



# THE WEEKLY PINES

Manly Selective Campus  
Northern Beaches Secondary College



*Academic Excellence ♦ Personal Best ♦ Giving Back to the Community*

Principal : Mr Tony Rudd

Deputy Principals:

Ms Cath Whalan  
Ms Kathy O'Sullivan

23 September 2016 – Newsletter No 30

## From the Principal

It was with mixed emotions that we said farewell to our Year 12 students at their final, whole school assembly on Thursday. At the assembly, also attended by numerous proud parents and family members, representatives from each of the Year groups spoke to Year 12 expressing their gratitude for the friendships developed, and leadership demonstrated, by our graduating students. There was also many a story recounted that obviously had hidden meaning known only to those involved. The assembly was followed by a morning tea on the front lawn of the school with the ceremonial 'cutting of the cake' by our outgoing Captains, Lucy and Connor.



I would like to pass on my personal thanks to Year 12 for the four wonderful years that I have had the pleasure of working with them. As I stated on the assembly, it was a student from this Year group who first welcomed me into the school at the SRC's *ChrisManly* celebration day in December, 2012 prior to me taking up my appointment as Principal. This welcome has held a very special place with me since that time and was my introduction to the 'Manly Vibe'. In addition, the relationships that I have been able to develop with so many students from the curriculum enrichment programs that I have been so fortunate to attend have been valued immensely.

A very special 'thank you' goes to our student executive of Captains, Lucy and Connor, Vice Captains, Kristy and John along with Sophie, Sasha, Alex M, Alex Y, Callum and Georgia who have all played a major role in developing programs and suggesting improvements to ensure that our school remains as one of the best available.

We will only see this group of wonderful students on two more occasions as a whole group – the two HSC English papers. To all students, our whole community wishes you the very best for your HSC examinations and we look forward to you returning after the HSC to yet again share your experiences and successes.

### **OnStage Nomination**

Congratulations to Conner Lambrou who has been selected by HSC markers from the Board of Studies, Teaching and Educational Standards as one of the representatives from across NSW nominated for possible inclusion in the statewide HSC Drama showcase event, *OnStage*.

If selected, Connor will perform his HSC monologue at the Seymour Centre, Sydney from 4 February until 10 February, 2017.  
Congratulations, Connor.

### **Congratulations to Year 11**

Year 11 students have now fulfilled Board of Studies, Teaching and Educational Standards requirements for the Preliminary Year with the completion of examinations this week. Upon their return to school, they will begin their HSC course work as they too make that journey towards the HSC. It is sometimes hard to fathom that just three terms ago, they were completing Year 10 but now move into Year 12.

As a part of the examination process, many of our students have been supervised in their examinations by our HSC Presiding Officer who was glowing in her praise of the manner in which

students conducted themselves during the examination process. This is very good practice for the actual HSC examinations and I commend those students for their cooperation and support.

### Successful Band Tour

Yet another very successful tour was held for our Intermediate Bands to the Cowra area during this week. Again, the highlight for many was performing at very small, rural schools that seldom get to see any bands let alone the calibre of a band from our school.

It would be on very few occasions for our students that there are more seats set out for the ensemble than there is for the audience, but this was certainly the case on this tour with our students performing at one school with a total enrolment of six students.



Finally, I would like to wish all in our community the very best for the September/October school holiday period and thank everybody for their support of our students across all areas of the school. Many of the programs and events that happen here on a daily basis would just not happen without the support and expertise of members of our community. Your support is very much appreciated.

Tony Rudd  
Principal

## From the Deputy Principals

Musicale on Sunday evening was once again a wonderful event. The talent of our musicians never ceases to amaze and impress me.

Congratulations and thank you to our talented Year 12 students Madelein, Jack B, Robert, Katie D, Austin, Sophie, Jack F, Dennis, Alex, Katie H, Jason, Ondine, Angela, Catherine J, Toby, Connor, Isabela, Yelson, Rosie, Taylor, Callum, John, Janette, Christina, Jayden, Alex Y, Muneke and Catherine Z, who were involved in Musicale for the last time. Thank you also to our Band Directors and all parents and students involved for organising and performing at such an impressive event.

Year 12 students enjoyed 'celebration week', culminating in the Farewell Assembly, Year 12 cake, concert and lunch yesterday. Once again the farewell speeches from students in all years were heartfelt, funny and much appreciated by Year 12 students. Thank you to Aja and Kyle for representing Year 8 and Jessica and Max for giving their best wishes to Year 12 on behalf of Year 10.

