



# The Weekly Pines

## Manly Campus

**Northern Beaches Secondary College**

*Academic Excellence ★ Personal Best ★ Giving Back to the Community*



Principal: Ms Cath Whalan

Deputy Principal: Ms Kathy O'Sullivan

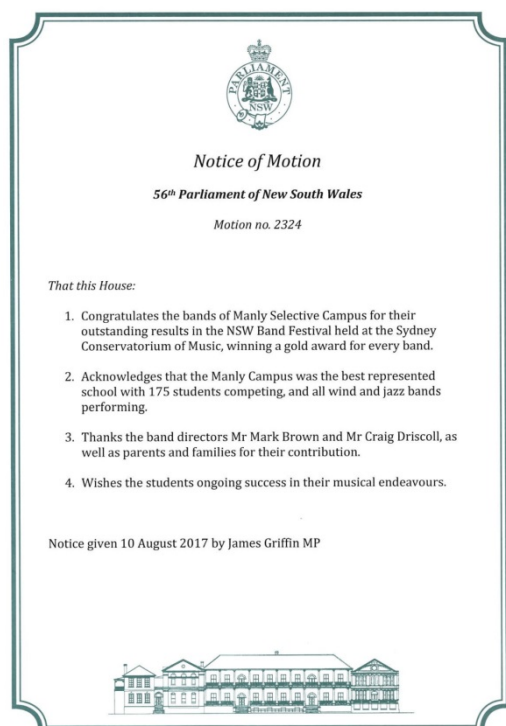
Acting Deputy Principal: Mr Jamie Kay

18 August 2017 – Newsletter No. 25

## From the Principal

### Recognition of Bands of Manly

Our local member James Griffin MP formally recognised the outstanding achievements of our Bands at the recent NSW Band Festival in the NSW Parliament last week. The Notice of Motion congratulates everyone involved in this outstanding success and reminds us of how fortunate we are to have such an amazing program at our proudly public school. Thank you again to everyone involved.



### Subject Selections

Over the past two weeks, students from Years 8, 10 and 11 have been involved in processes to support their subject choices for 2018. The interviews for senior students and their parents provided an opportunity for students to reflect on their strengths, study skills and to carefully consider their Year 11 and 12 subject choices.

The Year 9 2018 Course Information Evening held on Wednesday provided an opportunity for students and parents to ask questions about the electives on offer and see examples of the work covered in the different courses. Year 8 students are excited to be able to choose the electives they would like to study in Year 9, although some will have difficulty being limited to just three! Thanks to Mrs Kathy O'Sullivan for her co-ordination of the night and to all staff who shared their expertise and passion for the various courses.

### Science Techno

Congratulations to all students for their impressive group presentations in Science Techno Museum held this week. The quality of work produced was outstanding and depth of student's knowledge about their particular area of focus most impressive. Congratulations to the all finalists from Manly Campus – Mars Exploration, Medical Imaging, Film Cameras, Performance Enhancement Methods in the Olympics, Data Storage and Movie Magic. We look forward to hosting the NBSC

### NBSC Manly Campus

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Phone: 9905 3982 / Fax: 9905 777 / Email: [nbscmanlys-h.school@det.nsw.edu.au](mailto:nbscmanlys-h.school@det.nsw.edu.au)

P&C website: [www.manlypandc.org.au](http://www.manlypandc.org.au)

Science Techno Showcase next Friday and seeing the projects created from students.



### HSC Drama Performances

On Thursday evening our Year 12 Drama students presented both their group and monologue performances for family and friends in preparation for their HSC Practical Examination next Wednesday. An entertained audience and panel of staff judges provided feedback and suggestions for further improvement. Congratulations to all students involved and many thanks to Ms Joyce and Ms Carolan for their ongoing guidance and support.

**Cath Whalan**  
Principal

## From the Deputy Principals

### Year 8

The Year 9 2018 Subject Selection evening on Wednesday provided an opportunity for Year 8 parents and students to discuss course options for Stage 5 electives. Thank you to all who attended and particularly to the teachers who were available to give further information about the courses and answer the many questions. Students are reminded to login to [web.edval.com.au](http://web.edval.com.au) using the web code sent to the students' @education email address, submit their choices, print the form and return their signed forms to the Front Office by Wednesday 23 August.

