

# Manly Selective Campus

## Canteen Price List September 2022

### Breakfast (8am to 9am)

Milk shakes	\$3.50
Yoghurt	\$2.50
Fresh fruit	\$1.00
Raisin toast	\$2.00
Banana bread	\$3.50
Cheese toastie	\$2.50
Hash brown	\$1.00
Up 'n' Go	\$3.00

### Snacks

Fresh fruit	\$1.00
Yoghurt	\$2.50
Cheese and bacon roll	\$2.50
Popcorn	\$2.00
Sultanas/sesame snacks	80c
Chocolate mousse	\$2.00
Jelly	\$2.00

### Rolls/Sandwiches/Wraps

Unbuttered/buttered roll	\$1.50/\$2.00
Lettuce and mayo roll	\$2.50

### Sandwiches/Roll Add 50c

Egg mayo & lettuce	\$4.50
Salad + beetroot	\$5.00
Tuna, mayo, cucumber & lettuce	\$5.00
Cheese & salad	\$5.50
Ham & salad	\$5.50

### Toasted

Cheese/spaghetti/baked beans	\$3.50
Cheese & tomato	\$4.00
Ham & cheese	\$5.00
Chicken & cheese	\$5.00
Ham, cheese & tomato	\$5.50

### Wraps

Chicken, lettuce, avocado & mayo	\$7.00
Super salad wrap	\$7.00
Falafel, tabouli & hummus	\$7.00
Tuna & salad	\$7.00

**Extra fillings: beetroot, lettuce, tomato 80c  
Egg, cheese, avocado \$1.00**

### Salads & Sushi

Caesar salad	\$6.50
Garden salad (pre-order only)	\$6.50
Greek salad (pre-order only)	\$7.00
Sushi rolls	\$4.50

*(Note cut-off for sushi orders is 8.30am)*

### Hot food

Garlic roll	\$2.00
Chilli chicken tender	\$1.60
Pasta bolognaise	\$6.00
Pasta Napolitana	\$6.00
Beef lasagne	\$6.00

### Burgers (not available Weds)

Hamburger & salad	\$6.00
Sweet chilli chicken burger	\$6.00
Veggie burger	\$6.00

### Additional Choices

<b>Mon</b>	Jacket Potato with bolognaise or cheesy beans	\$6.50
	Chicken satay & rice	\$6.00
<b>Tues</b>	Bean/Chicken burrito	\$6.00
	Chicken sausage in a roll	\$4.00
<b>Wed</b>	Traveller Pie	\$4.00
	Tokyo Noodle Salad	\$6.50
<b>Thurs</b>	Curry of the day	\$7.50
	BLT (bacon, lettuce, tomato)	\$6.50
<b>Fri</b>	Nachos vegetarian	\$6.00
	Nachos meat	\$6.00
	Chicken sausage in a roll	\$4.00

### Drinks

Popper	\$2.00
Milk 300ml/600ml	\$2.50/3.50
Oak milk 300ml	\$3.50
Ice Break or Just Natural	\$4.00
Juice Bomb	\$2.50
Appetizer	\$2.50
Water 600ml	\$2.50
Up 'n' Go	\$3.00

*Please check our white board for other daily specials including salad of the day, special stir fries etc. To avoid waiting and to get the best choices pre-order your lunch via Flexischools or before school or at recess. Bags are provided.*

*Volunteers are always welcome. Please call the canteen on 9939 7835 or download a form from our website*