Congratulations to all involved in Year 12 farewell concert yesterday. This was a wonderful showcase of our talented Year 12 students finishing with an excellent Year 12 video coordinated by Alex G. Thank you in particular to Ms Shannon for being such a great 'mum' to G16 over the past 2 years, to Ms Richards for looking after the year group from Years 7 - 10, to Ms Rixon for all her assistance with scholarship applications, ATAR estimates, careers advice and catering yesterday, to Ms Munro and Year 11 for helping setup for the farewell assembly and concert and to Mrs Nord for organizing the yummy Year 12 cake. I wish all Year 12 students all the best for the next few weeks and for the future. Remember the words of Thomas Jefferson: "I find that the harder I work the more luck I seem to have." With that in mind, good luck for your HSC!



Cath Whalan  
Deputy Principal Years 8, 10, 12



Another busy and enjoyable term has passed by and yesterday the school farewelled Year 12 2016. As Year 11 students took time out from their examinations to assist with the graduation ceremony, we were reminded that they will be the MSC Year 12 students next term. Students will remain in Preliminary courses during Week 1 next term until Year 12 classes have been finalised ready to begin in Week 2. Students are reminded to complete the 'yellow form' for any subjects they plan to discontinue. An Information Evening will be held on Tuesday 11 October from 6.30pm in the Hall. During this evening, the 2017 HSC Assessment booklet will be issued to students and information to support students during their HSC year will be provided. All parents and students are expected to attend this event.

Congratulations to Jamie Bell (Year 9) who was successful at the National Legacy Public Speaking competition. Jamie will be competing in the State Finals next term and we wish her all the best. During the EAM Line this week, Year 7 students participated in role play activities on cyber bullying. Through these interactive activities students developed an understanding of the types and key characteristics of cyber bullying and the impact it can have.

Best wishes also to all students, staff and parents – have a safe and happy holiday.

Kathy O'Sullivan  
Deputy Principal Years 7, 9, 11

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## Career Matters

### Important Term 4 dates for Year 10 students

A reminder to all Year 10 students: Work Experience forms are due to Mrs Rixon in the Career's office by Week 3 Friday 28/10/16.

Copies of these forms can be found on the MSC Career's website:

[www.manlyselectivecareers.com](http://www.manlyselectivecareers.com) or see Mrs Rixon in the Career's office. Students can email these forms to Mrs Rixon ([Deborah.Rixon@det.nsw.edu.au](mailto:Deborah.Rixon@det.nsw.edu.au)) or hand in their hard copies.

Also due on the same day are the completed Year 10 Volunteering booklets. All volunteering hours should be signed off by supervisors. You can place your booklets in the Career's mailbox outside the office.

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## Wellbeing Report for Term 3

On reading Year Advisers term reports once again it has been an incredibly busy term for the Wellbeing team. Thank you to all our dedicated and hardworking Year Advisers, for the care and concern they show for students in their year group. Yesterday we had our Year 12 Farewell assembly and activities. A special thank you to Ms Shannon, our Year 12 Year Adviser, for the fabulous job she has done in mentoring and guiding her year group over the last two years.

The affection Year 12 students have for Ms Shannon was clearly on display yesterday and at time a many tears were shed. We are very much aware and are grateful for all the behind the scenes hours Ms Shannon has put into guiding our HSC students, through what can for some a very anxious time.

Additionally, we also need to acknowledge the support the Wellbeing team receives from our two Deputies: Mrs Whalan and Ms O'Sullivan. Despite the high demands of their position they too are often dealing with wellbeing issues involving ours students, always compassionate and caring.

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## Year 7 - Term 3 Review

Another busy term has come to an end with Year 7 continuing to work hard at achieving their personal best. Academically, we have seen some outstanding performances in both class work and extra-curricular activities including the Year 7 Praxis Project and debating. Students have also been working with their Year 10 Peer Academic Leaders (PALS) on study skills and organisational habits and scripture has also run this term. Last week Year 7 participated in an exciting Cosmo Dome Science Incursion that taught them all about the wonders of the night sky through its cosmological conceptual focus and they also participated in a fantastic day out on their History or Geography excursion.

Congratulations to all students who participated in the Zone and Regional Athletics carnivals and for their exceptional athleticism. The SRC have continued to work tirelessly and cooperatively as part of the whole school community in organising some fantastic events including the highly successful Pinestock celebration in which Year 7 did a fantastic job dressing up in everything disco. Well done to those students who presented their fantastic speeches to represent SRC in 2017.



