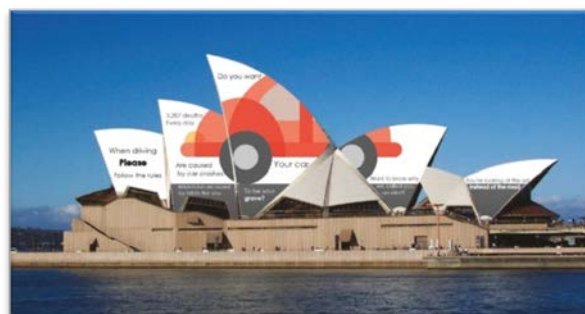
TAS

Year 9 Architecture and Graphic Design

In October, the NSW Government's decision to beam the Everest trophy's barrier draw on the Sydney Opera House received huge public backlash. However Scott Morrison stated that the heritage listed building was the "biggest billboard Sydney has".

This term, Year 9 Architecture and Graphic Design students have worked in design teams to present a hypothetical proposal to Sydney council for designs that use the Opera House sails to communicate a public information message in a constructive manner. The project required brainstorming of ideas, creation of alternatives in Adobe Illustrator or Photoshop, refinement of ideas and development of a marketing message.

On Monday this week, each team presented their chosen design campaign which highlighted their message and graphical designs for projection. Some of the alternatives are shown below.



Dance Showcase

Tickets are now on sale for the 2018 Dance Showcase!

When: Thursday 13 and Friday 14 December, 7pm

Where: the Performance Space

Tickets: are only \$5 and can be booked through the following [trybooking link](#).

The Showcase will feature performances from all 6 dance ensembles, Year 9 Elective Dance and HSC Dance students, and student choreography, with over 70 students performing. Come and support our talented and hard working dancers!

See the flyer at the end of *The Weekly Pines*.

Lost Property

We are nearing the end of the school year and our lost property is overflowing with items and clothing.

Lost property is located at the school office. If your child has lost an item or an article of clothing, please advise them to check lost property via the office.

Clothing and other lost items that are labelled with your child's name are able to be returned to your child easily. Unfortunately many lost items are not labelled and remain in lost property until claimed. Due to the quantity accumulated throughout the term, any unclaimed items at the end of term are donated to charity or disposed of.

There are many school jackets, jumpers and shoes in lost property at the moment, as well as lots of drink bottles! Please check if you are missing one.

Careers Matters

Careers Contacts

Careers Advisors

Ms Deb Rixon deborah.rixon@det.nsw.edu.au

Ms Donna Colby donna.colby@det.nsw.edu.au

Manly Campus Careers Website

www.manlyselectivecampuscareers.com



Save the date!

2019 Information Evenings

Year 7 2019 Information Evening Wednesday 6 February 2019, 6:30pm
Year 10 2019 Information Evening Thursday 7 February 2019, 6:30pm
Year 11 2019 Information Evening Monday 11 February 2019, 6:30pm
Year 9 2019 Information Evening Monday 18 February 2019, 6:30pm
Year 8 2019 Information Evening Thursday 21 February 2019, 6:30pm

The Second Hand Uniform Shop

The second hand uniform shop will be open on **Tuesday 11 December**. Please note, this will be **the last day the second hand uniform shop will be open this year**.

SECOND HAND UNIFORMS

LOCATED NEAR THE CANTEEN

Next open Tuesday 11 December
8:15am-9:30am

Open before school on the first Tuesday
and the third Thursday of the month
8:15am – 9:30am

Coordinators Marg Martin & Chris Schaller
Please contact us if you would like
to place an order

margaret.martin@optusnet.com.au

christins@ozemail.com.au

Donations of washed good quality uniforms are most welcome and can be left at the school office

Proceeds go to the P&C

for school improvement projects

For second hand band blazers (buy & sell)
please contact

Diane Turner: moogiet@optusnet.com.au



Junior Band Tour to South West Rocks

Congratulations to Concert, Stage and Swing bands and their conductor Craig Driscoll for bringing music to South West Rocks and surrounding towns this week. By all reports it has been an excellent tour. Look for a full report in next week's newsletter.

