



The Weekly Pines

Manly Selective Campus

Northern Beaches Secondary College

Academic Excellence ★ Personal Best ★ Giving Back to the Community



Acting Principal: Ms Cath Whalan

Deputy Principal: Ms Kathy O'Sullivan

Relieving Deputy Principal: Ms Deb Rixon

17 February 2017 – Newsletter No. 3

From the Acting Principal

Information Evenings

I would like to thank all parents and students who supported the school at the Years 7, 10 and 9 Information Evenings, as well as the speakers who provided up to date and pertinent information in order to support students in these year groups. Each session was very well attended and we hope that the information given on the night was both relevant and helpful to both parents and students. Feedback from parents was very positive, as reflected in this email: *"I am just home from the Year 7 info night and I wanted to say how wonderful the evening was. So informative, practical, interesting and well presented. Everything we need to know was covered and I can just feel the enthusiasm of all the staff at MSC. This is reflected in the students, who all seem to be really enjoying their transition to high school. Thanks again for a wonderful evening and for everything you do for our children. We are in great hands.....I can't wait for the Year 10 evening on Wednesday."*

Staff Professional Learning

Following on from our highly successful School Development Day on 27 January, Monday afternoon saw our staff continue on their professional learning journey. This year all staff will participate in fortnightly professional learning sessions on Monday afternoons. Sessions are aligned to our three strategic directions: Our Learning Culture, Our Organisation and Communication and Our Wellbeing. This week staff worked in Professional Learning Community (PLC) teams to plan their action research for the year.

PLC teams for this year include staff learning in the areas of: Literacy Skills, Choice Theory, Conceptual Programming, Formative Assessment, Reporting Proficiencies, Project Base Learning and Gathering and Evaluating Learning Data. The focus for the next professional learning session will be on Assessment of Learning.

School gym

The new school gym has been in operation this term on Wednesday afternoons for sport and will open at designated times for Years 9 -12 starting on Monday. All students wishing to use the facility will need to be inducted prior to using the equipment.



Mr Blanch inducting a group of Year 10 students

Staffing update

For the next three weeks, I will be relieving Principal while Cath Whalan is on leave. Bianca Hewes will be relieving Deputy Principal - Year 8, 10, 12. Kate Munro will be relieving Head Teacher Teaching and Learning. For students and parents during this time of change, our focus is on ensuring

Manly Selective Campus

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Phone: 9905 3982 / Fax: 9905 7772 / Email: nbscmanlys-h.school@det.nsw.edu.au

P&C website: www.manlypandc.org.au

that the school operates smoothly and, if you can't remember who's in what role, please just call the front office and they'll put you in contact with the person required.

**Relieving Acting Principal
Ms Kathy O'Sullivan**

REMINDER TO PARENTS

If you have not done so already, please return your Emergency Contact Form to the office as soon as possible.

Please return this form even if there are no changes – cross a line through to indicate 'no changes'

From the Deputy Principals

This week has been busy with our round of Information evenings. On Monday night Year 7 parents and student heard about the assessment program outlined for the year plus the PRAXIS project based learning activity. They also had the opportunity to meet in person the Year 7 support team. Mr Blanch (Year 7 Year Advisor) outlined the exciting extra-curricular activities planned for the year especially the Term 1 camp and disco night.

At the Year 9 information night, our HT Teaching and Learning Bianca Hewes outlined the assessment program for the year plus the NESA changes to the HSC and the link with NAPLAN.

Ms Brien also presented the Five Ways to Wellbeing (a model we can all use to maintain our mental fitness)

- Connect
- Be Active
- Keep Learning
- Give
- Take Notice

Year 9 also have fabulous extra-curricular activities to look forward to such as their upcoming disco and the Term 4 camp.

Now that Year 11 have their assessment booklet they are encouraged to start planning and use the tools available to them e.g. the calendar of assessments, the MSC student diary and the term planner. Students are also encouraged to use the Library for study Tuesday and Thursday afternoons after school. To maximise results in assessment tasks, it is vitally important to complete

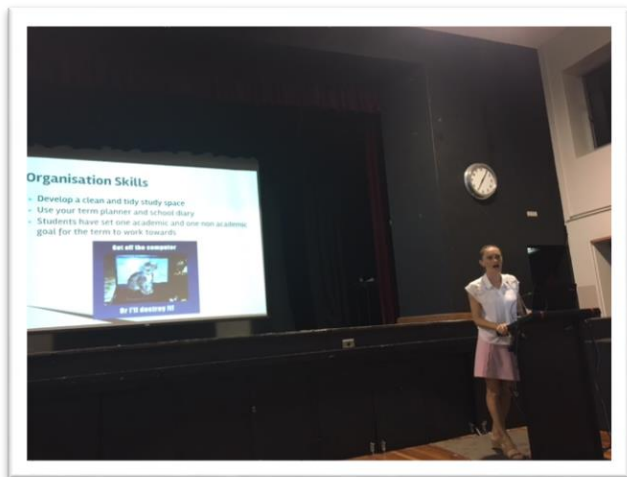
progressive study notes. This requires devoting time each week to write summary notes for the work completed in each subject for that period of time. This enables students to study from these notes in the lead up to tasks, rather than spending all their time writing their notes. This effective use of time is likely to lead to increased performance and a better demonstration of achieving course outcomes.