Congratulations to all students for your hard work and enthusiasm this semester. You have done an exceptional job in integrating into social groups and you have definitely proved that academically you will be a force to be reckoned with in the senior years. Keep up the great work next term and have a fantastic and relaxing holiday break.



*Peer Academic Leaders illustrating the struggle of "Juggling all areas of life"*



## Year 8 - Term 3 Review

Another term comes to an end and once again Year 8 embraced all the academic and extra-curricular activities MSC has to offer. Many Year 8 members, particularly the SRC, were actively involved in the set up and running of the 'Discostock' Day in which we celebrate our creativity, musical talents and remarkable costume making skills. We got our groove on and were digging all the cool cats strutting their stuff – far out it was fun!

Talking of SRC, welcome to our new SRC - Aja Elshaikh, Amelia Heffernan, Emily Hewitt-Park, Kyle Ambrosius, Robin Evans and Daniel Drew. I look forward to working with you all over the next 12 months and with the many exciting SRC events.



In Science, Year 8 have all been busy with their Science Techo exhibits. Students formed themselves into small teams with the aim to investigate the technical, social and historic aspects of a technology and then present their findings imaginatively. Year 8 leapt at this opportunity with enthusiasm and dedication. Congratulations to the finalists who participated in the Northern Beaches Secondary College ScienceTechno Final. On the sporting field, our students participated and thoroughly enjoyed the Gala Day, competing against teams from Cromer. They also excelled in the Grade Sport competition.



The Year 8 into 9 2017 Electives Information Evening was very well attended, and it was pleasing to see so many students and their parents taking the opportunity to discuss their options with various teachers, so as to make informed decisions as they prepare for Stage 5. Many thanks to Mrs Whalan for coordinating this successful event.

Next term we will continue to discuss the importance of Responsible Digital Citizenship with the whole of Year 8 participating in the Optus Digital Footprint program in Week 3 where they will continue to explore the impact that online behaviours can have on themselves and their friends. Providing practical guidance and support to help our young people to navigate the all-pervasive and complex world of social media is an important and constant task for school and parents alike.



I hope you all have a wonderful spring break and that you find the time to stop and smell the roses – literally and metaphorically. I will see you next term full of vim and vigour as we dive headfirst into our last term of Year 8. Happy Holidays!

Fiona Brien  
Year 8 Advisor

## Year 9 -Term 3 Review

Year 9 has had another busy and fulfilling term and I congratulate them on their increasing maturity and academic development as they continue their MSC school journey. Congratulations to Jamie Bell who is in the finals of the Legacy Public Speaking Competition, we wish her all the best in this prestigious event. Many major projects across various KLAS are in progress currently, including group performances in Drama, a social responsibility project in English and an upcoming project in Food Technology which will see a new food item introduced to the canteen. We look forward to seeing the final products of these large scale endeavours as they always demonstrate the students' capacity to work cohesively and display their creativity and critical thinking skills.

Congratulations to the students in Year 9 Dance who performed their first solo dance compositions in front of the class and demonstrated outstanding skills and choreography. Year 9 PASS have also tested their organisational and event management skills in their many roles in the Year 8 Gala Day. Also, of note in the CAPA department were the amazing Year 9 artworks that were on display alongside the HSC major works.

This term saw the introduction of the Colour Run to MSC and Year 9 thoroughly enjoyed getting covered in colour, while raising funds to go towards the new school gym that will benefit the whole school community. Our grade thanks Mr Blanch for his tireless efforts in organising such a fun and worthwhile event in which the whole

school can simultaneously be involved in and enjoy being physically active.

We would also like to thank the SRC for organising a fun '80s themed Pinestock. There were so many cool costumes and the Year 9 SRC representatives did a wonderful job ensuring the day ran smoothly. Congratulations to all involved.



Next term we look forward to our last term of Year 9, with the fast approaching and much anticipated camp on November 9<sup>th</sup>. I would also like to remind students that we are transitioning back to the summer uniform and students are expect to present to school in full school uniform, including black leather school shoes. On a PE prac day students are to bring their PE uniform with them, change for their class and then change back into full school uniform. PE uniform is not to replace the summer uniform but rather to be used to PE lessons and Wednesday sport. Have a wonderful holiday break Year 9 and I look forward to seeing your all next term.

Miss L Izossimova  
Year 9 Advisor

## Year 10 -Term 3 Review

Year 10 students have proven their resilience this term and have achieved their best in a wide range of academic tasks including assessments, in-class essays, English speeches, ILP seminars, class tests, assignments and sitting for Preliminary and external examinations.