Big Bash Christmas - Tuesday 11 December at Manly Campus Quad, 7pm NEW VENUE

All ensembles play at this informal and fun end-of year concert. All MSC families and friends are invited. **Bring a picnic and enjoy the music.**

Attendance by all band members is required.

Please advise your liaison if your child cannot attend for any unavoidable reason.

Call sheets have been circulated via your liaisons.

Please advise the Big Band Bash coordinators, Sri and Vivek, at viveknagarajansydney@gmail.com

- If your child has a special dietary requirement for their pizza and fruit dinner before the concert
- If you can assist on the day from 4:45 pm with food preparation or Christmas lights

2019 Year 7 Orientation morning

Thank you to the students who represented the school's band and strings program on Tuesday's Orientation morning and to Mark Brown, Brian Buggy and parent Justine McKee for greeting new band parents and answering their questions.

Last rehearsals and school instrument and mouthpiece return, Weeks 9 and 10

Please note the dates for last rehearsals below. Students with school instruments or mouthpieces must return them and have them signed off by Craig on their final rehearsal days for return of your deposit.

Call out for volunteers:

Dee Why-Manly Sun Run, Saturday 2 February

We have been offered the opportunity to help out at this local fun run and raise funds for Band. Please see the flyer at the end of the newsletter for this event on the first weekend of term next year. We are seeking 65 willing volunteers (some over 18). It's a fun and very easy way to fundraise for us. To volunteer please email Band president Mel Corner andyandmel@gmail.com

Selling your school blazer? Need a larger size?

You may be a graduated Year 12 student that wants to sell their blazer? It may be time to get a larger blazer and sell your smaller one to the incoming students for 2019? Please contact Dianne Turner at moogiet@optusnet.com.au to sell or to add your name to the list to buy a second-hand blazer in 2019.

Semester Two Band Fees: Overdue

Semester Two Band Fees, sent to you via the school office, are now well overdue for payment. The parent-run band program requires funds to pay ensemble directors and meet other band expenses so your payment of semester fees is essential.

If you require more time to pay band fees, please contact the assistant band treasurer, Rowena Cook, this week at row_cook@yahoo.com.au

Term Four: key dates

Big Band Bash, Tuesday 11 December, 7 pm, **Manly Campus Quad**- All ensembles.

Ms Leviton's wedding, Wednesday 12 December, Jazz Combo and JO

Cerebral Palsy Alliance Christmas lunch, Allambie, Friday 14 December, 11-2pm- BB

Presentation Night, Monday 17 December, Freshwater Gym, WE

Last rehearsal WE & SwB - Thursday 13 December

Last rehearsal SWO, SE & SB - Friday 14 December

Last rehearsal CB & CO - Monday 17 December

Last rehearsal BB - Tuesday 18 December

Last rehearsal JO - Wednesday 19 December

Term 4 Calendar

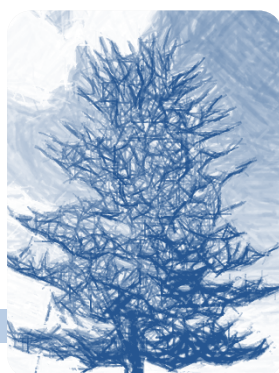
Please check the dates closer to the event

Week 9	
11/12/2018	SRC Battle of the Years – games event held during assembly, recess and lunch
11/12/2018	Premiers Sporting Challenge - Leading with Action
11/12/2018	Big Band Bash Christmas, in the Manly Campus Quad
13/12/2018	YEAR 8 Doco Film Fest
13/12/2018- 14/12/2018	Dance Ensembles Showcase, 7pm in the Performance Space
14/12/2018- 17/12/2018	Gold Duke of Ed Qualifying Hike (Kosciusko National Park)
Week 10	
17/12/2018	Presentation Night, 6:45pm for a 7pm start, Freshwater Gymnasium
18/12/2018	Gold Duke of Ed Qualifying Hike (Kosciusko National Park)
19/12/2018	Activities Day

2019

Wednesday 30 January 2019 – School resumes for Year 7, 11 and 12

Thursday 31 January 2019 – School resumes for Years 8, 9 and 10



2018

INVITATION

To all Manly Campus families and friends

This exciting concert will showcase all the Manly Bands

BIG BAND BASH

Tuesday 11th December

Manly Campus Quad

Wet weather alternative Manly Campus Hall

7–9pm

Bring a picnic and enjoy the music under the stars!

