



The Weekly Pines

Manly Campus



Northern Beaches Secondary College

Academic Excellence ★ Personal Best ★ Giving Back to the Community

Acting Principal: Ms Cath Whalan

Deputy Principal: Ms Kathy O'Sullivan

Relieving Deputy Principal: Ms Deb Rixon

9 June 2017 – Newsletter No.17

From the Acting Principal

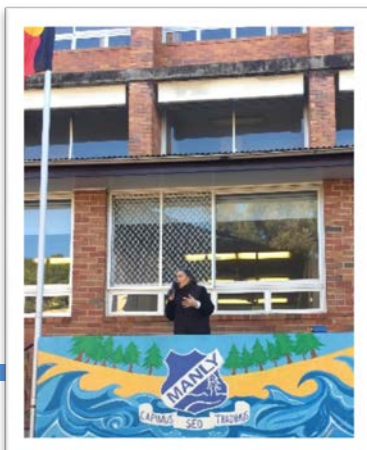
School Musical - Evita

NBSC Manly Campus has the honour of being the first Australasian school to perform this exciting musical. Our musicals are renowned for their excellence and bring together such a large cross section of the community. This year will be no exception with over 150 students - cast, orchestra and crew involved in the production.

Performances will be run from 20 to 24 June. Tickets can be purchased through Trybooking, \$35 Adults and \$20 for Student / Concession. Early booking is recommended as this will be a sell-out show. More details and the booking link on page 3 in this issue of The Weekly Pines.

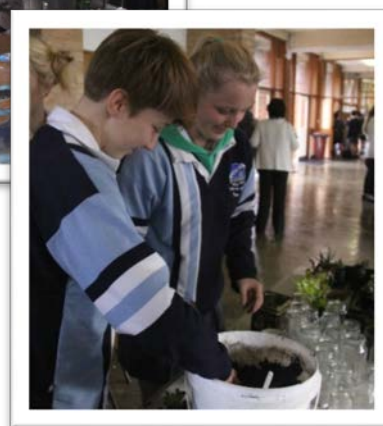
Indigenous History Speaker

On Tuesday Karen Smith from the Aboriginal Heritage Office spoke at our assembly and afterwards gave a talk to the Year 10 History students. She informed us that, in our Acknowledgement of Country, we should be addressing the Gayamaygal rather than Guringai, which is not an authentic term. Further details are available on the AHO website in the article *Filling a Void: A review of the historical context for the use of the word 'Guringai'*.



Enviro Day

Congratulations to the Environment Committee for organising such a successful Enviro Day on Thursday, World Ocean Day. Despite the wet weather, students enjoyed the face painting, sausage sizzle, fairy floss and plant stall set up in the canteen area. This event is a wonderful example of how *giving back to community* is such a part of our students' way of being. Over \$700 was raised for the 'Save the Dugong' charity.



Night of Stars

Tonight the annual SRC Night of Stars event takes place in the Hall and I am looking forward to being entertained by another showcase of the wonderful talent of our students. Congratulations to the SRC for their organisation prior to the night and to all the students whose performances make the night such a success.

Manly Campus

138 Abbott Road, North Curl Curl NSW 2099

Phone: 9905 3982 / Fax: 9905 7772 / Email: nbscmanlys-h.school@det.nsw.edu.au

P&C website: www.manlypandc.org.au

Years 8 and 11 Parent Teacher Evening

Thank you to the parents of our Years 8 and 11 students who were able to attend Parent/Teacher Interviews at school on Tuesday evening. This provided a very worthwhile opportunity for our staff to meet with parents and discuss the progress of students.

An email from a parent of one of our Year 11 students provides confirmation of the difference our teachers make:

"All the teachers are so committed to their student's learning and really ensuring they follow the school ethos of 'Personal Best'. Each member of staff knows so well, his work habits, strengths and areas for further improvement and what we admired so much was the mutual respect between staff and students. With year 12 so close on the horizon, we truly feel that has the best opportunity, under such excellent guidance, to fully reach his potential not just academically but also to develop into a well-rounded young man."