**Ms Deb Rixon
Relieving Deputy Principal Years 7, 9, 11**

For weeks 4, 5 and 6 I will be acting Deputy Principal whilst Kathy O'Sullivan is acting Principal. It has been a very busy first week in the role, but it has also been a rewarding week, as I have managed to spend quality time with a number of students from Years 8, 10, and 12 as they pop in and out of my office for various reasons.

Year 8 have settled back into the routine of high school nicely, and comments from teachers have been very positive about their commitment to studies and their behaviour. Well done Year 8! Next Monday Year 8 have their first session of High Resolves for 2017. This session focuses on Social Justice, where students will participate in a range of engaging activities as they grapple with the question, *How can young people move beyond charity to justice?* Students have been put into small groups for the session, and these can be found on the noticeboard outside of the Teaching and Learning Office.

Year 10 had their Parent Information Evening on Wednesday of this week, which was a great success, with very practical presentations from Deb Rixon about work experience, volunteering, and stage 6 subject selection, and Year Advisor Lina Izosimova about organisation, part-time employment, and school uniform. Thank you for your attendance at this important event. If you didn't manage to make it to the night, please remind your child to collect a copy of the information booklet from the front office. Next week Year 10 have their first assessment task for ILP, which will see them deliver a three-minute pitch outlining their project idea. The purpose of this task is to receive teacher and peer feedback to help refine students' initial project ideas. So far there have been some very exciting and original project ideas being shared.



Year 12 are working hard and staying focused as they begin to prepare for the first assessments tasks of the year, as well as thinking ahead to the half-yearly examinations which begin in weeks 10 and 11. Students are reminded to use the library as a study space as there are lots of excellent resources available to them. Furthermore, a reminder that the library is open Tuesday and Thursday afternoons until 5.30pm for students to use the space and the resources for additional study. Finally, it's important for Year 12 to remember that their best resource or point of contact for subject-related questions is their classroom teacher. At this stage of the HSC, it's always a good time for students to check they are aware of the available communication channels with their classroom teacher such as email, Google Classroom, Edmodo, and in-person conversations at times allocated by the classroom teacher.

Finally, a big thank you to all of the students, their parents, and staff, who have made my first week in this relieving position very enjoyable.

Bianca Hewes
Relieving Deputy Principal

Chess Club

Inter School Chess Competition

During Term 2 students from Manly Selective compete in the Inter School Chess Competition after school on Fridays. Students are placed into teams of 4 to 5 players and then the team is in a Round Robin against 7 other teams from schools over the Sydney North Region. Some weeks there are home games and other weeks they must travel to other schools.

Registration for this competition begins from Monday 20 February, students need to see Mrs Harrison in the Library to register and get a permission note.

Mrs Harrison

WELCOME NIGHT

Help Needed

Year 8 Parent volunteers are needed to host the New Parent Welcome Night on
March 1 2017

We also need a Co-ordinator
If you are able to help please contact
Sue Lumb: Sue.lumb@asx.com.au