Many have represented the school as a member of a Band, in Sporting, Chess and Debating teams. Many gave back to their community through involvement with Wraps for Love, Manly Market Day, Duke of Edinburgh and Volunteering both in school and external venues.

One important event during Term 3 was the parent and student interviews held in Week 4. Students were asked to reflect on their current progress and future career paths. After formal interviews with staff, parents and students were

confident that their subject choices for Stage 6 are relevant to their interests and abilities as well as their career and study aspirations post Manly Selective Campus.

During one of our Year meetings this Term I had the pleasure of awarding many students with Bronze Duke of Edinburgh Certificates. Students began this program in 2013. Hours of activities were required, including weekend hikes, service to their community and learning new skills. Many of these students have commenced work for their Silver Award.

Well done to students who have already completed their 20 hours of the Volunteering Program. This Term there were two occasions for students to supplement this program. Year 10 students mentored Year 7 students in the PALs program, which aims to help students develop academic resilience including self-awareness, problem solving, bouncing back from adversity and time management strategies. They also had an opportunity to coach at the Year 7 Gala Day. Final submissions of the Volunteering Booklet is due Week 3, Term 4.

Many students have already organized their work experience for next term and the rest should be well underway to getting it organised. Forms for this are due to Ms Rixon by Week 3 next term. Work Experience provides students with an opportunity to gain an insight into the career that they might be thinking of, or gain knowledge on how to start a business, establish marketing and other aspects of business through Australian Business Week.

I would like to congratulate the outgoing SRC representatives for the fantastic job they have done throughout the last twelve months. At the SRC Induction, the following students were invested as the new SRC representatives for their fellow students. They are: Rhiannon Marshall-Witte, Natalie Patterson, Mara Van Duyl, Jessica Wait, Aryan Bhatla, Jesse Dransfield, Dillon Qian and Max Troughton.

The weather is warming up, the sun is shining, enjoy the school holidays relaxing with family and friends. I look forward to seeing each and every Year 10 student back in Term 4.

## Year 11 -Term 3 Review

A big congratulations to all of Year 11 who finished their Preliminary Examinations this week and, with this final assessment, have now finished

Year 11 altogether! I wish every Year 11 student a relaxing holiday break before we come back next term, ready to take on Year 12! This holiday is an important moment for resting, recharging batteries and reflecting on progress and goals going in to what will be an exciting and challenging time.

As always, Year 11 had a busy term. I took great joy in sitting down with more than forty Year 11 students for their Year 11 into 12 interviews in Week 5. Spending 10 minutes chatting with each student about their progress in Year 11 and their goals for the future was an invaluable experience as I got to see what makes each of the incredible students in Year 11 tick, where they see themselves in the future and also learn some pretty cool and random facts about them (shout out to Charlie Webber, who I learned is a parkour instructor).

Later in the term, Year 11 was treated to a fabulous hour listening to amazing speeches from the students who nominated themselves as candidates for SRC exec. Listening to each speech, I was impressed with the level of commitment and pride that each student demonstrated towards the school, and I'm confident that every student who spoke would've made an excellent representative for the school. Congratulations to those who were successful, especially Maya, Rupert, Tessa and Varun who will serve as School and Vice Captains from next term.

So, I wish good spring weather and busy social calendars for all Year 11 students these holidays so that you're all ready to face the challenges ahead next term. A reminder that we have an important information evening for parents and students on Tuesday 11 October at 6:30pm. Happy holidays!

## Year 12 Farewell Assembly Speech

So, this is the part I've been dreading, but also looking forward too, because I get to say good luck and farewell to the most exceptional group of young men and women I know.

I'll give you a bit of backstory – some of you know this already, but many don't. When I first came to Manly you were in Year 9. Then, the following year I was lucky enough to be given 3 of your Year 10 classes: 2 x History and 1 x ILP. THIS was when I really came to know you and love you. And I'm not alone – I have had so many teachers over the



years sing your praises, and tell me how special you are as a group and have been since Year 7. SO, fast forward to the end of your Year 10, and Ms Richards stepped down from the role of your Year Adviser. Expressions of interest went out for the job. And boy did I work hard for it. So thank you to Ms Richards for giving me the opportunity to take over. And thanks to the school who recognised that what I lacked in experience I made up for in my devotion to you.

I've often felt a bit like your school mum over the last two years, and like all good children, you've given me a few headaches.... But more importantly lots of laughter over the years.