Science Techno week culminated on Wednesday with students enthusiastically displaying their investigative work for students and staff to see. The interest and pride shown by the students in their activities was great to see and we wish the finalists good luck in presenting their fantastic projects at the next round.

### Year 10

This week has been a busy one for students across the school with SRC elections taking place throughout the week. I had the pleasure of hearing some outstanding speeches by our Year 10 students and I know that there are a lot of eager boys and girls awaiting the results of these elections. A big thank you to Mr Leung and Ms Kontrec for their fantastic work coordinating the elections.

### Year 12

This week, Year 12 returned to their classes after the examination period and have started to receive their trial examination results. It's essential that the students use the feedback from these assessments to build on their strengths and address areas of need. There are still several weeks before the external HSC exams begin and students have an opportunity to work together and lift each other in the final stage of their schooling. At the extended year meeting on Tuesday, all students were reminded that by working together, the whole cohort will benefit through the moderation of their internal

assessment results as shown on <http://www.boardofstudies.nsw.edu.au/hsc-results/moderation.html>. So now is the time to share resources, develop study groups to help others and work together to get the best results possible for university offers.

Last night I had the privilege of attending the Year 12 HSC Drama Night. Congratulations to all students who performed – your talent and enthusiasm was most impressive! Thank you to Ms Joyce and Ms Carolan for all the time and effort you have put in with this wonderful group of students.

**Kathy O'Sullivan**  
**Deputy Principal – Years 8, 10, 12**

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### **Years 7 and 9**

This week Years 7 and 9 had the opportunity to hear from their classmates on what would make them a good leader and what they'd bring to the school as one of the six SRC members for their respective year groups in 2018. By all accounts, the students showed fantastic character and regardless of which students are selected to represent their cohorts next year, the future bodes well with such strong candidates ready to lead the school.

Year 7 had some additional activities this week with their experience of the Cosmodome set up in the school hall on Friday. Having their very own planetarium to learn more about astronomy in an experiential manner is something the students were all excited about, with Year 11 Physics students getting to relive their experience from four years earlier as well.

On Friday, the first group of Praxis presentations were also held for their second project. I had the privilege of witnessing some of the presentations where the depth of knowledge of both history and mathematics was demonstrated through their revolutions projects. The personal reflections and ability to answer questions in front of a panel illustrate the skills they are developing from these projects that will stand them in good stead in their future studies.

### **Year 11**

Year 11 also had some very important activities throughout the week. Meeting one-on-one with students across the grade and a number of their parents in their 11 to 12 transition interviews was an energising activity for the students as well as for Deb Rixon, Jen Walker and myself. Having students reflecting on their studies so far and considering how to approach the challenges they may face in the year ahead was a motivating discussion, providing a renewed focus for each student to achieve their personal bests in 2018.

Following the interviews, on Thursday, Year 11 also attended Brent Saunders talks that were targeted separately to each of the boys and girls about important issues applicable to their respective genders. Given Brent's background as a police officer, his insight had a very strong impact on the students, allowing them to reflect on a number of important issues that they may be currently facing or will do in the years ahead.

**Jamie Kay**  
**Acting Deputy Principal – Years 7, 9, 11**

## **Year 8 Student Report**

Just when we thought our busy student lives couldn't get any more cluttered with assignments and exams, our science teachers announced we'd be doing a project entitled Science Techno!.

This entailed researching how a piece of technology from over 50 years ago worked, the history behind it and how it had impacted society. Then we'd create some visually appealing displays and present them to a panel of judges. Science Techno also entailed going to the Powerhouse Museum to find inspiration for our displays (the Wiggles exhibition received a surprising number of visits).

Upon return we set to work. 3 periods a day were devoted to this project, with groups of up to five members. Topics included radios, cameras, record players and the laundry! Afterwards, it was time to create the displays.



Students arrived armed with cardboard and paintbrushes. Paper, stickers and cloth were scattered on the library floor. Once everything was created it was mounted on a display board. Each group also had 2 exam desks at their disposal. Teachers marvelled at our artistic skills - in fact they said it was some of the best displays they'd seen in a long time (much to the chagrin of the Year 9s, who'd done the project last year)!

On Wednesday, students from Years 7 and 9, as well as teachers, came to judge our displays. We were all enthusiastic to explain how our technology worked. Yours truly didn't win, but a huge congratulations to the winning groups is in order. They'll be going head to head against other schools next Friday! Good luck to them.