OPEN DAY

Help Needed

Volunteers are needed to help serve refreshments on Open Day

Thursday 23 February 2017

If you are able to help please contact
Nada Zaina: zainana@gmail.com

SAVE THE DATE

Tony Rudd's Farewell Dinner
Thursday 9 March

See the Invitation at the end of
The Weekly Pines

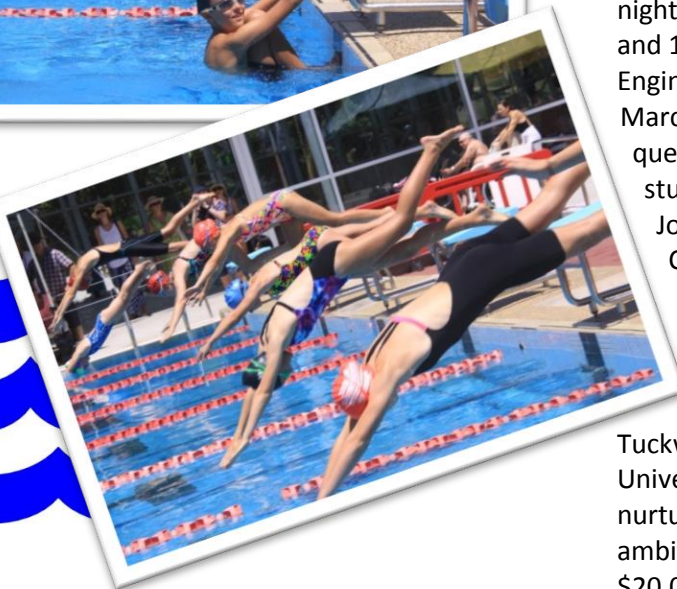
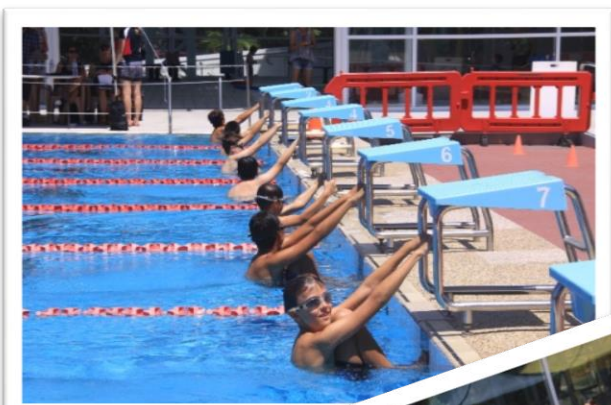
Swimming Carnival

On Monday 6 February, our students travelled down to Andrew Boy Charlton pool for our school swimming carnival. Our students arrived in 36-degree heat but this did not dampen the team spirit or participation.

Our new year 7 students kicked off with the U12's freestyle, displaying some very competitive performances. The participation from all students on the day was amazing. A special mention goes to our excellent House Captains who rallied their teams together all day and created an exciting and enjoyable atmosphere for all students.

The competitive teachers had to have their annual race, with Ms Izosimova and Mr Blanch finishing in a dead heat for first place.

I hope all students and parents who attended the day enjoyed the experience as much as all of the Manly Selective Staff.



Careers Matters

Mrs Deb Rixon (Careers Adviser Manly Selective Campus) will be acting Deputy Principal this Term.

Mrs Helen Crebar will also be available for Careers advice. Contact her in the Careers office Monday, Tuesday and Wednesdays.

Helen.Crebar@det.nsw.edu.au or 9905 3982

Mrs Donna Colby will be available on Fridays.

Donna.colby@det.nsw.edu.au

Outside the Careers office there is a mailbox where students can return forms/place written messages etc. and a large whiteboard where messages can be left, if the office is unattended.

MSC has a Careers website:

www.manlyselectivecampuscareers.com. Students can access this site through the link on the school's website. Students and parents can explore the large amount of Careers information on this site.

The Careers department assists students with subject selection/finding Work Experience placements/resume writing/applications for university/completing scholarship applications

MSC LUNCHTIME CAREERS WORKSHOP

The workshops are being finalized for alternative Tuesdays and Thursdays in Rom 209 at lunchtime. Students in Years 10, 11 and 12 are welcome.

COURSES & WORKSHOPS FOR STUDENTS AND PARENTS

UNSW WORKSHOPS:

UNSW Medicine Information Evening: Thursday 23 March 6.00pm to 8.00pm

UNSW Science and Engineering Student Parent info night. Parents and High school students in Years 11 and 12 are invited to attend a Science and Engineering information evening at UNSW on 23 March 2017. You'll be able to hear from, ask questions to and meet our Deans, current students and staff.

John Niland Scientia Building, UNSW Kensington Campus. To register go to

www.futurestudents.unsw.edu.au/whatson

SCHOLARSHIPS

A truly unique university experience: Tuckwell Scholarship at The Australian National University, provides a one-of-a kind experience that nurtures undergraduate students to fulfil wider ambitions during their study. Scholars receive over \$20,000 annually and are selected not only on academic abilities, but a demonstrated desire to make a positive difference in the world.

Applications close 30 March.

<http://tuckwell.anu.edu.au/InformationEvening>
[Tues Feb21 5.30-7.30 powerhouse museum](http://tuckwell.anu.edu.au/InformationEvening)

OVERSEAS OPPORTUNITIES

US University Standardized Test Requirements- new SAT and ACT explained Students interested in

studying uni in the US are encouraged to read our article outlining the new SAT and the ACT standardized tests which are used for admission purposes to most US universities.
<http://www.internationallyeducated.com.au/#!learn/cfpx> Contact us for assistance if you are considering studying in the US.
www.internationallyeducated.com.au
02 8006 9737

CADETSHIPS, APPRENTICESHIPS, TRAINEESHIPS

Business Cadetships: Applications for the Business Cadetships Program open on 7 March and close on 11 May. Year 12 students apply online at <http://www.businesscadetships.com.au> Under the Program, UBS will continue to offer cadetship opportunities across the firm. Applications for the Engineering & Technology Cadetships (ETCAD) Program will open on 26 April.