You would have heard the saying that "the whole is greater than the sum of its parts," but when it comes to you guys, that's simply not true. Yes, as a whole you are the exceptional graduating Class of 2016, but it is as 142 individuals that you truly shine.

Every one of you is, in your own way, funny and smart, passionate and talented, eccentric and complex. You have had tough times and good times. You've fought with each other and loved one another. You've enjoyed success and endured failure. You've challenged us and you've delighted us. But above all, you have never stopped trying, and for that I am so proud of you.

So, farewell and good luck my beautiful year group. And please go in to the next few months calmly and confidently, knowing that your future, and your worth, cannot be defined by a number. These classrooms and these grounds are going to seem empty now. I'm going to miss you so much - my car won't miss having its windscreen wipers turned up every day, but I will miss you. And I will certainly never, ever forget you.

Katy Shannon  
Yr 12 Year Advisor

## Coming to MSC next term.....stationery drive!

Planning a back to school stationery shop over the holidays? Then buy some extra bits and pieces for our stationery drive, which will begin next term!

Ex-student Ella Clarke is currently volunteering at the Centre for Hope in the Philippines, a safe house for girls rescued from human trafficking. The Centre for Hope houses girls until it is safe for them to return home, or until court proceedings are finished, and they need stationery to help

them provide the rescued girls with skills training and education. She asked the wonderful community at Manly Campus for help, and we are rising to the challenge!

So stay tuned and read The Weekly Pines next term for more info, and don't forget to chuck some extra pens and pencils in your shopping cart over the holidays!

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## Reminder

Year 7 have their last vaccination clinic on Thursday 13 of October (Week 1, Term 4). The third dose of the HPV vaccination and the chicken pox vaccination will be given to students.

Please contact Ms Kate Munro in the English staffroom with any questions.

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### Second Hand Uniforms Shop

Will be open on  
Tuesday 11 October  
at 8.15am

### Class of 2020 Parent Social



Year 8 parents,  
it's been a long time  
between drinks!

Friday October 21 from 7.00pm

The Oaks, 118 Military Rd, Neutral Bay  
Come to MSC reserved area

Food & drink can be purchased from the bar  
<http://www.oakshotel.com.au>

RSVP to Ly Harn  
[lyharnimail@yahoo.com.au](mailto:lyharnimail@yahoo.com.au)  
or SMS 0410 505 808

# The KIM BERENDES SCHOLARSHIP for SOCIAL JUSTICE



Integrity, Strength, Compassion

## Kim Berendes Scholarship Criteria

**This \$5000 scholarship is awarded to a female graduate of Manly Selective Campus who is enrolled in a course of tertiary study leading to a career or community activity which promotes social justice.**

Core values of integrity, strength and compassion will be reflected in all applications.

Applicants can study social work, environmental studies, nursing, education, law or any other discipline which has social equity as one of its core themes.

The successful applicant will be officially presented with their scholarship at the School Presentation Night Ceremony in the year following their graduation. Payment will be made upon confirmation of enrolment in their tertiary study.

All applications will be assessed by a panel including the benefactor, the principal and a parent representative.

Ongoing reporting and association with the school is expected

## Kim Berendes

Kim Berendes was born in 1923. She was a child of the Depression, and at the age of thirteen began full-time work to help support her single mother. She worked for much of her life as a public servant, mostly for the New South Wales police. However Kim valued education highly. After leaving school she set out to educate herself further, and continued to do so for the rest of her life.

When her husband Rolf was diagnosed, as a young man, with multiple sclerosis, Kim looked after him devotedly for the rest of his life.

Kim had a passion for Manly, where she lived for nearly sixty years. She took a lively interest in local politics, and worked for the local art gallery and residents' association. She was generous to causes in which she believed, to her community,

Kim Berendes died in early 2009. The Scholarship for Social Justice which bears her name is intended to encourage and provide financial support for young women who share the qualities which characterised Kim's life: integrity, strength and compassion.



Rolf Berendes

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## How to apply

- An application form to be returned to the school by 28 November 2016. Acknowledgement of receipt will be given to applicants.
- Confirmation of enrolment in an appropriate course is to be provided by applicants as soon as possible in 2017.
- The panel will confer, contact referees and notify all applicants of the outcome in the new year.



# Save the date

Year 12, 2017  
Information Evening  
For all Year 12, 2017 students and  
their parents.