Congratulations to:

- Krystof Z (Yr 7) upon his selection in the State Junior Wind Band 2017.
- Amelie G (Yr 8) upon her selection in the 2017 NSW Public Schools' State Senior Wind Band.
- Samir M M (Yr12) at the Sydney Metropolitan Solo Competition on trombone achieved;
1st place - Metropolitian Open Duet
2nd place - Metropolitian Under 19 slow
3rd place - Metropolitian Under 19 any brass
- Dominic C (Yr 12) upon his selection in the NSW U18 Boys Ultimate Frisbee team, the NSW Emus, competing in Melbourne in the July holidays. His team also won the second pool of the Open Men's Div 2 Nationals in April, coming 9th overall in the competition.



In this regular feature we like to recognize students who have achieved highly in school and community events, competitions and activities. Demonstrations of the school ethos of *academic excellence, personal best* and *giving back to the community* deserve to be recognized. Parents are

invited to phone or email the school of any achievements we may not be aware of for inclusion in *The Weekly Pines*.

Cath Whalan
Acting Principal

From the Deputy Principals

Year 8

Thank you to the Year 8 parents and students who attended the Parent/Teacher evening on Tuesday. This event provided an opportunity for teachers to give feedback to students and parents and discuss strategies to assist Year 8 as they move towards Semester 2. If you were not able to attend and would like to discuss your child's progress, please contact the school to arrange a telephone interview.

Year 10

Year 10 students are well into their Independent Learning Projects (ILP) at this stage of the year. The range of chosen projects is impressive and most students value the opportunity to investigate an area of interest in greater depth. Teachers are always available to assist students in the development of skills to support self-directed study. The ILP is an excellent preparation for many senior subjects, particularly those with projects, as it encourages students to further develop their self-discipline and time-management skills.

Over the past couple of weeks I have had the privilege of reading through Year 10 reports prior to them being posted home at the end of this term. Congratulations to all students who have demonstrated academic excellence and consistently achieving their personal best. To the few students who have yet to realise their potential, please read the report feedback provided by your teachers and reflect on your Semester 1 performance to ensure that you work towards improving your knowledge, understanding and results.

Year 12

It was my pleasure to be part of the team interviewing Year 12 students this week. The interviews provided an opportunity for students to reflect on their progress and to discuss support they may require for the remainder of their HSC journey.

Kathy O'Sullivan
Deputy Principal – Years 8,10,12

It was very pleasing to see the Year 11 Parent/Teacher evening so well attended this week and was wonderful to speak to parents in person. In the weeks ahead our Wellbeing team will be processing Year 11 Half-Yearly reports and discussing how we can best support our students as they move into Semester 2 of their Preliminary courses.

Year 9 Project Penguin continues this week. The feedback from our Primary school teachers has been extremely positive.

Year 7 students are very well represented in the many groups preparing for the School musical. Parents are encouraged to purchase musical tickets early as seats are in high demand.

Mobile phone use information for parents: According to a recent new study (published in Education Review, by Loren Smith 2/6/17) the continual late night use of mobile phones is harming teenagers mental health and sleeping patterns. The study of 1,100 students aged 13 to 16 in Australia found that late-night mobile phone use was directly linked to poor sleep quality, which led to poorer mental health outcomes, reduced coping and lowered self-esteem. This research reported 85% of students in their first year of high school (aged around 13) owned a mobile phone and highlighted a need for curfews around the use of mobile phones in the bedroom. Around one third of these students reported they never texted or received phone calls after lights out. However, three years later 93% of the students owned mobiles and only 22% of these students reported no late-night mobile phone use. Researchers found that the teenagers who start out as relatively 'healthy' in terms of their late-night mobile phone use early in high school, tend to show steeper escalation in their late-night mobile phone use over the coming years. As student's levels of mobile phone use grew over time so did their poor sleep behavior, with a rise in depressed mood and a decline in self-esteem evident.