Work Experience in Game Development, Animation and Visual Effects The AIE Work Experience Program is a great way for secondary school students in Years 10 to 12 to learn about the interactive entertainment and digital industries. The week will open the door to the range of career possibilities in the industry and allow students to get hands-on with the tools of the trade. To register head to <http://www.aie.edu.au/workexperience>

BiG Day In @ UTS – 28 and 29 March 2017 BiG Day In IT Careers Conference for students Years 9-12 @ UTS on Tuesday 28 and Wednesday 29 March 2017 – Speakers include Microsoft, Animal Logic, IBM, Technology One, WiseTech Global, Westpac, TCS and more talking about their careers and the future of technology. Loads of cool exhibitors including JMC Academy, Westpac, IBM, Digital Careers and more. Tickets \$10 for students.
www.thebigdayin.com.au

Defence Force Recruiting Information Sessions Adventure, travel, great pay and diverse career opportunities – just to name a few of the benefits on offer when you join the Navy, Army or Air Force. If you're up for the challenge and would like to find out more, come along to one of our upcoming information sessions. Email cptnsw@dfr.com.au and quote reference number 0270231158 .

WORK EXPERIENCE

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possibilities in the industry and allow students to get hands-on with the tools of the trade. To register head to <http://www.aie.edu.au/workexperience>

Taronga Zoo Meet a Keeper Seminars MEET A KEEPER: Taronga Zoo: is a one-day program for students 14 years and over who have expressed a keen interest in a career at the Zoo. Students will learn about aspects of zoo-keeping, including: qualifications, career opportunities, core responsibilities, careers structures and wages. 10 March, 22 March, 5 April and 20 October.
<https://taronga.org.au/education/sydney/meet-keeper>

FREE PUBLIC LECTURE AT THE UNIVERSITY OF SYDNEY 15% of deaths are caused by the use of alcohol, tobacco or illicit drugs. Targeting the brain's oxytocin (love hormone) system may provide breakthrough treatment for substance-use disorders. Find out why developing small molecules that act on the oxytocin system may be the solution for addiction 22 March 5:45–7pm Eastern Ave Aud Dr Michael Bowen
<http://sydney.edu.au/science/outreach/whats-on/index.shtml>

FREE PUBLIC LECTURE AT THE UNIVERSITY OF SYDNEY Transcending history and space, Dr Karl once again unearths the scientific truths: from the theories of movie audiences emitting chemicals to immortal jellyfish, why coffee is now good for you and how hot tea cools you down. Join Dr Karl as he tells the tale of his latest mission. 7 June 5:45–7pm York Theatre, Seymour Centre Dr Karl Kruszelnicki
<http://sydney.edu.au/science/outreach/whats-on/index.shtml>

FREE PUBLIC LECTURE AT THE UNIVERSITY OF SYDNEY Discover how cutting-edge techniques are used to identify the pregnancy genes that cause live birth rather than egg-laying. Explore how Dr Whittington's work relates to pregnancy in lizards, mammals and fish, including the world's only male-pregnant animals—the seahorses. JD Stewart Lecture 16 Aug 5:45–7pm Eastern Ave Aud Dr Camilla Whittington
<http://sydney.edu.au/science/outreach/whats-on/index.shtml>

FREE PUBLIC LECTURE AT THE UNIVERSITY OF SYDNEY Can we fit a whole lab on a chip? It's possible with nanophotonics, the science of light at the nanoscale. Be dazzled by how nanophotonics is addressing the production of point-of-care medical diagnostic devices, reducing the carbon footprint of big data and making our future bright!

26 April 5:45-7pm WESTMEAD Prof Ben Eggleton & Dr Andrea Redondo
<http://sydney.edu.au/science/outreach/whats-on/index.shtml>

Your Portfolio Crash Course You know a portfolio is important in digital media, but what goes into it and how do you get started? This Portfolio Crash Course will help you if graduating from High School or changing careers to understand the key elements of building your portfolio. REGISTER HERE: <http://www.ait.nsw.edu.au/portfolio-day/>

International Science School 2-15 July 2017 - Applications Close 17 March Join 140 other top young scientists from Years 11 and 12, from around Australia and across the world, for an amazing, all expenses paid two weeks of science at the University of Sydney. Featuring talks by leading researchers, tours of scientific labs, hands-on experiments and activities, and a packed social program. More info: <http://sydney.edu.au/science/physics/international-science-school/>

Ms Crebar
Careers

Dance Ensembles

MANLY/SELECTIVE
dance

2017 is shaping up to be a very busy and exciting year for the dance ensembles! This year we had more students audition than ever before – a total of 80 students from Years 7-12. I want to say a huge thank you to every student who came along to the auditions for your enthusiasm and for working so hard.