Entry by gold coin donation, all proceeds contribute to the band program





NBSC Manly Campus Dance Showcase 2018

Featuring performances from the contemporary, jazz and musical theatre ensembles, Year 9 Elective and HSC Dance students, plus additional solos and duos from some of our most talented performers

Thursday 13th December 7pm

Friday 14th December 7pm

Tickets at <https://www.trybooking.com/ZQLS>



Careers Newsletter

November 2018

Inside This Issue

- 1 What are Employers Looking For?
- 2 Focus on Job Searching
- 3 Useful Tips for Interviews
- 4 Summer Holiday Activities



"Opportunities are usually disguised as hard work, so most people don't recognize them."

Ann Landers



What are Employers Looking For?

What are employers really looking for? How can young people give themselves the edge when seeking work? A survey of employers' recruitment experiences, conducted by the Australian Government Department of Employment (2014), has some important messages for teenagers who are seeking work.

The most important attributes that employers were looking for were:

- A positive attitude and willingness to work
- Motivation and enthusiasm
- Being prepared to learn and take direction

Employers are also seeking employees who are reliable and responsible, especially:

- Punctual and dependable
- Respectful to colleagues and customers
- Loyal and staying in the job a reasonable period of time.

The employers, who were drawn from a range of different types of businesses, also identified the importance of personal presentation, at the interview, and in the workplace. They were especially "off-put" by:

- Inappropriate clothing
- Untidy hair
- Tattoos, piercings and jewelry

The employers expressed concern that young people sometimes had unrealistic expectations of work and were unprepared for the demands of the workforce and nature of the work expected by them or the level of pay on offer. The employers also felt that some of the young people wanted to start at the top instead of working their way up through the ranks in a job, gaining skills on the way.

The employers highlighted that work experience or volunteering can provide young people with the opportunity to develop these attitudes, so that they are better placed to obtain and to hold down a job.

School Holiday Jobs Edition

Focus on ... Job Searching

Have a search strategy!

If you are serious about obtaining a part-time job, use a range of methods to connect with potential employers.

Organisation websites:

Many firms advertise vacancies online and have a portal where you can apply from the website. For example, Dominos Pizza, McDonalds, Coles, Woolworths, Target, Red Rooster, Pizza Hut, K Mart, Aldi, Just Jeans, Hungry Jacks, City Beach.

Important tip – research the business before applying, and make sure you give exactly the information the firm is asking for.

Career websites:

There are websites which employers use to list job vacancies. For example www.seek.com.au, www.careerone.com.au, www.spotjobs.com.au You can use the websites to search for the type of job you are looking for.

Important tip – keep an eye on the websites, as sometimes jobs are filled within hours of being listed by employers!

Cold Calling:

Many employers, especially small business firms in your local area, don't advertise online, and prefer a personal touch. You can drop a letter and resume in to the firm and ask to be considered for any vacancies which may come up.

Important tip – make sure you are well-presented when you drop in your resume and letter. A neat and tidy school uniform is fine, if you are dropping off after school.

**now
hiring** **apply
now**



Friend of a friend of a friend:

Often, we find out about jobs through people we know – friends or acquaintances of relatives, neighbours, parents' work colleagues - quietly let people know you are seeking work and be open to opportunities.



Do your homework:

Regardless of whether you are applying online, cold calling or making an enquiry about a job advertised in a shop window, always **take time to find out about the firm** first. The firm's website (and, perhaps a visit to the firm) can tell you:

- The product or service provided by the firm – and what makes it different to products at other places
- The name of the owner or manager to address your letter to
- The mission of the firm, its objectives
- Anything else that stands out – for example, environmental policies, training programs for staff

Your letter of application should reflect that you have done this research.

Develop a targeted resume and letter:

When you are applying for a position online, you will usually be asked to upload a resume, and perhaps a cover letter.

You can use the **custom resume generator** in the Secure Student Area of our school Careers website to develop resumes which give a clear statement of your personal information, school highlights, interests, skills & experience, qualifications, work experience and volunteering etc.