WHEN: Tuesday 11 October 2016  
WHERE: MSC School Hall  
TIME: 6.30 – 7.30pm

## FROM THE ARCHIVES

From the 1974 Pines Magazine, here is this contribution from Michael Dodd, 4CF, as he contemplates the future.

### 2001: AN M.B.H.S. ODYSSEY

01262: 'Gee, wouldn't it have been bad going to Manly Boys' high back in the 1970s. They actually had to wear school uniforms.'

79833: 'Reckon, and they had to wear those ridiculous things around their necks. What were they called? Oh, that's right – ties.'

27842: 'And do you know what, they didn't even have computers to teach them. My dad says that they had guys called 'teachers' who used to come around and hit kids who talked in class.'

16384: 'That wouldn't be so bad, you know. Better than having these photoelectric cells everywhere, not to mention the electric shock machines!'

48222: 'Well at least you can turn them off when they get cheesed.'

82447: 'Anyway, the food these days is better. Can you imagine eating meat pies and sandwiches every day?'

16277: 'That would be the least of your worries. The poor guys had to use that grammar and punctuation stuff.'

82554: 'My computer said that, before, kids had to be at school for over six hours a day, five days a week.'

15789: 'Are you kidding?'

82554: 'Nuh. Fair dinkum, that's not counting homework.'

26315: 'What's that?'

74003: 'Do you reckon it's true that they didn't ride rockets to school?'

46883: 'Yeh, I think so. A lot of the guys used to pedal those old bicycle contraptions, and some of them even had to walk!'

82550: 'But the funny part was that they thought that they were 'modern'. They were so stupid that they had two separate schools – one for boys and one for chicks.'

82557: 'You're kidding!'

82550: 'No, seriously. The girls used to go where that 'H' bomb manufacturer's got his joint. Can't you see. Just past the sewerage works on Glendale Creek. On Harbord Highway, in that thick patch of smog.'

48333: 'Oh well, it mightn't have been so bad in the olden days. At least they had grass to sit on.

And you know what, guess why they call our school magazine-magnetic-tape 'The Pines'?'

01620: 'Why?'

48333: 'Cause they used to have trees in the school grounds!'

01620: 'I don't believe you!'

## SECOND HAND UNIFORMS

LOCATED UNDER THE TAS BLOCK

Open first Tuesdays of the month  
8.15-9.30am  
& third Thursdays of the month  
1.30-2.30pm

**Next open Thursday 20 October @ 1.30pm**

Co-ordinators Marg Martin & Chris Schaller  
Please contact us if you would like to place an order:

[margaret.martin@optusnet.com.au](mailto:margaret.martin@optusnet.com.au)  
or [christins@ozemail.com.au](mailto:christins@ozemail.com.au)

**Donations of washed good quality uniforms are most welcome and can be left at the office.**

All proceeds go the P&C for school improvement projects.

We are seeking volunteers to help in the shop. If you are interested please contact us.

For second hand band blazers (buy & sell) please contact Dianne Turner on [moogiet@optusnet.com.au](mailto:moogiet@optusnet.com.au) and new and pre-loved band polo shirts please contact Kim Luong on [kimmanlyband@gmail.com](mailto:kimmanlyband@gmail.com)



## Bands of Manly Selective Campus

### Musicale 2016

Congratulations to our senior musicians for a wonderful concert at The Independent Theatre last Sunday evening.

Featuring SWO, with performances by JO, SE and CO, the evening was an enormously entertaining evening of performances with some electrifying solos. Few members of the audience, whether parents or invited guests could believe the standard of this concert. The night is a bittersweet one where we marvel at the talent of the young musicians to whom we say goodbye. The evening was an opportunity to celebrate the contribution our Year 12s (this year a particularly large cohort of 29) have made to the program and to enjoy an extraordinary selection of repertoire from Mozart to John Williams and a range of jazz classics.



Thank you Mark Brown and Craig Driscoll for putting together such a varied and entertaining program, to Brian Buggy for his wonderful work with the String Ensemble, Liz Scott for her equally wonderful work with Chamber Orchestra and to

Sarah Dowse, Elana Roseth and Alison Tourle for their skilful organisation of the event. Thank you also to all the parents who yet again chipped to help with dinner, driving trucks and generally supporting our amazing band program.



### Jazz Combo at Manly Jazz Festival

**Saturday 1 October 2016**

Come see the MSC Jazz Combo perform at St Matthew's Church at 10.30am on Saturday of the long weekend. There is no entry fee.