Mia Rankin

## NBSC Manly Campus Creative Arts Exhibition 2017 – Details below



### SECOND HAND UNIFORMS

LOCATED UNDER THE TAS BLOCK

**Next open**  
**Tuesday 5 September**

**Open first Tuesday of the month:**  
**8:15am – 9:30am**

**& the third Thursday of the month:**  
**1:30pm-2:30pm**

Co-ordinators Marg Martin & Chris Schaller  
Please contact us if you would like to  
place an order

[margaret.martin@optusnet.com.au](mailto:margaret.martin@optusnet.com.au)

[christins@ozemail.com.au](mailto:christins@ozemail.com.au)

**Donations of washed good quality uniforms  
are most welcome and can be left at the  
school office. All proceeds go to the P&C  
for school improvement projects.**

For second hand band blazers (buy & sell)  
please contact

Diane Turner: [moogiet@optusnet.com.au](mailto:moogiet@optusnet.com.au)

For new and preloved band polo shirts  
please contact

Kim Luong: [kimmanlyband@gmail.com](mailto:kimmanlyband@gmail.com)



You are invited to the

### NBSC MANLY CAMPUS CREATIVE ARTS EXHIBITION 2017

**Official Opening: 7pm Wednesday 30th August 2017**  
Showcasing Year 12 Visual Arts HSC students' Body of Works. A selection of artworks from Years 7 to 11 and Music performances and vocal ensembles

#### Exhibition Dates

Wednesday 30th August, 5pm - 9pm

Thursday 31st August, 9am - 3pm

Friday 1st September, 9am - 12pm

Year 12 Visual Arts students: Vicki Chen, Claire Cooper-Southam, Finlay Gibson-Healey, Mia Gowan, Grace Hawkins, Casey Zhu, Liana Klisarova, Corinne Nobes, Sophie Yang.



NBSC MANLY CAMPUS  
138 Abbott Road, North Curl Curl NSW 2099  
t: 02 9905 3982

Detail of artwork by Grace Hawkins, Year 12

# Bands of Manly Campus



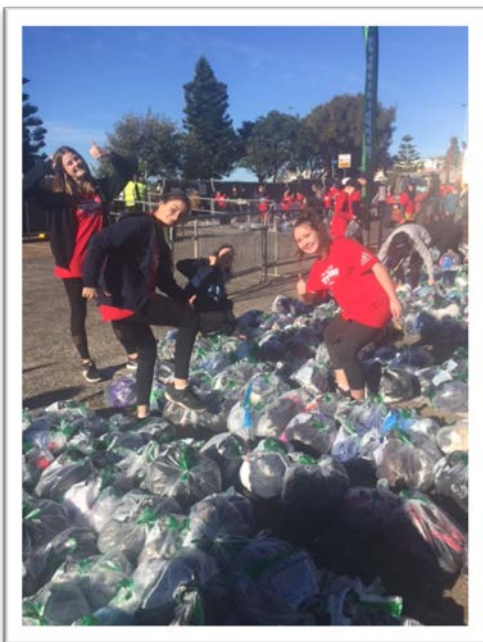
## City to Surf Fundraiser success

In a massive joint effort, around 90 student and parent volunteers helped raised close to \$3800 for our band programme last Sunday.

Thanks to all who contributed their time for this important fundraiser handing out bags to 1000s of returning runners on the day, giving lifts to student volunteers and general support.

Special thanks to the eleven Year 12 students who helped, many who've done so consistently over their tenure at Manly Campus (Colleen L for 6 years and for Maya Y for her 7<sup>th</sup> year in a row!). Thanks also to the Yaffe family who help make it happen with their annual sleepover. You will be missed. Thanks to Mara van D, for doing an excellent job with the t-shirts, social media and support for the kids and also being an invaluable asset to Fairfax at the finish line information booth. Finally, massive thanks to Angela Aguam for her incredible hard work and energy in organising this event year after year.

The coveted 10kg Chocolate Award was won by Year 10, with an overwhelming 33 participants. Year 11 came 2nd with 11 volunteers. There are some very strong volunteers in Years 7 - 9 which we just need to leverage on for next year, so tell your friends! We will not be able to contribute to this event without your cohorts.