This year we will be running 3 contemporary ensembles and 1 jazz ensemble. Rehearsals are held weekly at the following times

Company – Tuesday 8-9am in the Performance Space

Ensemble A – Wednesday 8-9am in the Performance Space

Ensemble B – Friday 8-9am in the Common Room

Jazz Ensemble – Tuesday 3:30-4:30pm in the Common Room.

These ensembles will each learn a routine to perform in Terms 2 and 3 at a number of events, including the Dance Festival, Sydney Eisteddfod, IRBD Dance Challenge and Extreme Eisteddfod. Starting in Term 3 each ensemble will learn a second routine, and there will be more opportunities for other students (such as the formation of additional ensembles and mini-ensembles).

In the next few weeks alone we will be applying for the Dance Festival, entering in eisteddfods, ordering costumes, rehearsing a performance for Open Day, holding a dance audition for the school musical, and preparing an audition for Schools Spectacular. It's going to be a great year of dance and I look forward to getting started!

Ms Woodward
Dance Teacher / Dance Ensembles Director

Information and Software Technology



Year 12 student, Olga Popovic has been chosen as a mentor for HS1917 UNSW Computing this semester and will be helping to teach the Year 10 and 11 students from across the state taking the course. Each year a limited number of selected talented students are offered the opportunity to enrol as a UNSW student whilst still at school and take COMP1917, a highly popular first-year computing course. Olga completed the course in 2016

She also participated in a new program over the summer called ACCESS (Australian Computing, Coding, and Engineering Summer School) for Women which was a 5-day program for girls in tech at UNSW.

"We went to CommBank, WiseTech and Metamako head quarters to experience the workforce in cybersecurity programming and I gave a few talks and had a really good time with about 30 other girls! It was an amazing experience and it really inspired me to go into security engineering as a career - it'll be on again next January so let's get lots of girls from Manly applying!!"

UNSW has also asked her to be their Open Learning (that's the MOOC website UNSW uses for their courses) helper for the semester.

The number of girls studying Information and Software Technology IST at Manly is slowly beginning to increase. It is fantastic to see Olga's hard work and initiative pay off. I would strongly encourage any female student at Manly to take the lead from Olga and consider IST as a possible career. Ladies the country's IT future NEEDS YOU!

Kate Farrow TAS



Olga with Richard Buckland the Associate Professor in Computer Security, Cybercrime, and Cyberterror at the University of New South Wales



Olga speaking at the Australian Computing, Coding and Engineering Summer School in January

Save the Dugongs

Were you one of those people who ate TOO many chocolates last year? I know I was! There's a good reason for this though...

During Term 4 last year - with the help of my AMAZING friends (aka Volunteers) – I ran a 'Cadbury Chocolate Box' fundraiser for my website Save the Dugongs www.savethedugongs.com. Thank you to everyone who helped out, either buying or selling the chocolates (or both!). From everyone's kind donations – and chocolate cravings – we were able to raise \$350 profit to be donated. Unfortunately, donating to a charity was harder than expected so I decided to take a different approach. When animal charities collect donations, they give it to researchers in the form of grants, why can't we? So, I found a researcher – Dr Janet

Lanyon – who works at the University of Queensland and currently works with Dugongs.

She gratefully accepted our donation and is going to use the money to buy a new heart-rate monitor and capnograph (used to measure carbon dioxide levels) to assist in completing their dugong health checks.

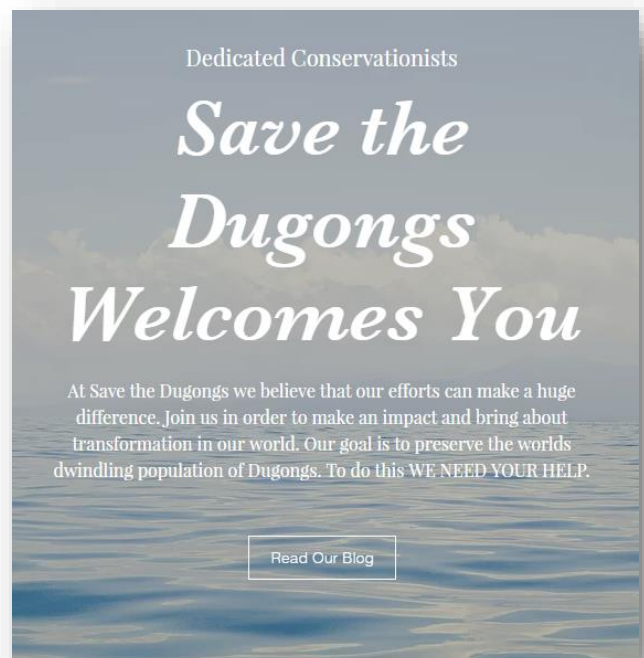
Our plans for expansion continue to grow and I hope that I can always say, "my school supported me", as my goal for this website is to keep it running by young adults. I founded this site when I was 11, my two blog contributors are 12 (Kat) and 13 (Gloria) and I do everything in my power to keep it primarily run by young adults. Having a school full of intelligent young adults supporting us helps to continue the great results of the school and the greater community.