### Band Diary Dates

#### Term 3

- Manly Jazz Festival, Saturday 1 October, Manly: JC

#### Term 4

- Orchestral Workshop – Sunday 30 October, Performance Space: CO/SE
- Orchestral Soiree- Friday 4 November, Mosman Art Gallery: CO/SE
- AGM and Term 4 Band Meeting – Monday 7 November, MSC Band Room at 8pm, all welcome.
- Jazz Night Out rehearsal – Wednesday 9 November, MSC Band Room: JO
- Jazz Night Out – Saturday 12 November at Events a Dee Why at 6.3pm: SWB/SB/BB/JO
- Year 12 Graduation, Monday 14 November, Freshwater Campus Gym: HP
- Junior Band Regional Tour - Monday 28 November- Thursday 1 December: CB/SB/SwB
- Year 7 Orientation Day - Thursday 1 December- MSC Hall: WE/SE
- Big Band Bash # 2 - Friday 9 December- MSC: All ensembles
- Presentation night - Monday 12 December - Freshwater Campus gym: SWO
- Performance at Ms Legg's wedding – Friday 16 December: JO (TBA) **d web site**

### Band Website

For the latest band calendar, handbook and current information go to the band website at [http://manlypandc.org.au/?page\\_id=34](http://manlypandc.org.au/?page_id=34)

**Band Names***Wind Stream:*

SWO~Symphonic Wind Orchestra

WE~Wind Ensemble

CB~Concert Band

SE~String Ensemble

CO~Chamber Orchestra

*Jazz Stream:*

JO~Jazz Orchestra

BB~Big Band

SB~Stage Band

SwB- Swing Band

JC- Jazz Combo

## Calendar Terms 4

Please check all dates and times closer to the event

	<b>WEEK 1</b>
10/10/2016	Term 4 - First day back for students and staff
11/10/2016	Year 12 2017 Information Evening
12/10/2016	ILP Showcase for Year 9
13/10/2016	Vaccinations Day 3 Year 7
	<b>WEEK 2</b>
20/10/2016	SRC Camp
20/10/2016	Year 11 Japanese speaking practice in Room 032
21/10/2016	SRC Camp
22/10/2016	Bronze Duke of Ed Qualifying Hike Option 1
23/10/2016	Bronze Duke of Ed Qualifying Hike Option 1
	<b>WEEK 3</b>
24/10/2016	Year 8 Food Critics Day
26/10/2016	P&C Meeting, 7pm, Library
26/10/2016	Year 8 Digital Citizenship
26/10/2016	Principal's Tour of the school. 9.30am. Bookings essential via Office 9905 3982
27/10/2016	Year 11 Digital Distraction Workshop
28/10/2016	Schools Spectacular dance rehearsal
29/10/2016	Bronze Duke of Ed Qualifying Hike Option 2
30/10/2016	Orchestral Workshop
30/10/2016	Bronze Duke of Ed Qualifying Hike Option 2
	<b>WEEK 4</b>
31/10/2016	Schools Spectacular combined dance rehearsal
31/10/2016	Year 8 Critics Day
2/11/2016	Year 8 VALID mandatory

	Diagnostic Science Test
3/11/2016	Year 8 VALID mandatory Diagnostic Science Test
3/11/2016	Year 11 Japanese speaking practice in Room 032
4/11/2016	Parent Coaching Workshop TBC
4/11/2016	Year 8 VA Incursion -All day (TBC)
4/11/2016	Year 8 VALID mandatory Diagnostic Science Test
4/11/2016	Strings Soiree
	<b>WEEK 5</b>
7/11/2016	Year 7 High Resolves
7/11/2016	Year 8 VALID mandatory Diagnostic Science Test
7/11/2016	Band Committee AGM
8/11/2016	Year 8 VALID mandatory Diagnostic Science Test
8/11/2016	Year 10 Mathematics Exam
9/11/2016	Well- Being Year 9 Camp
9/11/2016	Jazz Orchestra Rehearsal
9/11/2016	Year 8 VALID mandatory Diagnostic Science Test
9/11/2016	Schools Spectacular dance rehearsal
10/11/2016	Well- Being Year 9 Camp
10/11/2016	Gold Qualifying hike
10/11/2016	Year 8 VALID mandatory Diagnostic Science Test
11/11/2016	Well- Being Year 9 Camp
11/11/2016	Year 8 VALID mandatory Diagnostic Science Test
11/11/2016	Remembrance Day
12/11/2016	Jazz Night Out @ Events, Dee Why
	<b>WEEK 6</b>
14/11/2016	Year 12 Graduation Evening
16/11/2016	Year 10 Science Yearly exam
17/11/2016	Year 11 Japanese speaking practice in Rm 032
18/11/2016	Parent Coaching Workshop TBC
18/11/2016	Schools Spectacular dance rehearsal
	<b>WEEK 7</b>
21/11/2016	Year 10 Digital Learning Portfolio Presentations
22/11/2016	Digital Learning Portfolio Presentations
22/11/2016	Year 9 Leadership Day
23/11/2016	Schools Spectacular combined dance rehearsal
24/11/2016	Schools spectacular dress rehearsal
25/11/2016	Schools Spectacular matinee & evening performances