Deb Rixon
Relieving Deputy Principal – Years 7,9,11

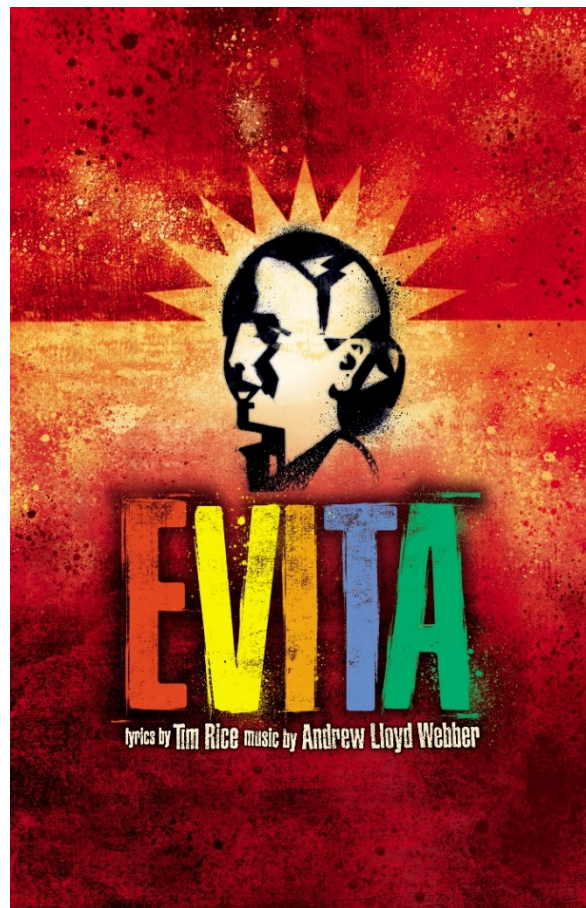
School Musical

NBSC Manly Campus proudly presents

An Amateur production by arrangement with
**ORiGiN™ THEATRICAL ON BEHALF OF
THE REALLY USEFUL GROUP LIMITED**

EVITA

Lyrics by Tim Rice,
Music by Andrew Lloyd Webber



Originally directed by Harold Prince
TM & © 2006 & RUG Ltd. & RSO Ltd.

Tuesday 20 - Saturday 24 June
7pm, School Hall

**Tickets are now open for sale
on Trybooking, go to:**

<https://www.trybooking.com/QHFA>

Tickets:
\$35.00 Adult
\$20.00 Child & Concession

SECOND HAND UNIFORMS IN URGENT NEED

The Second Hand Uniform Shop is very short of stock, especially winter garments. Please consider donating any outgrown or unused items in good condition. Donations can be left at the office anytime during school hours, Thank you

Duke of Edinburgh Award

The first semester of 2017 has been busy for Manly Campus Duke of Ed. students with an unprecedented 77 Year 9 students beginning the **Bronze** Award to combine with 100 students from the NBSC campuses. Expeditions were accomplished with a three-day Bronze Training and Practice Hike at Camp Somerset on the Colo River in March and May. **Silver** students travelled by ferry to Broken Bay this term to enjoy a picturesque Pack and Paddle with the Department of Sport and Recreation. In the April school holidays an enthusiastic team of **Gold** students travelled south to Belanglo to complete their Gold Hike.



Students are reminded to set themselves up on the Online Record Book (ORB), log hours and submit journey reports from expeditions completed. As the year progresses participants will continue to work through the sections of the Award with a goal to finish Service, Skill and Physical Recreation hours by December. Don't forget Bronze students must also engage in a "major" activity.

Congratulations to Khika W, a graduate of Manly in 2016, who was presented her Gold Award by the Governor General at Government House on Wednesday.

Congratulations to these Manly students for achieving the following level of the award;

Silver

Jonathan B	Mitchell H
Jack C	Mitch H
Andre C	James L
Bennett F	Ella M
Oliver G	Zoe M
Daniel H	Val M-B
Jacqui H	Grace U

Bronze

Damon B	Daniel K
Olivia B	Michael L
Tamsin B	Alanna M
Henry B-S	Jonah M
Emma C	Stella M
Oliver C	Jessica M
Adam D	Lachlan M
Riley D	Megan M
Gus D	Dorisa N
Evan F	Luke N
Hayley G	Sarah N
Dean G	Thomas S
Benjamin H	Noah S
Rebecca H	Richard S
Moe I	Hinata S
Katherine J	Cameron T
Hinano K	Jefferson W
Helen K	

Vicki Busse

Northern Beaches Secondary College
Duke of Edinburgh Award Leader
vicki.busse@det.nsw.edu.au

Craft Club

Good crafternoon!