This was a very rewarding fundraiser and I can't wait for our next one!

We are always looking for help and new ideas. If you want to get involved please contact us at savethedugongs@outlook.com and don't forget to check out my site and subscribe!

Thanks again

Stephanie Evans, Year 8 student



Bands of Manly Selective Campus

First week of rehearsals

Thank you to all students and families for sorting new logistics to attend the first full week of rehearsals (CO commences Monday 20/2). Ensemble lists have been circulated via email.



Band invoices

Invoices will be issued via the school office next week now all ensemble lists are finalised.

Prompt payment by the due date of Monday 27 February is requested. An early payment discount of \$15 will be built into the invoices. Please note this \$15 will be added to your fees for payments made after the 27 February.

Band communication and calendar

Each week, important upcoming band dates are listed at the end of the band section of The Weekly Pines. Email and The Weekly Pines are our primary form of communication.

If people are not receiving emails from the program, check your junk mail and contact your band liaison or our enrolments parent, Natalie Roberts, at natandgraham@optusnet.com.au. Please advise your band liaison immediately if your contact details change at any time throughout the year.

Open Day at MSC: Thursday 23 February

Wind Ensemble and Big Band will perform and String Ensemble will be holding an open rehearsal for this occasion. Look for call sheets via email.

Ensemble photos: 24 February and 2 March

Note ensembles in the diary dates below. Due to the very early timing of these photos, the junior bands (Concert and Swing Bands) will wear school summer uniform and not a band uniform. Students of all other ensembles will need to wear the formal band uniform (i.e. Winter school uniform with tie and blazer.) Blazers may be borrowed on the day for new String Ensemble members. Students to bring their instruments for photos.

New and Second Hand Band Blazers (for formal band uniform)

School blazers for ensembles will be first required in mid-June. New blazers can be ordered through Pickles. Allow three months for delivery.

Those wishing to buy or sell a second-hand blazer, please contact parent Dianne Turner at moogiet@optusnet.com.au. We cannot guarantee second hand blazers will be available for purchase but can almost certainly guarantee your second-hand blazer can be sold if clean and in good condition. Please note: We only have a small number of second hand blazers available at present. Parents of older students needing to upgrade to a larger size, please consider selling your smaller blazers now for the Years 7-8 students.

Band Committee Meeting, Monday 20 February All Welcome

Committee meetings are held once a term. The first meeting is on Monday 20 February at 8.00pm in the Library. All band families are welcome and encouraged to attend. The band program is run completely by parent volunteers and we would love new parents to come along, meet the committee members and get an insight into how the program is run. The parents who actively support the Bands of MSC, even if only in a very small way, find that it is truly a most rewarding way to participate in and support the school.

Band Diary Dates

Term One

Band Committee meeting – Monday 20 February 8.00pm in the library. New parents are welcome to come along, meet the committee members and get an insight into how the program is run.

MSC Open Day performances

Thursday 23 February 9 am- 11:15 am WE/BB/SE

Ensemble photos- CB and SwB

Friday 24 February at MSC

Ensemble photos- all other groups

Thursday 2 March at MSC

Big Band Bash # 1- ALL ENSEMBLES- all families invited. Freshwater Gym- 6:45pm Tuesday 21 March. Date now confirmed.

Term Two

Senior band and String Ensemble camp:

Wednesday 26 - Friday 28 April at Kurrajong.

Term Three

Wind and jazz band workshop (pupil free day)
Monday 17 July- at MSC (Compulsory)

NSW Band Festival- Saturday 22 July- SWO

NSW Band Festival

Sunday 23 July- CB/WE/SwB/SB/BB/JO

More Information

The Band Information Handbook 2017 is also a good source of information and will answer most of your questions. Go to http://manlypandc.org.au/?page_id=34 and follow the links to the band documentation page to download the Handbook. Other useful information, including BoMSC calendar, is also provided on our website. If you have any further questions about the band program, please contact Band President Sarah Dowse on sarahdowse@gmail.com

Band web site

For current information go to the band website at http://manlypandc.org.au/?page_id=34

Band Names

Wind Stream:

SWO~Symphonic Wind Orchestra; WE~Wind Ensemble; CB~Concert Band;

SE~String Ensemble; CO~Chamber Orchestra

Jazz Stream:

JO~Jazz Orchestra; BB~Big Band; SB~Stage Band; SwB- Swing Band; JC- Jazz Combo



AN INVITATION

The P&C Association and Year 8 Parents of Manly Selective Campus cordially invite you to an informal welcome reception for all new Parents and Guardians

Date: Wednesday 1 March 2017
from 6.30pm – 9.00pm

Venue: Canteen open area at
Manly Selective Campus
(follow the signs in the foyer)

Drinks and canapés will be served.