It is important that you develop different resumes for the different jobs you apply for. A winning resume is one that is **targeted** to the position you are applying for, and to the firm you are applying to. For example, if you are applying for a position in a sports store, you might stress your capacity to work well with others, to do team sports, and to have interests that include physical activity.

A **cover letter** is very important. Always upload/attach a well-written letter introducing yourself if you are applying for a job online or dropping a resume in to a potential employer. A cover letter will include:

- Your name and contact details
- Date
- Name and address of the person you have been directed to send the application to (and if none is given, look up the name of the manager or owner)
- Greeting – Dear Ms or Mr XXX
- First paragraph – state the position you are applying for and your most outstanding strength
- Expansion paragraph – include specific examples of how you meet the requirements of the position – target the firm website and the advertisement
- Final paragraph – indicate your availability generally, thank the reader for considering your application and indicate you are available to expand upon the points in an interview.

Important Tip – absolutely no errors of spelling, grammar or punctuation in the resume or letter

Your name is your brand!

Potential employers will look you up on-line. **Be aware of the image you are projecting of yourself** in your online social media. Inappropriate images, comments where you put down others you know (or even worse, work colleagues or bosses!) can affect your job chances ...

Useful tips for a Successful Interview

Many candidates lose the job in the first minute of the interview by not thinking carefully about their initial impact. **John Lees** shares his expert interview tips.

1 Don't waste the opening moments

Interviewers make a quick initial decision about your personality from the moment you arrive, based on how you look and sound. Dress as if you already work there and you've just been promoted. Make those initial seconds relaxed and upbeat as you can, even if you're just talking about your journey.

2 Don't over-deliver

Most candidates say too much. Interviewers are not that interested, and will usually accept a short, positive answer and move on.

3 Don't act like a stranger

Leave your coat, umbrella and bag in reception. Just take in a slim folder into the interview room containing the documents you need, and you will look like an employee rather than a visitor.

4 Don't try to wing difficult questions

Don't duck predictable questions about your know-how and skill level – think carefully about good examples. Equally predictable questions cover things like strengths (talk about qualities that match the job) and weaknesses (talk about skills you are improving and make it clear that you're a fast learner).

John Lees has written a wide range of careers books. His 2013 titles are "Just The Job!", his first systematic guide to job searching, and "Knockout CV", a comprehensive guide to writing a winning CV.



Summer holiday activities – some suggestions!

Get a part time job

Lots of people are looking for employment at this time of year – either a part time job for the summer school holidays, or full time employment as a school leaver or gap year student, or even as a graduate!

Depending on where you live might influence the availability of positions, but the retail and hospitality industries tend to be busy over the Christmas and summer period especially! So... to find a job:

- # Update your resume – see your school careers website where you will find a template to do this under the ‘student secure area’
- # Cold canvass potential employers – introduce yourself to prospective employers who might need extra help over the busy holiday period – be sure to leave your resume and contact details!
- # Respond to advertisements in the local paper or websites
- # Apply on line to the ‘chains’ – some ideas and links below:

www.mcdonalds.com.au/learn/careers

www.bunningscareers.com.au/opportunities

www.wowcareers.com.au

www.colescareers.com.au

www.kfcjobs.com.au/team/apply.aspx

<http://careers.superretailgroup.com.au/brands/supercheap-auto>

www.kmart.com.au/jobs

www.myer.com.au/p/about-myer/careers

The retail and hospitality industries tend to be busy over the Christmas and summer period



Go Volunteering!

There are lots of opportunities to be a volunteer in your local community, such as Rural Fire Service, St John Ambulance, Surf Lifesaving Society and surf clubs, WIRES, Meals on Wheels, Red Cross, Salvation Army, St. Vincent de Paul shops.

Why being a VOLUNTEER in the COMMUNITY is important:

- * increases self-confidence.
- * makes you happy!
- * is great for career and job prospects
- * helps you demonstrate compassion and commitment
- * develops skills to add to your resume

For further information do a google search ‘volunteering in Australia’. The following links might get you started with some ideas and contacts:

<https://govolunteer.com.au>

www.australianvolunteers.com

www.volunteeringaustralia.org

www.redcross.org.au/volunteering.aspx

www.conservationvolunteers.com.au

www.salvationarmy.org.au/get-involved/Volunteer