26/11/2016	Schools Spectacular matinee & evening performances
	<b>WEEK 8</b>
28/11/2016	Junior Band Tour
28/11/2016	Year 10 Work Experience and ABW
29/11/2016	Junior Band Tour
29/11/2016	Year 10 Work Experience and ABW
29/11/2016	Year 9 Forensic Science Incursion
30/11/2016	Junior Band Tour
30/11/2016	Year 10 Work Experience and ABW
30/11/2016	Principal's Tour of the school. 9.30am. Bookings essential via Office 9905 3982
30/11/2016	P&C AGM Meeting, 7pm, Library
1/12/2016	Junior Band Tour
1/12/2016	Year 10 Work Experience and ABW
2/12/2016	Year 10 Work Experience and ABW

	<b>WEEK 9</b>
6/12/2016	Year 7 2017 Orientation Day
7/12/2016	Year 8 - 11 Orientation Day
8/12/2016	Year 7 2017 Parent Coaching Workshop TBC
9/12/2016	Big Band Bash TBC
9/12/2016	Duke of Ed Gold Qualifying hike
11/12/2016	Duke of Ed Gold Qualifying hike
	<b>WEEK 10</b>
12/12/2016	Duke of Ed Gold Qualifying hike
12/12/2016	Presentation Night @ Freshwater Gym, 6pm
13/12/2016	Big Band Bash TBC
13/12/2016	Gold Qualifying hike
15/12/2016	Activity Day Years 7-10
16/12/2016	<b>Last Day for Students</b>
16/12/2016	ATAR Morning Tea 10am Library



# Parent Coaching WORKSHOPS

## HOW TO **STAY RESOURCEFUL** DURING THE **TEEN** YEARS

As part of our welfare curriculum at Manly, we support our students with the skills to stay resilient and bounce back from challenges. To support our families, we run workshops for parents and carers.

Jacqui Pollock will be running a third workshop series for us in term four on how to stay resilient and calm in those challenging teen parenting moments!

### Learn HOW TO:

- Improve your teen's growing Emotional Intelligence – and reflect on your own skills too!
- Bring out the best in yourself and each of your unique children
- Become calmer and more confident in your response to challenges
- Make agreements and nurture responsibility
- Coach your teen in the game of life

**Parent Coaching Level One:** Personal Resourcefulness for parents, part one of "How to Coach your teen in the game of life": respect, listening, understanding. Coaching skills. Introduction to personality types.

**Parent Coaching Level Two:** Feedback and check in, Part two : making agreements with teens, consequences, challenging conversations, support vs. rescue, nurturing responsibility and independence.

Jacqui Pollock provides coaching and workshops for Leaders, Educators, Principals and Parents. She consults to Dept. of Education in NSW, SA and Victoria. Jacqui is co-author of the recently published book "Knowing Me, Knowing them - aha" which helps parents explore their parenting personality and how it impacts their family.

And she's an ex Manly Selective parent who's daughter graduated last year.

### WORKSHOPS

**9am – 3pm held in the common room.**

This program runs across two dates to include Level One and Level Two:

#### **Term Four workshop dates:**

- Friday 4th November Level One
- Friday 18th November Level Two

FOR MORE INFO and TO BOOK:

[jacquipollockparentworkshoptermfour.eventbrite.com.au](http://jacquipollockparentworkshoptermfour.eventbrite.com.au)

COST for the two days is \$345 per person which includes 12 hours of workshop coaching, 2 x textbooks plus worksheets and resources.

Cost per couple is \$590

*"A wonderful program with useful concepts and practical suggestions to becoming a parent who can better support their kids through life."*

Elisa, three children 12, 16, 18

*"Thank you so much for a thought provoking and productive day. I thoroughly enjoyed it and feel excited that I have more resources to draw on to engage in a more positive and meaningful way with our kids."*

Ann Marie, two children 14, 17.