This week the room was buzzing with creativity. Many Year 12 students came to join us for some creative downtime to help them re-energise for the rest of the week ahead and prepare for their upcoming assessments.



Remember ALL year groups are welcome to come and join the fun on Tuesdays at lunch in room 141

Miss Giuffrida

Careers Night

An invitation for Years 11 and 12 Students,
Parents and Guardians

**2017 NBSC Manly Campus Senior Students
Careers Night**

**Wednesday 14 June from 6.30pm - 8.30pm
in the Manly Campus school hall**

Come along and hear our special guest speaker Rowan Kunz: CEO Art of Smart. He will be presenting on the topic of "How technology is impacting on the future world of work, what careers will be in demand in the future, what areas are in decline". He is a very interesting and dynamic speaker and we will hear about the current trends in the labour force.

In addition, we have invited back a group of Manly Campus alumni to speak to our students on their journey post Manly Campus and the HSC. You will hear about a wide range of career choices, chosen by these ex-students. Some have only recently left school, others for a few years.

Supper will be served at the completion of the event, allowing time for informal discussion and questions.

You will need to register for this event as there is limited seating. We have set a limit of 3 seats per family.

Registration is now open, go to:

www.schoolinterviews.com.au
code: **3cgad**

Deb Rixon
Careers Adviser

Sydney North Cross Country New date: Tuesday 20 June

For further information go to:

<https://app.education.nsw.gov.au/sport/EventHeader/View?eventId=2261>

Careers Matters

Garvin Institute of Medical Research Visit

Last Thursday students from Years 10,11 and 12 had the opportunity to hear about a variety of interesting Medical Research being undertaken across many health areas. The passion these speakers had for their work, trying to solve a puzzle and at the same time hoping to find a solution that will give people with chronic disease a better opportunity, was most enlightening.



UNSW Coming Events

- Law and Business Information Evening 22 June 6-8.30pm
- Art and Design Student and Parent Information Evening
- HSC Enrichment Days 4 July to 6 July for Year 12 Biology, Physics and Chemistry students
- UNSW Build Environment High School Workshops for Years 10,11,12 students

Careers Contacts

Careers Adviser Ms Deb Rixon
Deborah.Rixon@det.nsw.edu.au

Careers Adviser Ms Helen Crebar
Helen.Crebar@det.nsw.edu.au

MSC Careers Website
www.manlyselectivecampuscareers.com

The Entertainment Book

With 1 June having now come and gone, those of you with previous copies of The Entertainment Book will be looking for the new version to grab some savings.

If you haven't already purchased your 2017-18 copy, why not grab one. Doing so will give you 12 months of access to numerous savings while helping the school raise funds for upgrading the performance space.

For those who haven't used the digital version, here are a few quotes from first time users who've signed up:

"It's so easy to use I don't know why I haven't gone digital before."

"I'm saving so much more as I used to when I always forgot to bring out the book."

"I love it because you can share it easily with family members."

Remember, the benefits of the digital version are:

- ✓ You don't need to carry around the book
- ✓ You get access to it almost immediately – just download *The Entertainment Book* app so no need to wait for the actual book
- ✓ You can easily see on a map all the eligible restaurants, retail outlets (e.g. butchers, pharmacies) and activities (e.g. cinemas, adventure activities) around your current location or in a specific area
- ✓ You can easily look up if the restaurant you are currently eating in has a discount before paying the cheque
- ✓ You can share it amongst a few people to each have on their phones for any time they're out

Either the digital or hard-copy version costs \$70, with 20% of all sales going to our school for the performance space. Only a few nights out throughout the year will easily recoup the initial outlay.

If you're interested in helping the school out while making some big savings go to:

<https://www.entertainmentbook.com.au/orderbooks/20042i6> to order your copy

Jamie Kay

P & C Meeting
Thursday 15 June
(Please note the change of date)
7pm
In the School Library

Lost Property

Lost property is located at the school office.

If your child has lost an item or an article of clothing, please advise them to check lost property.