## Term 3 Band Committee Meeting Monday 14 August

Despite the flu season keeping several committee members away, a cheery band of parents came to Monday's Term 3 meeting where we discussed past and future events. Band has had a wonderful term already with our best results ever at the recent NSW Band Festival (all bands received a gold award), the band supporting 5 students in their HSC trials and an amazing turnout at the City to Surf Fundraiser. Plenty of exciting events to come this term including the P&C/Band Trivia Night this Saturday, SE and CO in the Australian Schools Orchestral Festival and the not-to-be-missed formal night of senior bands and strings at "Musical" on 16 September. Tickets on sale next week.

## Next committee meeting will be the AGM Monday 6 November.

## Intermediate tour: forms and payment - due 17 August

WE and BB members are requested to please return any outstanding forms and payments by next Monday at the latest.

## Semester Two Band fees

Fees were emailed this week by the school office on behalf of the band. This replaces the postal invoices and we give a big thankyou to the office staff for achieving this new system.

Please note: The \$15 discount for on-time payment has been already deducted from the membership amount. Payment due date has been extended until Friday 25 August.

## Trivia night this Saturday, 19 August

Thanks to the P&C for organising this event. It will be a great opportunity for us all to socialise and raise important funds for the school hall and bands.

Can't make it on the night? You can donate to the event via <http://www.trybooking.com/297456>

### Term Three

#### **P&C/ Band Trivia Fundraiser**

Saturday 19 August at MSC Hall: All welcome

#### **Australian Schools Orchestral Festival**

Morning of Sunday 27 August at Leighton Hall,  
UNSW: SE/CO

#### **TAU/Conservatorium High School/MSD Concert**

Monday 28 August at the Verbruggen Hall,  
Conservatorium High School: WE

#### **Musicale rehearsal**

Friday 15 September at MSC: SWO/JO/SE/CO

#### **Musicale**

Saturday 16 September, 3:30 pm  
at The Independent Theatre, North Sydney:  
SWO/JO/SE/CO

#### **Intermediate Band tour**

Monday 18-Thursday 21 September: WE/BB

#### **Farewell Assembly to Year 12**

Thursday 21 September at MSC: SwB/SB

#### **Band web site**

For current information go to the band website at  
[http://manlypandc.org.au/?page\\_id=34](http://manlypandc.org.au/?page_id=34)

#### **Band Names**

##### **Wind Stream:**

SWO~Symphonic Wind Orchestra; WE~Wind  
Ensemble; CB~Concert Band;  
SE~String Ensemble; CO~Chamber Orchestra

##### **Jazz Stream:**

JO~Jazz Orchestra; BB~Big Band; SB~Stage Band;  
SwB- Swing Band; JC- Jazz Combo

# TRIVIA NIGHT FUNDRAISER

**This Saturday 19 August**

All funds raised go towards the hall refurbishment  
and Bands of Manly Campus

For further details contact:

Sally Rodgers: [sallydave\\_rodgers@yahoo.com.au](mailto:sallydave_rodgers@yahoo.com.au)  
or 0416 218 358

Sue Lumb: [sue.lumb@asx.com.au](mailto:sue.lumb@asx.com.au) or 0400 724 121



# Term 3 Calendar

Please check all dates and times closer to the event

| Week 6B                 |                                                                          |
|-------------------------|--------------------------------------------------------------------------|
| 22/08/2017              | School Captain Elections, in the hall                                    |
| 22/08/2017              | Year 12 Drama Incursion, Final preparation                               |
| 23/08/2017              | Principal's Tour for Year 7 2018 students, 9:30am                        |
| 24/08/2017              | Wear it Purple Day                                                       |
| 25/08/2017              | Science Techno Finals - 150 students from all NBSC colleges, in the hall |
| 27/08/2017              | Australian Schools Orchestral Festival for SE and CO                     |
| Week 7A                 |                                                                          |
| 28/08/2017              | Wind Ensemble at The Sydney Conservatorium of Music, 6:30pm              |
| 28/08/2017              | Year 11 GP visit, Period 1 and 2                                         |
| 28/08/2017 - 29/08/2017 | Years 7 and 9 NAPLAN Online Readiness Test                               |
| 28/08/2017              | Year 10 Commerce Market Day                                              |
| 30/08/2017              | Visual Arts exhibition, 9am-3pm in the hall                              |
| 31/08/2017              | Year 11 PARTY (Crossroads Program) 50 students, RNS Hospital             |
| 31/08/2017              | VA exhibition, 9am-3pm                                                   |
| 31/08/2017              | Year 10 VALID Science test, online                                       |
| 1/09/2017 - 3/09/2017   | Silver Duke of Ed hike Option 1 Broken Bay                               |
| 1/09/2017               | Pinestock (SRC), recess - lunch                                          |
| 1/09/2017               | VA exhibition, 9am -12pm                                                 |
| 1/09/2017               | Years 7 and 9 NAPLAN Online Readiness Test                               |