Cost: \$10 per head, payable at the door

RSVP: School Reception phone 9905 3982
by 24 February
(to assist with catering please)

This is the same time as the Year 7 Disco is being held in the school hall.
Drop your children off and join us along with the other new parents.
We look forward to meeting you.

*Note that this event is for adults only
– not for children under 18 years.*

Science

Year 10 Science – Genetics and Evolution
Making DNA models out of lollies



Calendar Term 1

Please check all dates and times closer to the event

WEEK 5	
20/02/2017	Term 1 Band Meeting in the library at 8pm
20/02/2017	Year 8 High Resolves
23/02/2017	Open Day 9:30am
23/02/2017	Year 11 VA excursion
24/02/2017	School Photos
WEEK 6	
28/02/2017	Artexpress Excursion 12VA, 10VA
1/03/2017	New Parent Welcome Night, 6:30pm-9:30pm
1/03/2017	Year 7 Disco, 6pm
2/03/2017	School photos - makeup / remainder
2/03/2017	Year 8 & 9 Disco, 6pm-9pm
WEEK 7	
6/03/2017	Year 7 Camp
7/03/2017	Zone Swimming Carnival
7/03/2017	Year 7 Camp
8/03/2017	Year 7 Camp
8/03/2017	European History Tour Pre-Departure Evening, 6:30pm-7:30pm
9/03/2017	Selective Schools Placement Test
10/03/2017	Year 11 Geography Excursion TBC
WEEK 8	
13/03/2017	Year 10 Geography & History Excursions
13/03/2017	Parent Coach Workshop 1, Jacqui Pollock presenting, 6:30pm-8:30pm
14/03/2017	Artexpress excursion-Year 9VA, VDF, PDM
14/03/2017	Parent Coach Workshop, Jacqui Pollock presenting, 9:30am-3pm
15/03/2017	P&C Meeting, Library 7pm
15/03/2017	Principal's Tour, 9:30am – Bookings essential via Reception 9905 3982
17/03/2017	Regional Swimming carnival

WEEK 9	
20/03/2017	Year 7 HSIE Excursion
20/03/2017	Parent Coach Workshop 2, Jacqui Pollock presenting, 6:30pm-8:30pm
24/03/2017	Artexpress excursion-Year 9VA, 9VDF, PDM, 11VA
WEEK 10	
28/03/2017	Year 11 Urban challenge, all day
28/03/2017	Vaccinations, Year 7 and some Year 8
2/04/2017	CHS Swimming
WEEK 11	
3/04/2017	CHS Swimming
4/04/2017	CHS Swimming
6/04/2017	Year 9 Forensic Science Incursion

SECOND HAND UNIFORMS

LOCATED UNDER THE TAS BLOCK

Open first Tuesday of the month:
8:15am – 9:30am

& the third Thursday of the month:
1:30pm-2:30pm

Co-ordinators Marg Martin & Chris Schaller
Please contact us if you would like to place an order

margaret.martin@optusnet.com.au

christins@ozemail.com.au

Donations of washed good quality uniforms are most welcome and can be left at the school office
All proceeds go to the P&C for school improvement projects.

For second hand band blazers (buy & sell) please contact

Diane Turner: moogiet@optusnet.com.au
For new and preloved band polo shirts please contact

Kim Luong: kimmanlyband@gmail.com

It is our choices...that show what we truly are, far more than our abilities.
J. K. Rowling

An Invitation to Tony Rudd's Farewell

DATE: Thursday 9 March 2017

TIME: 6pm

VENUE: Wakehurst Golf Club

Upper Clontarf Street, Seaforth

COST: \$50 per head

(includes gourmet finger food and gift)

Drinks available at the bar

RSVP: to front office (9905 3982) by 1 March

or email Jennifer.Bowden1@det.nsw.edu.au

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[] I/we would like to attend the dinner – payment details below

Name/s of attendees

[] I/we cannot attend, but would like to contribute to the gift – payment details below

Payment can be made directly to the Manly Staff Social Club.

EFT details are: BSB 012243

Account No. 386628844

Please reference your name on your EFT payment details.