Clothing and other lost items that are labelled with your child's name are able to be returned to your child easily. Unfortunately many lost items are not labelled and remain in lost property until claimed. Due to the quantity accumulated throughout the term, any unclaimed items are donated to charity at the end of term or disposed of.

Currently in lost property:

- School clothes, plain clothes
- Sneakers, hats, rain jackets and umbrellas
- Lunch boxes and drink bottles
- 2 x sleeping bags, picnic rug

Year 9 Parents Night Out

Come along for drinks and/or dinner

This is a perfect opportunity to meet other
Year 9 parents

Dee Why Hotel, 15 June, 7pm

RSVP to Ber Carroll ph: 0414 386 312
email: ber.carroll@optusnet.com.au

From the Archives



There was a good deal of informality in the previous editions of the Pines Magazine. We liked the Letter to the Editor section in the 1985 Pines, where students could vent over issues of the day whether it was the 'lethargic sloths who leisurely lounge round our playground at lunchtime', the magpie attacks, elective choices not being met by the school, lack of uniform discipline, and the one we have chosen. Read on...

DEAR EDITOR

Why is it that Manly High School suffers from little student participation in areas such as music? Once upon a time, Manly High was renowned for its memorable musical performances it shot out at the public. The excellent talents, elaborate decorations and hard, strenuous work were put together by both teachers and students to create great successes.

In the past few years, though, Manly High has shown an incredible decline in student participation involving musicals or any similar groups such as a school orchestra or choir to the extent where, this year, only four people enrolled in the orchestra (two of these being beginners!) There was no possible way to continue a decent band.

I feel that Manly would be a better and less boring place if more students scraped up the effort to participate in a certain activity instead of sitting around bludging their lunchtimes and smoking away. Maybe, though, Manly is showing signs of improvement in the music field since the recent musical did turn out to be quite good.

[the next letter was from someone who had taken the liberty of writing a gossip column. I can't imagine how they weren't sued for libel – Ed.]

Bands of Manly Campus

Jazz Combo at Manly Golf Club 7pm Saturday 3 June

Jazz Combo had the wonderful opportunity to experience a real gig on Saturday night when they performed two sets at a function at Manly Golf Club. The night was fun and relaxed and they received good feedback from the party goers. They performed a mixed repertoire of jazz, blues, bop and ballads and learnt a thing or two about setting up a PA system! Thanks to Angela Aguam for organising and the Van Duyl, Frerck and Gordon families for transporting instruments. Special thanks to Craig Driscoll for his support on the night.

Term Two

Northern Beaches Instrumental Festival
Saturday 17 June, 7pm - Pittwater High School: CO

Term Three

Wind and jazz band workshop (pupil free day)
Monday 17 July- at MSC (Compulsory)

NSW Band Festival
Saturday 22 July at The Sydney Conservatorium of Music: SWO

NSW Band Festival
Sunday 23 July at The Sydney Conservatorium of Music: CB/WE/SwB/SB/BB

Australian Schools Orchestral Festival
Sunday 27 August, UNSW: SE/CO

Musicale
The Independent Theatre, North Sydney
Saturday 16 September, 3:30pm: SWO/JO/SE/CO

Band web site

For current information go to the band website at
http://manlybandc.org.au/?page_id=34



Band Names

Wind Stream:

SWO~Symphonic Wind Orchestra; WE~Wind Ensemble; CB~Concert Band; SE~String Ensemble; CO~Chamber Orchestra

Jazz Stream:

JO~Jazz Orchestra; BB~Big Band; SB~Stage Band; SwB- Swing Band; JC- Jazz Combo

SECOND HAND UNIFORMS

LOCATED UNDER THE TAS BLOCK

Next open Thursday 15 June

Open first Tuesday of the month:
8:15am – 9:30am

& the third Thursday of the month:
1:30pm-2:30pm

Co-ordinators Marg Martin & Chris Schaller

Please contact us if you would like to
place an order

margaret.martin@optusnet.com.au

christins@ozemail.com.au

Donations of washed good quality uniforms are
most welcome and can be left at the school office
All proceeds go to the P&C for school improvement
projects.