| Week 8B                 |                                                                  |
|-------------------------|------------------------------------------------------------------|
| 5/09/2017               | Noumea Trip Pre-departure briefing 6pm                           |
| 5/09/2017 - 6/09/2017   | ILP EXPO                                                         |
| 6/09/2017 - 8/09/2017   | CHS Athletics                                                    |
| 6/09/2017               | Colour Run                                                       |
| 6/09/2017               | P&C Meeting, 7pm. All welcome                                    |
| 7/09/2017               | SRC Induction Ceremony during assembly                           |
| 8/09/2017               | Year 10 Geography and History Excursions                         |
| 8/09/2017               | Year 12 Business Studies Excursion all day                       |
| Week 9A                 |                                                                  |
| 11/09/2017              | Year 7 Geography Excursion to Bicentennial Park Wetlands         |
| 13/09/2017              | P&C volunteer thank you evening for parents, 7pm                 |
| 15/09/2017 - 17/09/2017 | Silver Duke of Ed hike Option 2 Broken Bay                       |
| 15/09/2017              | Musicale rehearsal from 1pm                                      |
| 15/09/2017              | TEAM Praxis Energy Expo, 9am-12pm                                |
| 16/09/2017              | Musicale 3:30pm concert at The Independent Theatre, North Sydney |
| Week 10B                |                                                                  |
| 18/09/2017 - 20/09/2017 | Intermediate Band Tour- WE and BB                                |
| 21/09/2017 - 22/09/2017 | Duke of Ed Bronze Hike Option 1                                  |
| 21/09/2017              | Year 12 Farewell assembly                                        |
| 22/09/2017              | TEAM Praxis Energy Expo, 9am-12pm                                |





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not alone**

**Way2Wellness  
1300 120 446**

**Anxious,  
worried,  
stressed  
or just not  
feeling  
yourself ?**

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**Call 1300 120 446**  
anytime Mon to Fri  
11am - 7pm

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Talk confidentially to  
an online supporter

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**Way2Wellness**  
**1300 120 446**  
**[way2wellness.org.au](http://way2wellness.org.au)**

 **Lifeline**

Funding for Way2Wellness is provided by  
Sydney North Primary Health Network.



A hand holds a black smartphone against a background of green grass with white yard lines. The phone's screen shows a message in white text. The text reads: "You're not alone", "Way2Wellness", and "1300 120 446".

You're  
not alone

Way2Wellness  
1300 120 446

## Way2Wellness can help if you're:

- Anxious about work or day-to-day life
- Worried about something and not sure what to do
- Stressed out or losing sleep
- Just not feeling yourself
- Concerned about the mental wellbeing of someone else
- Feeling alone, like you have no one you can talk to

## How it works

- ➊ Call 1300 120 446 anytime Mon to Fri 11am – 7pm
- ➋ Talk confidentially to an online supporter
- ➌ We'll ask a few questions to help understand your situation. This usually takes 30 minutes so it's a good idea to call from somewhere comfortable and private
- ➍ Based on what you tell us, we'll connect you with online support tools and local services (including face-to-face support)
- ➎ You can expect a follow-up call from us one week after your initial chat at a time that suits you and with the option of further follow up calls

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Way2Wellness will be servicing the following Local Government Areas: **Hornsby, Hunters Hill, Mosman, North Sydney, Northern Beaches, Lane Cove, Ryde, Willoughby, Ku-ring-gai.**

Way2Wellness is provided by Lifeline Harbour to Hawkesbury in association with Lifeline Northern Beaches.

**Way2Wellness 1300 120 446**

Monday to Friday 11am – 7pm

[way2wellness.org.au](http://way2wellness.org.au)