Parent Welfare

WORKSHOPS

MARCH 2017



As part of our welfare curriculum at Manly, we support our students with the skills to stay resilient and bounce back from challenges. We are pleased to provide programs to support our families too. Jacqui Pollock, a Leadership and Family Coach, runs workshops at school for our parents on how to stay resilient and calm as you coach your teen in the game of life.

Join this foundation workshop to connect as a community to raise our children to become respectful, independent, resourceful and happy in today's ever changing world.

LEARN ABOUT

- » The change in parent role through the teen years.
- » Improve your teen's growing Emotional Intelligence and reflect on your own skills too!
- » Foundation skills of being a Parent Coach : respect, listening, challenging conversations, making agreements, self-esteem, nurturing responsibility.
- » Become calmer and more confident in your response to challenges.
- » Plus meet other parents, spend the day at school, and order lunch from the canteen!

Thriving through the teen years is the foundation workshop and prerequisite for a series of deep dive short workshop classes that will run through 2017 including:

- » *Making agreements*
- » *Managing expectations*
- » *Listening skills*
- » *Parenting personalities*
- » *Resilience and Choices.*

THRIVING THROUGH THE TEEN YEARS WORKSHOP

DATES: TERM 1 2017

Daytime course: One day workshop:
Tuesday 14th March 9am-2:45pm

Evening course: Workshop split across two evenings:
Monday 13th and Monday 20th March 6:30pm – 8:45pm

COST:

\$145 per person, \$215 per couple.

WANT TO KNOW MORE?

For a short video and booking information click here :

<https://parentwelfaredaytimecourse.eventbrite.com.au>

<https://parentwelfareeveningcourse.eventbrite.com.au>

“A wonderful program with useful concepts and practical suggestions to becoming a parent who can better support their kids through life.”

Elisa, three children 12, 16, 18

“Thank you so much for a thought provoking and productive day. I thoroughly enjoyed it and feel excited that I have more resources to draw on to engage in a more positive and meaningful way with our kids.”

Ann Marie, two children 14, 17.

Jacqui Pollock
JACQUI POLLOCK

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e: coach@jpollock.com
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TUNING IN TO TEENS

EMOTIONALLY INTELLIGENT PARENTING



5 SESSION PARENTING COURSE FOR PARENTS OF TEENS

Would you like to learn how to:

- Communicate effectively with your teenager?
- Understand your teenager?
- Help your teenager with emotional intelligence and managing emotions?
- Prevent some teenage behaviour problems?
- Teach your teenager to deal with conflict?

VENUE: headspace Brookvale

Level 2 Brookvale House, 1A Cross Street, Brookvale

DATES: Tuesdays 28th February – 28th March 2017 (5 sessions)

TIME: 6.30pm – 9.00pm

COST: \$150 – subsidised rates available re: financial difficulty

REFRESHMENTS PROVIDED

BOOKINGS ESSENTIAL :

<https://www.eventbrite.com.au/e/tuning-in-to-teens-emotionally-intelligent-parenting-tickets-31440584635>

PH: 02 9937 6500

The 5 session course will be facilitated by a qualified Parent Educator from
Child and Adolescent Parenting, Northern Sydney Local Health District

www.nslhd.health.nsw.gov.au/Services/CAP



Health
Northern Sydney
Local Health District



headspace
Brookvale

NORTHERN BEACHES
COUNCIL



2017 Debating & Public Speaking Programs

Manly Selective Campus



Masters Academy

13A Parkes Road, Artarmon

(02) 8283 2905

info@mastersacademy.com.au

Dear parents and guardians,

Thank you for your interest in the debating program that is being held at Manly Selective Campus.

As of 2016, the debating program Manly Selective Campus has grown to become one of the largest high school communications programs in NSW.

On average, over 100 students attend debating peaking workshops at Manly Selective each week, learning about a variety of different social issues and preparing to become more confident and articulate communicators for the future.

Classes are held in the mornings from 8 am and are streamed by year group.

Features of the MSC debating program include:

- 34 weeks of planned lessons delivered by highly skilled coaches from elite universities around NSW
- Small class sizes (A maximum ratio of 16 to 1)
- Frequent feedback for parents from coaches
- Resource packs for students
- Access to tryouts for competitive teams
- Internal and External social debating and speaking competitions
- Classroom games, activities and resources to give students an opportunity to develop their skills

To book:

Enrolments for the 2017 debating and public speaking programs are processed through our online booking system (powered by TryBooking).

Signups can be accessed here: www.mastersacademy.com.au/msc

Please note that there are limited spaces for these programs available and that **classes are to begin in Week 5 Term 1.**

If you have any questions about the program or signup process, please feel free to call our office on 8283 2905.

Sincerely,

The Masters Academy Team