For second hand band blazers (buy & sell)
please contact

Diane Turner: moogiet@optusnet.com.au

For new and preloved band polo shirts please
contact

Kim Luong: kimmanlyband@gmail.com

All proceeds go to the P&C for school
improvement projects

Calendar Term 2

Please check all dates and times closer to the event

Week 8	
12/06/2017	QUEEN'S BIRTHDAY PUBLIC HOLIDAY
13/06/2017	SRC - World Vision Youth Conference, all day
14/06/2017	Years 11 and 12 Careers Night, 6:30pm
15/06/2017	Cadet graduation assembly, during assembly
15/06/2017	P&C Meeting (Note change of date), 7pm
15/06/2017	Year 9 Parents night out
16/06/2017	Musical all day rehearsal, in the hall
Week 9	
19/06/2017	Musical dress rehearsal
20/06/2017	Sydney North Cross Country (New date)
20/06/2017 - 24/06/2017	School musical, EVITA, 7pm
22/06/2017	TimTams for Jim Jams, during assembly time
22/06/2017	Project Penguin Expo Day, at the Zoo, all day
22/06/2017	Year 12 Japanese Speaking sessions with Japanese speakers @ MSC, Room 032, 2-3:30pm
Week 10	
27/06/2017	Vaccinations Years 11 and 12, in the Library
28/06/2017 - 29/06/2017	Young Change Agents program, all day
29/06/2017	Principal's Awards Years 7, 8 and 9, 9:30am
30/06/2017	Young Change Agents program
30/06/2017	Principal's Awards Years 10, 11 and 12, 9:30am

Calendar Term 3

Please check all dates and times closer to the event

Week 1	
17/07/2017	College Development Day Pupil free
17/07/2017	Workshop for Wind and Jazz bands at MSC
18/07/2017	First day of Term 3 for students
20/07/2017	Years 9 and 10 Parent / Teacher evening
21/07/2017	CHS Cross Country, Eastern Creek
21/07/2017	Year 12 Japanese Speaking sessions with Japanese speakers @ MSC, Room 032, 2-3:30pm
22/07/2017 - 23/07/2017	NSW Band Festival, UNSW, Wind and Jazz Bands
Week 2	
24/07/2017 - 25/07/2017	Regional Athletics
26/07/2017	OC Class Placement Test
26/07/2017	Legacy Junior Public Speaking Award, at Normanhurst BHS, all day
27/07/2017	Australian Mathematics Competition, Years 7-10
Week 3	
31/07/2017 - 11/8/2017	Year 12 HSC Trial Examinations
1/08/2017	Australian National Chemistry Quiz, Year 11 during their Chemistry lesson.
2/08/2017	Principal's Tour, 9:30am Bookings essential via reception 9905 3982
2/08/2017	P&C Meeting, 7pm

Knowledge is power. Information is liberating. Education is the premise of progress, in every society, in every family.
Kofi Annan



Northern Beaches Secondary College - Manly Campus is raising funds. Here's how you can help...

Help us raise funds for Northern Beaches Secondary College - Manly Campus by buying an Entertainment Membership, and you can enjoy endless value and exclusive offers. Maximise your time with the family these school holidays!

You can preview the full digital membership content first, simply download the Entertainment™ Book Australia app from iTunes or Google Play then visit our payment page below to purchase.

Buy From Us Now:
<http://www.entbook.com.au/20042i6>

"The App is so convenient, dinners out with the school mums are even better when I can whip out the digital vouchers on my phone and save us up to \$50 off the bill." - Kellie

185+ Contemporary Dining Offers!	 \$45 value	 \$40 value	 \$45 value	 \$50 value	 \$35 value	 \$40 value and many more...
380+ Casual Dining Offers!	 \$40 value	 \$20 value	 \$40 value	 \$35 value	 \$50 value	 \$30 value and many more...
215+ Takeaway and Attraction Offers!	 2 for 1	 \$50 value	 2 for 1	 \$32 value	 25% off	 25% off and many more...
2,000+ Travel Offers!						 and many more...
500+ Retail Offers!						 and many more...

Northern Beaches Secondary College - Manly Campus
 Jamie Kay
jamieson.kay@det.nsw.edu.au
 0414625113

THANK YOU FOR YOUR SUPPORT!